PERSONAL MINIMUMS		BEFORE FLIGHT
Aircraft: At least six (6) hours within previous two (2) months Currency: - Flight review in previous twelve (12) months - At least two (2) landings in the last thirty (30) days Weather (VFR): - Pattern work: > 2,000 foot ceiling and five (5) miles visibility - Cross-country: > 12,000 foot ceiling and ten (10) miles visibility Crosswind: < 15 knots maximum crosswind component Fuel: 60-minute reserve		 Review route: TFRs, NOTAMs, PIREPs, radio and navigation aids, airspace, navigational and procedural information, terrain, obstacles, landmarks, cultural elements (railroads, roads, trails, populated areas), etc. Review destination airport information: Review A/FD information Review the IAPs to the primary and parallel runways expected Review all lighting limitations marked on charts Review the NOTAMS, and pay special attention to FICONs when the airport surfaces are wet or frozen Note the location of the control tower Review light gun signals Highlight destination on the airfield Brief expected taxi route to destination Weather: Check updated weather forecast along route Check updated weather forecast at alternates Verify weight and balance Review aircraft performance: "C172 Performance App" Review takeoff performance Review alonding performance at destination (and expected conditions) Review avionics: expected configurations and workflows Prepare in-flight log sheet: Write-down frequencies, en-route altitude, and destination pattern altitude Get departure ATIS information
 DAYS BEFORE FLIGHT		
Plan route: Update EFB, 1800wxbrief, FltPlan, etc. Review route airspace, terrain, alternate landing sites Review all airport information, layout, services, run-up areas, important remarks — contact airport manager if necessary Compute weight and balance: retrieve passenger's weight, update "C172 Performance" application Weather: Watch "weekly outlook" reports Check updated weather Review route TFRs, NOTAMs, airspace, terrain, obstacles, etc. Check night currency and sunset/sunrise times Charge batteries: Headphones, ADHRS, iPad, Phone, watch, flashlights, handheld radio, cameras, voice recorder Verify EFB data is updated: latest weather, winds, charts, TFRs, etc. Get sleep Evaluate fitness to fly Evaluate weather on the way to airport Talk to other pilots who have flown recently		
BEFORE LEAVING HOUSE		
Wallet: credit cards, drivers license, PPL, medical Flight bag: knee board, paper+pen, paper checklists Headphones: including passenger headphones and backups iPad (EFB): Update EFB software, external battery, cables and mount Merlin (Stratux ADS-B): external battery, cables, and mount Phone: Update EFB, add airport, APP/DEP, and Center numbers Watch Flashlight		

☐ Snacks☐ Water

Handheld radio

(Optional) Cameras and mounts, voice recorder