

Self-Forgiveness

AFFIRMATION & PRAYER

I AM A LOVING CHILD OF GOD, I DESERVE TO LIVE IN JOY AND LOVE. I HAVE MADE MISTAKES THAT MAY HAVE KNOWINGLY OR UNKNOWINGLY HURT OTHERS BUT I DO KNOW THAT I DID EVERYTHING OUT OF WHAT I WAS CAPABLE OF IN THAT MOMENT.

I HAVE TODAY GROWN AS A PERSON. I AM GRATEFUL FOR THE LESSONS LEARNT AND THE CHANCE TO CHOOSE WISELY GOING FORWARD. I ALLOW MYSELF TO BE AT PEACE WITH MY PAST. AS I DROP THE PAST, I GET THE POWER TO SEND HEALING ENERGY TO EVERYONE AROUND ME. I FORGIVE MYSELF WHOLEHEARTEDLY IN GOD'S LOVE AND ETERNAL GRACE.

