1. What is a List? 2. How to reverse a list?

* A list is a collection of items that can be of any data type, including strings, integers, floats, and other lists. lists are defined using square brackets [] and elements are separated by commas. Lists are mutable, which means you can modify them after they are created by adding, removing, or modifying elements
* You can reverse a list using the reverse() method or slicing. Here's an example: