# Health Promoting Campus

WPI's adoption of the *Okanagan Charter* reflects the university's values and its commitment to prioritizing the health and <u>well-being</u> of our entire campus community, while also benefiting society at large. We recognize an essential interdependence between **people**, **place**, **and planet** in elevating community health and <u>well-being</u> for those occupying our campus and its environs, both now and into the future.

#### CONTACT

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OKANAGAN CHARTER
AN INTERNATIONAL CHARTER
FOR HEALTH PROMOTING
UNIVERSITIES & COLLEGES

Current examples of the People, Place, and Planet categories within the charter are listed below.

People: Growing and supporting an engaged and compassionate community

- Enriching various levels of peer support within our community
- Supporting the growth and development of all members of the community
- Recognizing and embracing important differences among those who live, learn, and work at WPI

#### Place: Developing and enhancing spaces which promote health and well-being

- An established Center for Well-Being as a gathering place to renew and restore
- Multiple community spaces where students with various identities can gather
- LEED-certified buildings in all new construction

#### Planet: Actively engaging with partners on campus and worldwide to nurture well-being

- Commitment to sustainability positioning WPI as a "sustainability living and learning laboratory"
- Regional and global health initiatives through student project-based learning
- · Connecting and contributing nationally around evidence-based well-being initiatives

### Learn more about the International Okanagan Charter

Additional resources and information about the *Okanagan Charter: An International Charter for Health Promoting University and Colleges* are available.

Find more information

WPI recognizes the people of the Nipmuc Tribe as the traditional custodians of the land on which we work, live, and learn. We honor their elders, past, present, and emerging. WPI strongly advocates for our community to honor the land, the original tribal occupants, and the history of where we are located.

## **Announcements**

#### > SEE MORE ANNOUNCEMENTS

**Summer Lunch Hangout at the CWB** 

July 09, 2025 [Center for Well-Being]

Registration is open for Intro to Mindfulness Meditation in E-Term

July 01, 2025 [Center for Well-Being]

Register Now: Intro to Mindfulness Meditation in Summer E1

May 08, 2025 [Center for Well-Being]

Registration Open: Intro to Mindfulness Meditation in D-Term for Employees and Grad

**Students** 

February 27, 2025 [Center for Well-Being]