

# Study Tips For Success



Developing and sustaining effective study skills help set the groundwork for academic success. Effective study skills and habits provide a roadmap to achieving your academic goals and exceling in your studies. Improving your study skills isn't just about passing exams; it's also about maximizing resources and knowing what works for YOU!

## LAYING THE FOUNDATION

Learning how to study begins with laying the foundation for studying, which includes creating a study schedule, finding the best studying environment, and setting clear goals.

**Create a Study Schedule**



**Finding Your Study Spot(s)**



**Setting Clear Goals (SMART Goals)**



## BUILDING STUDY HABITS



Once you have determined what works for you regarding study space and goals, you can work on developing study habits by utilizing different study strategies and determining which methods work best for you.

## Cramming versus Spacing

Goodbye Cramming, Hello Spacing +

Example: Studying for a Physics Exam +

## Studying Technique Examples

Active Recall/ Self Testing +

Summarizing +

Graphic Organizers +

Chunking +

Mnemonic Devices +

Pre-Testing/ Pre-questioning +

Recall and Review +

Study Groups +

## EVOLVING YOUR STUDY STRATEGY



Once you have established the foundation and built a solid plan for your study habits, adopting studying techniques that work for you, you want to be sure to focus on continuous improvement and long-term success.

Reflecting on Progress +

Refining Study Techniques +

Seeking Feedback +

Adapting to Challenges



Utilizing out of classroom support resources

