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W10

WORKBOOK



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1. Read the text and complete it with the words from the box.

against | counterculture | equality | subculture | identities |
liberation | perspectives | norms | rights | struggle

It's hard to encourage individual cultural _____ without promoting divisiveness. In the United States, at least, it's a constant _____ for people who see things from different _____ and end up being part of subcultures or countercultures. A _____ is shared by a small group of people who have specific cultural attributes that set them apart.

A _____ can be more than simply different from mainstream culture. It is a pushback on mainstream culture in an attempt to change how a society functions. Let's go to the thought bubble to take a trip back to one of the biggest countercultural periods of the 20th century, the 1960s. In the United States, the 1960s were rife with countercultures. It was a time of beatniks and hippies, of protests against the Vietnam

War, and protest for civil rights and women's _____. These movements were often led by young people and were seen as a rebellion against the culture and _____ of older generations. This was the era of free love. But this counterculture was also a pushback politically _____ mainstream culture. Many cornerstones of the politics of the American left have their origins in the counterculture of the 1960s – anti-war, pro-environmentalism, pro-civil _____, feminism, and LGBTQ _____.

From the Stonewall riots to the Vietnam War protests, the 1960s counterculture was where many of these issues first reached the public consciousness.

Adapted from: <https://videos.boclips.com/videos/605216889072207479fc564b>. Accessed on November 17, 2022.



2. Describe multiculturalism using the words from the box.

acceptance | backgrounds | different |
diffusion | people | to respect

3. Complete the sentences about someone you know.

- a. _____ is recognized for his/her _____.

_____.
- b. _____, who comes from a wealthy background, _____.

_____.
- c. _____ should be more respectful toward social norms and _____.

_____.
- d. _____ is usually judged by _____.

_____.
- e. _____ feels _____ about low culture.

_____.
- f. _____ sees him/herself as someone who _____.

_____.

1. Read the text and sum it up.**Native Americans Revitalize Ancient Tattoo Tradition**

For thousands of years, tattooing was an important form of cultural expression for Indigenous people across the Americas, but missionaries abolished the practice at different points in time as part of efforts to assimilate tribes and convert them to Christianity.

Today, a growing number of Native American, Alaska Native, and Native Hawaiians are reviving tattooing, using methods their ancestors developed millennia ago. Jody Potts-Joseph was born and raised in the Yukon River village of Eagle, home of the Athabascan-speaking Han Gwich'in people.

She was raised pretty old school on the land and learned their traditional way of life, hunting and fishing for subsistence. Jody was 18 when she learned that historically, Gwich'in men and women got tattooed – men on their joints and wrists, and women on their faces – as a rite of passage.

For years, Potts-Joseph wanted to have her chin marked, but the last Gwich'in tattoo artists had passed away. Her daughter, Quannah Chasinghorse, also wanted a tattoo.

"She was only 12 at the time, and I told her to wait," Potts-Joseph said. "I wanted to make sure that she was in an emotional space where she could handle any possible criticism or backlash."

After two years of praying on it, Potts-Joseph relented. Using a large ink-dipped sewing needle, she gave her daughter what is called Yidiilttoo – lines at her eyes and on her chin. Soon afterward, Potts-Joseph enlisted her then-16-year-old son Izzy to ink her chin.

"For me, it was a reclaiming of my identity and part of my resistance to the shaming of our people after colonization," she said. "And I saw my daughter change – she came into her power. She found her voice. Tattooing is powerful medicine."

Adapted from: <https://www.voanews.com/a/6808363.html>. Accessed on November 17, 2022.

2. What's your opinion?

a. How is tattooing seen by different generations in your culture?

b. How are indigenous people important in building your country's culture?

c. How can rescuing ancestors' traditions empower their descendants?

d. What remains in your culture from the native inhabitants of your country?

3. Choose the correct meaning of the words in bold to complete the sentences.

a. Saying that a fact is **plain as a day** is the same as saying that it is _____.

- very clear
 not obvious

b. Saying that something is the **tip of the iceberg** is the same as saying that it is _____.

-
- the core of a problem
 a small sign of a problem that is much larger

c. When we value someone's **heritage**, we are valuing their _____.

- beliefs and traditions
 assets and tools

d. When **hosting** an event, the country _____.

- postpones it to a much later date
 provides whatever is needed for it to take place

1. Read and match the meanings.

I totally agree. Glocalization has brought many more positive consequences than negative ones to our economy.

I agree with you up to a point. We urge more tourists and development to come to the city, but the risk that people here want a distinct culture from the one they already have must be considered.

Rubbish! Progress will make diverse microcultures within Bhutan disappear before their existence can even be recorded. Our people don't want it!

OK! Let's be sensible here because the topic is delicate. It's time to think of progress from another perspective. It must bring benefits to people, but it can't destroy local cultures. Not to mention the necessity to preserve the environment.

- a. I totally agree.
- b. I agree with you up to a point.
- c. Rubbish!
- d. OK! Let's be sensible here.

- to show polite disagreement
- to show strong disagreement
- to show partial agreement
- to show full agreement



2. Join the sentences using the words in parentheses.

a. Bhutan's capital is Thimphu. It's one of the fastest-growing cities in south Asia, expanding at a rate of about 10 percent a year. (**which is**)

b. My ancestors were wise people. I owe them respect and devotion. (**to whom**)

c. The writer is a symbol of resistance to his people. He fights to keep their culture alive. (**who**)

d. The people live in remote parts of the country. They don't want to give up their traditions. (**who**)

3. Complete the interview.

Interviewer

Good and bad things have been said about the consequences of migration to our country. Can you mention some?

Interviewee

Interviewer

Are the reasons for migration today different from the ones in the last century?

Interviewee

1. Read the article and complete it with the words from the box.

being | cultures | discrimination | heritage |
importantly | mind | pride | profile | reclaimed | stand



Moviegoers have really enjoyed the African _____ part of *Black Panther*. This is unique because Ethiopia is often mentioned alongside the black power and black movements in the fight against _____ as the only nation not colonized by Western powers.

Like many at the movie's premiere, the South African actor John Kani expressed _____ at seeing an Afrofuturistic society that celebrates traditional _____ and dreams of what the world's second most populous continent can be.

"This time the sun now is shining on Africa," he said. "This movie came at the right time. We're struggling to find leaders that are exemplary role models. So when you see the *Black Panther* as a young boy and he takes off that mask you think, 'Oh my God, he looks like me. He is African and I am African. Now we can look up to some person who is African. He makes me _____ a little taller.'" He was talking about the actor Chadwick Boseman, who passed away some time after the release of the movie, but is still much loved by millions of fans.

At the time of the movie release, some Ethiopian fans quickly changed their Facebook _____ pictures and expressed their adoration. "Tears stream down my face as I write this," said one social media user who goes by LadyRock Maranatha.

"*Black Panther* was an enormous roller coaster of emotions, adventure, and most of all, the affirmation of what I had felt since I left my country for Cambridge and returned. I cried for my people and felt immense pride in _____ Ethiopian and most _____ : AFRICAN. We are truly resilient and beautiful. It was about time we _____ our roots!"

As Ghanaian celebrity blogger Ameyaw Debrah put it on social media: "What will come to _____ when people think of Africa now?"

Adapted from: <https://www.voanews.com/a/black-panther-africa/4259094.html>. Accessed on November 27, 2022.

2. Choose the correct meaning of the words in bold to complete the sentences.

a. When expressing **pride** about something, you _____.

- show happiness and satisfaction with someone's achievement
- get embarrassed about what someone has done

b. If you say that **you stand a little taller**, you mean that you feel _____.

- discouraged and humiliated
- proud and confident

c. If something **comes to mind**, you _____.

- try hard to remember it
- think of it without any effort

d. When you **reclaim** something, you _____.

