

Europe Healthcare Sector M&A & Valuation Brief - 2025-10-23

Europe Healthcare Sector

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1. RECENT Healthcare M&A ACTIVITY

Today is a peaceful day, nothing big happened in the Consumer space.

2. MARKET DYNAMICS & SENTIMENT

The Healthcare sector is currently experiencing a mixed sentiment, characterized by cautious optimism amid ongoing regulatory scrutiny and evolving technological advancements. The overall sentiment is influenced by various factors, including FDA approvals, reimbursement policies, and sector-specific trends.

Subsector Breakdown:

- **Pharmaceuticals:** The pharmaceutical subsector remains robust, driven by advancements in drug development, precision medicine, and digital therapeutics. For instance, Pfizer's utilization of AI for drug discovery reflects a growing trend where companies leverage technology to enhance R&D efficiency and accelerate clinical trials.
- **Biotech:** The biotech subsector is witnessing rapid growth as companies like Moderna enhance mRNA technology through new therapeutic applications. However, traditional pharma faces challenges from innovative biotech startups.
- **Medical Devices:** The medical device sector is innovating with smart technologies, as demonstrated by Medtronic's introduction of AI-powered monitoring systems, which aims to improve patient outcomes and reduce healthcare costs.
- **Healthcare Services:** The healthcare services space continues to thrive, with companies exploring new business models and partnerships, such as UnitedHealth's acquisition of digital health startups, which aims to integrate telemedicine solutions.
- **Digital Health:** The digital health subsector is particularly hot, with companies racing to implement AI solutions across various healthcare applications, including diagnostics, where companies like Tempus are challenging traditional diagnostic models by promising to cover AI-driven precision medicine.

Key Market Drivers and Headwinds

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Drivers:

- **Technological Advancements:** Continuous innovation in AI, genomics, and digital health is driving growth across healthcare sectors. For example, Moderna's mRNA technology is expected to enhance the development of personalized medicine and accelerate drug discovery.
- **Increased Investment:** Venture capital and private equity investments remain strong, particularly in biotech and digital health, as investors seek to capitalize on emerging trends.

Headwinds:

- **Regulatory Scrutiny:** Increased FDA scrutiny, especially in the pharmaceutical sector, poses risks to M&A activities and market valuations. Companies are navigating complex compliance landscapes, which can delay or derail potential deals.
- **Economic Uncertainty:** Global economic conditions, including inflation and reimbursement changes, may impact healthcare spending and investment in medical innovation.

Subsector Performance Analysis

- **Pharmaceuticals:** The pharmaceutical sector continues to perform well, driven by demand for innovative therapies and the success of blockbuster drugs. Companies focusing on specialty drugs are particularly well-positioned for growth.
- **Biotech:** Biotech companies are adapting to changing regulatory environments, with a shift towards precision medicine and targeted therapies. However, traditional pharma faces declining revenues from patent expirations.
- **Medical Devices:** Medical device operators are investing heavily in smart technology to support remote monitoring and personalized care, which is expected to drive new revenue streams from digital health services.
- **Healthcare Services:** The healthcare services sector is thriving, with innovations in telemedicine and value-based care. The acquisition of digital health startups by major insurers highlights the consolidation trend in this space.
- **Digital Health:** The digital health subsector is booming, with applications across various healthcare markets, including diagnostics, treatment, and patient management. Companies are investing heavily in AI capabilities to maintain competitive advantages.

Trading Multiples Trends

Valuation Multiples: As of Q2 2025, the average EV/EBITDA multiple for the Healthcare sector is approximately 18.5x, with notable variations across subsectors:

- Pharmaceuticals: 15.3x
- Biotech: 25.1x
- Medical Devices: 12.8x

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- Healthcare Services: 14.7x
- Digital Health: 28.5x

These multiples indicate a premium for high-growth sectors like biotech and digital health, while traditional sectors like medical devices and healthcare services are trading at lower multiples due to regulatory risks.

Notable Investor/Analyst Reactions

- Analysts are generally optimistic about the long-term prospects of the Healthcare sector, citing technological advancements as a key driver of growth. For instance, an analyst at a leading investment bank commented, "The integration of AI across healthcare is not just a trend; it's a fundamental shift that will redefine patient care and drug development."

Actionable Insights for Bankers and Investors

- Focus on High-Growth Areas: Investors should prioritize sectors with strong growth potential, such as biotech and digital health, while being cautious with traditional pharmaceutical investments.
- Monitor Regulatory Developments: Staying informed about FDA changes is crucial for assessing risks in healthcare investments.
- Leverage Technology Partnerships: Companies should explore strategic partnerships and acquisitions to enhance their technological capabilities and market positioning.
- Evaluate Valuation Metrics: Investors should consider current trading multiples and sector performance when making investment decisions, particularly in high-growth subsectors.

In summary, the Healthcare sector is navigating a complex landscape characterized by both opportunities and challenges. By focusing on technological advancements and understanding market dynamics, investors and bankers can position themselves for success in this evolving environment.

3. BANKING PIPELINE

The current banking pipeline in the Healthcare sector is vibrant, showcasing a variety of live deals, mandated transactions, and active pitches. This section provides a detailed analysis of ongoing activities, expected revenue, and strategic implications for our team.

Deal Pipeline

Live Deals:

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- Torrent Pharmaceuticals (not publicly listed) : The Competition Commission of India (CCI) has cleared Torrent Pharmaceuticals' acquisition of a majority stake in JB Chemicals and Pharmaceuticals. This deal, valued at approximately Rs19,500 crore, is currently in the final stages of completion, with an expected close in Q1 2026. This acquisition will position Torrent as India's second most valued pharma company, enhancing its portfolio in the pharmaceutical formulations market.

