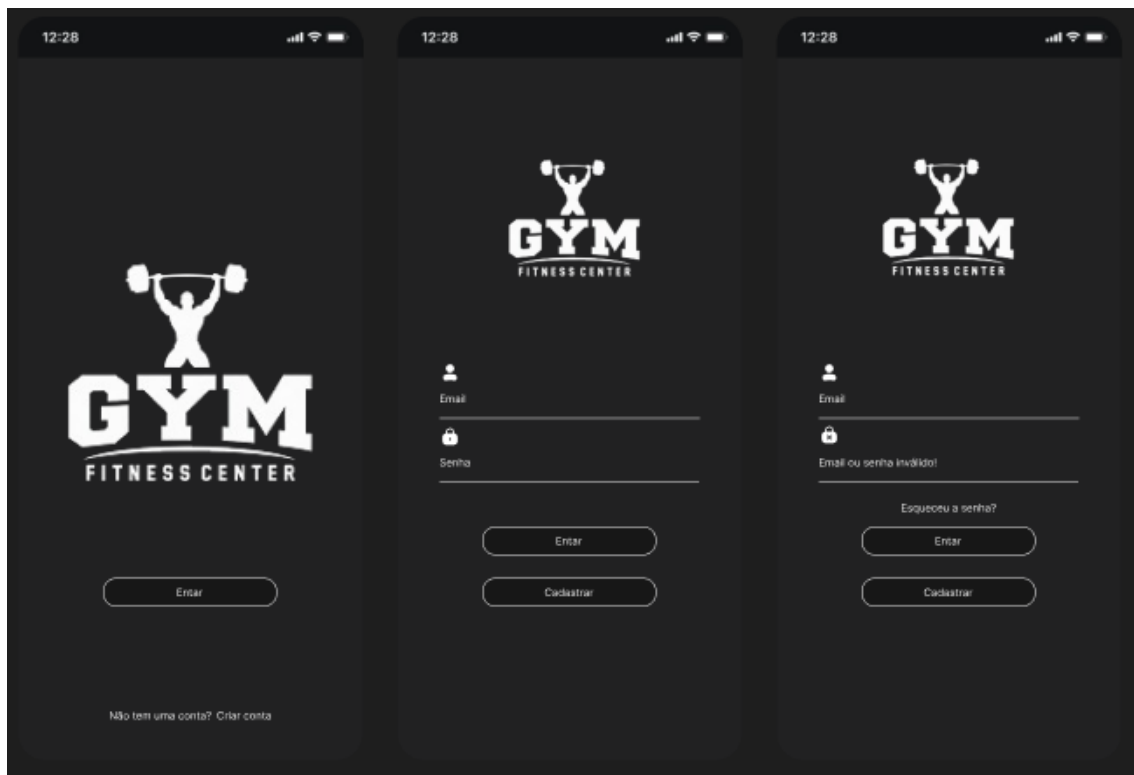
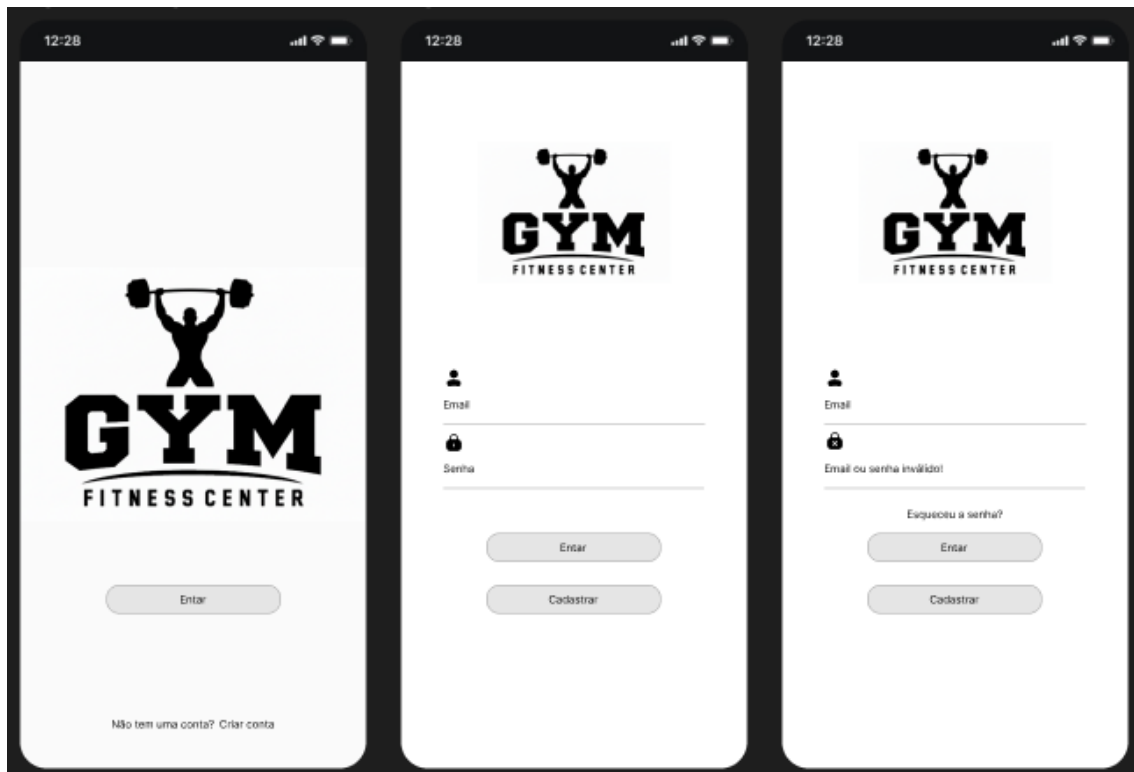
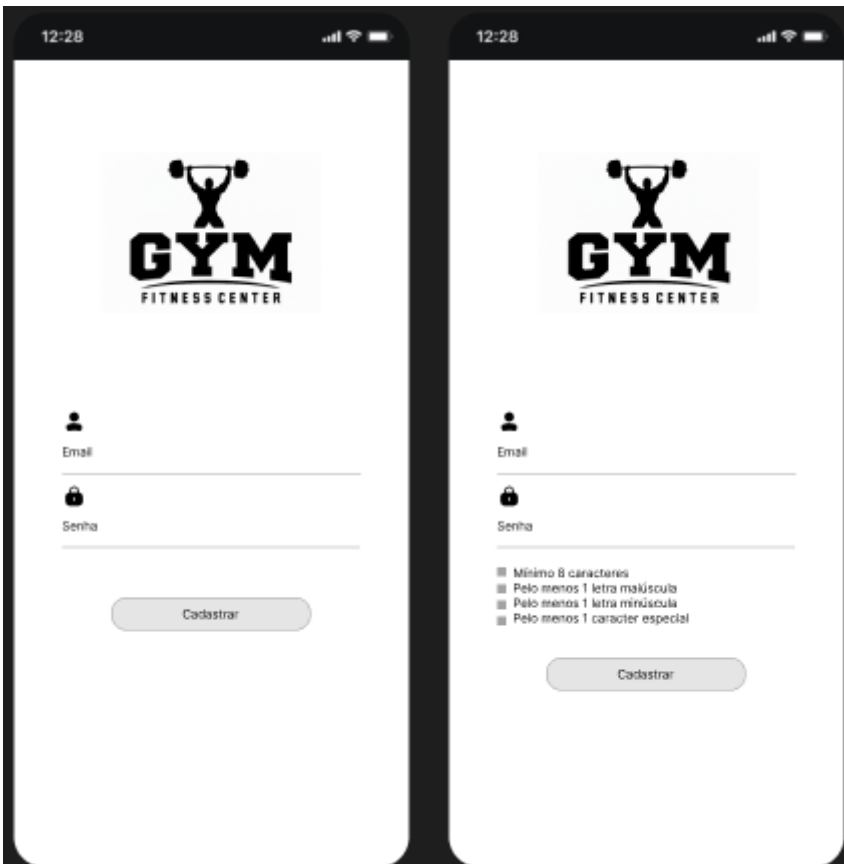