- take back something that was yours
- give up claiming something

3. Complete the sentences using the appropriate words.

a. No matter _____ you travel to, never miss the opportunity to embrace local people's culture.

b. No matter _____ people say about my principles, I'll keep fighting against discrimination.

c. One thing that I have learned in my life is that no matter _____ or where, we should always reclaim our pride.

d. Don't worry. I'm absolutely positive that I'll find a solution to this dilemma no matter _____ it takes.

1. Read the text and sum it up.**Most popular last names in the United States**

Dora Mekouar

"Johnson" is one of the most common surnames in each U.S. state, but it isn't the number one.

Smith is the most common last name in the United States, followed by Johnson, Miller, Jones, Williams, and Anderson, according to genealogy company Ancestry.com.

What the most common surnames in the United States have in common is that they all have English, Scottish, Irish, or Welsh roots because people from those countries were among the first Europeans to settle in North America.

Last names were not commonly used in England until 1066 when population growth made it necessary.

Inspirations for a second name or last name were generally inspired by the father's name, where a person lived, their occupation, or even a nickname.

Today, where you live in the United States can determine which name you hear the most. Northwesterners are more likely to meet an Anderson, while on the East Coast people named Brown are more common.

There's much more variety in the American Southwest. Texas, California, New Mexico, and Arizona have large Latino populations and a variety of names such as Garcia, Hernandez, Martinez, and Chavez.

Adapted from: <https://www.voanews.com/a/most-popular-last-name-in-each-us-state/4804695.html>. Accessed on November 27, 2022.

2. Complete the sentences about someone you know.

- a. _____ stumbles over his/her words when _____.
- b. _____ hates the spotlight despite being _____.
- c. _____ main strength lies in his/her _____.
- d. _____ is a person with many virtues, but I would highlight _____.
- e. _____ has such a lilting voice that _____.
- f. _____ would do everything for his/her beloved _____.

3. Rewrite the sentences using the words in parentheses.

- a. I was given my grandma's name **in order to** honor her memory. (**so as to**)

- b. I changed my behavior **not to** seem off-balance. (**so as not to**)

- c. She is capable of doing anything **to** stay in the spotlight. (**so as to**)

- d. **In order not to** be in the hands of others, I decided to learn everything about my business. (**so as not to**)

1. Read and match the meanings.

I'm afraid I have another point of view. I don't think teenagers always want to rebel against their parents.

I admit you are right. Despite his weird behavior, he is noble, and that is what matters.

No way! I can't accept your argument. Hatred is unacceptable under any circumstances.

Oh, let's be reasonable and try to see the other side of the story. Young people, so basically most of the adults from this generation, are anxious in my opinion, but they are also idealistic.

- a. I'm afraid I have another point of view.
- b. I admit you are right.
- c. No way! I can't accept your argument.
- d. Let's be reasonable.

- to show agreement
- to show strong disagreement
- to show polite disagreement
- to show consideration



2. What's your opinion?

- a. Do our convictions change as we grow older? Why or why not?

- b.** Is being idealistic a negative or positive quality? Why or why not?

- c. Why is it important for businesspeople to follow market trends?

- d.** What was a positive message left by the hippies?

3. Describe an idealistic person using the words from the box.

goals | noble | person | principles | purposes | to pursue

1. Read the text and complete it with the words from the box.

asset | brings | committed | culturally | organizational | perspectives | productive | responsibility | segregation | workplace



When it comes to diversity in the workplace, your company's _____ is to seek unity by embracing a _____ diverse workforce. In doing this, it should recognize that discrimination is wrong, and be _____ to providing a fair opportunity to all employees. When a company sees discrimination, they should put a stop to it immediately. It's more than avoiding legal peril because of _____, but rather the right thing to do.

A company must regard each employee as an important member of the team by emphasizing the contributions that everyone _____ to the table. In our global economy, companies must recognize that diversity is important to keep competitive and _____ in today's global marketplace.

Consider the advantages of diversity in the _____:

- stronger interpersonal communication between people.
- ability to connect, communicate, collaborate, and work as a cohesive team.
- effectiveness in working with differences.
- contribution from unique and different _____.

On an _____ level, diversity helps companies better manage social and demographic change. Consider a diverse workplace as an _____. Diversity yields greater creativity and provides better problem-solving and greater flexibility. What you get is a stronger organization from top to bottom.

Adapted from: <https://app.boclips.com/videos/609e59849a3e9e72bd31b2a6>. Accessed on November 30, 2022.

2. Describe a diverse workplace using the words from the box.

diversity | equal rights | guidance | inappropriate |
inclusive | spectrum | workplace

3. Rewrite the sentences using the words in parentheses.

- a. We should stop inhibiting people from saying what they think. (**It's time**)

- b. Let's bring all the issues to the table. (**It's time**)

- c. I would like you not to say any inappropriate words. (**I'd rather**)

- d. I would like you not to fan the flames. (**I'd rather**)

1. Read the text and find the sentences that disprove the beliefs.**32 Years After U.S. Disabilities Act, No Plans to Ratify UN Treaty It Inspired**

WASHINGTON — On the 32nd anniversary of the Americans with Disabilities Act (ADA), the United States remains one of a handful of countries that have not ratified the 2006 United Nations Convention on the Rights of Persons with Disabilities (CRPD) — an international treaty the U.S. legislation inspired.

The ADA, signed into law by President George H. W. Bush on July 26, 1990, prohibits discrimination based on disability in public accommodation, employment, transportation, and community living, and provides recourse for people with disabilities who faced discrimination.

"If you're disabled, stores can turn you away, and employers can refuse to hire you. If you use a wheelchair, there is no accommodation to take the bus or train to school or to work. Premises are not equipped to welcome you. America simply wasn't built for all Americans," U.S. president Joe Biden said.

Sara Minkara, who is legally blind, leads the Office of International Disability Rights at the U.S. Department of State, which promotes the rights of persons with disabilities around the world through American diplomacy and development aid. The position was created under the Obama administration, and her office was made permanent by the Biden administration last November.



In various countries, views on people with disabilities often fall between pity and taking inspiration from their suffering, Minkara said, and those extreme narratives contribute to societies leaving people with disabilities behind.

"We need to normalize disability. We need to change how we look at the word *disability*. We need to change how we look at disabilities and identities, not from a pity lens but from a strength and value-based lens. This way we will be working in the best interest of people with disabilities."

Adapted from: <https://www.voanews.com/a/years-after-us-disabilities-act-no-plans-to-ratify-un-treaty-it-inspired-/6675363.html>. Accessed on November 30, 2022.

- a. President Joe Biden argues that as a first-world country, the United States are prepared to meet the needs of people with disabilities.

- b. Minkara believes that looking at people with disability through a pity lens helps them overcome their obstacles.

2. What's your opinion?

- a. How could the treatment of people with disabilities improve in a city like yours in terms of assisted signs?

- b. Is breaking barriers more rewarding than giving up? Why or why not?

- c. Are companies spontaneously implementing accessibility in their premises, or are they pressured by the media or social appeals?

- d. Why have some people with disabilities stopped holding their breath waiting for changes to happen?

3. Choose the correct option to complete the sentences.

- a. _____ is the uncertainty that something is true.

- Skepticism
- Impairment

- b. _____ indicate that premises are equipped to welcome people with disabilities.

- Mobile ramps
- Assisted signs

- c. _____ arguments are based on facts or good judgment.

- Illegitimate
- Well-founded

- d. A _____ is something that prevents people from doing something.

- premise
- barrier

1. Read the text and sum it up.**Treatment Found Wanting for Growing Mental Health Disorders**

GENEVA — The World Health Organization is calling for a radical change in the treatment of mental health disorders. Their perception is that existing care systems are largely ineffective and often abusive.

Nearly a billion people were living with a mental disorder in 2019. That number has grown, with new data showing conditions such as depression and anxiety increasing by more than 26 percent in the first year of the coronavirus pandemic.

The World Health Organization released its largest review of world mental health since the turn of the century. The report finds 14 percent, or one in seven adolescents, is suffering from a mental disorder. It says suicides account for one in 100 deaths, with 58 percent occurring before age 50. This is a key issue the world has to cope with.

