

# Mellow Mantra

A mantra is a word, phrase, syllable or moment when you speak out loud to yourself or to others.

Mantras are Known for being used by monks, they help guide their own subconscious by hearing their own speech, as well as hearing their fellow monks whom they adore and feel protected by. The human mind is really complicated and many things are disproved or are just not provable unless to ourself. Monks have a unity that protects them from fear of themselves that resides in the unknown of their body and the unknown of the world around them. They surround themselves with love and cherishes of one another, they hear themselves chant with one another and in that instance they hear every other monks chant inside their own giving them the will, courage, dedication and enjoyment of a lifestyle around the deepest forms of meditation.

A chant is chanted by one monk and heard by them all, they do not try to best the other ones chant but instead add to it and purify as their vocal patterns change from being immensely crafted by their own and inspired by another over a lifetime. A chant is Powerful they reach into the deepest portion of your soul and the other souls surrounding you, Guided by a divine light it starts as an uncertainty and sometimes awkward process, but after being altered by surrounding beings and your inner peace it continues to grow into a unique sound aura that brings many of other beings up by inspiring them with the sound of angels flowing through you and echoing through the heavens and calling them down for a moment of pure peace that'll last a lifetime within the garden of eden as it takes both good and bad to grow.

Sound waves bounce off each other, as well as merge with one another, sometimes chants get off rhythm and are not that heavenly sound you once heard. This is because the waves of sound are not colliding at the right pace and are not of the right frequency to merge. Chanting is a unity of sound colliding Mimicking someones chant is not thievery but acceptance of being one and the raw essence of combined beauty at its primal form, which to some the off beat is the best beat and the uniquely unbalanced essence of inexperience is perfect in its own light.

When chants collide its not just sound releasing itself, its Adam and Eve being reunited through the sanctity of life being acknowledged as one. Chanting and Mantras require a different skill set that we all have, but may not use. When someone chants with say one other person they lose track of their own voice, but they know if they keep it steady and in a timed rhythm all will be heard, someones voice may be louder and they cannot hear themselves think or speak, but they still feel it as the vibrant sound ripples through their body and their mind perceives it as anew. Some would say the odd one out is the lucky one in a brief moment that was not planned.

The unexpected has been known to allow minds to thrive and feel inspired once more to meditate even unknowingly.  
heres an example:

Once I was in a restaurant, feeling quite spiritual waiting as the packed panda expresses line slowly moved up awaiting my family to place the order, as I sat patiently and hungry the noisy but soothing sound collisions of what seemed like a hundred people echoing off the small walls, glass, metal and sound waves spoke to me, I started to hear a clear voice that I do not know

what was being said, and it was not of one vocal note it was crafted of many different cords and I could hear it clear as day and was the only thing my focus was being drawn too, I could not make out what I was being told or what presence I was being graced with, and in that moment I began to visualize all the different octaves in a sound driven visual pattern that was colorful beyond my wildest dreams. That is when I realized each chant has its own octave element like each color of paint has its own colorful element. Now I find myself using that one of a kind guiding chant in transcendental meditation because I have not been able to replicate the octave rainbow I've only had the grace of hearing once. when I find myself reminiscing I still feel the moment as if I was drifting through time, I feel like a spirit was in the room using the vocal cords of many to send me a feeling through my subconscious, maybe it was a coincidence, but out of every room that has been packed and loud that I have spaced out in this has never happened, Although I still try to space out within a room of busy souls expressing joyful emotions and conjuring an energetic storm for our spiritually guided angels to be drawn to.

Monks use vocal mantras to notice every surge of energy that comes into par, and I believe they use unique form of identifying a uniquely you surge to the host.

Then when their mantra is heard simultaneously they adapt like a dog can smell only up close but rely on sight to confirm in a distance.

When these 2 unique forms merge overtime the surge they pick up from their fellow monks aura and mantra follows in sync within their own, but only when they do so on par with one another will it have the desired result of being fueled by another humans electric surge.

The mantra is a time sync, since we cannot state the millisecond the surge is on, the mantra will coagulate automatically with your unique surge once you reach the subconscious realm.

this is a natural conservation method of the human mind and body, it is used to pump the blood in a heart beat and when the heart beat is over the energy signal is released to allow the heart to pump.

You could say that the heart beat of monks are in tune with one another, that is if they have had enough time to fully adapt, Because each beat of the heart can adjust by what is close to 0.01 of a millisecond at a time, so in order for them to fully sync it could take a billion heart beats. Monks use vocal mantras to notice every surge of energy that comes into par, and I believe they use unique form of identifying a uniquely you surge to the host.

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In some cases if they are closer to one another's natural rhythm you could fully sync within a hundred thousand heart beats.