# Protótipo de Alta fidelidade - Gym-project ([Figma](#))

Tela login (Tema Light e Dark)



## Tela cadastro (Tema Light e Dark)



12:28

**GYM**  
FITNESS CENTER

Email

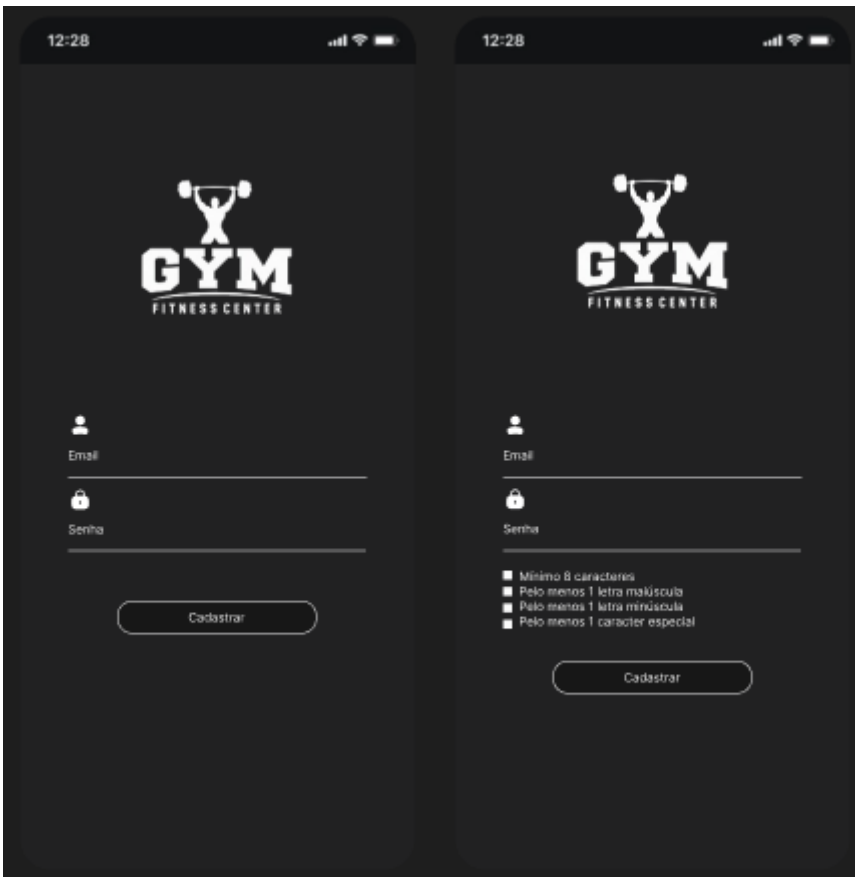
Senha

Cadastrar

- Mínimo 8 caracteres
- Pelo menos 1 letra maiúscula
- Pelo menos 1 letra minúscula
- Pelo menos 1 caractere especial

Cadastrar

The image shows a mobile app registration screen in a light theme. At the top, the status bar displays the time 12:28, signal strength, Wi-Fi, and battery icons. The app logo, 'GYM FITNESS CENTER', is centered at the top. Below it are two input fields: 'Email' and 'Senha' (Password), each with a user icon and a lock icon respectively. A 'Cadastrar' button is positioned below the password field. To the right of the password field, a list of password requirements is shown with checkboxes: 'Mínimo 8 caracteres', 'Pelo menos 1 letra maiúscula', 'Pelo menos 1 letra minúscula', and 'Pelo menos 1 caractere especial'.



12:28

**GYM**  
FITNESS CENTER

Email

Senha

Cadastrar

- Mínimo 8 caracteres
- Pelo menos 1 letra maiúscula
- Pelo menos 1 letra minúscula
- Pelo menos 1 caractere especial

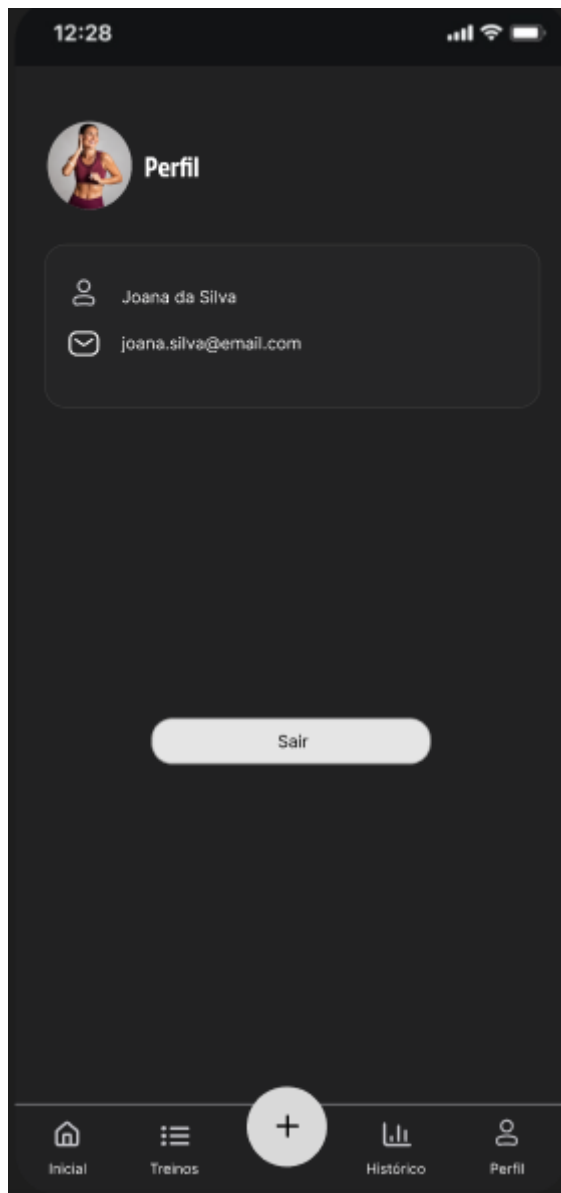
Cadastrar

The image shows the same mobile app registration screen as above, but in a dark theme. The background is dark gray, and the app logo and text are white. The layout and elements are identical to the light theme version, including the status bar at the top, the 'GYM FITNESS CENTER' logo, the 'Email' and 'Senha' input fields, the 'Cadastrar' button, and the password requirements list.