The head of the WHO's mental health unit, Mark Van Ommeren, says mental disorders are the leading cause of disability. He says depression and anxiety alone cost the world economy nearly \$1 trillion a year in lost productivity. Despite the enormous socio-economic consequences, he says many people with mental health problems do not seek help for a variety of reasons.

"They fear the stigma of seeking help could be one reason. Another reason can be that they do not trust the available health services will help them overcome their problem." Van Ommeren said. "Third, it could be that they do not recognize the problem because their knowledge about mental health problems is limited."

Adapted from: <https://www.voanews.com/a/treatment-found-wanting-for-growing-mental-health-disorders/6623108.html>. Accessed on November 1, 2022.

2. Rewrite the sentences using *not only... but also*.

a. Acupuncture can help you deal with anxiety. It can relieve migraine symptoms, too.

b. Talking to a therapist will help you overcome your problem. It will also help you see things from another perspective.

c. Listening to other people's points of view can change your perception of the facts. It can also teach you to walk in someone else's shoes.

d. His answer was reasonably acceptable. It was coherent, too.

3. Complete the sentences about someone you know.

a. _____ has coped with anxiety problems by _____

b. _____ could have a meltdown if _____

c. _____ has to cope with _____

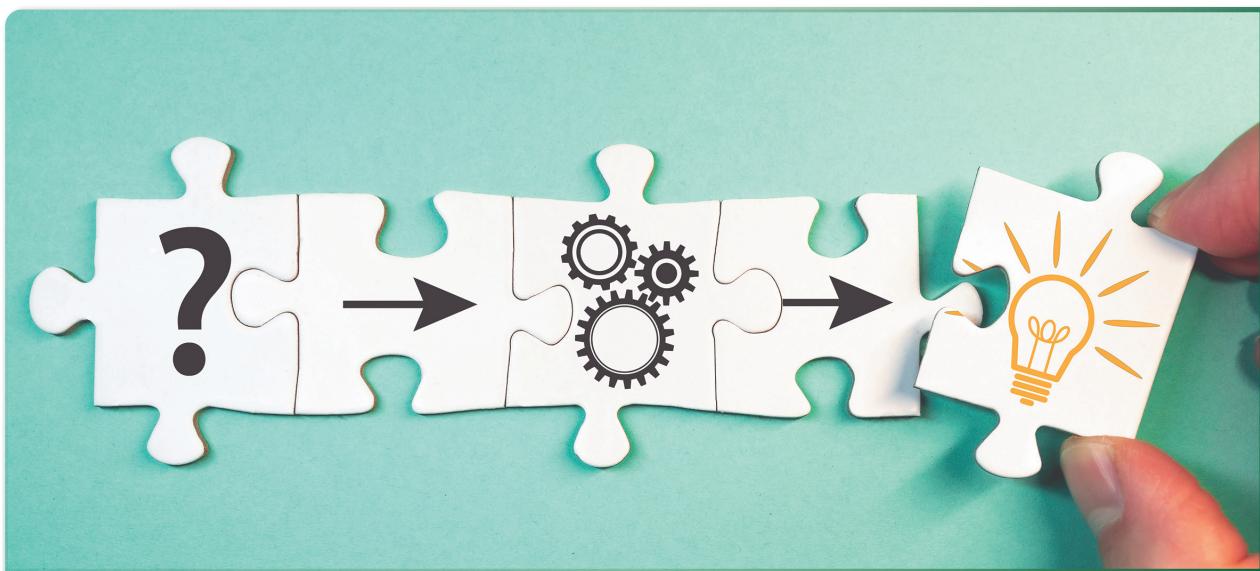
d. _____ has succeeded in overcoming _____

e. _____ subconsciously avoids _____

f. _____ doesn't always have a good perception of _____

1. Read the text and complete it with the words from the box.

beat the odds | correlated | disability | dyslexia | language | learning | skill set | technology | torturous | willing

**Learning Disability Doesn't Mean Learning Failure**

If you cannot read and write as well as other students, does that mean you will fail in school and life?

Laura Grey, who has _____, a learning _____ that can lead people to mix up letters and makes reading, writing, and spelling difficult, can be an example. She is proficient in five languages: English, French, Spanish, Italian, and German. She is also learning Russian, Mandarin Chinese, and Dutch.

As she started developing a _____ that included being an early reader, for a long time nobody thought that her terrible handwriting and bad spelling were _____ or even related to dyslexia. But the later diagnosis didn't prevent her from achieving good results in learning other languages.

Brenda Bernaldez, a specialist for the Office of English Language Programs in Mexico, says that if students are trapped in a situation where they cannot ask for help, they should try _____ to help them deal with it. For students struggling to read and write, she suggests using voice recorders to take notes. She also says there are good apps that let students record and organize voice notes. According to her, the _____ process for people who have a learning disability and want to learn another language doesn't need to be _____ anymore because technology is here to help them _____.

Laura Grey agrees with Brenda and says that if people are _____ to keep going and overcome difficulties in learning a second _____, they should give technology a try.

Adapted from: <https://www.voanews.com/a/learning-disabilities-doesnt-mean-learning-failure/4043728.html>. Accessed on December 7, 2022.

2. Choose the correct option to complete the sentences.

a. ADHD stands for _____.

- Attention Deficit Hyperactivity Disorder
- Attention Deficit Hyperactivity Disability

b. If a situation is described as _____, it means that this situation causes a lot of suffering to someone.

- torturous
- hazardous

c. If a dropout rate is high at a school, it means that there are a large number of students

- _____.
- enrolling in a school course
 - failing to complete a school course

d. We call a _____ a person's natural ability or talent to do something, or a notable capacity that they have.

- diagnosis
- gift

3. Choose the correct option.

a. Stop labeling him **as if / if** he is a fool.

b. The **flip side to the coin / skills set** is that teachers can't always recognize ADHD straight away.

c. My cousin Jeremy speaks **as /as though** he has a gift for music.

d. They are guilty but act as if they **are / aren't** innocent.

e. He is labeled **as though / as** he is a lazy person who doesn't even try.

f. I don't know why she has **hidden / hid** the truth from us for such a long time.

1. Read and match the meanings.

Exactly! I also think the dropout rate is increasing due to underdiagnosis. Moreover, I would like to highlight the importance of having psychologists in schools, particularly to help teenagers find motivation to keep on studying.

Please, don't make it personal. I have just said that the evaluation wasn't conducted properly. I am anchoring my arguments in the results. You can't deny we have to rethink the whole process. You are taking it as though I were criticizing your work, which I'm not.

I can't believe I'm hearing this! You are treating me as if I were an irresponsible professional. You should respect my experience in the area. I've been a therapist for more than 20 years, and I am sure the prognosis is correct.

I understand your point, and I think you are right when you say that the incidence of cases of dyslexia is increasing. I just don't agree with the causes you point out, and I can present a number of reasons for that if you like.

- a. I can't believe I'm hearing this! to show total agreement
- b. Exactly! I also think... to show strong disagreement
- c. I just don't agree with... to show polite disagreement
- d. Please, don't make it personal. I have... to show partial agreement



2. What's your opinion?

a. What advances in learning disability diagnosis would you highlight?

b. Have school dropout rates increased or decreased where you live? Justify your answer.

c. What's the impact of education equality on society?

d. How can underdiagnosis affect a student with learning disabilities?

3. Complete the interview.

Interviewer

Tell us, how has your experience with the Online Learning Platform been so far? Would you recommend it?

Interviewee

Interviewer

Would you say that the other learners looked as though they were learning with it? Why or why not?

Interviewee

1. Read the text and sum it up.**New Smart Tech Helps Visually Impaired South Koreans Increase Mobility**

Busan, South Korea's second-largest city, is using new, inclusive technology devised to bring down barriers to mobility for people who are blind.

