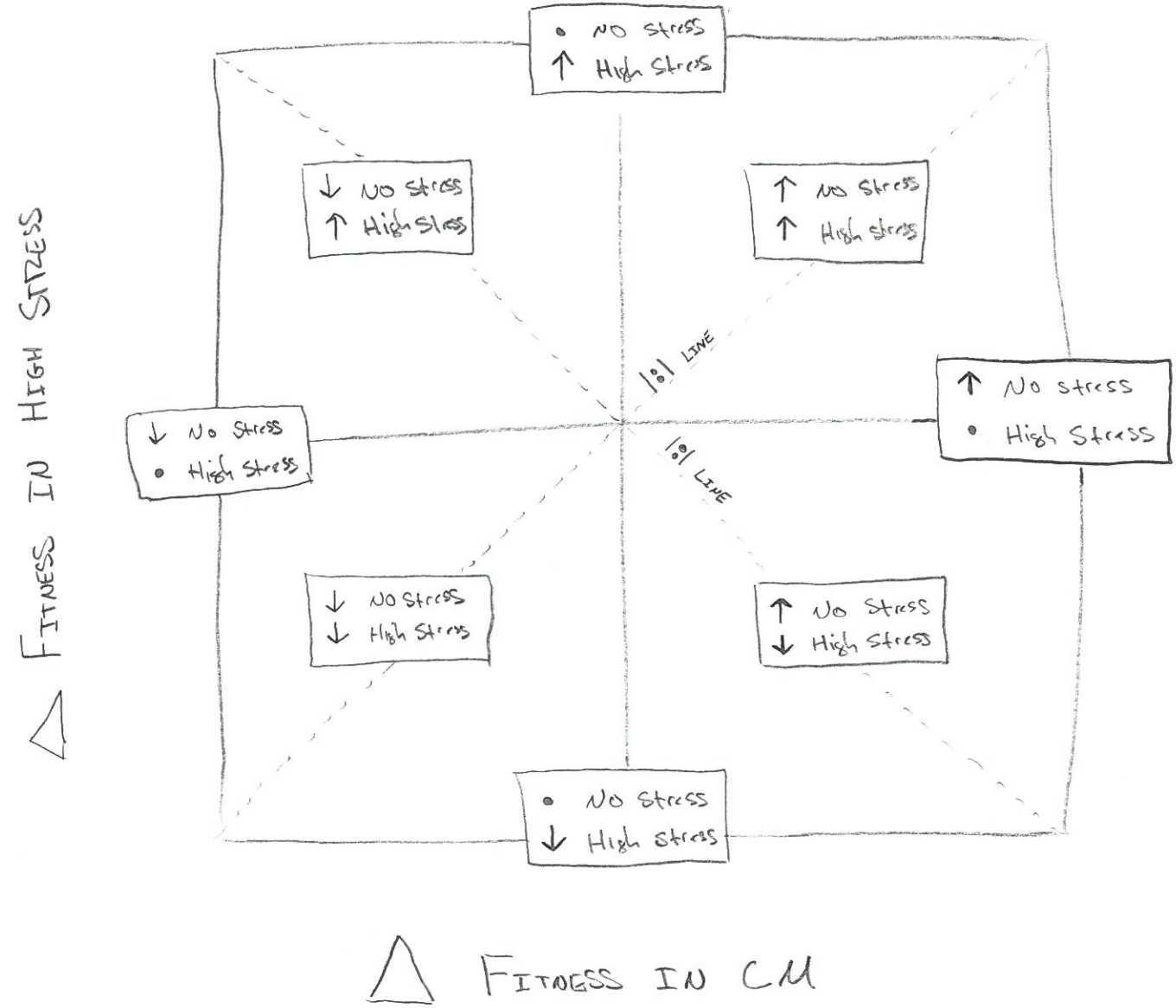
• No stress
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FITNESS IN HIGH STRESS
FITNESS IN CM