

Resume

Name	:-	Dr. Sameer Rajaram Ambre
Personal Profile	:-	A reliable, down to earth person with good communication skills and one who enjoys a busy, demanding work environment. Hardworking, highly mobile, craving to learn new things, adaptable to situations and environment.
Address	:-	Room No. 24, Plot No. 266, Pushpanjali CHSL, RSC Road No. 9, Charkop Sector 2, Kandivali West, Mumbai- 400067.
Personal Details	:-	Date Of Birth :- January 3 rd 1980 Nationality :- Indian Marital Status :- Married Contact :- 09773454144\09869546834 Email :- sameerambre2012@gmail.com
Educational Qualification	:-A	Qualified the SET Exam held on 23rd June 2019 in Physical Education .
	B	Passed PH.D. in Physical Education from J.J.T. University Rajasthan in year December 2012.
	C	Passed M.P.Ed. From Department Of Physical Education, University Of Mumbai in the year May 2009.
	D	Passed B.P.Ed. From Sadguru Education Society's Physical Education College, Jalgaon in the year April 2005.
	E	Passed T.Y.B.A. From I.D.E. University Of Mumbai in year April 2003.
	F	Passed H.S.C in the year March 1998.
	G	Passed S.S.C in the year March 1995.
Professional Qualification	:-A	Successfully Completed Six Weeks N.I.S. Certificate Course In Basketball Coaching From 17 th May To 25 th June 2004.
	B	Diploma In Physical Education From Shree Samarth Vyayam Mandir, Dadar, During The Year 1998-1999 Passed First Class.
	C	Scout Master's Basic Course Completed.
	D	Successfully Completed 15 Days Advance Course Of Civil Defense From Jogeshwari Division.

- E** Completed Three Months “Yoga Course” from Shree Ambika Yoga Kutir At Goregaon.
- F** Passed Juree (Referee) For The “Mallakhamb” From Mumbai Suburban Mallakhamb Association (District Level).
- G** Passed Maharashtra Amateur Athletic Association’s State Official Examination.
- H** Passed Judge “D” Level For The Suburban Mumbai Archery Association (District Level).
- I** Successfully Completed The Curriculum, Internship and Project Work In Classroom Intervention For Inclusive Education From New Horizons Child Development Centre.
- J** Ii Successfully Completed Ms-Cit Course.

Experience

- :-A** Presently Working As a Physical Education Teacher In Pawar Public School, Kandivali, Mumbai from May 2010.
- B** Worked As a Head of Physical Education Dept. In Gurukul Universal School, Ashokvan, Dahisar, Mumbai, from August 2007 to April 2010.
- C** Worked as a P.E. Teacher In Prime Academy, Andheri, Mumbai, from June 2006 to July 2007.
- D** Worked As P.E. Teacher In Gundecha Education Academy, Kandivali, Mumbai Oct 2005 To June 2006.
- E** Worked As P.E. Teacher In St. Xavier’s High School, Mira Road, Thane from September 2002 To September 2004.

Professional

Experience

- :-A** Attended 7th International Conference “Yoga and Youth: Classical and Contemporary Perspectives” held at Kaivalyadhama, Lonavala, during December, 27-30, 2012.
- B** Presented paper in International Conference on “Emerging Issues and Challenges in Higher Education” held at J. J. T. University Campus, Jhunjhunu, Rajasthan, during November 4-6, 2011.