Park Hyoung-bae glides his long, white cane along a strip of raised yellow blocks that form a trail through an underground metro station. The tactile paving leads blind commuters from the street to the train platform.

But Park, who is walking arm in arm with his mother, says he doesn't feel capable of traveling far from his home on his own. The tiles still don't make him feel comfortable.

Information boards, maps, and other signage direct travelers to exits, restrooms, and other station amenities, but all these visual indicators are inaccessible to the 32-year-old. Without help from a family member or a hired guide, he explains, Busan's metro system can be overwhelming. "I've gotten lost in subway stations and asked people where I am, but sometimes they ignore me, and I have no idea if they've walked away or not, and that makes me feel isolated," he said. "It's hard to ask for help as someone who's blind."

Cities across the globe are installing new ICT, or information and communications technology, that connects public infrastructure with the electronic devices of pedestrians, drivers, and commuters. And some governments are using these systems to make public spaces more accessible for people with disabilities. These initiatives will probably give rise to further improvements.

Adapted from: https://www.voanews.com/a/east-asia-pacific_new-smart-tech-helps-visually-impaired-south-koreans-increase-mobility/6206479.html. Accessed on December 8, 2022.



2. Write sentences using the words given. Follow the model.

He | speak | if | his brother | not be | illiterate | his whole life
He spoke as if his brother hadn't been illiterate his whole life.

a. She | look | though | she | meet | him | before

b. They | act | if | nothing | happen

c. She | behave | though | she | prove | innocence

d. You | seem | if | you | devise | revolutionary methodology

3. Complete the sentences about someone you know.

a. The fact that _____ never displays inadequate behavior makes me feel _____.

b. _____'s inspiring words always help me _____.

c. _____ is a very capable person when it comes to _____.

d. _____'s self-confidence makes him/her achieve _____.

e. _____ puts his/her heart and soul in _____.

f. _____ has proved to be _____.

1. Read the text and sum it up.**What Is It That Separates Our Thought Patterns from Our Ancestors?**

In general, our brains aren't that far removed from our ancestors' counterparts 40,000 years ago. But the specific ways our brains behave are widely different and that's because of how and when we take in information. And it's not just on a multi-millennial scale. The brains of young people now have a different arrangement of synapses to that of their parents because of the comparatively massive amounts of time spent looking at the phone and computer screens.

Some like to point out how children have a reduced memory capacity compared to previous generations as a result. But some futurists see it as a move toward external brains. And it doesn't seem a far-fetched situation to them. It's a bit like storing photos on the cloud, or how I can't remember what I meant to be saying because it's on the iPad in front of me instead. But in any case, it suggests that brain behavior is going to evolve to catch up with cutting-edge technology and both will change concurrently.

Adapted from: <https://app.boclips.com/videos/5c54da3ed8eafeecae2243b4>. Accessed on December 19, 2022.



2. What's your opinion?

a. What are the most valued personality traits these days?

b. In your opinion, what sounds a little unnatural about recent human evolution?

c. What are some things in sci-fi movies that seem far-fetched in your opinion?

d. What is it that still remains beyond the understanding of human beings?

3. Choose the correct words to complete the sentences.

a. A _____ is a difficulty you have to deal with before achieving something.

- hurdle
 trait

b. A _____ is a change in the genetic structure of an animal or plant.

- trait
 mutation

c. Cutting-edge technology is _____.

- obsolete
 innovative or pioneering

d. A grim face usually demonstrates _____.

- unhappiness or seriousness
 pity or kindness

1. Read the text and find the sentence that disproves a belief.**Euronews Debates: Can Europe bring health care back from the brink?**

Martin Smatana, Associate Fellow for the Health and Economic Growth Program, GLOBSEC, said his concern when it comes to the biggest critique of the EU's response is that the health union "should have been more ambitious, and go into other areas that we know are going to cause problems," which he said was first and foremost a shortage of doctors, nurses, and other health care workers.



What the panel agreed on was that the issue of human resources was something that must be prioritized.

"We all believe in digital, but it's human resources, the training, the culture, the incentives, the regulation, it's not just pouring money into new digital tools, gadgets, and provisions," said Josep Figueras, the director of the European Observatory on Health Systems and Policies.

"There is a major concern. What we should do is use these resources very wisely and in particular with the health workforce," he added, pointing out that when it comes to mental health, as many as 50 percent of the workforce in some health systems are suffering from PTSD and stress.

"So one of the silver linings is actually realizing finally the need to support the health workforce. Now we must do it, or we are really in trouble."

Cyrus Engerer was in agreement about the risk facing human resourcing in health care. "Everything is interlinked," he said.

"We mentioned the workforce. But the fact is that the EU is losing out on talent because, when it comes to getting more nurses, doctors, health care professionals, we have a system that is blocking these people from coming to the EU, and what are they doing instead, they're going to the United States, to the U.K., they're going to Australia, Canada, and Japan."

Adapted from: <https://www.euronews.com/2022/11/04/euronews-debates-can-europe-bring-healthcare-back-from-the-brink>. Accessed on December 19, 2022.

- a.** One of the advantages of living in the EU is the excellence offered by the health care system.

- b.** Josep Figueras believes that massive investment in technology will solve most health system problems.

2. Answer the questions. Follow the model.

- *What should we do?*
- ***What we should do is check the doctor's availability beforehand.***

a. Why do you always ask the same question?

b. What happened to the EU health care system?

c. What will you do now?

d. What did you do in the end?

3. Choose the correct answer.

- a. When you say that you **provide / confront** someone with something, it means that you give them what they need or want.
- b. A **concern / commodity** is anything that can be bought or sold. Some examples of it are copper and coffee.
- c. **Availability / A request** is a polite or formal demand for something.
- d. The **downside / provision** is a negative aspect of something.
- e. When you deal with something very difficult or unpleasant in a brave and determined way, you **confront / provide** it.
- f. When something **stands / lives** up to the hype, it means that it meets the high expectations people had about it.

1. Read the text and complete it with the words from the box.

anxiety | medication | memories | pave the way | recalling |
should | successful | techniques | vital | vivid

Recurring Nightmares? Scientists Have Found a Way to Rid You of Them

Sleeping might be as far from resting as you can imagine when you're trapped in a nightmare, especially the kind that keeps coming back to haunt you night after night. It's much worse than the occasional dreams of falling, being naked in public, being chased, looking for a toilet, and losing teeth that a wide majority of people experience during their lives. Those suffering from nightmare disorder have their nights disrupted by _____, terrible dreams, which fill them up with so much fear and _____, they are deprived of sleep and rest, which are _____ for good physical and mental health.

While this condition is normally treated with stress reduction _____ such as practicing yoga or meditation and in the most severe cases with psychotherapy, and even

_____ (when someone is suffering from post-traumatic stress disorder or PTSD, for instance), scientists have just found a treatment that might finally put an end to recurring nightmares.

In a new report published on October 27 in Current Biology, neuroscientists asked 36 patients suffering from recurring nightmares to practice image rehearsal therapy, or IRT, a technique used in cognitive-behavioral psychology which sees people _____ their nightmares only to reframe the negative _____ of nightmares to give them a positive spin.

Rehearsing this affirmative dream scenario during the day has been proven to reduce nightmares after two or three weeks of doing it, but this technique has only been _____ with 30 percent of patients. _____ neuroscientists really succeed in these experiments, they will _____ for more advances in this area.



Adapted from: <https://www.euronews.com/next/2022/10/28/recurring-nightmares-scientists-have-found-a-way-to-rid-you-of-them>. Accessed on December 19, 2022.

2. Complete the sentences about someone you know.

- a. _____ has succeeded in _____
_____.
- b. _____ sometimes uses provocative words to _____
_____.
- c. I think _____'s opinion about using people as guinea pigs in an experiment
_____.
- d. _____ has long-term goals for _____
_____.
- e. Little _____ know about _____
_____.
- f. Only recently did _____ realize that _____
_____.

