

Zen Zeal

Zen Meditation is where a champion rests, after reaching a set amount of self guided stature states' of mind the subconscious has an excess amount of stored memory, allowing a mind to expand and conserve in differences of 1x-10x of energy even in an active induced state and consumption compulsion state of imbalance true consciousness is achieved in Zen, Warriors require a certain Zen Endurance in many cultures.

Zen Meditation allows focus on all at once, Used by monks whilst mantras flow zen meditation allows elements to come in and sooth, Guide and heal. Rather than come in and be repelled, Zen meditation is inner strength and that strength is required to obtain and sustain the next larger obstacle life throws our way. Zen meditation can turn the bad into good by Somehow reversing the negative polarity a mind has the ability to extract the good from the bad and continue to build an inner sanctuary.

Zen meditation carries multiple entitlements.

Zen Meditation can be used in a pure sense or one of the hybrid states.

Instruments allow the body to connect with its mind, while still putting off a calming effect.

Zen Instruments differ from any kind of musical utensil, Depending on the persons unique character traits.

The most Common aborigines' zen instruments are wind.

Wind instruments have the unique ability to allow you to hone a note for 30+ seconds without becoming distracted.

Drums put off sharper pitches and require physical stamina resulting in movement meditation, Drums also put off a latency when struck right.

Drums work similar to a gong, the strongest loudest point is in the center.

When these similar zen-struments are hit in the center, the radius traveled is 100% perpendicular, on a drum its harder to notice the matching pitches colliding.

However on a gong you only need to hit it slightly and the vibrations within it will essentially illuminate within its habitat and grow off of the bountiful energy, its essentially a highly compressed echo.

a Didgeeridoo is more like a drum than a gong because one end is open, this is essential for physiological control also known as consciousness.