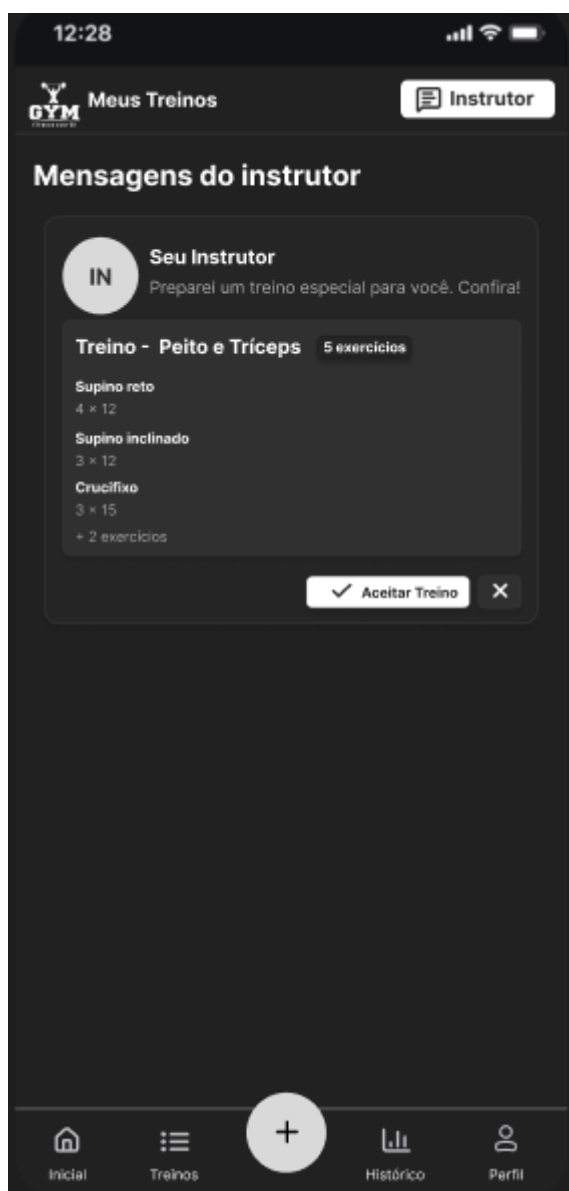
Tela inicial



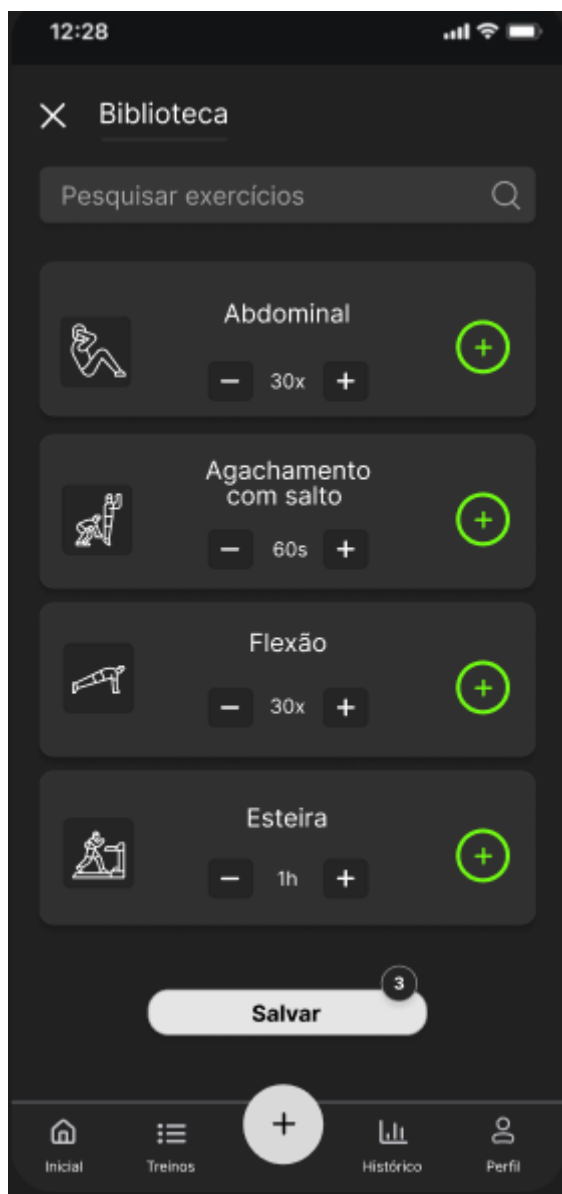
