

# IDMVis: Temporal Event Sequence Visualization for Type 1 Diabetes Treatment Decision Support



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# Contributions



## Contributions

- **IDMVis** – a temporal event sequence visualization tool to support diabetes treatment decision
- **Hierarchical Task Abstraction**

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Hierarchical Task Analysis

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Hierarchical Task Analysis → Task Abstraction

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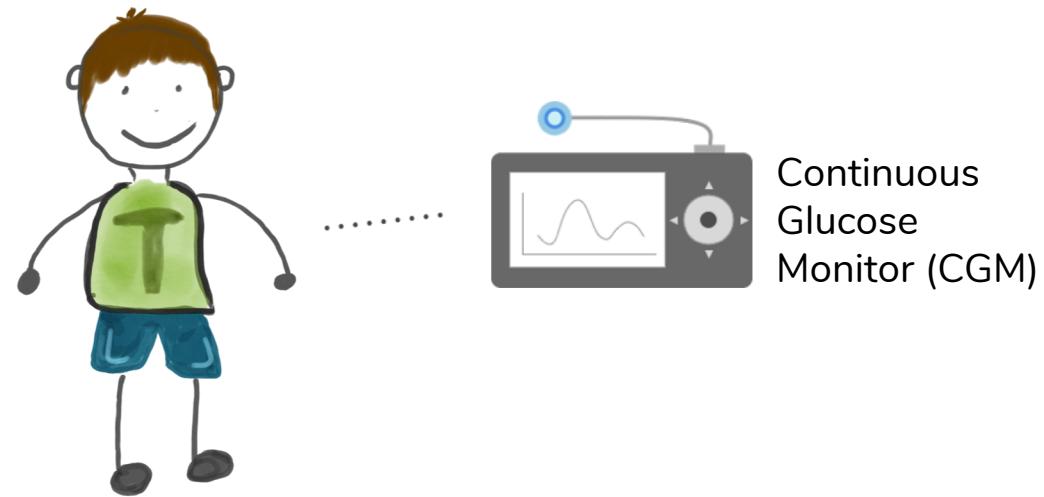


Hierarchical Task Analysis → Task Abstraction → Design

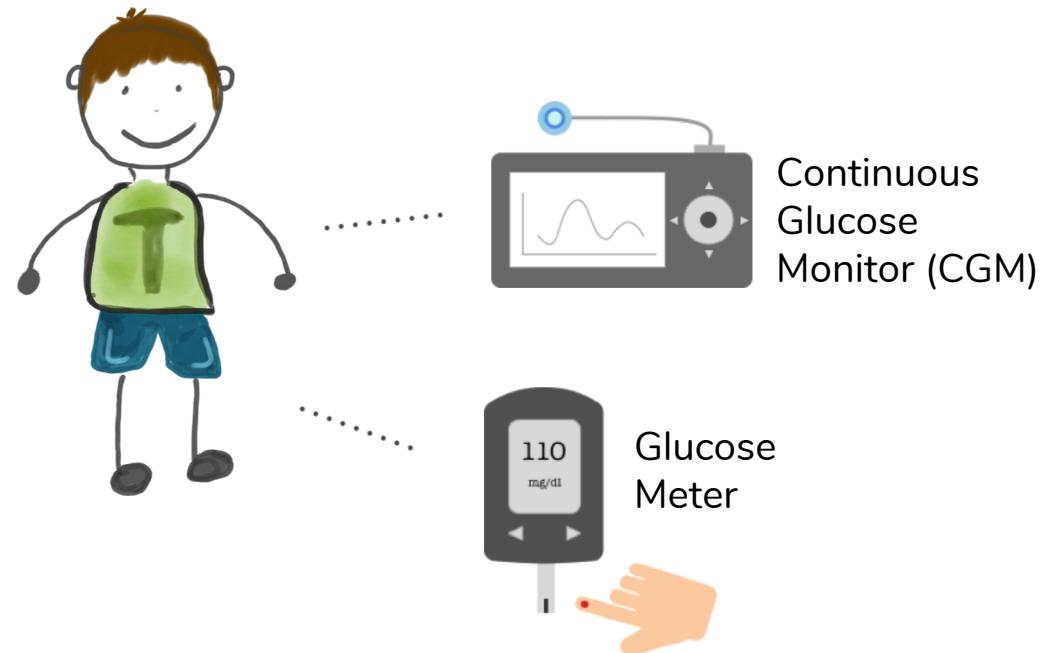
Imagine a 10-year-old kid, who has been diagnosed with type 1 diabetes...



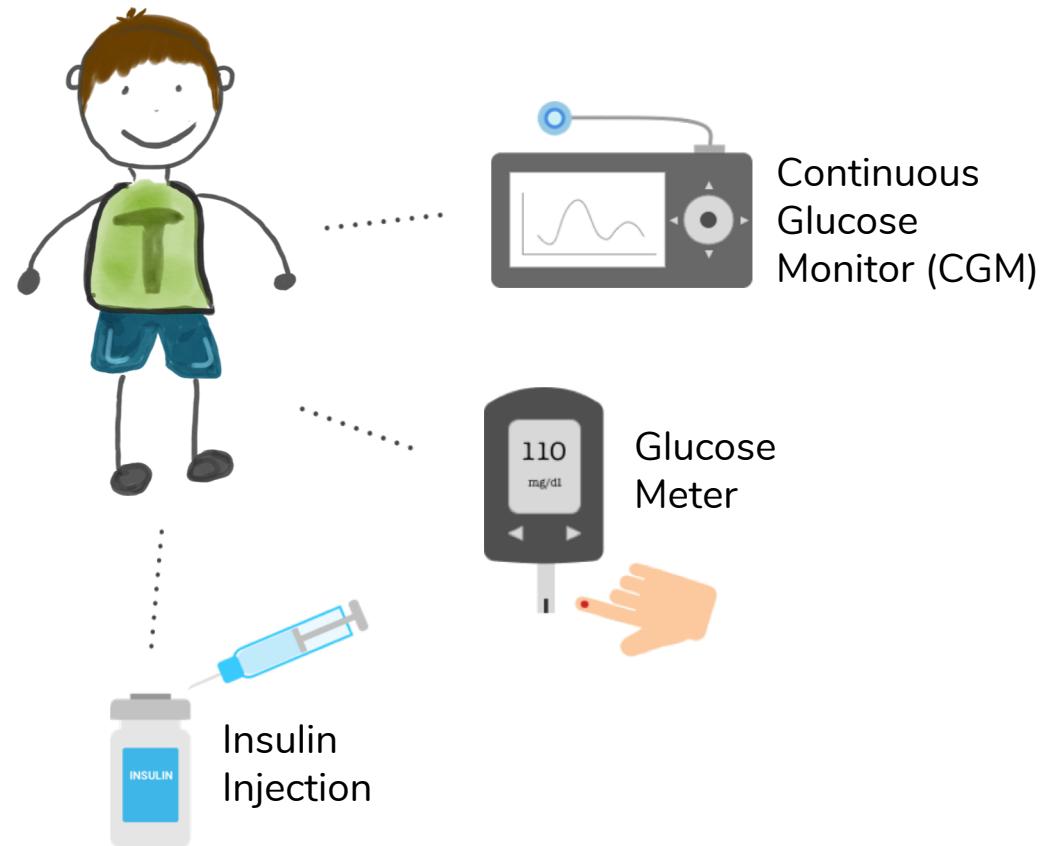
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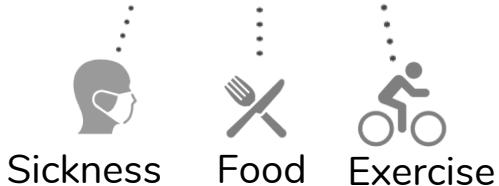
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Imagine a 10-year-old kid, who has been diagnosed with type 1 diabetes...

