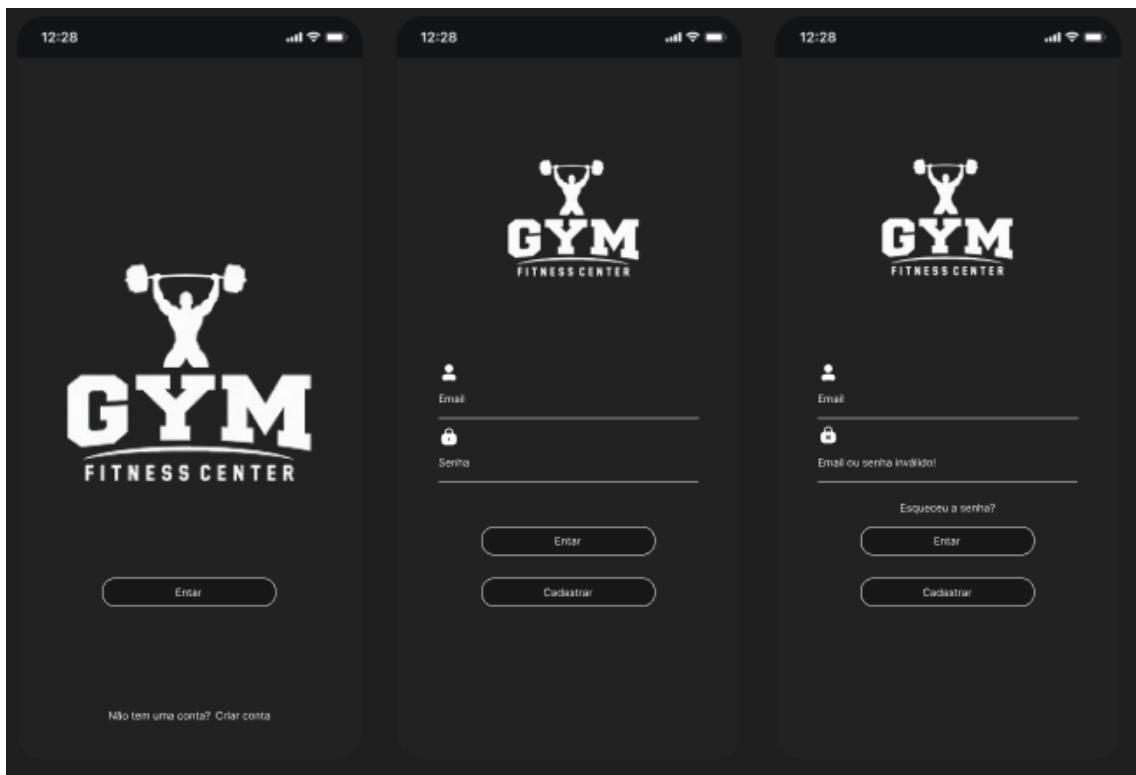
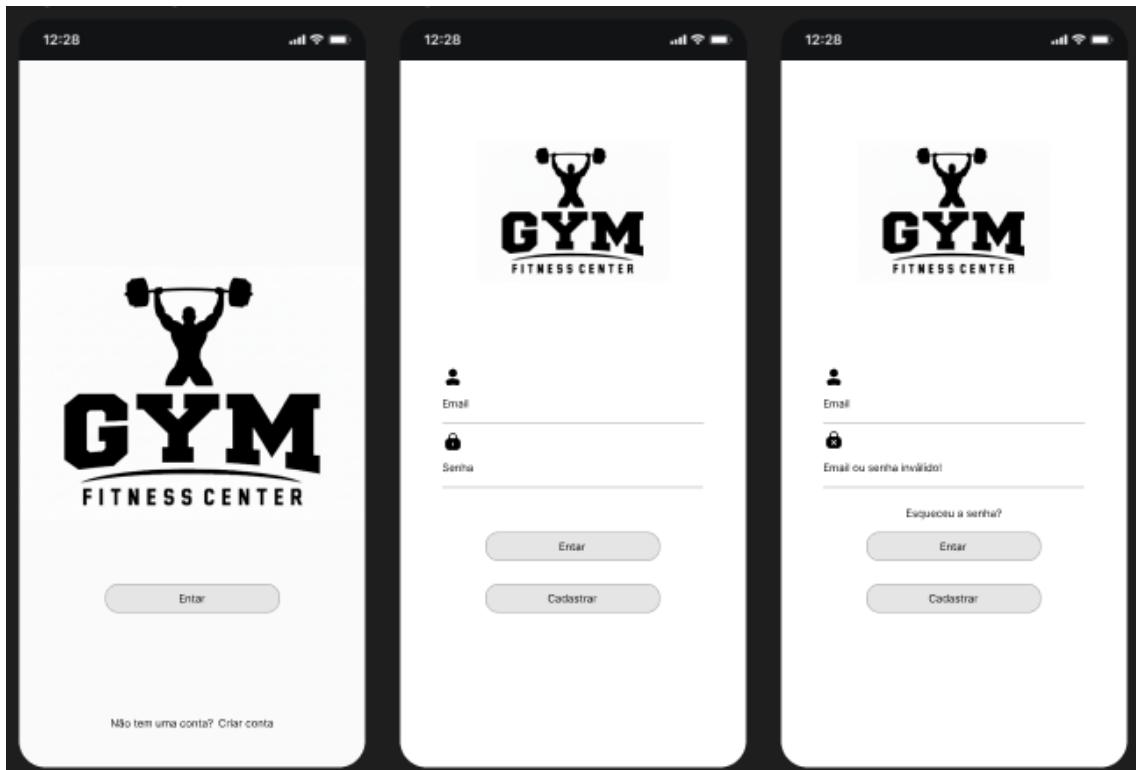
