

Usual Underdog

Being humble, tranquil, peaceful and kind are all reasons why a monk makes a usual underdog, judgement, and assumptions allow great opportunities for one to arise.

We do not start trouble, eventually that trouble will come forth and all harnessed energy concentrates into one moment. A reflective forge of time, awakens the tether of mindful humans.

Routine is important and healthy, as long as it is not entitled to a negative entity. Anger in routine is bad for body, mind and elemental synchronicity.

Rage triggers adrenaline, a chemical agent that slows down perception of time. With other side effects as well. The more it is used, the weaker its potency by building up tolerances.

This effect also leads to dangerous presumptions in order to thrive forward and get ahead of the curve.

Masterful monks slow down the perception of time on an entirely different accord, and when virtue mixes with rage all negative side effects are extracted out, their perception of time amplifies down, and down. Though seen to be moving at our sync of time, a mind full of magnitude rides the surges, the faster their body moves, thought begins to acquire a larger wave to ride. every calculation, perfected before consciousness initiates the action. Some say a monks subconscious is so unbelievably aligned with their conscious that their conscious has its own layer of consciousness, one of which harnesses the subconscious trait of analyzing in the background. Many would argue this is just another layer of subconsciousness obtained. However the main level of consciousness is in control of both layers. So, while warding off a foe, and staying focused and non repetitive with conscious thought, the same aspect of consciousness is taking everything into count, doing a final cross check just as the subconscious does, yet this conscious mind is reviewing, inserting and initiating actions faster than the body can pump out, resulting in a magnetic balance pulling their bodies to a greater momentum.