## Tela perfil

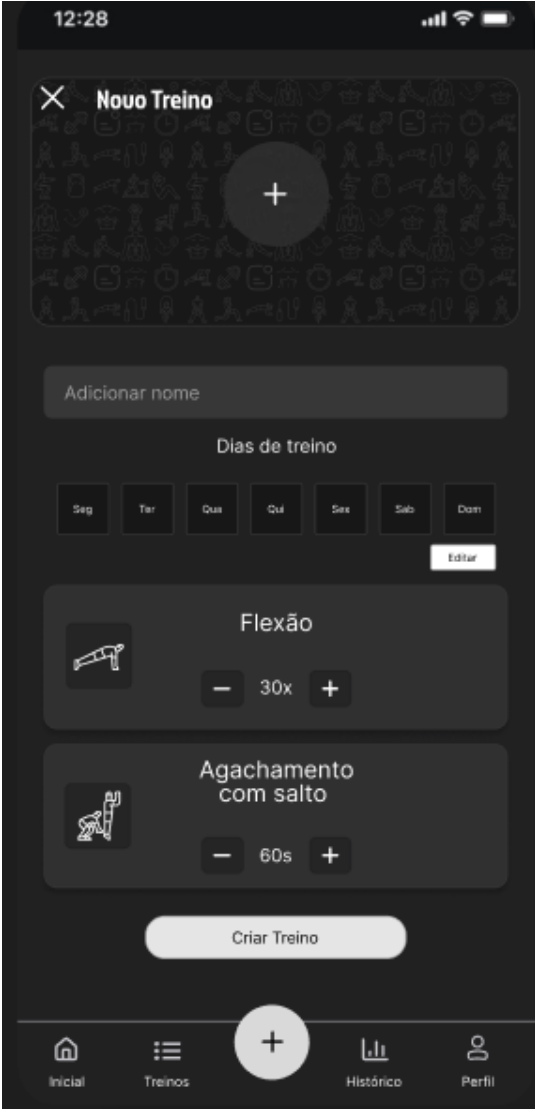


## Tela instrutor