Day	Breakfast			Lunch			Dinner			Bedtime		
	Insulin	Carbs	Bunns	Insulin	Carbs	Glycose	Insulin	Carbs	Glycose	Insulin	Carbs	Glycose
2017/01/25	2.5	W	165	1.5	45	149	0.5	70	111			
2017/01/26	1.6	24	184	1.5	45	142	0.5	75	107			
2017/01/27	1.2	31	181	2.1	34	185	1.5	99	112			
2017/01/28	1.7	56	165				0.5	76	110			
2017/01/29	1.9	16	180	1.5	67	105	1.2	41	110			
2017/01/30	1.0	36	198	1.1	40	160	0.5	58	110			
2017/01/31	1.1	56	182	1.8	47	160	1.2	46	99			

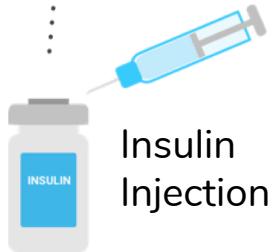
Diabetes Logbook



Continuous  
Glucose Monitor  
(CGM)

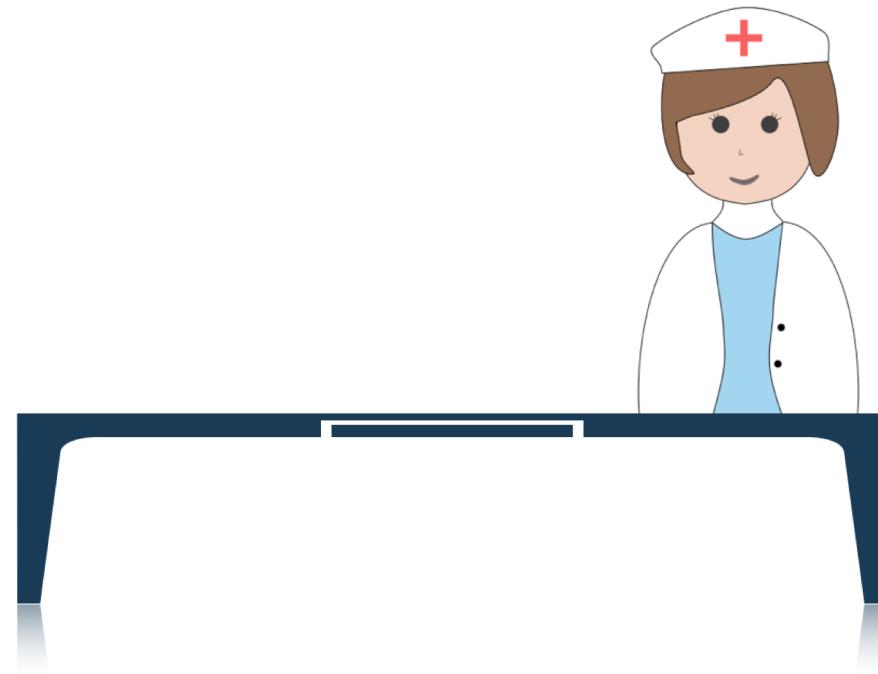


Glucose  
Meter

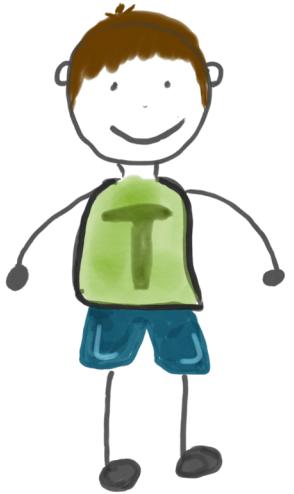


Insulin  
Injection

During a clinical visit ...

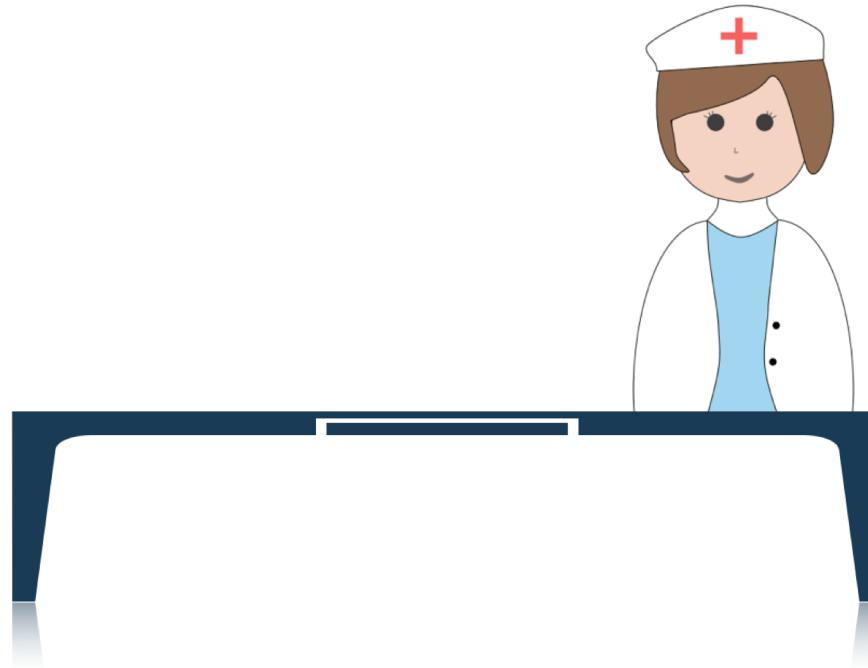


# During a clinical visit ...

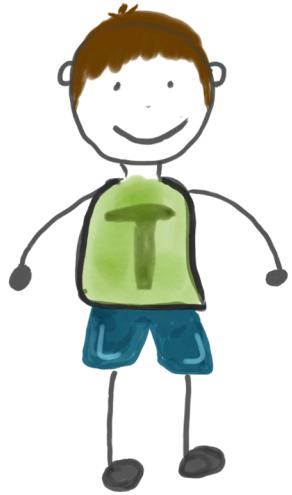


Day	Breakfast			Lunch			Dinner			Bedtime		
	Insulin	Carbs	Bloods	Insulin	Carbs	Bloods	Insulin	Carbs	Bloods	Insulin	Carbs	Bloods
27/12	2.8	30	165	1.5	41	145	1.5	30	160			
28/12	1.6	24	166	1.5	46	145	1.0	24	160			
29/12	1.5	31	165	1.5	41	145	1.5	28	160			
30/12	1.7	56	165				1.5	30	160			
31/12	1.6	34	169	1.5	69	160	1.0	40	165			
01/01	1.6	34	164	1.7	40	160	2.1	39	160			
02/01	1.1	56	162	1.8	49	160	1.7	46	165			
03/01												

Note: checking before bed last

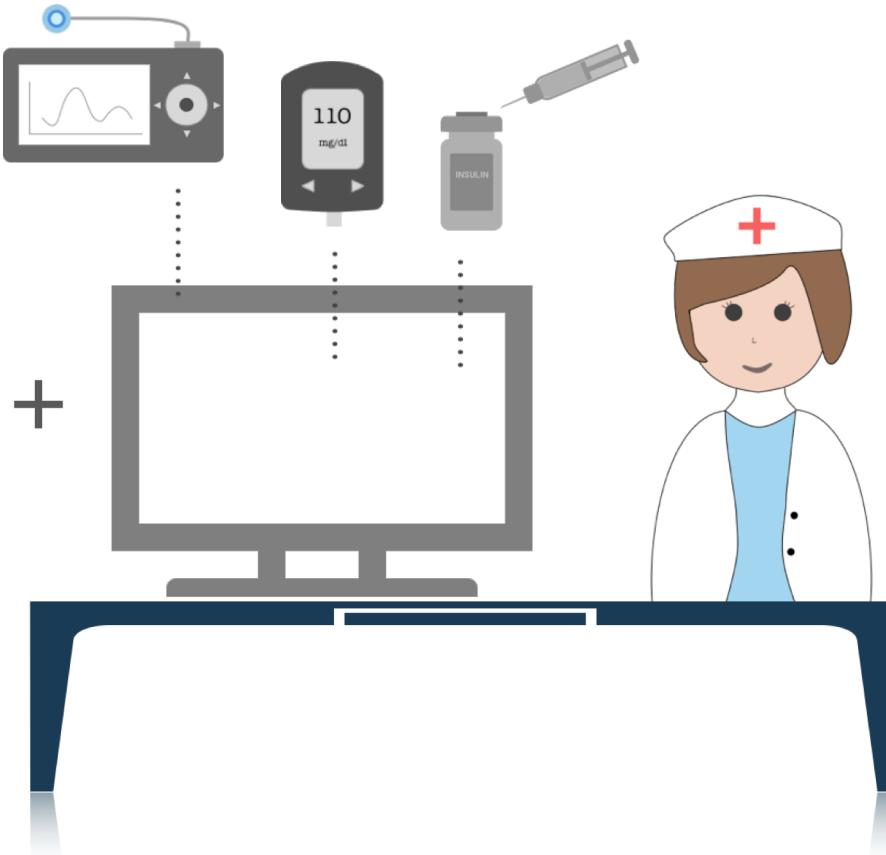


During a clinical visit ...

