

Measles

Definition:

A highly contagious viral infection causing rashes and respiratory symptoms.

Symptoms:

- High fever and cough
- Koplik's spots inside the mouth
- Red rash spreading over the body

Risk Factors:

- Lack of vaccination
- Malnutrition

Home Remedies:

- Vitamin A supplements
- Honey and warm fluids

Medical Remedies:

- Supportive care (fever reducers)

Prevention:

- MMR vaccination

Consult a Doctor if:

- Severe dehydration or pneumonia symptoms

Fun Facts:

- Measles can cause complications like encephalitis.