

Hepatitis B

Definition:

A liver infection caused by the hepatitis B virus (HBV).

Symptoms:

- Jaundice
- Fatigue and nausea
- Dark urine

Risk Factors:

- Unprotected sex, contaminated needles

Home Remedies:

- Avoid alcohol and fatty foods
- Milk thistle for liver support

Medical Remedies:

- Antiviral drugs (Interferon, Entecavir)

Prevention:

- Hepatitis B vaccine

Consult a Doctor if:

- Jaundice worsens

Fun Facts:

- HBV can cause chronic liver disease.