- C** Participated in the National Seminar-cum-Workshop on “Innovative Coaching & Training In Physical Education & Sports” Organized by the Department of Physical Education, University of Mumbai, Maharashtra, during March 23-24, 2013.
- D** Presented paper in the National Seminar on “Development Of Physical Education In Educational Institution” held at P.E.S. College of Physical Education, Dr. Babashaheb Ambedkar Marathwada University, Aurangabad, Maharashtra, during January 28-29, 2011.
- E** Presented paper in the National Conference on “Physical Education & Sports Science” organized by Global Human Research & Welfare Society, & J.J.T. University held at Royal Plaza, Ghodbunder Road, Thane, on December 29, 2011.
- F** Participated as an Organizing Committee Member in the National Conference on “Physical Education & Sports Science” organized by Global Human Research & Welfare Society, & J.J.T. University held at Royal Plaza, Ghodbunder Road, Thane, on December 29, 2011.
- G** Presented paper in Interdisciplinary National Seminar on “Health Care in India- Issues & Challenges” held at Ramniranjan Jhunjhunwala College, Ghatkopar, Mumbai on February 4-5, 2011.
- H** Participated As Judge For The D.S.O. District Level Archery Competition Mumbai City & Suburbs Held on October 4-6, 2008.
- I** Participated As Coach Of Mumbai-Sub For The 1st Junior State Throw Ball Championship-09 (Boy’s & Girl’s) Held At Yuvak Krida Mandal , Mudholkar Peth, Amravati on February 7-8, 2009.
- J** Participated As Coach Of Mumbai For The Indian Twenty Twenty Cricket Federation In All India U-25 Bal Gangadhar Tilak (BGT) National Cricket Championship Held At Fazilka, District Ferozpur, Punjab State, on September 3-15, 2009,

organized by Punjab State Twenty 20 Cricket Association Regd.(PSTCA-005-N.Z.)

K Participated As Coach Of Mumbai For The Indian Twenty Twenty Cricket Federation In All India Open ITCF Twenty20 Federation Cup Held At Shri Nagar, Jammu & Kashmir State, on October 20, 2009 to November 1, 2009, Organized by J. & K. State Twenty 20 Cricket Association Regd. (JKSTCA-001-N.Z.)

L Participated As Coach Of Mumbai For The Indian Twenty Twenty Cricket Federation In All India Under-20 Lal Bahadur Shastri (LBS) Twenty 20 National Cricket Championship Held At Mumbai, Maharashtra State, From 25th December 2009 To 30th December 2009, Organized by Twenty 20 Cricket Association Of Mumbai Regd. (TCAM-023-W.Z.)

M Participated As Coach of Maharashtra Region U/19 Kabaddi Team for the Council's National Sports & Games hosted by Amritsar North Region in 2018.
Participated as Coach of Maharashtra Region U/14, U/17, U/19 Carrom Team for the Council's National Sports & Games hosted by Hyderabad in 2019.

Published Papers

- :-A** Published paper in Centum Multi-Disciplinary Bi-Annual Research Journal on "Gender Differences In Personality Characteristics Of National Tug Of War Players" during June 2011.
- B** Published paper on "An Examination Of The Improvement In Long Distance Runners With Endurance Training" in Journal Of Interdisciplinary Cycle Research Volume XIII , Issue X, October 2021.
- C** Published paper on "Characteristics Of Physiological Parameters And Coordinative Abilities Of The Badminton Players Of Maharashtra" in Journal of Interdisciplinary Cycle Research, Volume XIII, Issue X, October 2021.

- D** Published paper on “An Analysis Of Cardiovascular Endurance Training And Psychological Characteristics Of Long Distance Runners Of Tribal Area Of Maharashtra” in The International Journal Of Analytical And Experimental Modal Analysis Volume XIII, Issue XI, November 2021.
- E** Published paper on “ A Comparative Study Of The Coordination Abilities And Physiological Characteristics Of Maharashtra’s Senior, Junior, And Sub-Junior Badminton Players” in The International Journal Of Analytical And Experimental Modal Analysis Volume XIII, Issue XI, November 2021.
- F** Published paper on “A Study On The Impact Of Special Aided Training On Badminton Players’ Personal Fitness” in International Journal Of Economic Perspectives, 17(04) April 2023.
- G** Published paper on “An Imperial Study On The Importance Of Body Alignment And Its Impact on Badminton Smash Training” in International Journal Of Economic Perspectives, 17(06) june 2023.
- H** Published paper on “A Comparative Study Between State And National Level Male Hockey Players On Their Motivation And Anxiety Profiles” in “International” Journal of Interdisciplinary and Multidisciplinary Research Volume 18, Issue 08 August 2023.
- I** Published paper on “A Study On Motivation And Anxiety Profiles of Male Hockey Players” in “International” Journal of Interdisciplinary and Multidisciplinary Research Volume 18, Issue 10 October 2023.
- J** Published paper on “Enhancing Vertical Proficiency: A Depth Jump Training Approach For 12-13-Year -Old Handball Players in Entire Research Journal Volume 15, Issue-III, December 2023.