3. Rewrite the sentences using the words in parentheses.

- a. You should never try and recall bad memories. (**Under no circumstances**)

- b. I didn't know a lot about their long-term plans. (**Little did I**)

- c. If you keep focused on your task, you will succeed. (**Should**)

- d. You won't finish it in time unless you start now. (**Only if**)

1. Read the text and complete it with the words from the box.

displaced | employ | idle | living | niche | refugees |
startup | strategy | thrive | untapped

**Nigerian Refugees _____ in
“Opportunity Villages”**

The West African country of Niger hosts more than 303,000 refugees and asylum-seekers, most fleeing violence from neighboring Nigeria.

In the southern Maradi region, the U.N.’s refugee agency (UNHCR) and aid group Save the Children have set up camps to help refugees stay safe from the border while also easing the burden on their host community. One of three camps the U.N.’s refugee agency set up in Niger’s Maradi region since 2019 is known as an “opportunity village.” Refugees at these camps, the first of their kind in Niger, have been _____

to a location further from the border, for their safety, and both the refugees and the local population receive aid. The _____ of giving aid

to locals is to reduce their burden from the refugee population and ease any tensions that might otherwise arise from competing for resources. Refugee women are also given small grants to set up shops so they can take care of their families. Safe in the camp since 2019, Ali, one of the refugees, used a grant to set up a _____, a store selling vegetables, salt, and cooking oil.

Aid groups hope _____ in the so-called Opportunity Villages will eventually become self-sufficient.

But some of the refugee women say they are unable to grow their businesses and _____ other people because there is not enough demand for their services in the camp.

Forty-year-old Nigerian mother of six Jameela Salifou makes a _____ mending clothes with a sewing machine. This _____ she found inside the camp was _____.

Salifou said sometimes they make enough money to buy cassava flour, but it is not every day that they have customers. They are proud of their business because this is how they survive, though. Salifou said if she earns something, she can use it not only to buy food but also to protect the dignity of her family. The business also prevents them from staying _____.



Adapted from: <https://www.voanews.com/a/nigerian-refugees-in-niger-thrive-in-opportunity-villages-/6625531.html>. Accessed on December 19, 2022.

2. Choose the correct option to complete the sentences.

a. We call an _____ someone who starts a new business in order to make money, especially when this involves seeing a new opportunity.

entrepreneur

idle person

b. _____ is practical, reasonable, and direct, also in their way of dealing with people.

An idle person

A down-to-earth person

c. A _____ is an opportunity for a business or businessperson to offer a product or service to a particular group of people or to other businesses.

niche

strategy

d. We say that something is _____ when it is designed to be useful and practical rather than beautiful or attractive.

untapped

functional

3. Choose the correct option.

a. I strongly believe that I would be **thriving / thrived** if I had invested in this niche as you advised me.

b. If I had **using / used** a different strategy at first, we would have won both the game and the competition.

c. We would be **employing / employed** more people in our company today if our business had thrived.

d. **Will / Would** you have gotten down to business if you had had the chance?

e. **Will / Would** you look for another job if you feel displaced?

f. I know Samantha decided not to start her business anymore, but would she be **made / making** a profit if she had opened a specialty store?

1. Read and match the meanings.

We currently live in a society where the mentality is that if you fail once, you don't get a second chance, and I really don't think that's practical. But can we stand around and do nothing? I don't think so. We have to give people a second chance, end of story.

What would be a better way to handle that? Should I simply have allowed my partner to hire someone to run our business without knowing what they are capable of? We have to keep our eye on the ball, my friend.

So you're saying this is not a promising niche? How should I know? All I heard about it was that it was attracting a lot of investments.

This venture is a safe bet. We should invest at least some money in it. Besides, your brother is a partner and he would like to count on us to help it grow. It's not much to ask, is it?

- a. Can we stand around and do nothing?
- b. What would be a better way to handle that?
- c. How should I know?
- d. It's not much to ask, is it?

- This is a request for a small favor.
- I expect some action to be taken.
- I think I have dealt with the situation in the best way possible.
- I can't be expected to have this information.



2. What's your opinion?

a. Are angel investors a good way to raise money to start a business? Why or why not?

b. What's a safe bet regarding investments in your country?

c. Do you see failure as an opportunity for growth? Why or why not?

d. Should a friend's company face financial problems, what could be good advice to give them?

3. Complete the sentences about someone you know.

a. _____ hasn't failed in his/her attempt to _____

b. _____ uses elusive arguments when discussing _____

c. _____'s charisma has made him/her _____

d. _____ has lived on handouts from the state since _____

e. _____ keeps his/her eye on the ball _____

f. _____ would benefit from looking for an investor to _____

1. Read the text and sum it up.**With a New Administration, American Comedy Group Creates New Jokes**

"I am the most presidential person you will ever see," says a man in a dark suit and red tie, sounding much like an American ex-president in his arrogance and bossiness. He's sporting the president's characteristic hairdo, resembling the teased bouffant style popular in the 1960s.

These are the *Capitol Steps*, a Washington political satire comedy group, which for 35 years has been poking fun at political leaders, including the most recent past presidents. And now, with a new chief executive in town, the group has created fresh skits and songs for their performances, which are held mostly in Washington.

"We take an existing song and put new words to it," explains Elaina Newport, a founding member of the group, who helps write the material. "We'll try to have a good pun and find something that makes fun of the politician."

The political humor found a receptive audience. "I think that we just need to sit back and laugh about it every now and then," says Mary Tomei, a high school student from New York. "A little more irreverence would do the country good. It helps to laugh at yourself," agrees Bob McCunney from Boston.

Besides giving audiences a good laugh, Newport hopes the *Capitol Steps* can help ease squabbles in a very politically divided America. "I think political satire can make us all relax and forget nerve-racking situations. And even if you disagree with the person sitting next to you at the show, you can laugh at the same jokes."

Adapted from: <https://www.voanews.com/a/new-administration-comedy-group-creates-new-jokes/3750215.html>. Accessed on December 19, 2022.



2. Choose the correct meaning of the words in bold to complete the sentences.

- a. If you **try to twist somebody's arm**, you try to _____.
 persuade them to do something they are reluctant to do
 deceive them
- b. When something happens **by default**, it happens _____.
 to bring someone undesirable or unexpected consequences
 because of the absence of any alternative outcome
- c. If you **underestimate** something, you think that it is _____.
 smaller, cheaper, or easier than it really is
 bigger, more expensive, or more difficult than it really is
- d. A **squabble** is _____.
 an argument about something unimportant
 an agreement about something

3. Complete the interview.

Interviewer

You are one of the most powerful leaders in this enterprise today, and you have earned the trust of a lot of people in it. Tell us, do you think people are born to be leaders?

Interviewee

Interviewer

You are also known as a person who takes the bull by the horns. Tell us, is this really true about you? What words exactly would you use to define yourself?

Interviewee

1. Read the text and complete it with the words from the box.

biased | biases | break | deal | likely | obstacle |
react | shortcuts | vulnerable | welcome

Each and every one of us wakes up in the morning _____, often toward early mornings or late nights, conservatism or liberalism, reading the news or watching it on TV. Our life's worth of experiences shape us to prefer, understand, and believe certain things when we are confronted with an avalanche of information that is difficult to wade through. It's just easier cognitively and emotionally to only _____ with things we already like. This means that if we are presented with a message that aligns with or confirms our _____, we are likely to believe it. On the other hand, if that message opposes our biases, we are _____ to think it's false. It also means that if you and I both experience the same media, we could take away completely different meanings and _____ differently to it.

Social media presents an extra _____. Sometimes when we are busy or not really concerned about hunting down the right information, we become _____ to accepting whatever answer is laid out in front of us. When something is complex or difficult to understand, and the media turns it into a familiar narrative for us, we _____ it with wide open arms even if it's false. To sum up, our brains are prone to taking _____ and filling in the blanks of a media story whenever and however they can. What's worse, publishers, advertisers, and tech companies know all of these tricks too. They use them against us all the time to hold or steal our attention. If you've absolutely never fallen prey to fake news or some other kind of misinformation, well, congratulations. But for the rest of us, it's not always easy to spot our brain's thought patterns at work, let alone _____ them.

