

Be Well Together

***HELP. It's OK to need it. It's important
to ask for it. Here's how to find it.***

You are not alone. WPI is a community of caring students, faculty, and staff who are here to support each other. Here are some of the many resources available, particularly for undergraduate and graduate students.



Mental Health Resources

STUDENT DEVELOPMENT AND COUNSELING CENTER

Free and confidential counseling, guidance, and support—or just someone to talk to. Short-term, single session, group therapy, off-campus referrals and more. [Online appointment scheduling is now available.](#) An after-hours telehealth line is also available (see next item below).

Contact: [16 Einhorn Road](#); [508-831-5540](#); SDCC@wpi.edu. WPI Campus Police assist with calls after hours: [508-831-5555](#).

Mental Health Resources

AFTER-HOURS TELEHEALTH LINE

The after-hours telehealth line, run by ProtoCall, can be accessed during non-SDCC business hours by dialing the SDCC main number: **508-831-5540**. When you call this number after hours (weekdays from 5 p.m. to 8 a.m. and on weekends), you will be able to speak with a crisis counselor through a choice available in the answering message menu.

SUPPORT GROUPS

The SDCC offers more than a dozen support groups to help students learn new skills or knowledge in a particular area related to their mental health and wellbeing. Groups are in-person or online and run at different times during the year.

[Find the list of groups here](#)

STUDENT SUPPORT NETWORK

The [Student Support Network](#) helps you become a better listener or helper for your peers, with knowledge, skills, destigmatizing perspectives, and connection capabilities. The 6-week program runs in A Term for faculty and staff, and B, C, and D Term for students.

Contact sdcc@wpi.edu for details.

EMPLOYEE ASSISTANCE PROGRAM

The [Employee Assistance Program](#) (EAP) provides faculty and staff with free, confidential services including counseling (in-person, online, or by phone), plus health resources, mental health toolkits, and crisis support.

Well-being Resources

BIAS RESPONSE PROGRAM

[WPI's Bias Response Program](#) addresses incidents where speech or oppressive conduct is directed towards an individual or group based on their real or perceived identities.

CHAPLAINS

[WPI's Campus Chaplains](#) serve as a resource for all individuals on campus who seek guidance. Whether you want to deepen your faith, find yourself at a crossroads, or would like to begin exploring your spirituality and worldview, a Chaplain can advise and support you through many different life changes. Chaplains are also able to mentor individuals in general matters of faith in addition to specific times of hardship. Learn more about the [Collegiate Religious Center](#).

Well-being Resources

CENTER FOR WELL-BEING

WPI's Center for Well-being is a hub for cross-functional campus efforts to improve student, community, and campus well-being, all while providing a safe, supportive space to gather, relax, reflect, and recharge.

CLUBS AND ORGANIZATIONS

Getting involved helps you build a network of peers and friends. View the list of more than 240 clubs and organizations and think about joining.

OFFICE OF DIVERSITY, INCLUSION, AND MULTICULTURAL EDUCATION

The Office of Diversity, Inclusion, and Multicultural Education fosters an inclusive campus community which respects, honors, and celebrates diversity, equity, inclusion, and belonging (DEIB) in all of its dimensions, and offers programs and services designed to support the social, personal, cultural, spiritual, and professional development of all undergraduate and graduate WPI scholars to ensure their academic success.

Contact: 20 Schussler Road (Oasis Multicultural Center); 508-831-5818; diversity@wpi.edu

STUDENT HEALTH SERVICES

WPI's Student Health Services team is available for everything from coughs and colds to COVID. Call them at 508-831-5520 or email SHS@wpi.edu. Call 911 or WPI Campus Police at 508-831-5555 for any medical emergency.

EQUAL OPPORTUNITY & OUTREACH OFFICE

WPI's Equal Opportunity & Outreach Office provides resources and confidential support for students, faculty, and staff related to sexual misconduct and discrimination based on gender identity or expression, sexual orientation, and transgender status.

Academic Support

ACCESSIBILITY OFFICE

WPI's Office of Accessibility Services helps students with physical, learning, sensory, psychological, developmental supports to reach their full potential.

Contact: Unity Hall; 508-831-4908; accessibilityservices@wpi.edu.

ACADEMIC ADVISING

Trouble with classes? Concerns about your course load or projects? Your professor or instructor can help, and you can talk with your Academic Advisor. [Get more information here.](#)

Contact: [Unity Hall](#); 508-831-5381; academic-advising@wpi.edu

FINANCIAL AID AND EMERGENCY FUNDS

Financial stress is real. Contact the [Financial Aid and Student Literacy office](#) at 508-831-5469 or email finaid@wpi.edu.

The [Dean of Students Office](#) oversees the **Emergency Loan Fund**, which provides small loans of \$25-\$300 to students, while the **Emergency Assistance Fund** can help members of the WPI community with unforeseen financial emergencies related to the pandemic. [Learn more here.](#)



Reporting a Concern

The *I'm Concerned About a Student Form* is a way to connect to WPI services if you know of a student who's struggling and needs outreach. The WPI Care Team meets weekly to (confidentially) discuss Care Reports and how to help individual students in need.

➤ [ACCESS AND SUBMIT THE FORM HERE](#)

Emergencies & After Hours Help

If you think someone is in imminent danger of suicidal action or other threat, call **WPI Campus Police** at [508-831-5555](tel:508-831-5555) (or call 911 if off-campus).

- **The National Suicide and Crisis Lifeline: Dial 988 or [1-800-273-TALK \(8255\)](tel:1-800-273-TALK)**
- **Crisis Text Line: Text HOME to 741741 from anywhere in the U.S. to connect to a trained counselor to help with any crisis.**

View more [Suicide Awareness & Prevention information.](#)