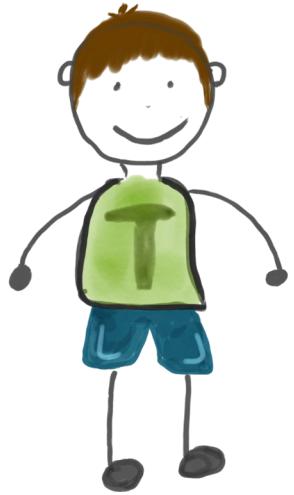


Day	Breakfast			Lunch			Dinner			Bedtime		
	Insulin	Carbs	Bloods	Insulin	Carbs	Bloods	Insulin	Carbs	Bloods	Insulin	Carbs	Bloods
28/12	2.8	36	165	1.5	43	145	1.5	30	160			
29/12	1.6	24	166	1.5	44	146	1.5	30	160			
30/12	1.5	36	165	1.5	41	144	1.5	30	160			
31/12	1.7	56	165	1.5	40	145	1.5	30	160			
01/01	1.6	36	166	1.5	49	146	1.5	30	160			
02/01	1.6	36	166	1.5	49	146	1.5	30	160			
03/01	1.5	36	165	1.5	49	146	1.5	30	160			
04/01	1.5	36	165	1.5	49	146	1.5	30	160			
05/01	1.5	36	165	1.5	49	146	1.5	30	160			
06/01	1.5	36	165	1.5	49	146	1.5	30	160			
07/01	1.5	36	165	1.5	49	146	1.5	30	160			

Note: checking before bed and after



During a clinical visit ...



Day	Breakfast			Lunch			Dinner			Bedtime		
	Insulin	Carbs	Bloods	Insulin	Carbs	Bloods	Insulin	Carbs	Bloods	Insulin	Carbs	Bloods
08/05	2.8	30	165	1.5	45	145	1.5	30	165	1.5	30	165
08/06	1.6	24	160	1.5	45	145	1.5	30	165	1.5	30	165
08/07	1.5	30	165	1.5	45	145	1.5	30	165	1.5	30	165
08/08	1.7	56	165	1.5	45	145	1.5	30	165	1.5	30	165
08/09	1.6	30	160	1.5	45	145	1.5	30	165	1.5	30	165
08/10	1.6	30	165	1.5	45	145	1.5	30	165	1.5	30	165
08/11	1.5	56	165	1.5	45	145	1.5	30	165	1.5	30	165

Note: checking before bed and after





**How to help diabetes clinicians  
make treatment decisions?**

**What are the tasks?**



# Hierarchical Task Analysis

## Task analysis:

Task 1

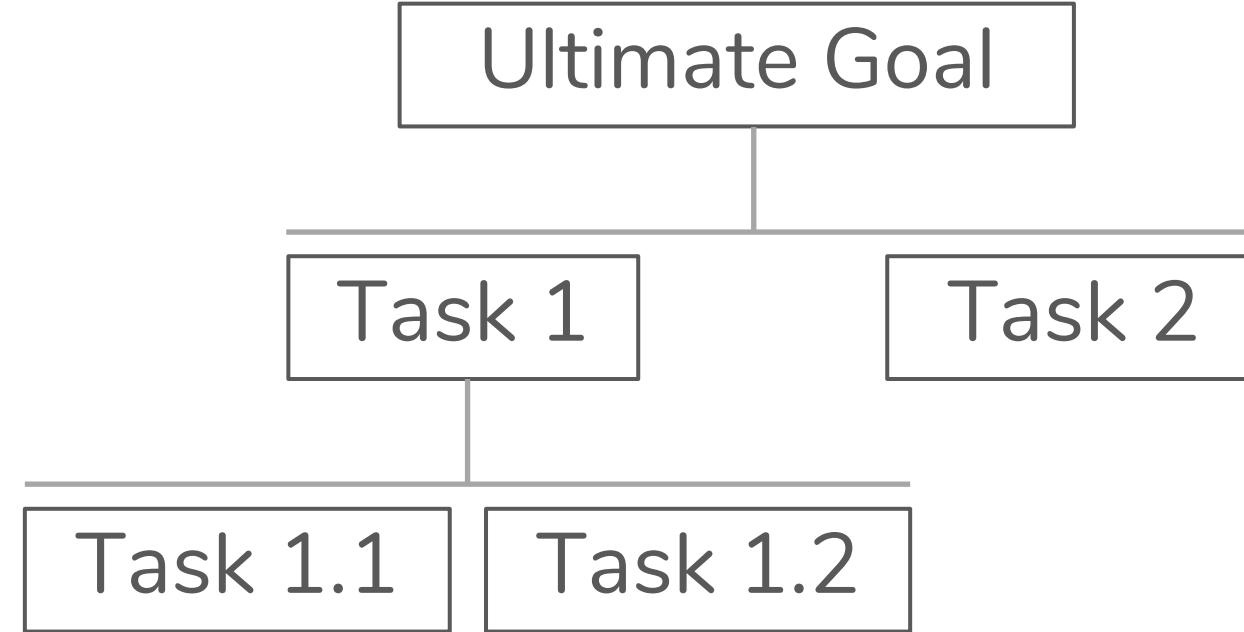
Task 2

Task 3

Task 4

**Task analysis:**  
^

**Hierarchical**





Develop a treatment plan and educate patients



0.

Develop a treatment plan and educate patients

Increasing Task Specificity  
↓



0.

Develop a treatment plan and educate patients

1.

Collect and display  
the patient's data

Increasing Task Specificity  
↓



0.

Develop a treatment plan and educate patients

1.

Collect and display  
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2.

Overview the  
patient's data

Increasing Task Specificity  
↓



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Develop a treatment plan and educate patients

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Overview the  
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3.  
Reason about patient  
blood glucose levels

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5.  
Make a  
treatment plan

Increasing Task Specificity  
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Make a  
treatment plan

3.1  
**Examine post-event  
glucose level**

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Examine post-event  
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3.2  
Examine the interplay  
between events

Increasing Task Specificity  
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Develop a treatment plan and educate patients

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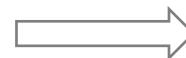
3.2  
Examine the interplay  
between events

3.1

Examine post-event  
glucose level

3.1

Examine post-event  
glucose level



Examine related  
data to understand  
observation

Hierarchical Task Analysis

Task Abstraction

Design

## Design Requirements

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- DR1. Composite Visualization of **Integrated Data**

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- DR1. Composite Visualization of **Integrated** Data
- DR2. Visualization of **Folded Temporal** Data

## Design Requirements

- DR1. Composite Visualization of **Integrated** Data
- DR2. Visualization of **Folded Temporal** Data
- DR3. **Align and Scale** Temporal Data

## Design Requirements

- DR1. Composite Visualization of **Integrated** Data
- DR2. Visualization of **Folded Temporal** Data
- DR3. **Align and Scale** Temporal Data
- DR4. **Summary** Statistics