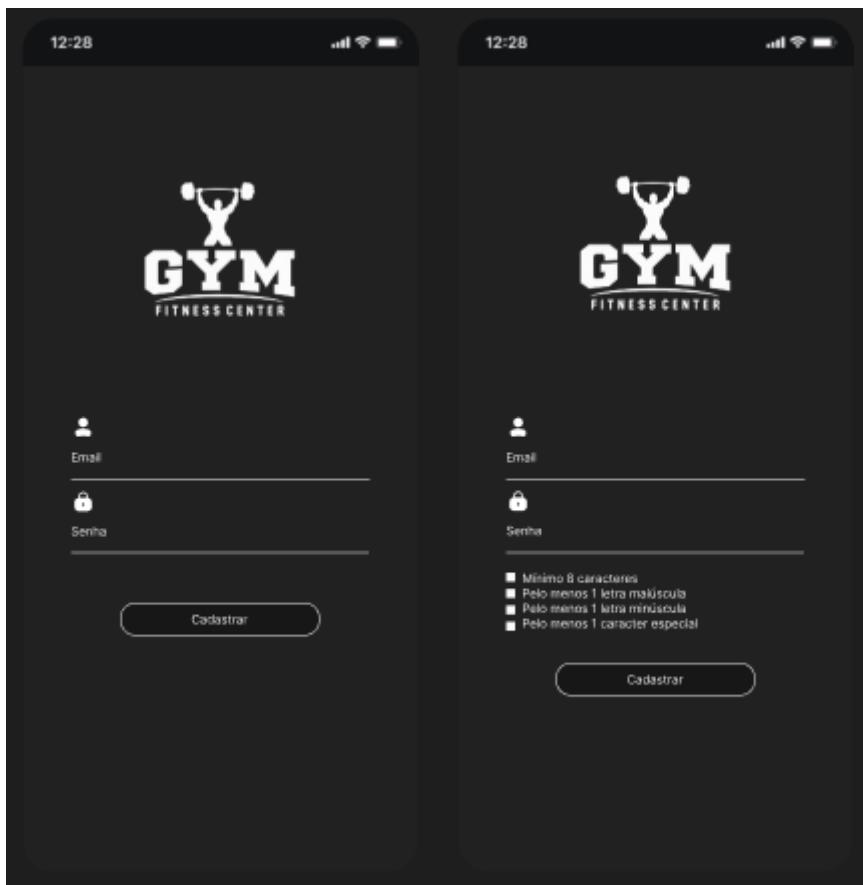


