5: 5 Point Perception

collège: Inprastructure, Administration, sports faculties faculties, Experimental labs.

Morie: Storyline, Direction, Dialogue Delivery, Acting Engaging.

V) locals about my belf

B: Brainstorming

Research, Think, Discuss, Final conclusion what is this?, why it is Important?, what is its current status?, challenges, Solutions.

R: Roleplay

Character = understanding + Pain = Empathy

C: connectivity

connect different things with single thing. It will broaden the dimensions of your thought and perspective.

C: curiosity Enhance Mouledge and wisdom

Develop vision, oceate Ambition, Be Goal oriented

- i) Mathematical Reasoning and Thinking
- ii) covered Affairs
- iii) Knowledge of Armed Forces
- iv) communication Skills; Speaking, writing, voice, confidence, Body language
- V) know about my self
- vi) Healthy Relationship with others.
- vii) Balanced Lifestyle
- viii) The positive thinker lees the invisible, feels the intengible, and achieves the impossible.

plustines.

Empothy

officers like avalities

Josh Se jeet, hamara geet! Jay ho, vijay ho!

- > Effective Intelligence
- 2> Reasoning Ability
- 3) organising Ability
- 4) Power of Expression
- 5) Sense of Responsibility
- 6) Social Adaptability
- 7) Co-operation
- 8) Initiative
- 9) Self confidence
- 10) speed of Decision
- 11) Liveliness
- 12) Apility to Influence the boxoup
- 13) Determination
- 14) Cowrage
- 15) Stamina

TAT (Thematic Appenciption Test)

Those types of pictures from the wicle spectrum of life

- 1) Neutral or Street Free (3-4) railstays was sury raisens
- 2) Direct Stress (3-4)
- 3> Suggesting Stress: (3-4)
- > Build locate Past, Future of of at like be ball at the wall (*

The positivity obsession

- * Hapes you a fair weather Sailor, causes Denial Tendency being Prepared for Negative things is positivity of highest order
- ·) Do not Meditate to Imagine Stress, Denial due to Half empty Half Filled Syndrome.
- * SSB: Test owe ability to deal with cousis and perostone Stress - Difficulties. Don't pickup took which is Simple.

your Ability is insible in your Perceptions and Reactions Problems - Challengel - Difficulties - Tweath - Risk - Crusil and faulure are inevitable in the life of individual and National life

The Hust be Mission to accomplished in the Story

Take task of your ability, level of Seriausness. Clarity of 'why' in picture will make better story

Hero must be of our orender a some corroup, (Technically bender is not an issue, but in Country like India women & Hen have different fole & Responsibilities, can be taken sometime but with valid Imagination & creatifity). The Projection of your quality will not be Implementable to opposite Gender different the Group.

a why do we have limited Perspective and Amagination: How we relax and Entertain ourselves have deep affect on our Behaviour / Imagination. eg: Cinema (Hon. Cinema, Reality Shaws don't have originally concept, somewhere they imitate someone else) anestion your own imitation, over originality / Imagination gets downted 2) Donart Stress (3-4) originality | Novelty | Variety (12) worth goods for (2) *> Show will to lead and skill to Perform. Amagine a task which is difficult, stressful and necessitates fining trappined for negotive things is positively to .) Do of residente to progress Stress. Disinal dire to solf \$ 558. Test such while to dead with could and Rombins your thinky is inside in your teroption and partices English & Sollings - Disperties - Totals - Citi - could set fature are interested in the life of individual and matiend life peak all a build one of including in him at any The last of your childy, had of knowness. Many or wife in police will not the the story at the many to some such that the second of the sound of

- ·) Pitches his Idea of Automation ·) Surveys, he concludes through research identified prone areas to human error
- ·> collaborates with cross functions team to design and implement tailored solutions
- · averseas, supervised, neticulously fine tuning of each components
- ·> training staff on new protocols, ensured the Smooth transition of workflow.
- > Regular monitoring progress, re made adjustment as the needed
- *> Do not Show other down and then help them, eg. friend was ofraid so he helped them.
- *) Do not show like you have entered and will change curything, before you at was very bad condition.
- what led to the Situation?, what is going on? And what outcome 2) look for challenges, Responsibilities to be fullfilled, innovation, high
- achievement motivation, leve of vigeray 3) logical onfolding of events according to environment, proper reasoning
-) singer on family greener is organisational culture democratication of family strongers patriarchy.

