```
import requests
import json
# ServiceNow instance and table
instance = "your_instance_name" # e.g. "dev12345"
table = "incident" # or your custom table like "u_my_table"
url = f"https://{instance}.service-now.com/api/now/table/{table}"
# Authentication (Basic Auth)
username = "your username"
password = "your_password"
# Headers
headers = {
  "Content-Type": "application/json",
  "Accept": "application/json"
# Sample data to import
data = {
  "short_description": "Test ticket from Python",
  "urgency": "2",
  "impact": "3"
}
# Send the POST request
response = requests.post(url, auth=(username, password), headers=headers,
data=json.dumps(data))
# Print the result
if response.status_code == 201:
  print("Record created successfully.")
  print("Response:", response.json())
else:
  print("Failed to create record.")
  print("Status Code:", response.status code)
  print("Response:", response.text)
```