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December 9, 2020

Dear Dr. Lo,

It was a pleasure to see your patient **Afshan Vahedy Tafreshy** (DOB 19/Sep/1968) for follow-up of **hypothyroidism**.

Relevant Medications: Synthroid 0.088 mg OD

Other medications: Cipralex 20 mg OD, Wellbutrin 150 mg OD, Prevacid prn, Ranitidine prn, Alprazolam prn

Review of systems: Unwell with anxiety and depression.

Clinical findings: -

Lab results: November/20

TSH: 2.43 IU/L

Free T4: 10.9 pmol/L

Free T3: - pmol/L

Other:

Assessment: Euthyroid.

RECOMMENDATIONS: Continue Synthroid 0.088 mg OD.

Next appointment: 1 year.

Regards,

Nathalie Leung, MD, FRCPC

Chart note re: phone visit consent:

Informed written consent via email was obtained from this patient to communicate and provide care via phone. This patient has been explained the risks related to unauthorized

disclosure or interception of personal health information and steps they can take to help protect their information. We have discussed that care provided through audio communication cannot replace the need for physical examination or an in-person visit for some disorders or urgent problems and the patient understands the need to seek urgent care in an emergency department as necessary.