

Patient: John Doe

Age/Sex: 45 y/o male

Date: 31/12/25

Chief Complaint: Knee pain

S – Subjective:

Pt reports ongoing knee pain, says it's been "about the same" despite treatment.

Completed **8 weeks of PT at Downtown Rehab**, no real improvement noted.

Taking **Ibuprofen daily** (OTC, dose not clearly stated).

Pain worse with walking and stairs. No mention of recent trauma.

Denies numbness/tingling.

O – Objective:

Not much documented today.

Ambulates with mild discomfort.

Knee appears stable on gross exam, but limited by pain.

No visible swelling noted.

A – Assessment:

Knee pain, chronic

Suspected meniscal tear

Failed conservative management (PT + NSAIDs)

P – Plan:

- Request **MRI of knee** to rule out meniscal injury
- Continue NSAIDs as tolerated
- Activity modification advised
- Follow-up after imaging results