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Roadblocks and Pathways to stay motivated

You as Students come to college with a dream of making a better future for themselves. What is your dream? Place a checkmark next to any item that could be a roadblock for staying motivated to your success in college.

- | | | |
|---|---|---|
| <input checked="" type="checkbox"/> Too much work | <input type="checkbox"/> Family obligations | <input type="checkbox"/> Lack of study skills |
| <input type="checkbox"/> Financial difficulties | <input type="checkbox"/> Social life | <input checked="" type="checkbox"/> Using time wisely |
| <input type="checkbox"/> Lack of confidence | <input checked="" type="checkbox"/> Computer games | <input type="checkbox"/> Speaking in class |
| <input type="checkbox"/> Difficulty with reading | <input checked="" type="checkbox"/> Social media | <input type="checkbox"/> Negative thinking |
| <input type="checkbox"/> Difficulty with writing | <input checked="" type="checkbox"/> Phone use and texting | <input type="checkbox"/> Lack of motivation |
| <input type="checkbox"/> Difficulty with math | <input type="checkbox"/> Lack of career goals | <input type="checkbox"/> Learning disabilities |
| <input type="checkbox"/> Difficulty with tests | <input checked="" type="checkbox"/> Dislike of homework | <input checked="" type="checkbox"/> Lack of persistence |
| <input type="checkbox"/> Difficulty with memory | <input type="checkbox"/> Dislike of school | <input type="checkbox"/> Health problems |

List any other roadblocks in addition to the items checked above:

1. No Clear vision
2. Fear of Failure
3. No action plan
4. Learn from my mistakes
5. Making excuses

What are your top three roadblocks?

1. Too much work
2. Social Media
3. Reading
4. Games

Skimming through the contents in motivation theories and find ideas that will help you overcome any roadblocks to your success. List 5 factors from this topic that can help you to be successful in college.

1. Planning also gives insight into additional resources you may need to overcome roadblocks
2. Identify the details of the problem
3. Adding the word YET. I'm not a good at coding YET!!
4. Gain proper perspective on the situation
5. Take Small Steps

What are other resources that can help you to overcome your roadblocks? (tutoring, financial aid, advising, family support)

A poor mindset or attitude can be as limiting a roadblock as lack of money or time.

Recognize the Negativity:

Self-doubt is common. In fact, it's not even an entirely bad thing, because it can temper ego and hubris. However, it can also cause inaction, worsen fear, and lead a promising entrepreneur to give up before even getting started. Recognizing these negative thoughts is the key to overcoming them, because it allows you to reason them away.

Do more with less

Frequently, organizations reduce staffing to minimum levels and expect employees to produce the same level of output.

This "do more with less" approach burns people out so that they do not have the energy to attack improvement with the level of enthusiasm that is needed.

Talk to Others:

Sometimes we can't help but see nothing but the bad in ourselves. That makes hyping ourselves up difficult. If you find yourself fighting against your own mind and attitude, try talking to others. Friends and family can provide more positive viewpoints about your abilities. In addition, talk to other entrepreneurs. They can provide advice on overcoming negativity and more.

Success:

The success may be a result of a lack of competition or a limited market advantage. If the company does not start making improvements now, it could be left behind when the environment changes and the company cannot match the competition.