Hierarchical Task Analysis

Task Abstraction

Design

# Design of IDMVis

# Hierarchical Task Analysis

# Task Abstraction

# Design

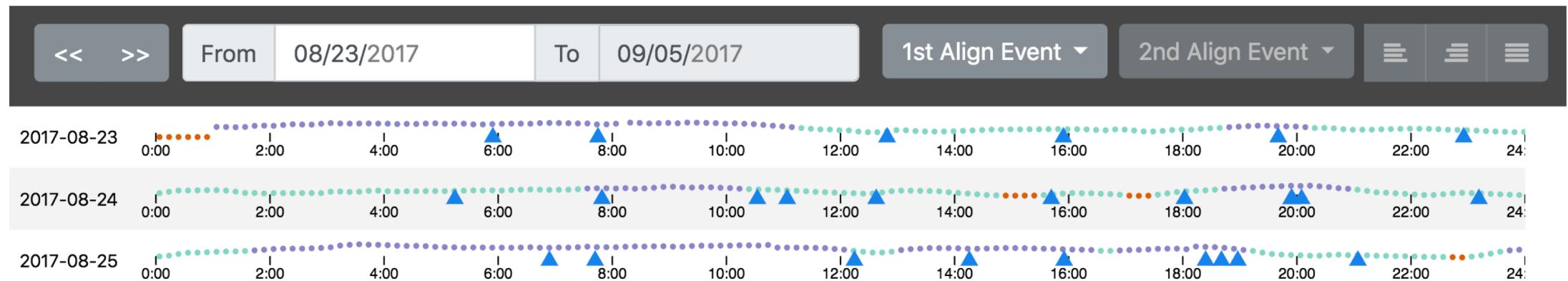
14-Day Overview

Detail View



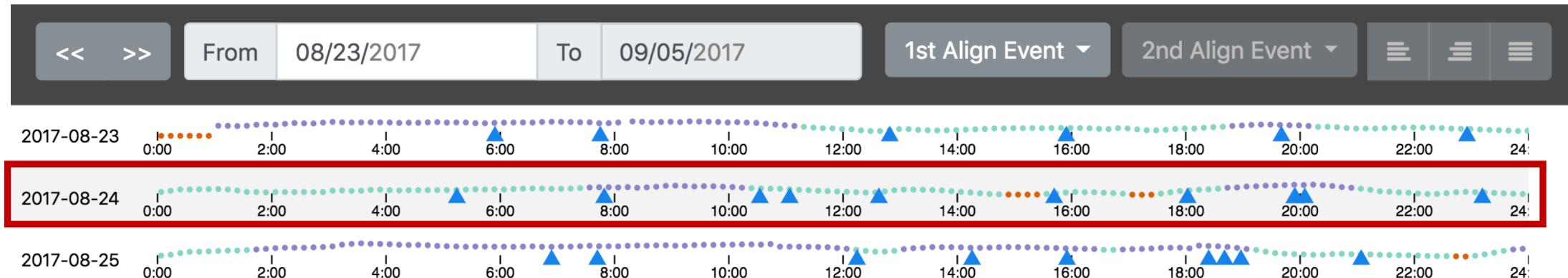
Summary Statistics Panel

## 14-Day Overview



Use small multiples to partition data folded by days

## 14-Day Overview



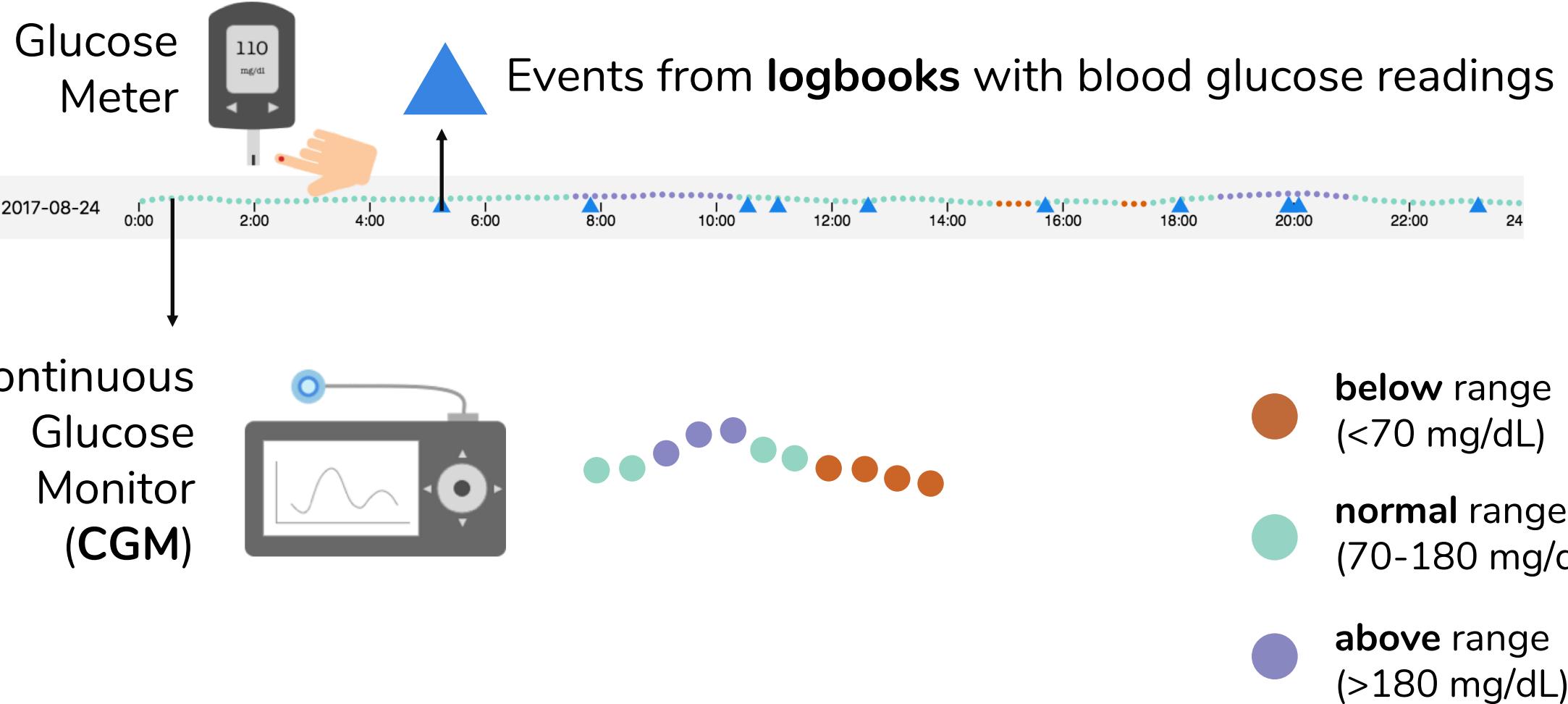
Glucose  
Meter



Events from **logbooks** with blood glucose readings



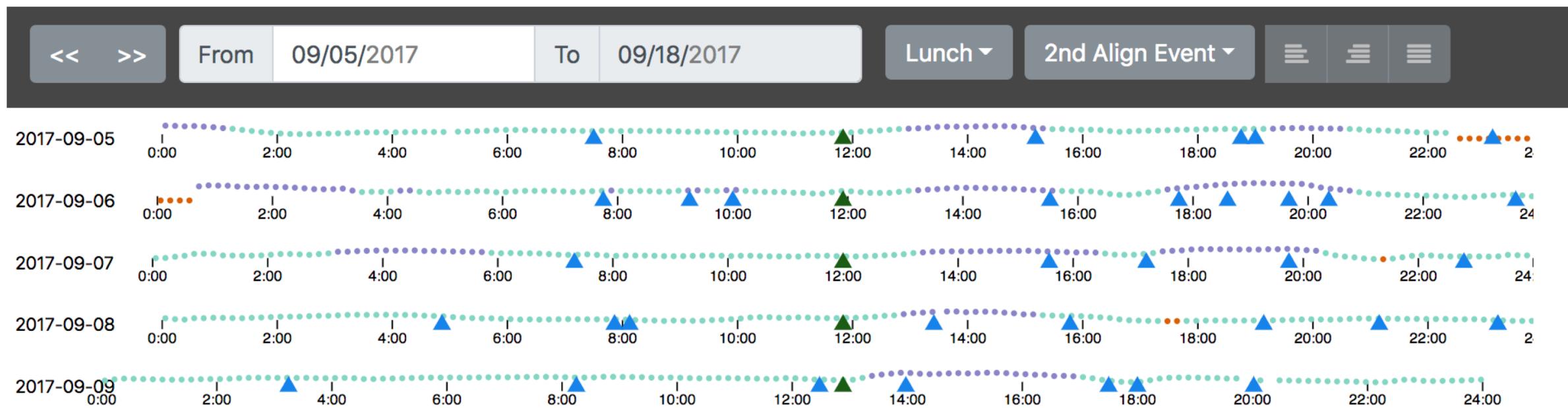




