


# DR. VIJAY SHASHIKANT TANDALEKAR

 **Contact : 8422075841**

 **Email : tandalekarvijay09@gmail.com**

 **Address : Opp. IIT Main Gate, Ghokhale Nagar, Nx/84, Adi Shankarachrya Marg, Powai, Mumbai, MH - 400076**

## PAPER PUBLICATIONS

Paper published on Yoga - A Tool for the Enhancement of Mental Health of Players in Twenty First Century Publications Futuristic Trends in Physical Education, Vol. IV, Page # 393 to 395.

## PROFESSIONAL EDUCATION QUALIFICATION:

EXAM	BOARD / UNIVERSITY	YEAR	PERCENTAGE
Ph.D.	University of Mumbai	2019	Awarded
M.P.Ed	University of Mumbai	May 2011	75 %
B.P.Ed	University of Mumbai	April 2009	67 %
M.A. in YOGASHASTRA	Kavikulaguru Kalidas Sanskrit Vishvavidyalaya	Dec 2021	80%

## ADDITIONAL EDUCATION QUALIFICATION

EXAM	BOARD / UNIVERSITY	YEAR	PERCENTAGE
P.G DIPLOMA IN YOGA	Tamil Nadu Physical Education and Sports University	May 2015	First Class
HEALTH & FITNESS MANAGEMENT COURSE	B.P.C.A's college of Physical Education, Mumbai	2007- 09	"A" Grade
TALWALKAR'S FITNESS ACADEMY	Fitness Training Gym & Aerobics	2005	Pass Class
SPORT AUTHORITY OF INDIA	Certificate courses in Health & Fitness	2016	'B' Grade
UNIVERSITY OF MUMBAI	Basic fitness Training	2017	Pass Class

## FIELD TESTS EXPERT

Appointed as field Test Expert for the conduct of CET-Field Test in the department of Physical Education University of Mumbai for the admission of BPED-2023 conducted by CET CELL, Government of Maharashtra State on Thursday 04/05/2023.

## **ADDITIONAL EDUCATION QUALIFICATION**

<b>Sr. No.</b>	<b>DESIGNATION</b>	<b>INSTITUTION</b>	<b>PERIOD</b>	<b>YEAR</b>
1.	SPORTS DIRECTOR	H.R. College of Commerce & Economics	June 2022 to Present	3 years
2.	SPORTS COORDINATOR	Department of Physical Education, University of Mumbai ( UPGD)	01 <sup>st</sup> Sept. 2016 to 2022	6 years
3.	SPORTS COORDINATOR	D.S. High School, Sion	2015 - 2016	1 year
4.	P.T. INSTRUCTOR	S.I.E.S. Jr. College, Nerul	Jan 2014 - 2015	1 year
5.	PHYSICAL EDUCATION TEACHER	Balmohan Vidya Mandir, Shivaji Park, Dadar, Mumbai	2010-2014	4 years
6.	PHYSICAL INSTRUCTOR	Chandrabhan Sharma Jr. College, Powai	2009-2010	1 year
7.	GYM INSTRUCTOR	Haldankar Fitness club	01 May 2004 to 31 July 2008	4 years

## **ORGANISATION SKILLS**

- Participated as a Manager for Athletic team of HSNC University, Mumbai in 26<sup>th</sup> Maharashtra State Inter-University sports festival organized by Gondwana University, Chandrapur from 17<sup>th</sup> January to 22<sup>nd</sup> February, 2025 at Nagpur.
- Participated as a Manager for Athletic team of HSNC University, Mumbai in 25<sup>th</sup> Maharashtra State Inter-University sports festival organized by Rashtrasant Tukdoji Maharaj, Nagpur University from 12<sup>th</sup> January to 16<sup>th</sup> January, 2024 at Nagpur.
- Participated as a Manager for Athletics team of HSNC University, Mumbai in 24<sup>th</sup> Maharashtra State Inter-University Sports Festival (Krida Mahotsav 2022) organized by Dr. Babasaheb Ambedkar Marathwada University from 2<sup>nd</sup> December to 7<sup>th</sup> December, 2023 at Aurangabad.
- Organizing committee member of organizing team at the National seminar cum workshop, Department of Physical Education, 2013.
- Organizing committee member of organizing team at the National seminar cum workshop, Department of Physical Education, 2013.
- Organizing committee member for the International congress organized by Department of Physical Education, University of Mumbai held from 10<sup>th</sup> to 12<sup>th</sup> January, 2012.
- Organized workshop on Art of National Flag Etiquette for staff and students of University of Mumbai, On 8<sup>th</sup> October 2011.
- Organized Marathon race for staff and students of University of Mumbai, on the eve of the National Sports Day 29<sup>th</sup> August 2011.
- Organized two-days national workshop on “Emerging trends and prevention of sports injuries on 26<sup>th</sup> and 27<sup>th</sup> March.
- Organized one-day state level Seminar on Recent Researches in Physical education and sports at University of Mumbai on March 6<sup>th</sup> 2010.
- Organizing committee member on Management of Physical education and Allied Sciences Department of Physical Education University of Mumbai on 30<sup>th</sup> March 2009.