

Wayne Ho Ping Kong, MD, FRCPC, Invasive and Non-invasive Cardiology

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Dear Dr. Lo, Jason H.T., (fax#: 905 480 0898):

Re: CHIU, WAI TAK - 1/08/1958 (d/m/y)

In response to the current coronavirus pandemic, the patient's in person visit was canceled. Instead, we completed a telephone consultation today. Informed verbal consent was obtained on this patient to communicate and provide care using virtual and other telecommunication tools. This patient has been explained the risks related to unauthorized disclosure or interception of personal health information and steps they can take to help protect their information. We have discussed that care provided through audio communication cannot replace the need for physical examination nor and in person visit for some disorders or urgent problems and the patient understands the need to seek urgent care in an emergency department as necessary.

Problem List:

realtor; contractor
HTN CHol Fhx (father MI 60s)
ETOH 2-3 shots whiskey once/week
neg DM smoker
severe OSA; CPAP
MAr 4 2014 afib; spontaneous conversion to NSR
CHADS 2 score 1

Medications:

ECASA 81 mg daily
avapro 300 mg daily
crestor 5 mg daily
allopurinol

Allergies/Intolerances:

Clinical History: Wai Tak generally has felt relatively well. He continues to be relatively anxious. He denies any symptoms of sustained palpitations.

Investigations: MAr 4 2014 Cr 71 trop <0.03

ECG afib 75
ECG NSR 60
Mar 2014 Cardiolite 8:34 Bruce; normal perfusion
APr 2014 2Decho LVEF 69% cLVH
Aug 2017 Holter NSR. sev short runs afib; longest 10 beats, fastest 148 bpm. symptoms corresp to NSR
Feb 2018 Holter NSR
Mar 2019 Holter NSR
Aug 19 2019 ECG NSR 55

Opinion & Recommendations: Wai Tak Chiu appears to be stable from a cardiac point of view. He has paroxysmal atrial fibrillation which I suspect may have been related to his severe underlying obstructive sleep apnea. He appears to be maintaining NSR for the most part. His CHADS 2 score is 1. We have decided to leave him on ECASA for stroke prophylaxis. We will bring him back to the office in 9 months time.

Thank you for allowing me to participate in this patient's care.

Sincerely,

Wayne Ho Ping Kong, MD, FRCPC

WHPK