Adapted from: <https://app.boclips.com/videos/60521d8b7b4133789eeb9c6a>. Accessed on January 4, 2023.

2. Complete the interview.

Interviewer

Journalists should be considered a reference point for impartiality, but many are accused of being biased in favor of their own interests. There was recently a case involving one of your articles, when you were accused of being too influenced by your own schema. What was your reaction to this?

Interviewee

Interviewer

So, you are saying that you were a victim of fake news, right? Do you believe that professionals like you are more vulnerable to this type of news?

Interviewee

3. Rewrite the sentences using the words in parentheses.

- a. People say there is no shortcut to success. (**It's believed**)

- b. People say influencers are reference points for the new generation. (**It's said**)

- c. People believe that poor children are more vulnerable to school dropouts. (**It's believed**)

- d. People say that they buy things on impulse when they are anxious. (**It's said**)

1. Read the text and sum it up.**Mexico's Day of the Dead Is a Celebration of Life**

The Day of the Dead is an iconic celebration when people remember and honor their dearly departed, but with celebration — not sorrow.

Marigolds decorate the streets as music blares from speakers. Adults and children alike dress as skeletons and take photos, capturing the annual joy-filled festivities.

No one knows when the first observance took place, but it is rooted in agriculture-related beliefs from Mexico's pre-Hispanic era. Catholic traditions were incorporated into the celebration after the Spanish conquest in 1521.

Typically, it is an intimate family tradition observed with home altars and visits to local cemeteries to decorate graves with flowers and sugar skulls. People bring their deceased loved ones' favorite food and hire musicians to perform their favorite songs.

But what was a quintessential representation of Mexican culture has been suffering from the influence of American Halloween. Elements from American culture carry a new meaning in the context of the original meaning of the festival.

Adapted from: <https://www.voanews.com/a/mexico-s-day-of-the-dead-is-a-celebration-of-life/6812347.html>. Accessed on January 6, 2023.



2. What's your opinion?

a. What's the epicenter of culture in your country?

b. What makes a song become a hit?

c. Who is an iconic representative of your culture?

d. What's a valuable tradable product?

3. Choose the correct words to complete the sentences.

a. According to last night's broadcast on Channel 4, the city is said to be the _____ of the conflicts.

- epicenter
 border

b. Howard, as I told you before coming by your house, you don't need to read it attentively. Just give it a _____.

- rise
 glance

c. After watching the latest news, I came to the conclusion that the tension at the border seems to have _____ after the UN intervention.

- shifted
 diminished

d. Although I like it, rock is not my _____. I prefer pop music.

- hit
 jam

1. Read and match the meanings.

No way! Of all the arts, it is undeniably clear that poetry is the most inaccessible. Understanding a poem often demands attention and commitment from the reader or listener, something which art forms such as films, novels, and music do not.

I can't stand novels with endless cliffhangers either. The majority of them no longer suit readers' habits. They need to be shorter and more exciting to entice the reader to read on and on.

You think that protest songs date back to the 1960s, with artists like Bob Dylan and Woody Guthrie, but as far as I understand, these songs have been around for way longer than that. People have been singing about social problems for centuries.

It is believed that novels allow us to create pictures for ourselves, but films give us images directly. They have many tricks at their fingertips to ensure a maximum effect in a way that the novel doesn't.

- a. undeniably clear
- b. the majority of...
- c. as far as I understand
- d. It is believed that...

- to talk about the greater number
- a formal way to report other people's ideas, thoughts, and opinions
- to express "to the extent I'm aware of"
- to emphasize that something is plainly true, incontestable



2. Choose the correct meaning of the words in bold to complete the sentences.

- a. If you have information **at your fingertips**, it is _____.
 easily available for you to use, access, or reach
 difficult for you to understand its meaning
- b. A **hard-hitting** comment is made in order to _____.
 praise someone for something
 criticize someone or something in a strong and effective way
- c. **Off-the-books** payments or receipts are _____.
 not recorded in account books or reported as taxable income
 recorded in account books or reported as taxable income
- d. A **trick** is a skillful set of actions that _____.
 seems like magic, done to entertain people
 is done in order to scare people

3. Complete the sentences about a book, movie, or series you know.

- a. _____ is undeniably the best _____ of all time.

- b. _____, with its never-ending cliffhangers, _____.

- c. _____ still permeates my mind because _____.

- d. The sequel of _____ is considered to be _____.

- e. Personally, I believe that the soundtrack of _____ will resonate _____.

- f. _____ has the best tricks _____.

1. Read the text and complete it with the words from the box.

audiences | battle | channels | demand | entertainment | exclusively | industry | popularity | streaming | wherever

**Disney™ is excited about debuting its films in cinemas first**

Disney™ announced on Friday that all of its films slated for release by the end of the year will be

_____ screened in cinemas first, bringing relief to theaters anxious to reconnect with

_____ after the coronavirus pandemic devastated their _____.

The animated film *Encanto* will be released on the big screen on November 24th and will not appear on Disney™'s on-_____ video platform until December 24th, the company said in a statement.

The decision was eagerly awaited by traditional cinemas after the _____ giant recently chose to release a series of big productions such as *Black Widow*, *Jungle Cruise*, and *Cruella* on its Disney+™ platform, diverting part of their revenue.

Black Widow actor Scarlett Johansson has started a court _____ against Disney™, accusing the company of breach of contract and costing her millions of dollars in box office revenue after it released the film on its video platform.

Two years ago, Disney™ was producing content for both theaters and television _____, but it now has direct access to its audience via _____, a trend whose _____ has increased during the pandemic.

In mid-August, Disney™ boss Bob Chapek said he favored “flexibility” and the ability to “follow the consumer _____ he goes.”

Adapted from: <https://www.voanews.com/a/6222450.html>. Accessed on January 12, 2023.

2. What's your opinion?

a. Who do you think will win the battle between streaming services and movie theaters? Why?

b. What has made the popularity of streaming services hit a record high?

c. What do you think is a good combination of entertainment and technology for kids?

d. What could be a good franchise sector to invest in?

3. Choose the correct words to complete the sentences.

a. You hit the nail on the _____ when you decided to invest in kids' entertainment.

- head
 neck

b. All I can say is that I truly love all my nephews and nieces, but Mark is the _____ of my eye.

- peach
 apple

c. _____ high demand, we decided to increase our production.

- To face
 Facing

d. Last night I read an article that claimed the streaming industry has _____ after the pandemic.

- strengthened
 surged

1. Read the text and sum it up.**Pop Quiz: Who Makes Money When You Stream A Song Online?**

There's going to be more and more revenue attached to streaming, and the number of streaming users is supposed to triple in the next five to ten years. That sounds like a lot of money for the music industry as a whole, but how much money are artists making, especially in comparison to the older days of album sales?

That is where the frustrations begin.

Previously, if you bought a record or a CD or if you downloaded a song that was a one-time purchase, the artist got paid a big or relatively larger lump sum payment all at once. What happens with streaming, though, is it's paid out every time you play the music, so for smaller artists, there isn't a big initial lump sum payment. It's more of an annuity where they get paid over time.

Artists could see larger payouts over the long run than they would with traditional album sales, but that can still be frustrating for newer, smaller musicians because they won't see that money right away. For now, a significant number of people aren't being paid for music at all.

Adapted from: <https://app.boclips.com/videos/62736aa7039cc14dae4233ff>. Accessed on January 12, 2023.



2. Choose the correct answer.

- a. He was on the point **of / for** quitting his artistic career.
- b. His **frustrating / lump sum** career was the main cause of his depression.
- c. At that time, I was **on / about** the point of receiving a payout.
- d. There isn't an initial lump sum **payment / payback**.
- e. Protestors who **streamed / disrupted** the politician's speech ended up being arrested.
- f. Her album is on the point of **being / been** released by one of the best record labels.

3. Rewrite the sentences using the words in parentheses.

- a. I'd rather receive a single payment at the end of the job. (**lump sum**)

- b. I would need to examine this contract in detail. (**dive deep into**)

- c. I'm about to give up fighting for the royalty payment. (**I'm on the point of**)

- d. Is this a joke? Is the concert on the point of being canceled? (**Are you kidding me?**)

- e. I wrote the song, and the band took all the credit. (**stole my thunder**)

1. Read and match the meanings.

I strongly reject this idea. Returning to this subject, we will remind him of a terrible situation that has taken him years to admit to. One's past should never be forgotten or ignored.

On the contrary, in my opinion, if someone enjoys chick flicks, it means that they have a romantic side, and showing it to other people is inevitable. They will do it at some point.

Absolutely! When we contemplate nature, we feel more relaxed and energized to face the inevitable everyday challenges. It's as if we accepted our thoughts, emotions, and sensations with gentle detachment.

I wonder whether that's the case. From my point of view, she's a little obsessed with the idea of finding her old school friend. There are no clues to where he might be. It will be like finding a needle in a haystack.

a. One's past

a situation you can't avoid

b. something inevitable

when we consider something carefully

c. when we contemplate

somebody's past in general

d. I wonder whether that's the case

used for very polite disagreement



2. Complete the sentences about someone you know.

- a. _____ likes to contemplate _____
_____.
- b. _____ is desolate because _____
_____.
- c. _____ is obsessed with _____
_____.
- d. _____ had a gruesome experience _____
_____.
- e. _____ is very good at _____
_____, and I don't think he/she will ever lose his/her touch.
- f. _____ rejects the idea of _____
_____.

3. Choose the correct meaning of the words in bold to complete the sentences.

- a. A **chick flick** is a _____.
 romantic film intended to appeal to women
 film intended to appeal to children
- b. A **downbeat** movie is _____.
 sad and depressing
 funny and exciting
- c. An **uplifting** song or movie _____.
 makes people feel better
 makes people feel desolate
- d. When we say that a person is **obsessed** with something, it means that he/she is
_____.
 able to stop thinking about it whenever they want
 unable to stop thinking about it

1. Read the text and complete it with the words from the box.

benefit | capability | compelling | depicted | electronics |
emerging | futuristic | hooked | industry | technology

**How Does Science Fiction Influence the Real World?**

There is a wide gap between the virtual worlds shown in *Ready Player One*, by Steven Spielberg, a movie that explores an _____ technology, virtual reality. The film imagines a future where overpopulation, pollution, and climate change have forced most people to live in sprawling, slum-like cities. Young people escape the desolation by living much of their lives in virtual reality. The _____ of current VR technology, the idea that young people can get _____ on virtual fantasies, is a long-standing concern. To be _____, science fiction has to be convincing, so writers and film directors enlist the help of designers and engineers. Syd Mead designed the look of some of Hollywood's most seminal sci-fi films, including *Blade Runner*, *Star Trek - The Motion Picture*, and *Aliens*. In the real world, he has designed cars for Ford™ and _____ for Philips™. "Because I'm a trained designer, I can imagine how things might be made. People always say that my stuff looks real even though it's _____," he says.

Science fiction introduces people to real-world scenes and _____. Some fans develop a lifelong passion. The tech _____ is led by sci-fi nerds who are creating the things they read about or saw on the screen. We all stand to _____ from their creations, provided that they can avoid the ethical pitfalls _____ in science fiction.

Adapted from: <https://app.boclips.com/videos/5c54d7aed8eafeecae20dd9b>. Accessed on January 16, 2023.

2. What's your opinion?

a. What companies or entrepreneurs broke new ground for great discoveries in the past?

b. What general characteristics do people who inspire us usually have?

c. Why do people tend to misuse what they don't pay for?

d. What are the implications of global warming?

3. Choose the correct option to complete the sentences.

a. When I got there, I noticed that the scenario was so devastating that it looked like
a/an _____.

- dystopia
 implication

b. The plot of the movie we watched last weekend was so _____ that it was
impossible not to get hooked on it.

- uninteresting
 compelling

c. Big cities tend to be _____ as cold and heartless places.

- inspired
 depicted

d. Tell me, Anastasia, what was the _____ of hiding the truth about the TV show
from the kids?

- purpose
 capability

1. Read the text and sum it up.**Older Women Are the Fresh Faces of South Korean Influencers**

The freshest faces among South Korean influencers are no longer the usual 20-something celebrities. Instead, entertainment and social media are focusing on a new generation: the elder one. Older women were once invisible in South Korean entertainment as the industry stuck to rigidly conservative devoted mothers. But older women have played a significant role in recent advertising and entertainment series.

A pioneer in the trend is Oscar winner Youn Yuh-Jung, the 74-year-old "Minari" actor who endorsed Oriental Brewery™ beer and the Zig Zag™ shopping app in two recent ad campaigns.

Park Makrye, a popular South Korean YouTuber, said that people's attitude towards gender and age has been rapidly changing worldwide.

"Back in the day, people thought women were supposed to be only housewives cooking at home, but that's once upon a time. Older women often don't want to be the big fish in a small pond. They want to broaden their horizons and people must adapt to the current era," she said. Park's engagement in this cause has paved the way for others. Jang Myung-sook gives out fashion and lifestyle tips on her channel and shares personal stories about living through the Japanese colonization, and a 76-year-old YouTuber flaunts her single life on G-gourmet. "I would like to tell grandmothers to try everything they want to do and not be concerned with their age," Park told *The Associated Press*.

Adapted from: https://www.voanews.com/a/east-asia-pacific_older-women-are-fresh-faces-south-korean-influencers/6207652.html. Accessed on January 16, 2023.



2. Rewrite the sentences using the words in parentheses. Follow the model.

- If a celebrity endorses this product, it will be a bestseller. (**endorsed**)
- **Endorsed by a celebrity, this product will be a bestseller.**

a. If they use the correct formula, they will reach the expected result. (**using**)

b. If they advertise their brand to the target market, it will bring a fast profit return. (**advertised**)

c. If she becomes famous, she will start advertising beauty products. (**becoming**)

d. If you succeed in helping to develop this challenging project, you will receive a good commission. (**succeeding**)

3. Choose the correct meaning of the words in bold to complete the sentences.

a. A **gateway** _____.

- gives a person the opportunity to make progress in some way
 prevents a person from being successful or making progress

b. **Endorsement** is a statement made by a famous person _____.

disapproving a particular product or service
 saying that they like and use a particular product

c. A **commission** is an extra amount of money paid to a person _____.

according to the value of the goods they have sold
 as a reward for their services

d. If somebody **intends** to do something, _____.

- they have something in their mind as a plan or purpose
 they refuse to do something or do it without really wanting to

1. Read and match the meanings.

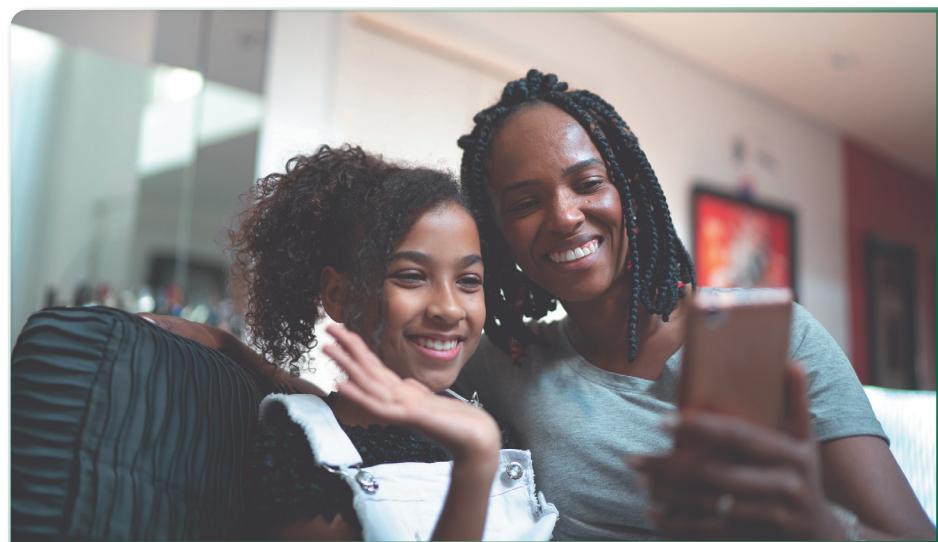
Perhaps you have a point here, Joe. Although my life hasn't been a bed of roses, I have a lot to be thankful for. I should focus on the positive things and be patient with the ones that can't be changed at the touch of a button.

