

Bright Beacon

We all have heard that its darkest before the dawn, its very true even the theory of the universe states light came around after enough cataclysms.

Kundalini Meditation is the only form of dark and light meditation, Light meditation is explained as happy thoughts. Dark meditation is when the demons of our mind are set free to wreak havoc within a subconscious, Those of you who do not know what kundalini meditation is its explained as drug induced with kundalini stretches that release numbing chemicals within ones bodily neurological receptors released by their brain.

Dark Kundalini Meditation is how I explain a bad dream, once upon a time I fell into a meditative state laying down in a bad position. when someone is meditating their brain is moving at light speed because your body begins a form of hybernation where it lets your body parts shut off temporarily while it sends the excess energy to your brain. Dark Kundalini Meditation can be triggered consciously or subconsciously, people who have negative thoughts and fall into a meditative state spend more of their energy unknowingly fighting their demons rather than letting them dissipate.

While in a subconscious kundalini state every part of your body and mind are active, Kundalini Meditation uses the most amount of energy and is considered one of the highest forms of meditation. Dreams are often mixed up with a Kundalini state because they replicate life from the deepest most accurate corridor of your brain, its considered a serious form of meditation that has both positive and negative psychological effects.

Imagine waking up in your dream in your bed and thinking you are awake, Now imagine that you could control that dream and every existing element to come to mind. When you awake you see clearly it was unreal, although within the psychological realm a brain only has so many ways of knowing its in too deep or not deep enough. These are known as psychological bread crumbs, a thought or concept that although its possible in the psychological realm you'll know its fake and if in a positive / negative state you can cause a specified corridor of your brain to trigger pain / fear receptors to escape a trap set by ones own subconscious.

A 100% dark state is crafted within your mind, an artificial simulation of psychological endeavors will be placed within your brain and you will walk though them like an obstacle course visited for the first time. Your energy rapidly decreases an unknown force tends to sap the life right out of you, almost a demon that is born of dry ice.

Within Dark Kundalini being visited by dead relatives or friends / loved ones who have betrayed you will appear, in some cases deceased although they are fully alive. This is activated by anger, within Dark Kundalini your brain is owned by its emotions, in order to move through the obstacle course you must give into the dark side of your brain, this happens subconsciously and is a test to see if you can handle the darkest of dark before your energy is depleted and your entrance into the realm is cut short.

Each moment is crafted based off of you and your corridors, since your brain is well your brain it has all the information it could ever need to create a horror story, one that is crafted of a calibrated balance of chemical emotions direct from your basket of fears. From 1% dark to

100% dark each obstacle gradually gets worse until you are consumed by the demons that own the dark. Its nearly impossible to realize whats going on before the demon makes its first attack because when you start in dark kundalini it gives the feeling of 100% light, the next transition is to the 1% dark. This happens because our brains balance and scale everything based off of positive and negative experiences simultaneously.

As one drifts and views their own demonic habitual thoughts the purpose begins to clarify, almost as a doorway you'll have the option to turn the knob and walk in. Although the curiosity isn't settled by sight, it will take a vigorous attack for you to awake. When you try to remember a dream a year after its happened information dissipates. Dark Kundalini Meditation results in Kundalini syndrome and the feeling and visual never goes away, some believe it actually is a demon walking you though the valley of death as it has been stated that seeing the future of time itself is by knowing the logical outcome from similar life experiences.

Getting out of Dark Kundalini before the horrors begin is as easy as someone waking you up, your initial insertion starts prior to existing. This is a purgatorial state of mind that keeps you from seeing whats behind the curtain. Once the first fear is experienced a rush of feelings come to mind and you feel a brief rush and a brief amount of joy, within dark kundalini before each obstacle commences you'll feel a 100% since of light to assure you feel the torture you believe you deserve for the thoughts of dark desires.