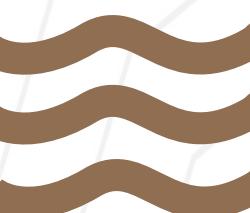


# TASTE OUR SAVOUR

## Coffee BrewDay



### 1 Espresso

Boosts Memory. Drinking the right amount of espresso has been found to increase long-term memory.

### 4 Mocha

Mocha might help focus and reduce your anxiety. It helps in your attention span overall, which is good news for student who need to focus.



### 2 Cappuccino

Studies reveal that a cup of cappuccino up to 180 ml a day can significantly prevent the oxidization of bad cholesterol and prevent heart problems.

### 5 Irish coffee

This classic Irish coffee recipe is alcohol based (whisky), which means if you do not like to drink any alcohol-based drink then this coffee is not for you.

### 3 Latte

A cup of latte in moderation helps in preventing cardiovascular disorders and aid in burning fat.

### 6 Marocchino

It is an effective stimulant, efficient stress buster, freshness, mental alertness. It prevents dizziness, insomnia and nervousness.