# Hierarchical Task Analysis

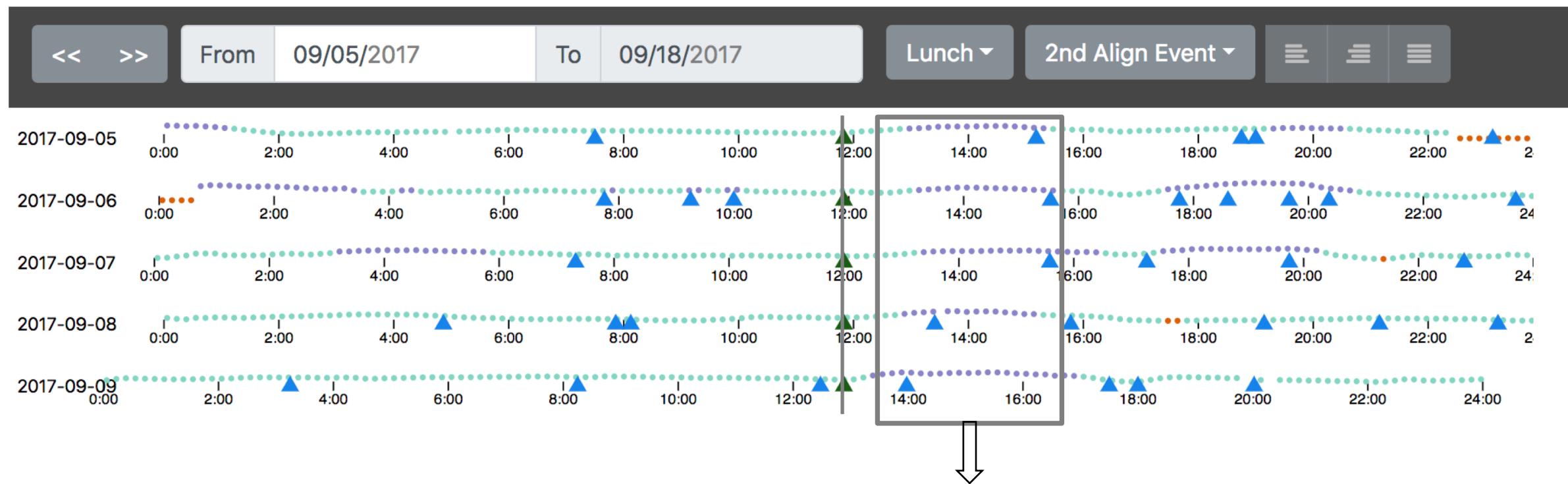
# Task Abstraction

# Design



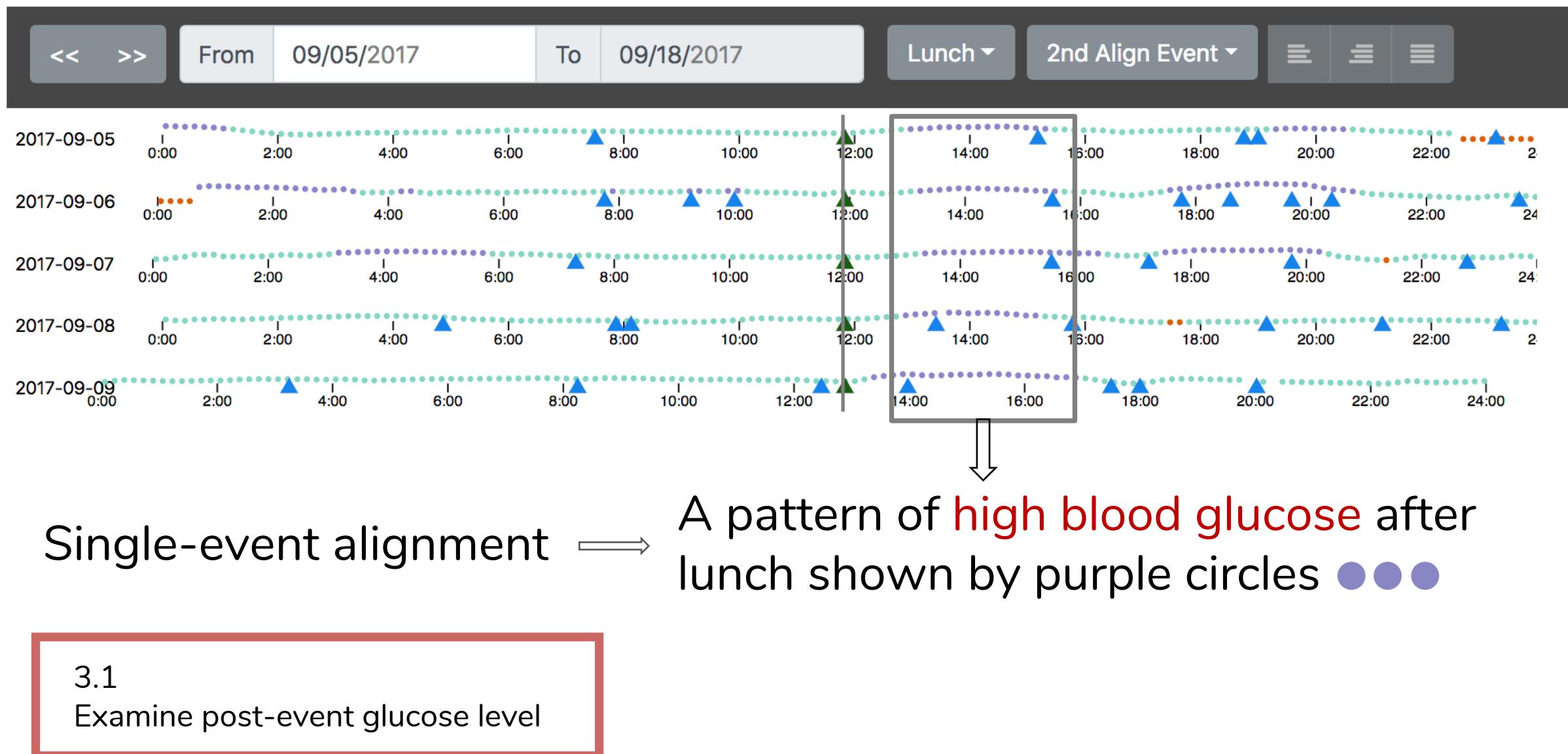
▲ Events from logbooks with blood glucose readings

● CGM normal range (70-180 mg/dL)   ● CGM above range (>180 mg/dL)   ● CGM below range (<70 mg/dL)



Single-event alignment →

A pattern of **high blood glucose** after lunch shown by purple circles ●●●





Zoom-in window to show event details



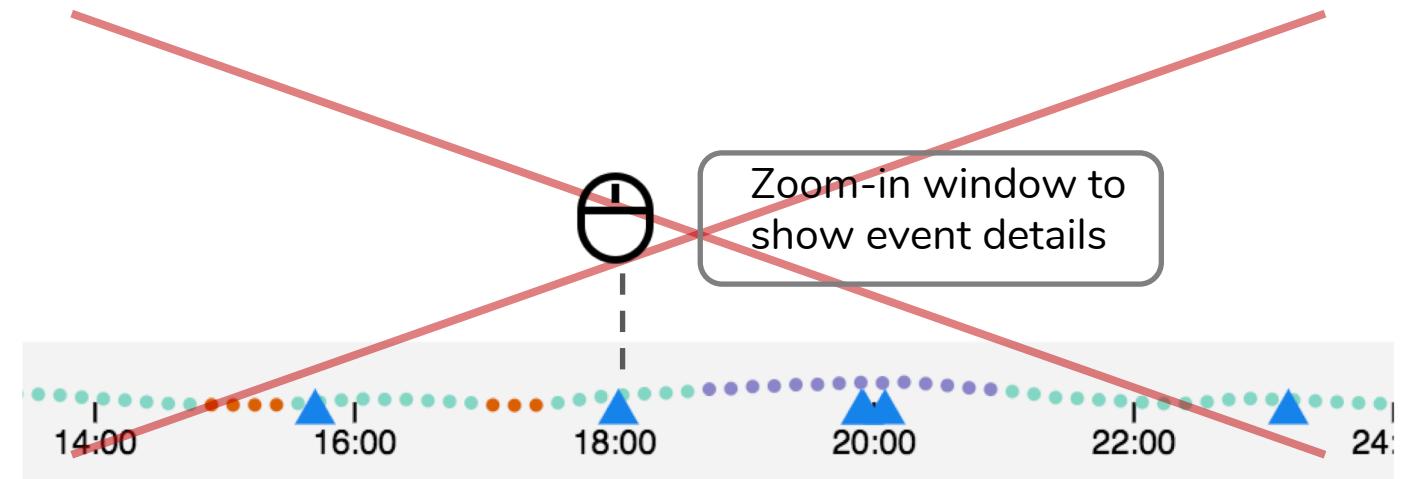
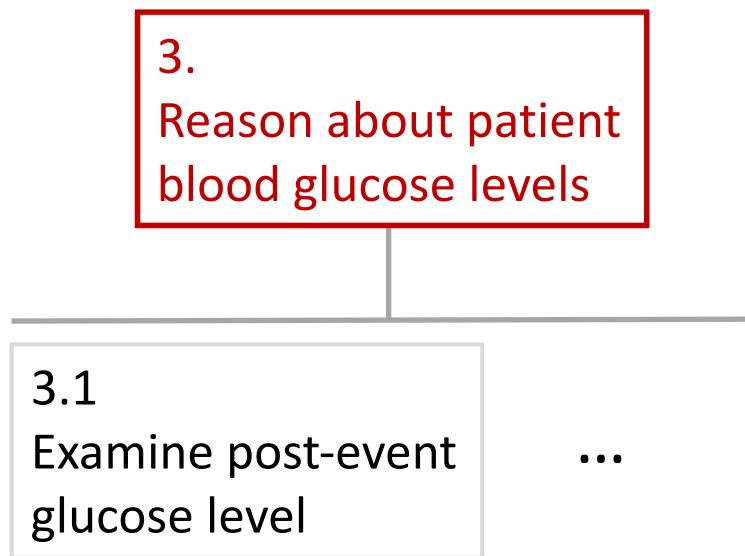
3.1

