



Sacred

SPACES

with **Evia & Vitorio**

Level 1

World Within A World

JAN 10 - FEB 7, 2026

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Creating A World Within A World

"Everything in the Universe is within you. Ask all from yourself."

- Rumi

Sacred Spaces have been created and used since the beginning of civilization as a meeting place for human interactions with the divine.

Gods might change, practices might differ, but the main elements of a sacred space as “the portal between the worlds”, stay the same. The Ritual within a Sacred Space is composed of very specific elements and activated in certain order with the aim of creating a frequency match between the physical dimension and the invisible realms.

These days, creating & maintaining a Sacred Space has become a very accessible practice, very much needed in our everyday life to help us gather and amplify energy for any activity, project or event.



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Elements Of The Course

In order to master the art of creating worlds within worlds we will address following aspects:

- What are the qualities and **ELEMENTS** of this space "in-between"?
- Do you need **SPECIAL ABILITIES** or skills to be able to create such a space?
- **WHAT** and **WHO** is invited in your sacred space?
- Can it be created **ANYTIME**, **ANYWHERE** and for **ANY** duration?

These and many other questions will be addressed in this very practical, hands-on, 5-week journey, to learn how to create with no hesitation a safe, sacred space - anytime, anywhere for any purpose.

WEEK #1

Sacred Space Within

It all starts at the micro level - inside of our sacred hearts there is an altar. Already there for you! During the session and personal practice time you will be guided to discover that place, inhabit, enhance and strengthen your own inner temple!

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WEEK #2

Sacred Space In Your Home

As an extension of yourself, your home is a place that can host the "meeting point" of connection between you and your guides, divinities and other spirit beings. We will learn:

- The physical elements of an altar;
- How to make it compatible with your particular divinity;
- How to make it "travel" with you or hold space for you while you're outside;
- How to collect and direct energy through your altar.

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WEEK #3

Sacred Space For Others

It is possible to extend the field of harmonious and uplifting energy to any larger space where you might receive people - healing center, guesthouse, retreat space or simply your holiday place.

However, there are important aspects to consider, such as: "guest spirits", interacting with "local spirits", Adjusting the space to the purpose and people. Opening, holding and closing a temporary sacred space and collecting/ directing the energy within the space.

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WEEK #4

Sacred Space For Travelling, Groups and Retreats

What to do when the support of a stable physical place is not available? How to create a virtual sacred space where people's energies are held in safe and harmonious ways? We will learn:

- How to create a vector for a group field;
- How to avoid "recycling" participants' emotions & personal processes;
- How to hold space for any number of people without being depleted;
- How to monitor, adjust and expand this energetic structure per need.

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WEEK #5

Sacred Space Tools & Practices

Understanding the underlying principles of a sacred space gives us a number of tools for addressing any concern related to space and energy! We will learn:

- How to cleanse any physical space in fast and efficient way (beyond smudging with sage).
- How to use your personal sacred space to charge water, create health potions and infuse objects.
- How to purify daily objects and our personal field with the energy of our sacred space.
- How to navigate frequency in a less harmonious environment such as airplanes, hospitals and offices.

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BOOKING DETAILS

DATES: Sat. 10. Jan. - Sat. 7. Feb. 2026

PRICE: Empower House members: **€ 432**
Non-members: **€ 520**

INCLUDED:

- 5 Weekly on-line calls
- Weekly assignments to integrate & embody the material
- Final assignment to apply all that you learned
- Live calls are recorded and made available online. You can re-watch it anytime.

For more details, contact:

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