Protótipo de Alta fidelidade - Gym-project ([Figma](#))

Tela login (Tema Light e Dark)



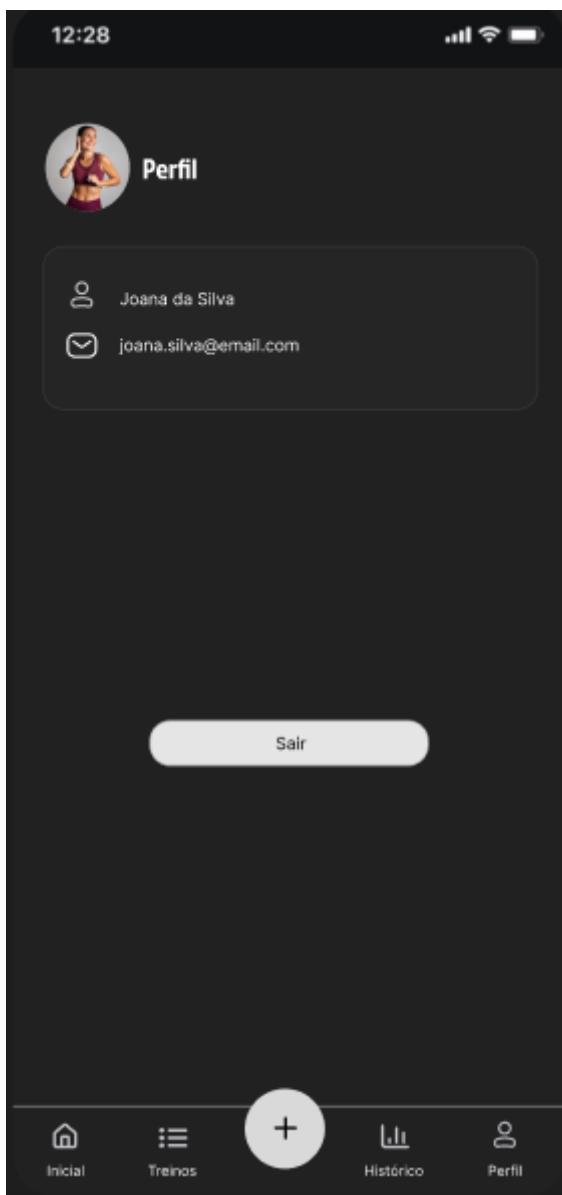
Tela cadastro (Tema Light e Dark)



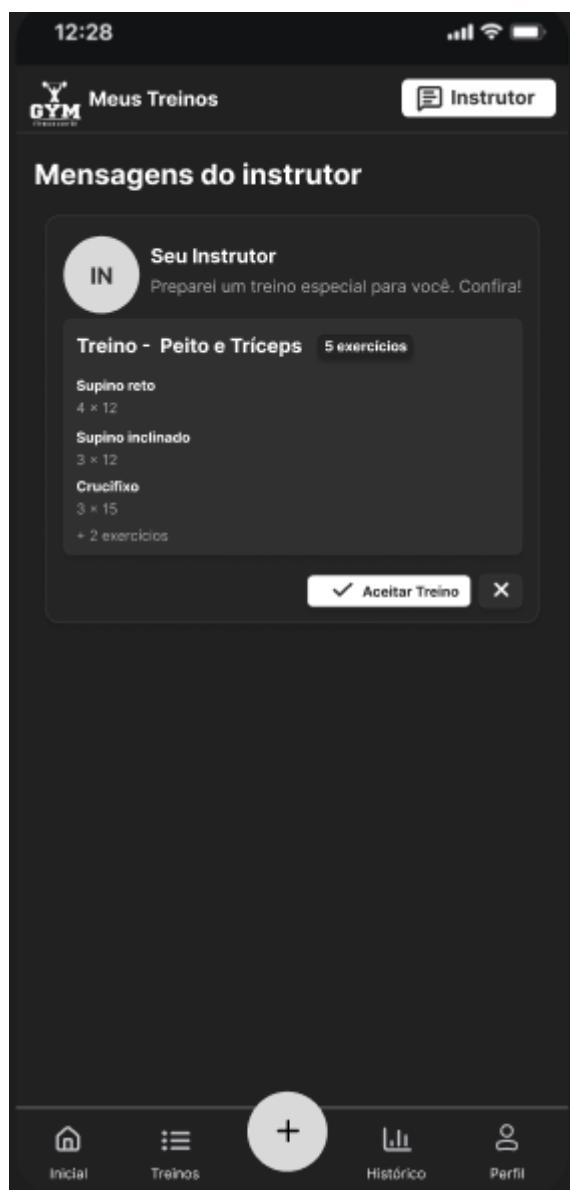
Tela inicial



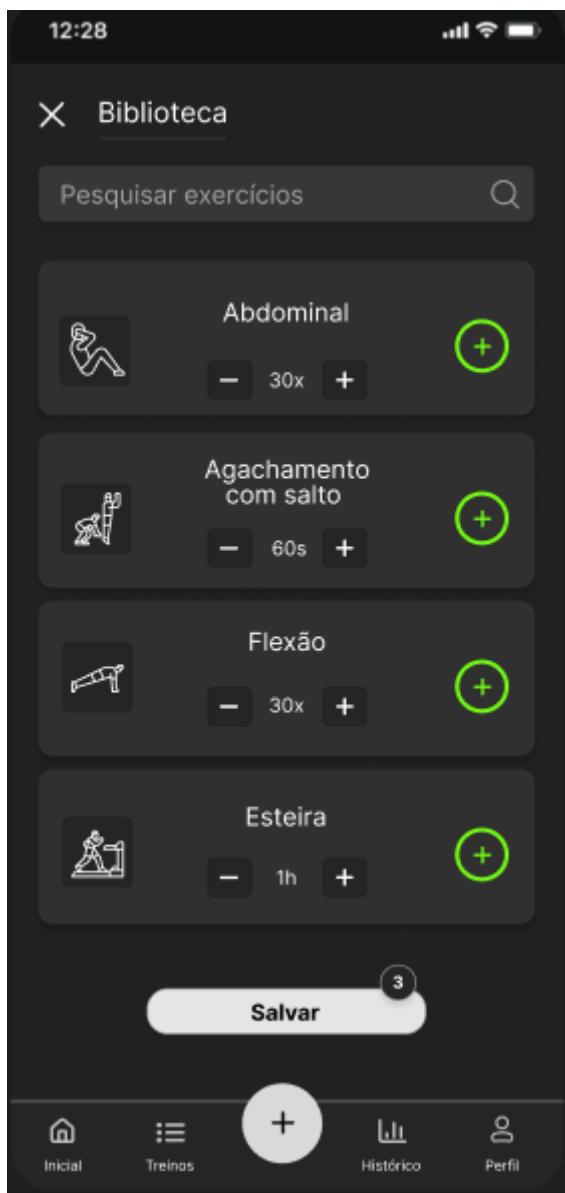
Tela perfil

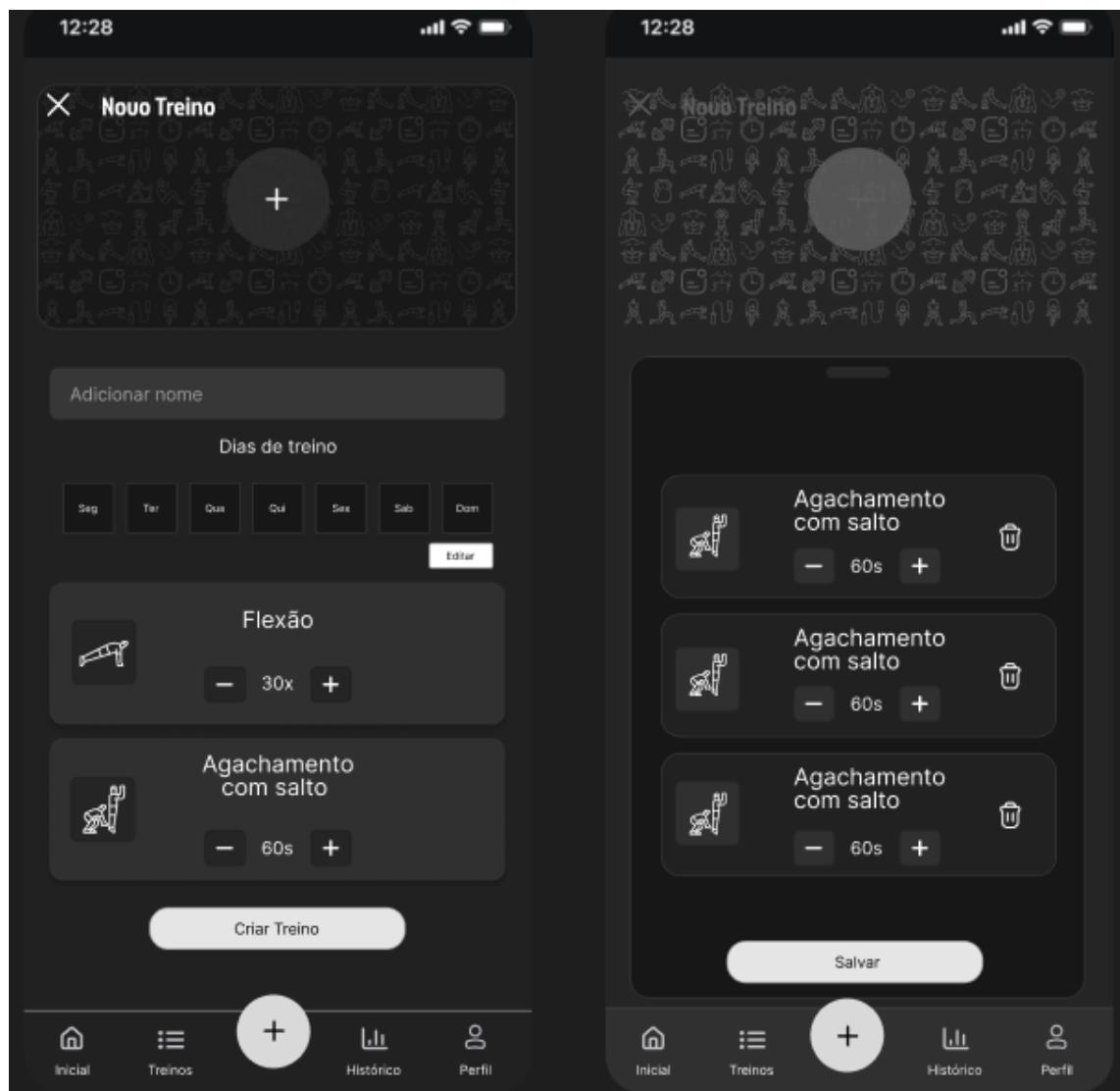


Tela instrutor

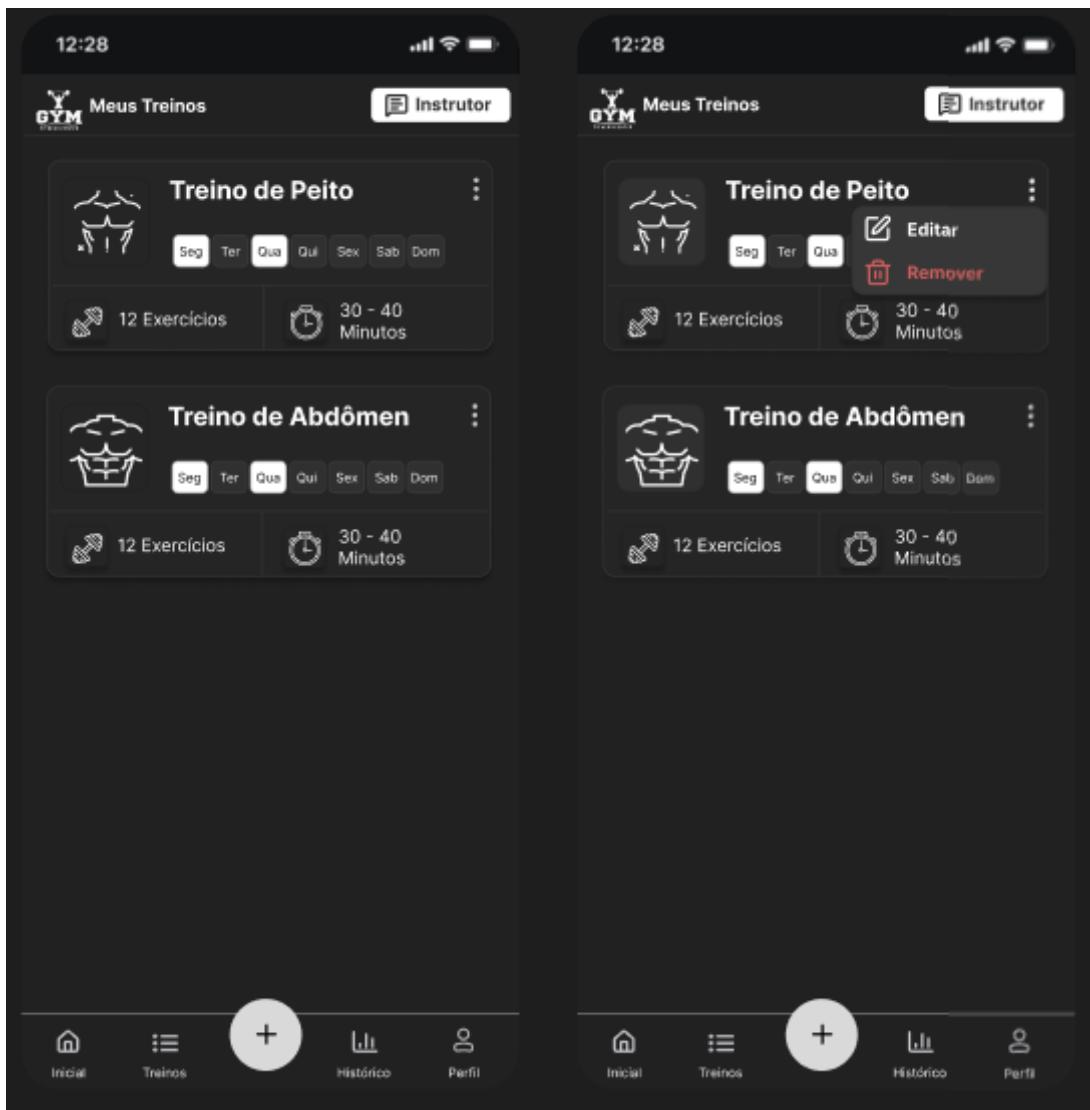


Tela criar treino





Tela treinos

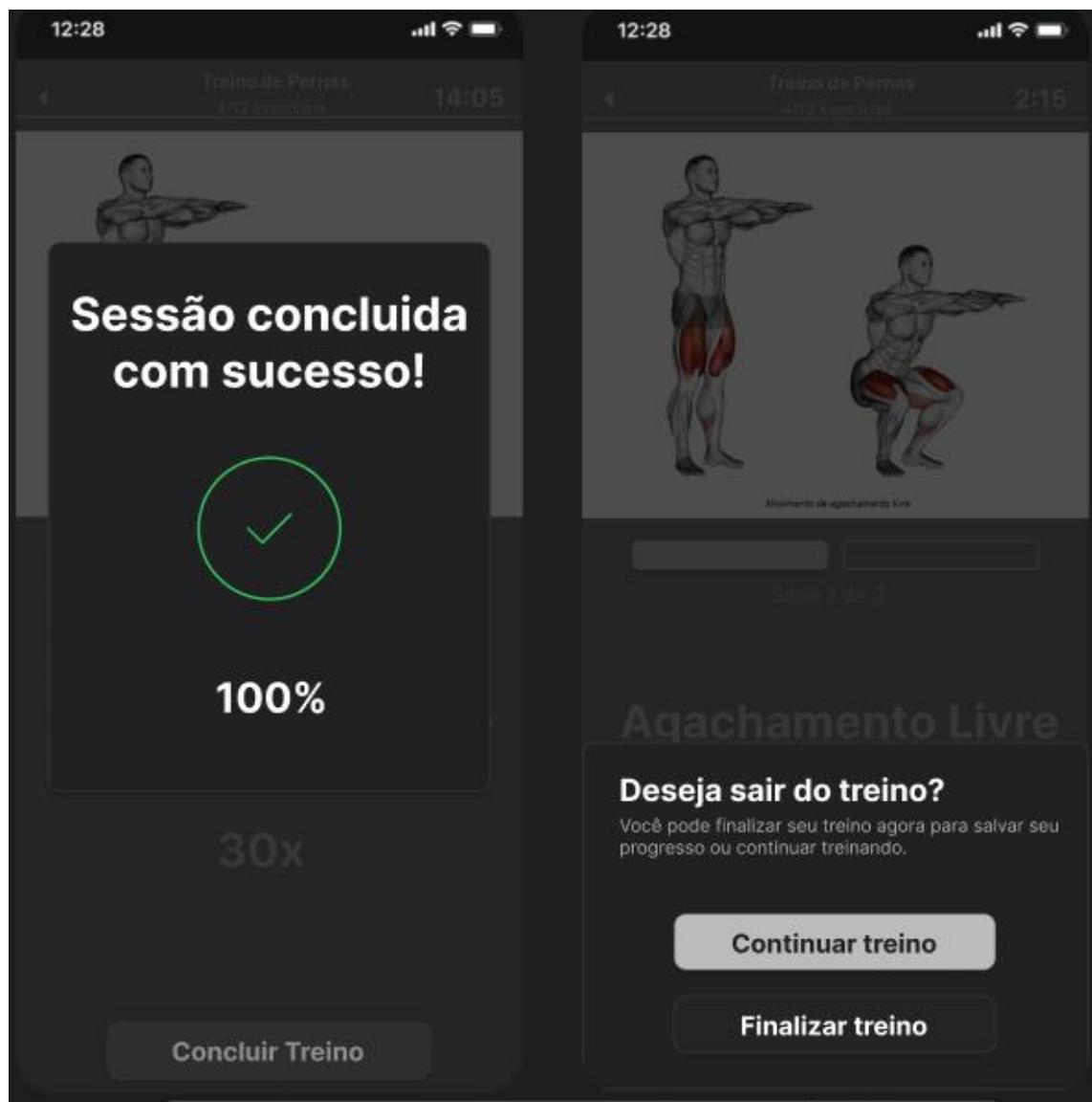


Tela sessão treino

The image displays two side-by-side screenshots of a mobile application interface for a leg training session.

Screenshot 1 (Left): Shows the start of the session. The top bar indicates "12:28", signal strength, and battery level. The title "Treino de Pernas" and subtitle "4/12 exercícios" are at the top. The timer shows "0:00". Below are two anatomical illustrations of a male figure performing a free squat, with red highlights on the quadriceps and glutes. The text "Movimento de agachamento livre" is at the bottom. The main title "Agachamento Livre" is centered below the images. Below it are two sets of controls: "1 Peso(kg) 30x" and "2 Peso(kg) 30x", each with a red "X" icon. A button "+ Adicionar séries" is to the right. At the bottom are "Iniciar" and "Concluir" buttons.

Screenshot 2 (Right): Shows the session in progress. The top bar indicates "12:28", signal strength, and battery level. The title "Treino de Pernas" and subtitle "4/12 exercícios" are at the top. The timer shows "2:15". Below are two anatomical illustrations of a male figure performing a free squat, with red highlights on the quadriceps and glutes. The text "Movimento de agachamento livre" is at the bottom. The main title "Agachamento Livre" is centered below the images. To the right of the title is a progress bar showing "Série 1 de 2". Below the title is the repetition count "30x". At the bottom are "Iniciar" and "Concluir" buttons.



Tela histórico

