



Vipassana Meditation

As taught by S.N. Goenka
in the tradition of Sayagyi U Ba Khin

For official purposes only

Conf.
No.

Group
No.

Acc.
No.

OLD STUDENT


NEW STUDENT

TEENAGERS' APPLICATION FORM

INCOMPLETE FORMS WILL NOT BE ACCEPTED. PLEASE FILL UP ALL FIELDS.

Course Dates: From _____ To _____

Center: _____

First Name		Middle Name	Last Name (Surname)	Gender: Male Female	
Address (with City, Dist., Country etc.):					
Pin code: _____				Date of Birth (dd/mm/yyyy): ____ / ____ / ____	
Contact Details	Home: _____ Work: _____	Mobile: _____ Email: _____	Age -		

1. **Photo ID Type:** Passport Aadhar Card PAN Card National ID **ID No.:** _____
(Mention your ID number above)

2. **Parent's Details:**

Father's Name: _____ **Mother's Name:** _____

Have they completed a course: _____

3. **Education:** _____

4. **Name Of School/College:** _____ **Std/Year:** _____

5. Will a friend or family member be taking this course as well?
If yes, write Name and relationship _____
No Yes

6. **EMERGENCY CONTACT NAME & NUMBER (Also mention the relationship to the person):** _____

7. **Language Comprehension:** How well do you understand the language(s) in which this course will be conducted?

Basic	Intermediate	Expert
Basic	Intermediate	Expert
Basic	Intermediate	Expert
Basic	Intermediate	Expert

Preferred language of Instructions/Discourses: _____

For Old Students (Details of courses done in the tradition of Sayagyi U ba Khin as taught by S.N. Goenka)

1. **First Course:** Date _____ Location _____ Teacher(s) _____

2. **Most Recent Course (Sat):** Date _____ Location _____ Teacher(s) _____

3. No. of courses completed: Teenager's: _____ 10-Days: _____ Anapana: _____

4. Have you maintained your practice of Vipassana meditation since your last course? _____
No Yes

If yes, please give details (how much time daily, etc.). _____

For All Students (New and old students)

Vipassana is a non-sectarian technique which aims for the total eradication of mental impurities and the resultant highest happiness of full liberation. Its purpose is never simply to cure diseases. But, in order to facilitate a smooth transition of your course, we require the following health information.

1. Do you have any past/present - physical health conditions (If yes, please give complete details such as medication, dosage, treatment, hospitalizations etc.): No Yes

2. Do you have any past/present history of psychological treatment? (If yes, please give complete details such as medication, dosage, treatment, hospitalizations etc.): No Yes

3. a) Any past addictions to Tobacco, Alcohol or Drugs (If yes, please give details) : No Yes

4. Do you have any past/present experience with Reiki, spiritual healing or any other meditation practices? If yes, please give details: No Yes

I hereby agree to set aside all past spiritual/religious practices, rites , rituals, recitation, fasting and prayers as well as any religious or spiritual objects for 10-days. All reading, writing material, mobile phones etc. should be deposited at the Course Office for 10-days.

I acknowledge that I have carefully read and understood the Code of Discipline for Meditation Courses.

Parental Consent

Our son/daughter wishes to join the 7-day Teenagers' Vipassana course with our consent. We are aware of the stringent code of discipline for such a course and are confident that he/she will abide by it sincerely. We have not put any pressure on him/her to join this course.

I fully understand that the Center does not have any medical facility and thereby the management will not be liable for the consequences arising out of any illness during the period of the course. I am joining this course on my own free will.

I hereby certify that the above information is true to the best of my knowledge.

In addition, I hereby consent to the storage and handling on a computer or otherwise of my above stated personally identifiable information in accordance with the Privacy Policy of the facility at which the course is being held.

Applicant Signature

Date

Parent Signature

Assistant Teacher's Recommendation

I have personally interviewed the applicant and explained to him/her all the requirements and code of discipline of the Teenagers' Vipassana Course. I have also enquired about his/her health background. I have examined that he/she is willingly participating in this course without any pressure. I have verified the information, particularly the age, given by the applicant. I am sure that he/she will be able to follow the discipline of the course.

Recommending AT Name:

Date: