

Center for Well-Being

Mission

The CWB cultivates a culture of holistic well-being for the entire WPI community by building resilience, fostering connections, and supporting personal growth.

Office and Contact Information

Phone: 508-831-6494

Email: cwb@wpi.edu

CWB Hours: Monday – Friday 8:00am – 8:00pm

CWB Summer Hours: Monday – Friday 8:00am – 4:30pm

Location: Daniels Hall Room 102/Morgan Hall Wedge

Follow us on Instagram @wpi_cwb

Director: Paula Fitzpatrick, Ph.D., pfitzpatrick@wpi.edu

Assistant Director: Gina Heinsohn, MA, gheinsohn@wpi.edu

Office Services Coordinator: Monique Oles, moles@wpi.edu

CONTACT

Location: Daniels Hall

Phone: +1-508-831-6494

cwb@wpi.edu





In addition to services provided by the CWB, <u>additional campus resources are available</u> to support the health and well-being of our students, from Accessibility Services to Academic Advising to the Office of Diversity, Inclusion & Multicultural Education.

Health Services

Title IX

Safety & Security

Resources for Parents

Resources for Faculty

Be Well Together

Mental Health & Well-Being Resources Updates from the Mental Health & Well-Being Task Force

Student Development & Counseling Center

News

> SEE MORE NEWS



WPI Adopts Okanagan Charter, Signaling Ongoing Commitment to Holistic Wellbeing of People, Places, and the Planet



The Month in Photos: March 2024

April 26, 2024

LISTEN:

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Bridging Personal Experience and Professional Training

January 23, 2024

LISTEN:



00:00 | 09:10

WPI Cuts Ribbon for Center for Well-Being; Officially Launches Health & Wellness Collaborative

January 26, 2023

Calendar

> SEE MORE EVENTS

| JUL 17 | Mindful Thursday - July 17 (3) 2:15 PM TO 2:35 PM | JUL 23 | Mindful Wednesday - July 23 (§) 12:15 PM TO 12:35 PM |
|------------------|----------------------------------------------------|------------------|---------------------------------------------------------|
| JUL 24 | Mindful Thursday - July 24 © 2:15 PM TO 2:35 PM | 30 JUL | Mindful Wednesday - July 30 ① 12:15 PM TO 12:35 PM |
| JUL 31 | Mindful Thursday - July 31 O 2:15 PM TO 2:35 PM | AUG 6 | Mindful Wednesday - August 6 12:15 PM TO 12:35 PM |
| AUG 7 | Mindful Thursday - August 7 3 2:15 PM TO 2:35 PM | SEP | Voter Registration Drive 11:00 AM TO 2:00 PM |
| SEP | Voter Registration Drive ① 11:00 AM TO 2:00 PM | SEP 10 | Voter Registration Drive ① 11:00 AM TO 2:00 PM |