

**Patient:** John Doe

**Age/Sex:** 45 y/o male

**Date:** 31/12/25

**Chief Complaint:** Knee pain

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**S – Subjective:**

Pt reports ongoing knee pain, says it's been "about the same" despite treatment.

Completed **8 weeks of PT at Downtown Rehab**, no real improvement noted.

Taking **Ibuprofen daily** (OTC, dose not clearly stated).

Pain worse with walking and stairs. No mention of recent trauma.

Denies numbness/tingling.

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**O – Objective:**

Not much documented today.

Ambulates with mild discomfort.

Knee appears stable on gross exam, but limited by pain.

No visible swelling noted.

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**A – Assessment:**

☐ Knee pain, chronic

☐ **Suspected meniscal tear**

Failed conservative management (PT + NSAIDs)

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**P – Plan:**

- Request **MRI of knee** to rule out meniscal injury
- Continue NSAIDs as tolerated
- Activity modification advised
- Follow-up after imaging results