**Achievements As
Coach & Teacher**

- : -A** U/14 Boys Maharashtra Handball team secured Runner-Up position in Council's National Sports Games hosted at Pune in 2023.
- B** U/14 Boys & Girls and U/17 Girls Maharashtra Carrom team secured championship, and U/17 Boys and U/19 Girls team secured Runner-Up position in Council's National Sports Games hosted at Hyderabad in 2020.
- C** U/14 Boys & Girls Maharashtra Carrom team secured championship in Council's National Sports Games hosted at Hyderabad in 2019.
- D** Mumbai-Sub Team Secured Runner-Up Position In 1st Junior State Throw Ball Championship-09 Organised By Maharashtra State Amature Throw Ball Association Held At Yuvak Krida Mandal, Mudholkar Peth, Amravati on February 7-8, 2009.
- E** Pawar Public School Under 10 Girls Team secured Winner Position At M.S.S.A. Interschool Handball Tournament In The Year 2014-2015.
- F** Pawar Public School Under 12 Girls Team secured Runner-Up Position At M.S.S.A. Interschool Handball Tournament In The Year 2014-2015.
- G** Pawar Public School Under 10 Girls Team secured Winner Position At VIVA Interschool Handball Tournament Organised By Vibgyor International School,Goregaon, Mumbai In The Year 2014-2015.
- H** Pawar Public School Under 10 Girls Team secured Runner-Up Position At VIVA Inter City Handball Tournament Organised By Vibgyor International School,Goregaon, Mumbai In The Year 2014-2015.
- I** Pawar Public School Under 10 Boys Team secured Second Runner-Up Position At VIVA Interschool Handball Tournament Organised By Vibgyor International School,Goregaon, Mumbai In The Year 2014-2015.
- J** Pawar Public School Under 10 Girls Team secured Runner-UP Position At Dominic Savio Interschool Handball

Tournament Organised By Dominic Savio School, Andheri, Mumbai In The Year 2014-2015.

- K Pawar Public School Under 10 Girls Team secured Winner Position At M.S.S.A. Interschool Handball Tournament In The Year 2015-2016.
- L Pawar Public School Under 10 Girls Team secured Runner-up Position At M.S.S.A. Interschool Handball Tournament In The Year 2016-2017.
- M Pawar Public School Under 10 Girls Team secured Second Runner-Up Position At M.S.S.A. Interschool Handball Tournament In The Year 2018-2019.
- N Pawar Public School Under 10 Girls Team secured Second Runner up Position At M.S.S.A. Interschool Handball Tournament In The Year 2019-2020.
- O Pawar Public School Under 8 Boys Team secured Runner up Position At M.S.S.A. Interschool Handball Tournament In The Year 2019-2020.
- P **Felicitated** by KND Multidisciplinary Institute Nashik in the year 2015 for the remarkable service given in the Sports Field.

Languages Known :- English, Marathi & Hindi.

Hobbies :- Listening Music, Adventure Sports and Tracking.

Objectives :- I want to achieve outstanding results and goals by applying experience and learned skills with full involvement of mind, heart and attention and thereby develop knowledge and skill, by continuous learning and mutual growth. I have an interest in investigating new things. My opinion is the working with faith, honesty and total attention gives the targeted results.

(Dr. Sameer R. Ambre)