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People buy far too many things these days, and it is bad for our world. First and the most important it affects our environment. The growing demand for things forces manufacturers to build new factories. Many of them produce hardly decomposing plastic and pollute the air. Factory workers are often poorly paid, working conditions are far from ideal, and some manufacturers even use child labor. Also, producing more things is not a smart way to use the Earth's non-renewable resources. Second, regular shopping changes a human's culture. People get into the habit of buying unnecessary things, sometimes even if they can't afford them. Rich manufacturers get money from the poor, and get richer, while others get poorer. Industry abuses human purchase demand. People should buy less stuff and spend their money wisely.