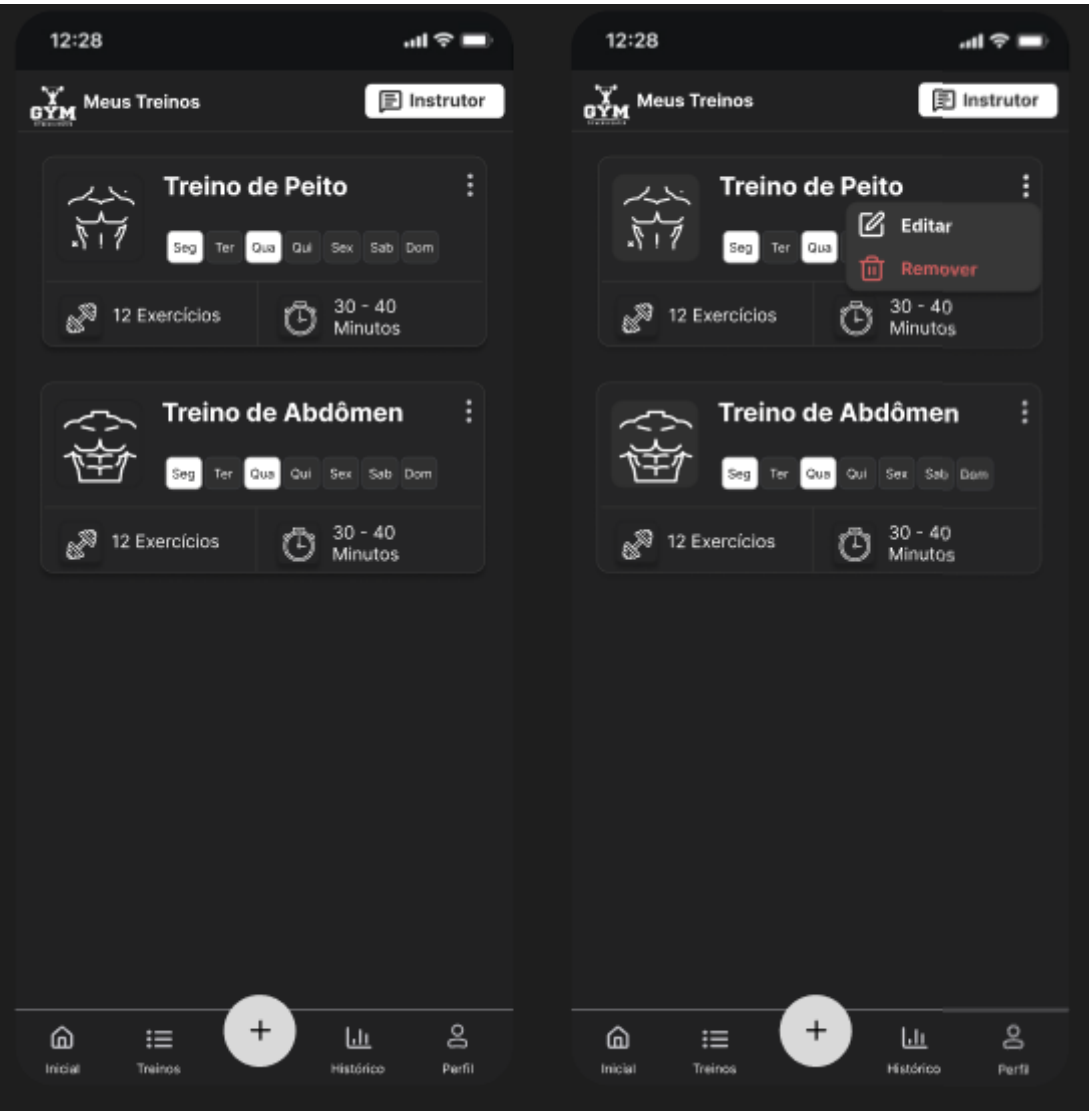


## Tela criar treino



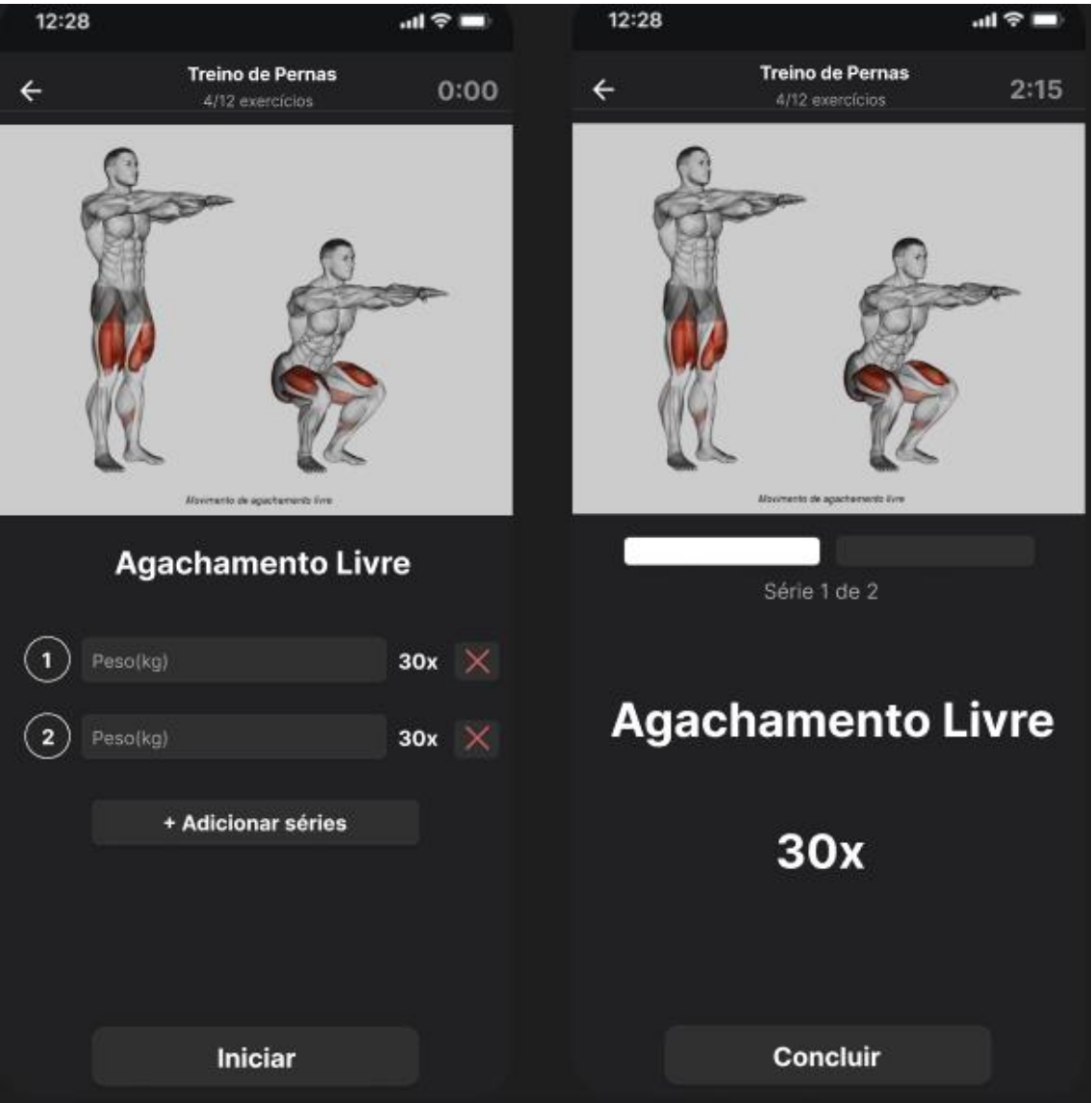


