

African-American Nonfiction

This bibliography is not exhaustive. Use the terms Afro-American or Afro-Americans when searching the catalog by alphabetical topic or subject to find other books of interest.

Check reviews regularly in newspapers and magazines to learn about new books.

***Indicates multiple works by author**

Take Care of Yourself

613.08996 Wal Walker, Marcellus A.
Natural health for African Americans: The Physicians' Guide

615.5 Sta Johnson, Kirk
Staying Strong: Reclaiming the Wisdom of African American Healing

615.535 Sul Sullivan, Andrea D.
A Path to Healing: A Guide to Wellness for Body, Mind, and Soul

613.08996 Hea Crute, Sheree
Health & Healing for African-Americans: Straight Talk and Tips From More Than 150 Black Doctors On Our Health Concerns

613.08996 Dix Dixon, Barbara M.
Good Health for African Americans

613.04244 Afr Collins, Catherine Fisher
African American Women's Health and Social Issues

Put Your Best Self Forward

646.726 For Fornay, Alfred
The African-American Woman's Guide to Successful Make-up and Skin Care

646.726 Wel Wells, Reggie
Face Painting: African-American Beauty Techniques From an Emmy Award Winning Make-Up Artist

646.7042 Bon Bonner, Lonnie Brittenum*
The Kitchen Beautician: For Colored Girls Who've Dissed the Beauty Standard When It Became to Ruff

613.0423 Ree Reed, James*
A Black Man's Guide to Good Health: Essential Advice for the Special Concerns of African American Men

646.7089 Whi White, Constance C.R.
Style Noir: The First How-To Guide to Fashion Written With Black Women in Mind

When Planning a Vacation

917.304929 Cha Chase, Henry
In Their Footsteps: The American Visions Guide to African-American Heritage Sites

973.0496073 Cur Curtis, Nancy C.
Black Heritage Sites

917.304 Can Cantor, George*
Historic Black Landmarks: A Traveler's Guide

917.304 Can Cantor, George
Historic Landmarks of Black America

917.5304 Fit Fitzpatrick, Sandra
A Guide to Black Washington: Places and Events of Historical and Cultural Significance in The Nation's Capital

Hope You're Hungry

641.59296 Whi White, Joyce
Soul Food: Recipes and Reflections From African-American Churches

641.59296 Sha Shange, Ntozake*
If I Can Cook: You Know God Can

641.59296 Ran Randall, Joe
A Taste of Heritage: New African-American Cuisine

641.5966 Web Webster, Cassandra Hughes
Mother Africa's Table: A Collection of West African & African-American Recipes and Cultural Traditions

641.59296 Per Pereira, Al
Rappers' Delights: African-American Cookin' with Soul

641.59296 Med Medearis, Angela Shelf*
Ideas for Entertaining From the African-American Kitchen

641.59296 Jon Jones, Wilbert*
The Healthy Soul Food Cookbook: How to Cut the Fat But Keep the Flavor

641.59296 Til Tillery, Carolyn Quick*
The African-American Heritage Cookbook: Traditional Recipes and Fond Remembrances From Alabama's Renowned Tuskegee Institute

641.59729 Gra Grant, Rosamund
Caribbean and African Cooking

Connect To Your Past

929.1 How Howell, Barbara Thompson
How to Trace your African-American Roots: Discovering Your Unique History

326 Ame Potts, Howard E.
A Comprehensive Name Index for The American Slave

929.1 Bla Hodges, Graham Russell*
The Black Loyalist Directory: African Americans in Exile After the American Revolution

929.1089 Jam Jamison, Sandra Lee
Finding Your People: An African-American Guide to Discovering Your Roots

929.108996 Woo Woodtor, Dee*
Finding a Place Called Home: A Guide to African-American Genealogy and Historical Identity

929.1 Bea Beasley, Donna
Family Pride: The Complete Guide to Tracing African-American Genealogy

Career and Business Development

658.4 Din* Dingle, Derek T.
Black Enterprise Titans of the B.E. 100s: Black CEOs Who Redefined and Conquered American Business