Positive word Neutral word

1) Fosters: Respect fosters mutual understanding & cooperation 2) Embracing: Embracing quite times enhances creativity & problem Solving what it fosters, inspires, drives, reflects, importance, builds promotes, role, ensure, lead, encourages, orestes, demonstrates repreputs

Holm fing land analog define tone situation Negative ward: Removing, Resolved, prevented, managed, Addressing overcoming, new seoder will rehave Pemove it, managing-after, solved, open

- > Removing Rust restores strength and functionality to objects. > lack of communication can lead to misunderstanding and cofficts.
- > tack of relownes challenges creativity & adaptability.
- > respects encourages thoughtful actions over aggressive force.
- ·> Rising above petty disputes shows strength & emotioned intelligence.
-) Petty concerns distracts from Goals & priorities.
- ·) A calm demeasor instills confidence & trust in others.
- >> Elfective communication can resolve discard and restore hamony
- > leaders manage diseard to mountain a positive & focused emironment.
- > Jeaders Stand firm against oponimable acts to upbrold justice.
-) In moments of Bewilderment clear thinking is essential to finding solutions.
-) overconing Stingy tendencial fosters culture of collaboration & trust.

Panacea: > There is no paracea, but thoughtful actions > Searching for parocea can distract from addressing be next laused of issues. > Believing in an paracea can lead to complacing, delaying meaningful action. Livid: Managing livid emations maintaine composured clarity. Addressing livid emotions defuse tense situations conceive: Jeoder's conceive Strategy with clear ideal spurpose areat ideal often conceived though collaboration a creativity. Ephemeral: Recognising ephemeral opportunities is key to seising them swiftly. Success can be epheneral, regimes constant elbort to fustain Faction cooperation & factor teamfronk resolves faction disputes leaders avoid faction development in team. > Ring above petty dispeter Mac > Peter some distracts from Goals & prioreties.

communication can surprise durant and resident some

of the minuteur as perture a formed commen

I he was demeason will confidence to trust in obert

Personal Interview

- 1> I will control my facial expression.
- 2> Keep my voice loud and clear (confident & enthusiast)
- 3) Answer with clear thought and Maintain Florency.
 - ·> Reduce a a a Think and Answer

Don't get Bewildered & Excited Even Agitated

- Sir I may have missed out, so you can please Repeat the Question
 - *> Pretty much cool sir, thank you for asking
 - * NO sir, Thank you very much, it was very nice Interaction.

As long as I become or officer in theha smed forces, and what ever through my training I am able the emerge best for I will go for it.

Sorry for I don't know, I will find out and let you know.

Hobby link / Entakuricular setivity

I like and Dislike of Qualities 1) Father:

like: i> Hardworking

ii) Selflessness

iii) Respect his Fob Duty was a subor land and will

iv Honesty

Such From (Responsible)

considerates, creatives

Certifold, Cause 750

V) Values time vi) Disciplinarian, Proactive Health & Diet Habits

Dislike: Smoke, Does not shore his problems to me Drink, Frustate anger at Homents

2) Mother in smit supportible | Consistent | Forgiving ii) Grood convincing power

down desoplet

Friends: Amon: Agile heporture

the: sampere

iii) Grood Negotiation Skills

iv) Perportitity Organised

V) caring / Selflessness for family What shares her problems with me

Dislike: Watch tonic Movies | Serials

Does not Pay attention to health Condition, Kentel Mealth.

Impressing her Point of view on me (Farevell, Suit a Desti Kurta) Frustate anger in Moments.

polite lespet time, Exectabled in pressure Cours

lister: like: Caring, creative

understanding Nature, Compassionate

Proactive

TEACH (Training & Education) centre

supportive

Grenerous

Siechles (1)

Distikes: Uses Social Media Excessingly

Not Focused, Disciplined

Does not have clarify about feture

Health & Diet Hobits

Friends: A Han: Agile, Supportive, anick Fixer (Resourceful)
calm, chewful, considerate, creative.

shorte. Does not show his product to me

Drunk & Freehlate wager at noments

Dislike: Take too much tension about after people, Time utilisation

Kapil: Site: competent, courage, collaborative, committed, open-minded, Focused, Helpful

Dislike: Seek Validation Habit, Needless spending, Do not awellian things

Robit: Nandworking, Focused, Dedicated, Ambitious, Strong physically & rentally, Practical,

Does'n Respect time, Frustated in pressure (come)

Abhithek: Reliable, Humble, organised, Problem-Solver observant, cooperative, Helpful Sty, Doesn't express trinself openly in public and even privately.

