

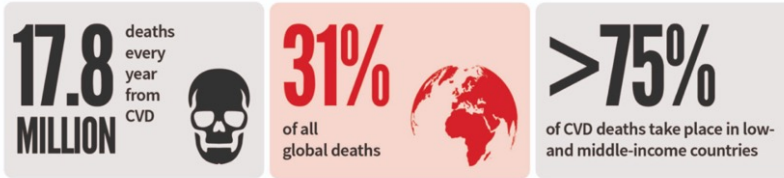
**A prediction model that forecasts the  
risk of having a cardiovascular disease**

Viorelia Magari, June 2024

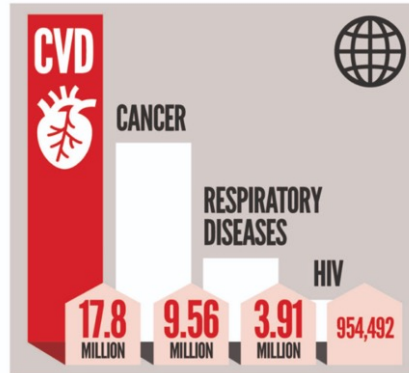
# CARDIOVASCULAR DISEASE

## THE WORLD'S NUMBER 1 KILLER

Cardiovascular diseases are a group of disorders of the heart and blood vessels, commonly referred to as **heart disease** and **stroke**.



### GLOBAL CAUSES OF DEATH



### RISK FACTORS FOR CVD



## Subject area

- Detect the population with the higher risk of CVD
- Identify key risks that influence the apparition of CVD
- Prevent the apparition of the disease
- Recommendations to minimize the risk

# Proposed solution

## Use machine learning techniques to build models

- Logistic regression
- Decision tree
- K-nearest neighbour, etc.



## Find the best model

## Identify the risks

- Using the predictive model

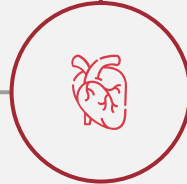


## Make recommendations

- Using another dataset

## Build an user-friendly web app

- Predict CVD: yes or no
- Display the recommendations



## Try the web app and model

- with real data

# Potential impact



The overall wellbeing of the population



Healthy habits



Death levels



Cost of treating patients



Hospitalization costs



Income of people

# Dataset

‘**Cardiovascular disease dataset**’ is an open source dataset from Kaggle.com with 70000 records of patients:

- ***Personal data***- age, gender, height, weight
- ***Medical data***- blood pressure, cholesterol, glucose, CVD
- ***Lifestyle data***- if the patient is smoking, is drinking alcohol, is active

# Findings from EDA

After doing the preliminary EDA, we discovered that at high risk are:

- The oldest patients, 55+ years old
- Men, with 0.8%
- Overweight and obese patients, >25 BMI
- High blood pressure, >120mmHg
- Patients who have a very high cholesterol and/or glucose
- Patients that have a sedentary lifestyle, with 7.7%

# Next steps

## 1 Statistical Analysis

Prepare data  
for modelling

## 2 Machine Learning

Different  
models for  
classification

## 3 Choose the Model

Best accuracy

## 4 Use another dataset

To make  
recommend.

## 5 Develop web app

Try with real  
data