I would say the opposite. More and more labor-saving devices will be invented soon and it will help you save money as well. They are expensive, but don't forget that time is money. You will end up having more time to spend the way you want.

Most of the people surveyed said that they believe distraction may be caused by mental health issues, but being distracted doesn't mean that someone lacks commitment.

Although I have a different opinion on the subject, I will side with you on one point. Most families remain as close as they were decades ago, aided by technology and greater flexibility in working patterns.

- | | |
|---------------------------|--|
| a. Perhaps | <input type="checkbox"/> those whose opinions were asked |
| b. More and more | <input type="checkbox"/> another option for <i>maybe</i> |
| c. people surveyed | <input type="checkbox"/> to say that someone was helped or given support |
| d. aided by | <input type="checkbox"/> increasingly |



2. Choose the correct answer.

- a. **Since / Despite** we are free today, let's enjoy the day with our kids.
- b. His performance in the movie was just **the best / average**. I don't think he will win the Oscar.
- c. **Steadiness / Striking** of mind is required for those who pursue this career.
- d. Labor-saving devices can **interact / liberate** parents to spend more time with their children.
- e. A new approach to children's education is **required / liberated**.
- f. There's a **striking / steadiness** contrast between what you say and what you do.

3. Complete the interview.

Interviewer

You have a heavy workload, and are constantly traveling on business, right?
How did you adapt your routine to spend time with your family?

Interviewee

Interviewer

Some people believe families are not as close as they used to be, and this is partially due to the fact that people have been too involved with technology, leaving family relationships aside. What's your opinion about it?

Interviewee

1. Read the text and complete it with the words from the box.

ability | compare | concept | disregarded | early |
effective | openness | sibling | skepticism | spoiled

**Does Birth Order Affect Your Personality?**

In two huge studies published in 2015, scientists were able to _____ tons of different kids across lots of different families. One of the studies looked at almost 400,000 U.S. high school students, and the other included over 20,000 students from the United States, U.K., and Germany. The one difference they found, and if you are an older _____ I expect you to hold this over your younger siblings, was a small variation in intellect, which is considered one of the sub-traits of _____ in the big five. Siblings born first tend to have a slightly higher IQ than siblings born later. We're talking about just a couple of points. It could come from firstborn kids getting a little bit more direct attention from their parents at an _____ age, but as mentioned before here on *SciShowPsych*, IQ is just one way to measure learning _____. It's only one part of the complex _____ of intelligence as it can be affected by a lot of different things, like how motivated you are to do well on the test. And other studies looking at big sets of data haven't been able to present a birth order on IQ in an _____ way. Most psychologists treat birth order theory with a healthy _____ these days, although it hasn't been totally _____. Birth order might be an appealing way to explain differences in the behavior of siblings, but when we look across large groups of families, the effects aren't there. You might know individual people who fit the stereotype of an oldest sibling who's more responsible or a youngest who seems _____. But there are also plenty of responsible youngest children or oldest children who act like total brats.

Adapted from: <https://app.boclips.com/videos/5c54d6eed8eafeecae2079a9>. Accessed on January 16, 2023.

2. Complete the sentences about someone you know.

- a. If _____ had been spoiled by his/her parents, _____
_____.
- b. _____ is the most competitive person _____.
_____.
- c. _____ is the youngest sibling of his/her family, so _____.
_____.
- d. _____ was a rebel when he/she was a child, but _____.
_____.
- e. _____'s taste for _____ runs in his/her blood.
_____.
- f. _____ is the most free-spirited _____.
_____.

3. What's your opinion?

- a. What could families do to prevent their children becoming spoiled?

- b. Should a person be competitive in order to succeed? Why or why not?

- c. How do typical rebels act toward society?

- d. Do you believe excessive extroversion can ever be harmful? If so, in what situations? If not, justify your opinion.

1. Read and match the meanings.

I won't contradict you, not only because I know which side my bread is buttered on, but also because you are right when you say that a multigenerational workforce can make our company more responsive and attractive to customers of all ages.

I would like to add that it won't happen. I believe that by the end of the decade, we will have a multigenerational workforce.

By the time you realize how important it is to show customers what we're here for, it may be too late. This is the zero hour. Otherwise, we will have problems with our customers.

I agree with that, but I would like to highlight that although this is a digitally native generation, we can't forget that playing and interacting with friends is essential for kids' development.

- | | |
|--|---|
| a. I won't contradict you | <input type="checkbox"/> to bring new information into the conversation |
| b. I would like to add that | <input type="checkbox"/> to emphasize a particular piece of information |
| c. By the time you realize | <input type="checkbox"/> when you become fully aware of |
| d. I would like to highlight that | <input type="checkbox"/> to show partial disagreement |



2. Choose the correct words to complete the sentences.

a. We call _____ someone that has the same job as someone else but works in a different place.

- a counterpart
- a mismatch

b. _____ is a sudden, clear, and often deep understanding of a complicated problem or situation.

- An insight
- A reflection

c. _____ is something that controls you by limiting or restricting your freedom to do what you would like to.

- An allowance
- A constraint

d. We call _____ a combination of things that are not suitable for each other, or a failure to correspond.

- a mismatch
- a match

3. Describe a digital native using the words from the box.

age | digital | familiar | Internet | to bring up | young

1. Read the text and sum it up.**Messy Room, Messy Brain?**

Nobody does messy rooms quite like teenagers. So are the majority of teenagers misunderstood future creative geniuses? Well, it may just be that teen brains haven't quite got there yet cognitively – when it comes to sticking to a clean-up routine. Things like controlling impulsiveness, seeing things from other people's points of view, and understanding consequences, all take time to be learned. However, one concern is that there's a darker warning lurking behind the pile of clothes on the floor. That messy room might not be a sign of expressing independence or a lack of cognitive skills, but a fundamental indication that the person who owns the bits and pieces in a mess lacks self-control. Why bother with something so trivial? Well, self-control has been shown to be one of the best predictors of future success time and time again. Ultimately, the only way to judge the effectiveness of your messy creativity is to go out and experiment for yourself. So, go ahead, make it rain with all your important files and paperwork, and have fun! See what you come up with afterward.

Adapted from: Gold Experience 2nd Edition, SB, Unit 7: Mind and Body, page 93.

2. Complete the interview.

Interviewer

In some of your interviews, you mentioned that your workplace, your art studio, looks like a battlefield. Do you believe that being messy is a characteristic of artists in general?

Interviewee

Interviewer

How do you think all this mess you told us about may interfere with the effectiveness of your work as an artist?

Interviewee

3. Choose the correct meaning of the words in bold to complete the sentences.

a. A **predictor** of something _____.

- is an indicator that there is a great probability of a failure
 gives you an idea of what will happen in the future

b. If a person often makes a **tempest in a teapot**, _____.

- any small event can get them into great excitement or trouble
 they are able to feel relaxed no matter the problem

c. If you have **bits and pieces** on your table, it means that _____.

- it is covered with small items
 it is clean and very well organized

d. If something was **misplaced**, _____.

- it was put in the correct place
 it was put in the wrong place