

Jaypee University of Engineering & Technology, Guna

T-3 (Even Semester 2022)
18B11HS411 – LIFE SKILLS

Maximum Duration: 2 Hours

Maximum Marks: 35

Notes:

1. This question paper has 07 questions.
2. Write relevant answers only.
3. Do not write anything on question paper (Except your Er. No.).

- Q1. What is the main difference between operant and classical conditioning? Why classical conditioning is considered a form of memory? State the applications based on the principles of classical conditioning. [2+1+2]
- Q2. List six major sources of conflict in organizations. Explain in brief. [5]
- Q3. Explain the factors that create stress. Mention few stress relief strategies. [2.5+2.5]
- Q4. What are the critical limitations of Holland's theory of personality? State the underlying assumptions of Holland's theory. [2.5+2.5]
- Q5. "Self-fulfilling prophecy is the perception tendency for someone's expectations about another to cause that person to behave in a manner consistent with those expectations". Enlighten the statement with an example. What are the implications of self-fulfilling prophecy in the workplace? [2.5+2.5]
- Q6. Differentiate between transactional and transformational leadership with the help of a suitable diagram. [5]
- Q7. How would you apply Fiedler's theory of leadership in an organization? [2.5+2.5]
What factors should be taken into consideration when deciding upon which leadership style to adopt?