Joveketh: Friendly, Hoffitable, logical, Thoughtful,

Reland, open-minded, Negotiation

> Distracted, lasy, lack clarity about future

Sri Niwas: woom & welcoming Perfor, lively, Cheerful,

lelf-Directed, Helpful, optimistic

> Too much imitate filmy Characters, Not focused, back confidence

and determination

ATTILL MENTALISMENT OF THE PARTY OF LEGISLE M. CONTROL OF THE PARTY OF

Industrie Fischibalton

Aashish Dashore: Knowledgeable, Skilled person, Grood

Time Hanagement Skill, Keep everyone Involved, Supportive
encourages employees, Data Driven Decision Maker, Calm
and composed, Sisten to every opinion and perspective

sels Interactive, sels Demanding

Teacher of 10th:

Rakesh Sansanwal (Physics): Empathetic, Hardworking, understanding supportive, keep Students involve, Intrigue Question in Students mind, Emotional Intelligent, curiosity cultivator, Playful Educator

Executely Keepstable, Sourced Thoughton.

Peterselly open minded regotint MSI & redsort

> Amerita Siwach (English) : (death of year) between &

The last Lesson (Alsace & torraine), Indigo

Teacher M. Hamel

Student: Franz

Neighbaurs: Belgium, Grormany, Switzerland, Italy, Spain

Nediterranean Sea, Bay of Biscoy (West, English Charrel

Crouth)

eviolity cultivator, Visionary leader, cultival competence Inclusive Facilitator, Inspirational Storyteller

Dislike Arund Bisht: uses one dimensional tracking methods

Avaidance of technology. Lack of Passion, Neglect of Propersional Developments.

The Colon & composed, Don't talk about entra-thirts other than byllakers (Focused)

while teaching, Discipline maintain,

National Malliones: Mountady after, Malliet Markey, Coard

callege Teacher: VR Kulkarni, (Project Gwide)

Reflective Proctitioner, Adaptability, Mentorship Mindeet Annovative Problem Solver, Tech-Savy Integrator Euriovsity cultivator, allaborative Partner.

Dislike any Teacher: In callege, the mechanical enginer teacher Subjects were very good, New Subjects & pattern Syllabus was introduced, it was managed by teachers not experienced in those introduced, it was managed by teachers not experienced in those Subjects (AIML, Mechatronics). Just Reading out the PPT Slides no efforts were being made, one dimensional teaching, curiosity no efforts were being made, one dimensional teaching, curiosity cultivation, coordination and collaborative approach was required cultivation. Science Teacher & Electronics & Telecommunication with computer Science Teacher & Electronics & Telecommunication

Anita Stivre: only Nomericals in EH, Efforts on concepts, only facus on byelsbul completion, curiosity intriguing in students, Significant & Subjects

Q1 what Problems did I faced with my friend, collegues in Problems faced by my friends, how I helped them? Things I would like to Improve in my company my contribution in my neighbourhood? Five problems faced by me in office and in life? Any failure in life, what you have learned from it. (Hray) dona : Different Approach of Solving the issue, communication Style Directly communicate with the core & clod team in the meeting about the issue of Temp & RH Maintainence. (45±5) *) covering of wooling Tower with Doct Sheets instead of *> Vishal Singal solved the issue & Dew point naintenance They tought me to adapt different work method * communication Grap of Shutdown (by statish lir)

* Narathi speaking people: Don't order than what they are really talking *> I got a Responsibility to organise statedown of every depart of PIC 6 & the Havage & organise it. DAS scrubber, tood calculation/lood, roctor. with my senior colleague, I focused on learning independently and filling knowledge gops by researching and consulting other Sources within the company. Adaptability , lets Reliance & Importance of transparent communication, within a team 4 am ammitted to fostering open communication & Relationship with colleagues at all levels.

- ty py jonior teammales withde critical details to avoid Repercussions, especially when crown occurred.
- Space for them to Share issues. This allowed the to gain more trorsparency over time

open communication, Proactivity, empathy and a willingness to adopt. These challenges can be turned into oppurtonities for personal growter and team growth.

Balancing Academics with personal issues, which effected his studies and confidence; English speaking to improve our effective communication and posted confidence, Home slifting, Teaching Bodminton, Talking to them in their stime of stress (carpus placement). In school time, we set small study goals and would meet in library to keep each other accountable. Teach each other concepts discuss things redated to syllabus and we see each other performance improvement and appreciated it.

These experience laught me the importance of being a supportive friend and also how a little excouragement can go a long way.