Examine post-event glucose level

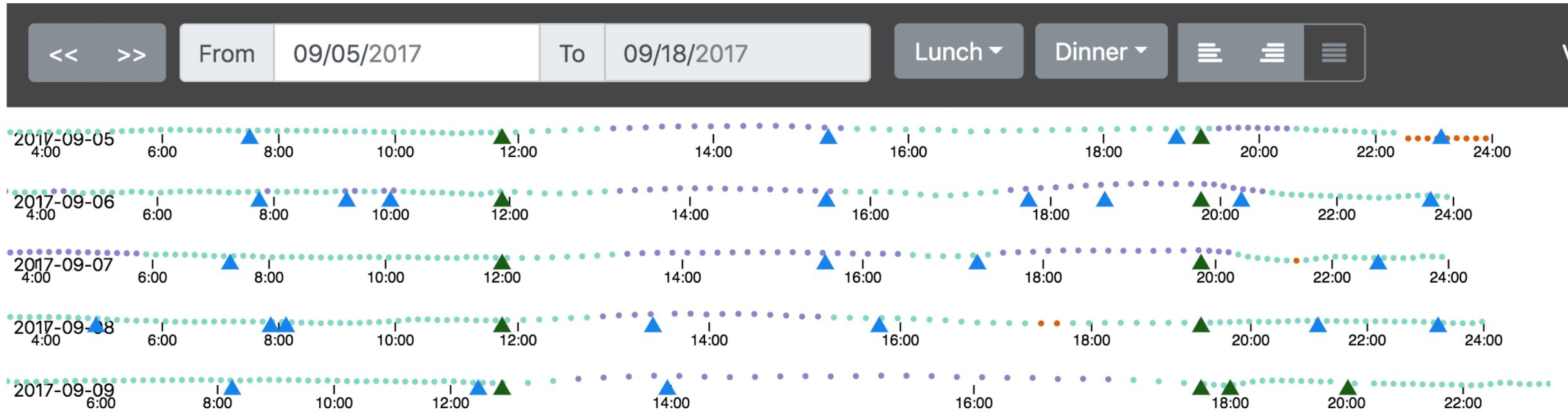
## Hierarchical Task Analysis

## Task Abstraction

## Design



## Dual-event alignment

**Stretch** time scaling

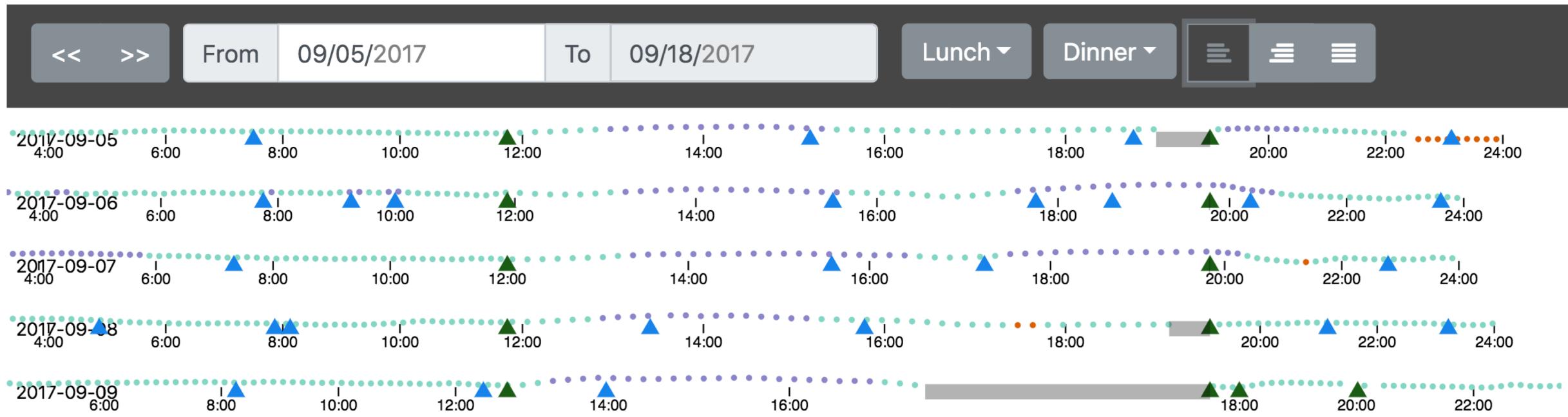
▲ Events from logbooks with blood glucose readings

● CGM normal range (70-180 mg/dL)

● CGM above range (>180 mg/dL)

● CGM below range (<70 mg/dL)

## Dual-event alignment

**Left-justified time scaling**

▲ Events from logbooks with blood glucose readings

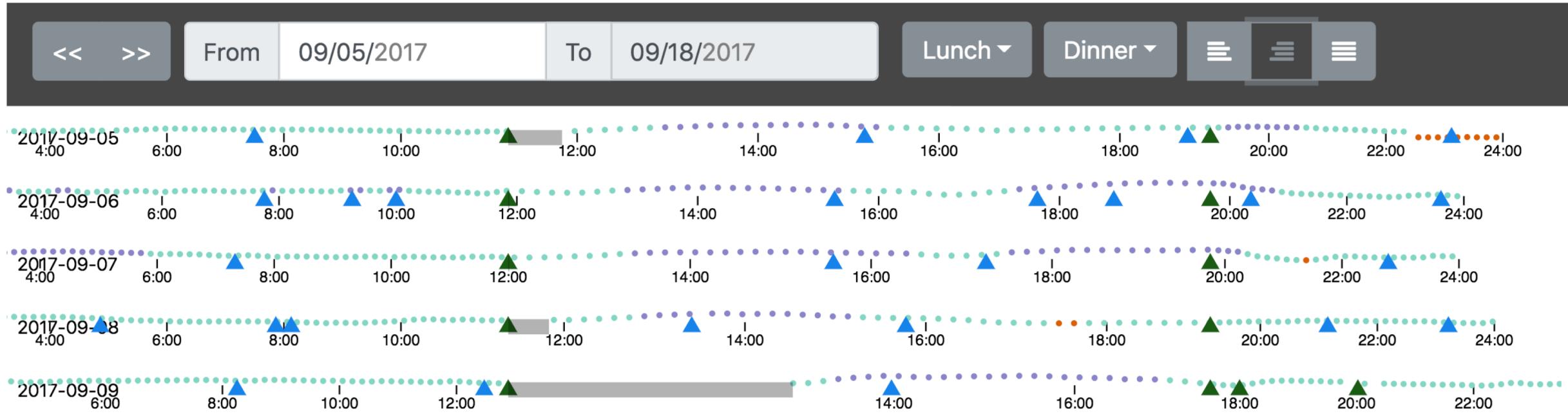
● CGM normal range (70-180 mg/dL)

