## Concentration & Distraction - Calibration phase

**What happens in this paradigm?**

You, the subject are asked to go through the paradigm for the classification of Concentration & Distraction mental state.

**NOTE:**

When something is prompted at the screen, read it carefully and provide honest feedback. As we have no way to prove your claim, the feedback provided by you will be used to train the classification model.

**The paradigm:**

You will be asked to provide key strokes through the keyboard for approximately 150 seconds per class (Concentration/Distraction).

This means the whole experiment will last 5-6 minutes.

- When a trial starts, The screen will prompt you with a question. Within 10 seconds, you will have to answer this in your mind. If you found the answer, press the “ENTER” keyboard

- After 10 seconds are over, you will see a frame and blocks moving in the screen. Follow them with your eyes and when you believe the block is more than 80% inside the frame. Press “ENTER” in the keyboard. (THIS PROCESS IS REPETITIVE)

- After a series of such events, you will see a block stopped moving. During this time try to recall the question. **But pay close attention**, the block might move any moment during which you have to press the “ENTER” key one last time.

**Lets see how good your reflexes are.**