Ans 3 Add value rather than fining glaws.

I think there is an opportunity to ..., I would to love to contribute to ... or I see potential in ... Four on Potential opportunities Rather than flaws, Avoid getting inte too much detail on what's wrong; instead focus on what could do to make it better.

- 1) Department wife I would Enhance Employee Torowing and Development, Skill building and Unowledge Sharing within teams, feer led workshops or mentorship programs.
 Initiatives that focus on Skill building
 - 2) Streamling processes with technology, Digital control
 over over Several machines and monitoring with sensors te avoid downtine TOT and AI Integration
 - 3) Enhancing Internal comprenication and collaboration with other departments
 - 4) Inspire my workers that they are working for greater cause . They are not working for the lake of our transpir unraised and Time on Company.

Similar youls a legany for most was will consider for

inche and to manged the top staging supported and faculty

It was with shaken to though the familier

And the choose some Relevant Example, Describe your role and Actions, Highlight Positive Impact, Mention any tesson Learned My contribution Involves in maintainence & cleanliness, support Elderly neighbours, talk to them Share our Experiences Respecting each other privacy. Participate in their organised Retuals and Tiraclition that they perform.

Jearn from it Respect it.

AS 5 Major Challenges faced by me in office 1. Adapting to New Role or Environment Adjusting to processes, Responsibilities and new environment Proactively Sought mentorship from experience Collegues 2 Similed collaboration or knowledge Sharing bell driver learning Approach - Researching independently and asking for advice from multiple Resources within the team over time of built strong network and gained the Knowledge I needed to perform well 3: Hanaging workload and Time constraints. Hultiple projects with light deadines, To manage this I focused on prioritising tasks, breaking down projects into Smaller goals. Preparing for enous SEB's with workload was hectic but I managed its by staying organised and focused

Demonstrate now the new process would benefit them with logical and practical approach. This helped me to gain

5 Hardling miscommunication or conflict with team Members. Misunderstandings about each other team's priorities led to delays. To address this, I suggested taking a bruef. weekly check in meeting where we could discuss progress.

6. Night shift Routine and Affect on my Body Health.

Biggelt failure in life? I don't consider any failures and no weh thing Riggest Pailure or Smaller Gailure I consider it as learning from life perspective and stepping toward Success achieving any Goal.

- 1) SSB is not cleared, unbecome my self & charge myself
- 2) Not able to get into badminton team of college
- 3) change my plom Thinking and perspection to see a accept-lings that does not go in her way.
- 4) Not able to citilise fully all the resources available at my College, the time wasted just on thinking not doing
- 5) Not able to some Clear my SSB interview, Sattempts & CDS
 only 2 cleared. 6) MIRUS Internship missed opportunity.

and the world of property find the beautiful and

the most returned some if it was

of which should the most out when it

a How do you help your Mather & Father?

As I help them in Decision Making by giving my perspective on Situation and now to deal with of very diverse background and for positive outcome of barnily*

> I still rumember when I taught my mother to sign and see hapiness on her face, so we have discussion about Various Susjects of life and I do provide her knowledge the things that she enquires about.

.> In my family I also help them the understand the Standard operating procedures of Electrical Items such as purifier, Geyser, Electric Induction etc

· Help them with Bank related things, ID cards makings and also make then able to do things on their own - book Canteen Stats. empower them about the facilities that they Can avail through Internet. > Take my mother to hospital

I can bordinal lose track of five

Advices Given by my parents: Stand by your values, work hard but Smart, Respect everyone, but let boundaries o Trust your instinct, Find jay in Simple things, Never Stop learning, Be friendly wife Choose your company wisely, Balance work & life, value your

health & wellness. Teaher | Employers perceived weakness in me: Fear of failure: They have mentioned that sometimes I have bear of failure, which can occasionally hold me back from taking risk. I am actively working on reframing failure as learning appurturity instead of a setpock, I now try to focus on what open to new Challenges. open to new Challenges.

Don't be comfortable in your 20's.

Be nice, but don't be easy pullower while leading. open to new Challenges. > leak progress hot perfection, > se radically Friendl: Difficulty in moving on from post mistakes, Tevelency

to isolate during Tough line, Being too trusting or Naive,
Anability to accept help

i) understand your own strength, but know when to bend.

ii) Jodge yourself by your own standards, Not by other expectation. expectation.

Be radically open minded, be open to new enportances (reacher)

IV) Tope time for jouself, travel have new enperiences. V) Focus on things things you want to achieve, be serious in