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## Dual-event alignment

## Right-justified time scaling



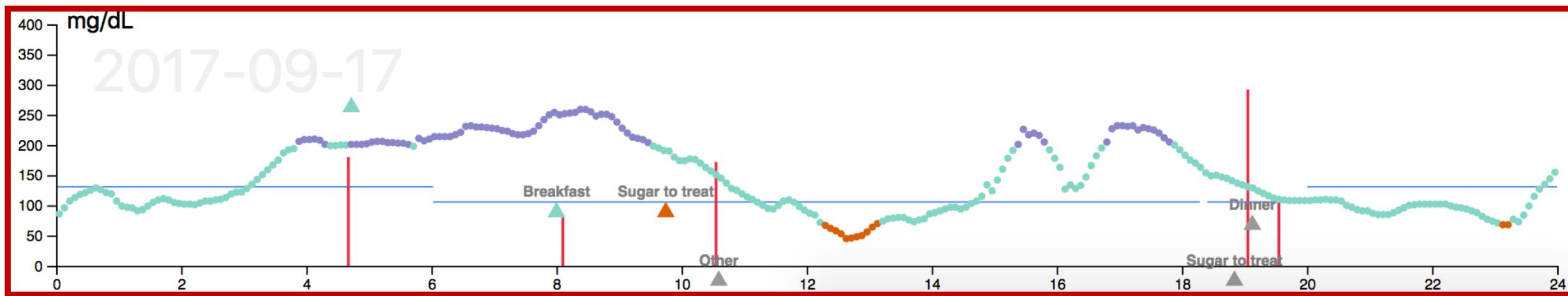
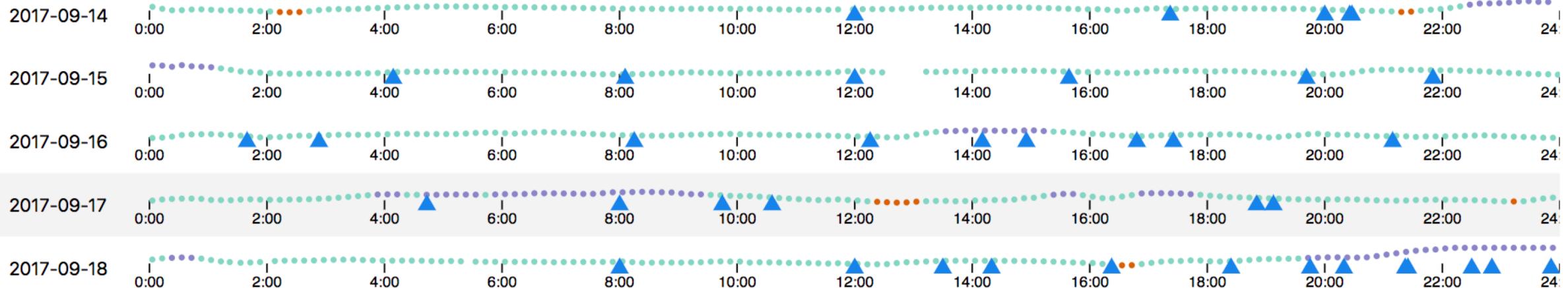
▲ Events from logbooks with blood glucose readings

● CGM normal range (70-180 mg/dL)   ● CGM above range (>180 mg/dL)   ● CGM below range (<70 mg/dL)

# Hierarchical Task Analysis

# Task Abstraction

# Design

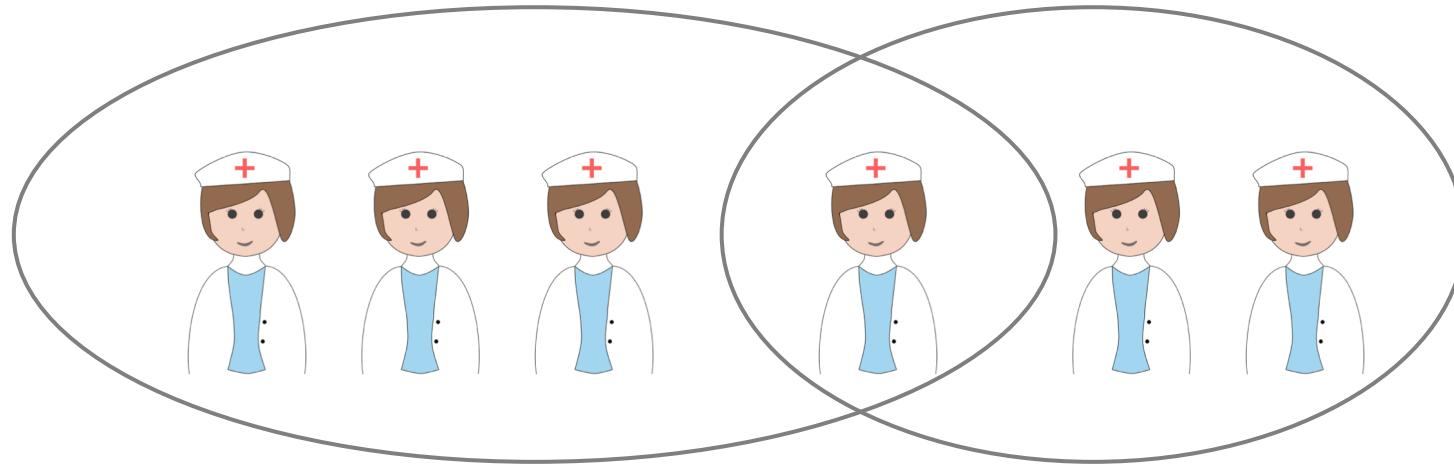


Detail View



# Qualitative Study

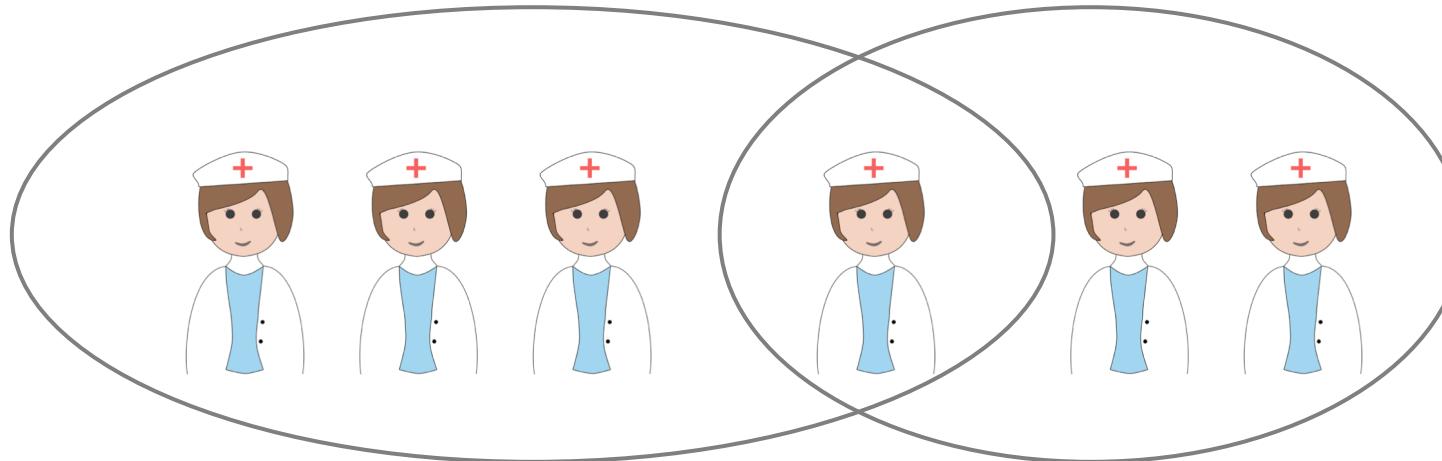
# Participants



Certified diabetes educators  
(CDEs)

Dietitians

## Participants



Certified diabetes educators  
(CDEs)

Dietitians

Average years of  
work experience:  
**17.2** years

# Methodology

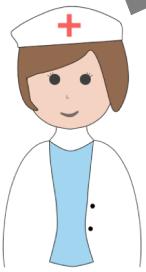
Date	Breakfast			Lunch			Dinner		
	Insulin	Carbs	Glucose	Insulin	Carbs	Glucose	Insulin	Carbs	Glucose
2017-08-23	0.6	16.0	162.0	1.5	43.0	149.0	2.3	90.0	111.0
2017-08-24	1.4	29.0	144.0	1.3	49.0	-	2.0	73.0	115.0
2017-08-25	1.2	31.0	-	2.1	31.0	265.0	1.9	77.0	-
2017-08-26	1.7	34.0	145.0	-	-	-	0.3	11.0	-
2017-08-27	1.9	36.0	166.0	1.5	67.0	85.0	1.0	41.0	-
2017-08-28	1.0	31.0	78.0	1.1	40.0	130.0	0.1	5.0	-
2017-08-29	1.1	29.0	140.0	1.6	47.0	140.0	1.0	46.0	77.0
2017-08-30	1.2	21.0	145.0	1.3	54.0	85.0	2.3	72.0	161.0
2017-08-31	0.6	19.0	88.0	1.7	46.0	162.0	-	69.0	184.0
2017-09-01	-	-	-	1.3	36.0	147.0	1.6	63.0	115.0
2017-09-02	1.8	38.0	138.0	1.3	52.0	85.0	1.9	75.0	-
2017-09-03	-	-	-	1.7	60.0	80.0	1.9	65.0	153.0
2017-09-04	1.1	19.0	151.0	2.4	28.0	325.0	-	56.0	-
2017-09-05	0.6	10.0	135.0	2.1	54.0	169.0	1.4	50.0	-

