

Lucid Levitation

Guided visual meditation is closer to lucid dreaming than just guided meditation, When you lucid dream you are right in the middle of sleep and alertness. This is hard to do and happens easier in the subconscious state because our subconscious has a more accurate sense of time within itself.

Guided Visual Meditation is created in your subconscious within a lucid state, but instead of you blocking your surroundings to conserve energy you have enough spare to move from Lucid dreaming to guided meditation which is then added together and pre formatted in one lucid thought, Its your subconscious way of being patient while the master piece is thought up.

Once your subconscious knows what it wants its watching every calculation and cross checking it as it decides to make 100% sure it does the job properly. Imagine Guided meditation, you are following a path that you do not seem to recognize, Guided visual meditation recognizes the path but quickly generates the next unique step that you do not see coming, you can be in multiple worlds at the same time, walking through pictures you mind painted with 3D architecture in moments and each step forward takes a millisecond and it works faster than your consciousness so yes your consciousness will remember the journey and yes it even gave your subconscious the information to work with, but it does not play the part of visualization.

G.V.M. is raw power, some believe Clairvoyance comes with True access into the spiritual realm where reading another mind is as simple as calculating a math problem with purely you're subconscious.

Spirituality is a word that defines us as a unity, its not just a way of thinking but a way of life to continue to exist.