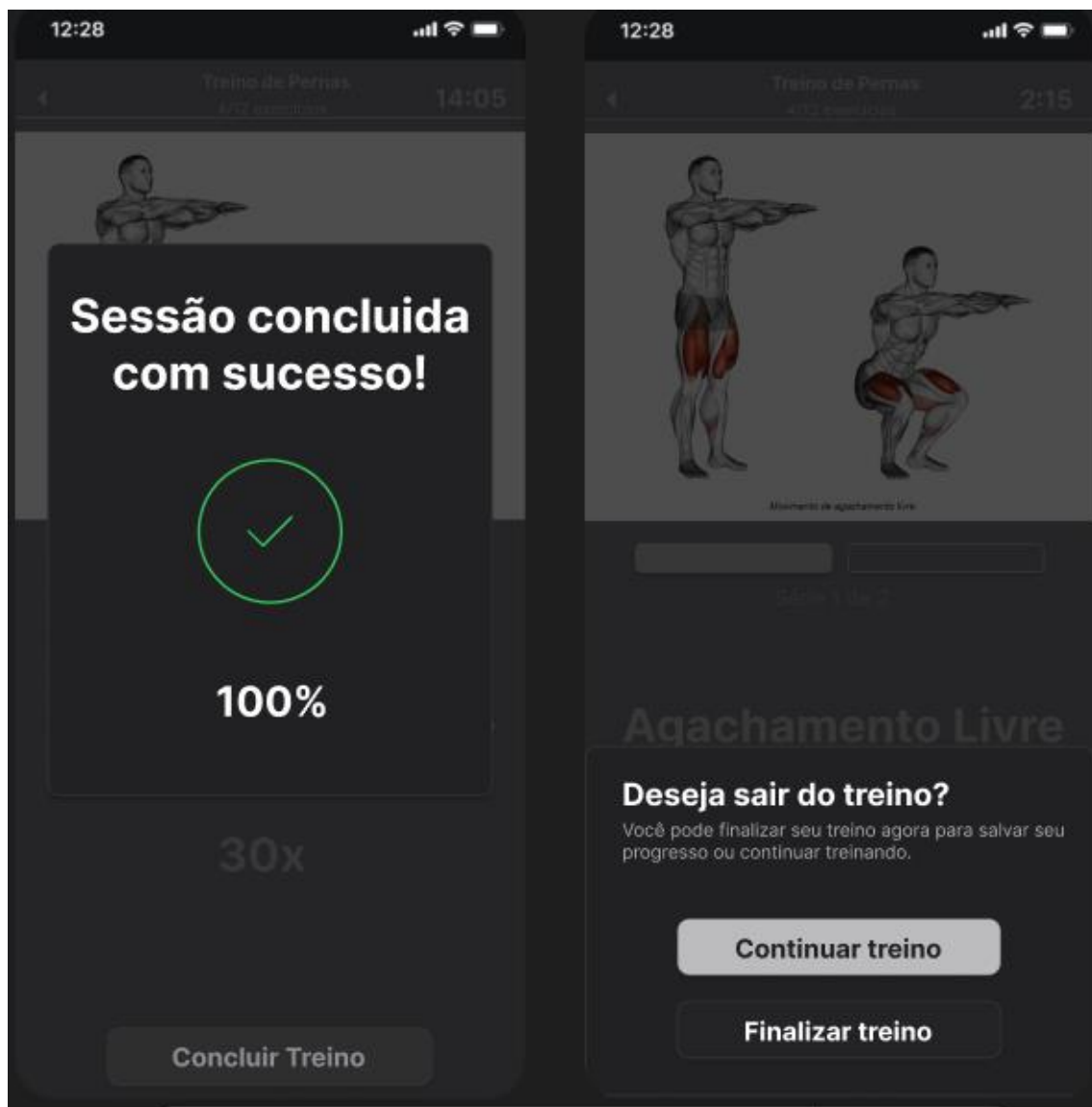
Tela treinos





Tela sessão treino





Tela histórico