Day-by-meal table



Exploration using IDMVis

Semi-structured  
interviews

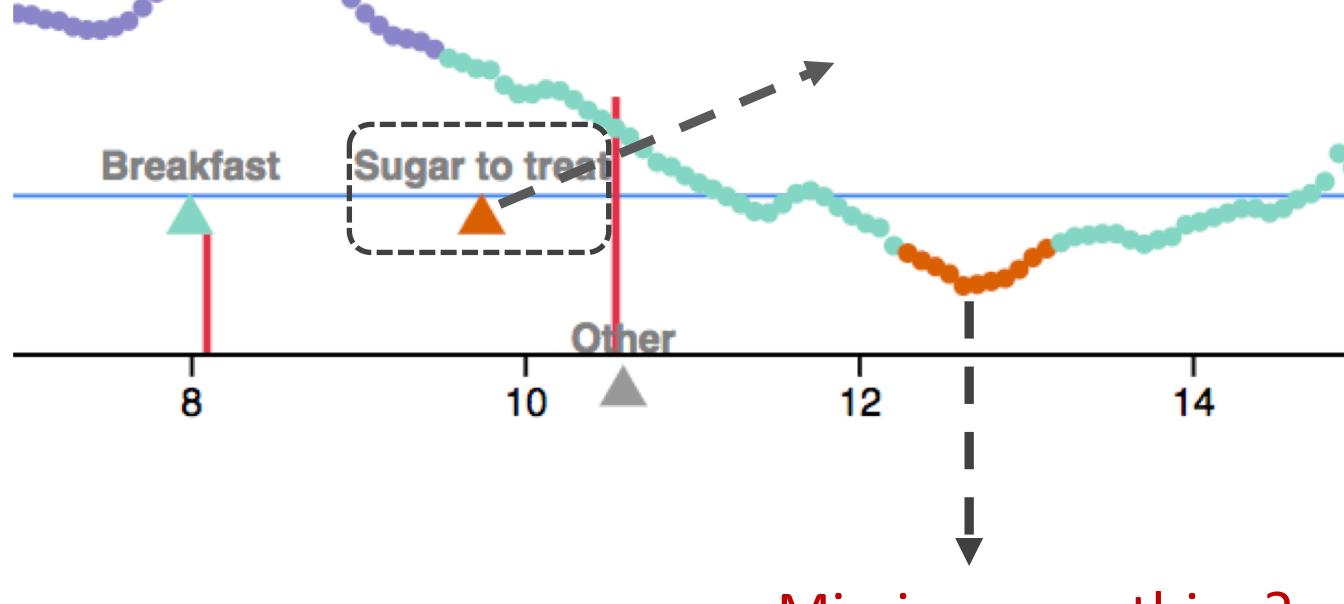




# Results

## Results

Superimposed detail view helps identify issues of data quality (e.g., missing or conflicting data)



“ So sugar-to-treat [blood glucose] should have gone up from here, not down. It went down. Kept going down. Sugar to treat should be here, before this curve comes back up. That's my concern. It's missing something here. ”

## Results

**Sentinel event alignment** allows exploration of event sequence relationships

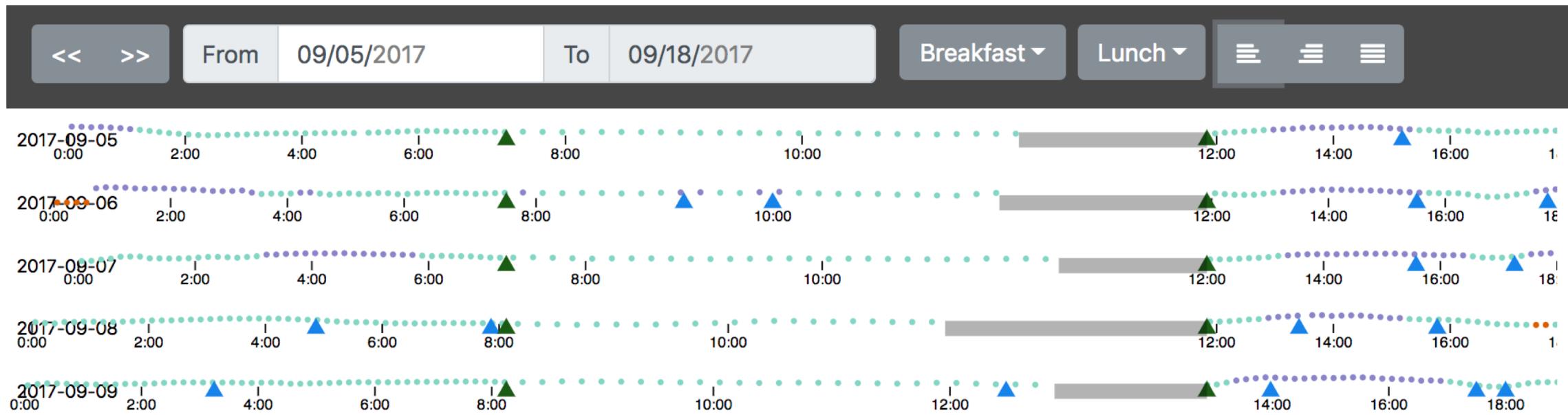
**Sentinel event alignment** allows exploration of event sequence relationships

- Use **single-event** alignment to look for event consistency

**Sentinel event alignment** allows exploration of event sequence relationships

- Use **single-event** alignment to look for event consistency
- Use **dual-event** alignment to examine variability of patterns

# Results



**“**I like being able to see how you could **separate and see between the length, the time between meals...** You can't tell them to eat three times a day at the same time. So it's just sort of helpful to see the **variability...** It would help you plan for it in the fact that you might **reduce his basal based on the fact that he's an erratic eater.** **”**



# Conclusion

## Conclusion

- IDMVis – a temporal event sequence visualization
  - Novel techniques for temporal folding
  - Aligning by dual sentinel events & scaling the intermediate timeline

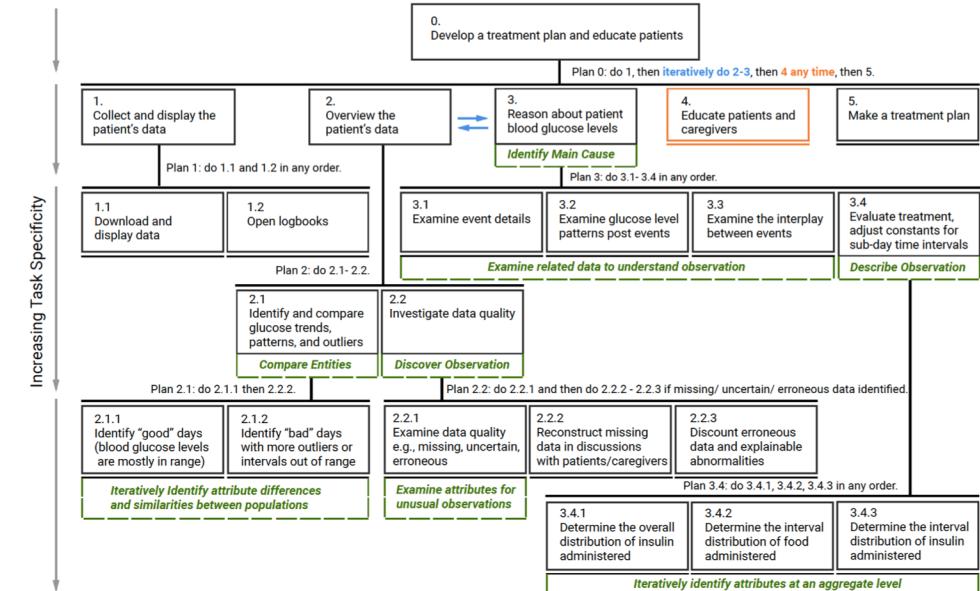
## Conclusion

- IDMVis – a temporal event sequence visualization
  - Novel techniques for temporal folding
  - Aligning by dual sentinel events & scaling the intermediate timeline
- Hierarchical task abstraction



Hierarchical Task Analysis → Task Abstraction → Design

For more information, please visit [bit.ly/IDMVis](http://bit.ly/IDMVis)



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