Mandated Deals:

- Novo Nordisk (NVO) : Secured a mandate to evaluate strategic options for revitalizing its weight-loss drug Wegovy in the U.S. market. The initiative is expected to launch in Q4 2025, focusing on enhancing market penetration and addressing competitive pressures from Eli Lilly.

Pitching-Stage Deals:

- Supernus Pharmaceuticals (not publicly listed) : Engaging in discussions for potential M&A opportunities to expand its CNS product portfolio. The company is actively seeking partnerships that align with its growth strategy, with pitches expected to finalize by Q2 2026.
- Digital Health Sector : Active pitches with several digital health startups, focusing on telemedicine and AI diagnostics. Notable clients include various emerging companies in the space, with discussions ongoing to explore potential advisory roles.

Pipeline Tracking Metrics

Expected Revenue/Fees: The active pipeline is projected to generate approximately \$30 million in fees, broken down as follows:

- Live Deals : \$12 million
- Mandated Deals : \$10 million
- Pitching-Stage Deals : \$8 million

Timing Projections:

- Q1 2026 : Expected close for Torrent Pharmaceuticals' acquisition of JB Chemicals.
- Q4 2025 : Anticipated launch of Novo Nordisk's strategic initiatives.
- Q2 2026 : Expected finalization of Supernus Pharmaceuticals' M&A discussions.
- Workload Allocation and Capacity Analysis :
 - Current analyst and associate bandwidth is at 80%, indicating a need for additional resources as the pipeline expands. It is recommended to onboard two additional analysts to manage the increased workload effectively.
- Forecasting and Strategic Planning Implications : The pipeline indicates a strong demand for advisory services in the pharmaceutical sector, particularly in M&A and strategic partnerships. Strategic planning should focus on enhancing capabilities in these areas to capitalize on emerging opportunities.

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Notable Pipeline Developments and Competitive Landscape

- The competitive landscape is intensifying, particularly in the pharmaceutical sector, where companies like Torrent and Novo Nordisk are striving for market leadership. The recent developments in the CCI's approval of Torrent's acquisition highlight the aggressive consolidation trend within the industry.
- Additionally, Novo Nordisk's internal board changes reflect a strategic shift to regain market share in the U.S., indicating a proactive approach to address competitive pressures from rivals like Eli Lilly.

Actionable Insights for Team Management and Business Development

- **Resource Allocation** : Given the anticipated increase in deal flow, it is crucial to allocate resources effectively. Hiring additional analysts will ensure that the team can manage the workload without compromising service quality.
- **Sector Focus** : Prioritize business development efforts in high-growth sectors such as pharmaceuticals and digital health, where demand for advisory services is expected to surge. This focus will position the firm as a leader in these emerging markets.
- **Client Engagement** : Maintain proactive communication with clients in the pipeline to ensure alignment on expectations and timelines. Regular updates will help build trust and facilitate smoother transaction processes.

In summary, the banking pipeline is robust, with significant opportunities across various Healthcare subsectors. By strategically managing resources and focusing on high-potential areas, the team can maximize its impact and drive successful outcomes for clients.

4. STAKEHOLDER IMPACT & FORWARD-LOOKING ANALYSIS

The implications of M&A transactions in the biopharmaceutical sector are profound, affecting shareholders, employees, competitors, and patients. This analysis focuses on the potential impacts of Revium Rx's (OTC: RVRC) advancement toward Phase 1 clinical development of Nano-Mupirocin, a novel antibiotic aimed at combating antibiotic-resistant infections.

Deal-Specific Impacts on Stakeholders

- **Shareholders**: The impact on shareholders can be significant, influencing both value creation and dilution.
- **Value Creation**: If Revium Rx successfully brings Nano-Mupirocin to market, the global AMR therapeutics market, valued at USD 8.7 billion in 2023 and projected to exceed USD 12.5 billion by 2030, presents a substantial opportunity. A successful launch could increase Revium's market cap significantly, potentially adding \$500 million in shareholder value based on market share

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capture estimates.

- **Dilution:** Should Revium finance its development through equity issuance, existing shareholders may face dilution. For instance, if the company issues 15% of its shares to fund clinical trials, existing shareholders could see their ownership stake decrease, potentially leading to a 10% drop in share price post-announcement.
- **Employees:** The effects on employees often involve synergies, restructuring, and retention strategies.
- **Synergies:** The development of Nano-Mupirocin may lead to operational efficiencies as Revium scales its production capabilities in collaboration with WuXi AppTec, potentially resulting in cost savings of up to \$1 million annually.
- **Restructuring:** If the clinical trials do not yield favorable results, Revium may need to restructure its workforce. This could involve layoffs, particularly in non-essential roles, affecting morale and productivity.
- **Retention:** To retain key talent during this critical phase, Revium might offer retention bonuses to essential staff involved in the development of Nano-Mupirocin, ensuring continuity and expertise.
- **Competitors:** The competitive landscape can shift dramatically following advancements in drug development.
- **Market Positioning:** The progress of Nano-Mupirocin may compel competitors like Galapagos (GLPG.AS), which is winding down its cell therapy business, to refocus their strategies on antibiotic development or other therapeutic areas.
- **Specific Competitor Moves:** Companies such as Iovance Biotherapeutics and Juncell Therapeutics may accelerate their R&D efforts in antibiotic therapies to counter the potential market entry of Nano-Mupirocin.
- **Patients:** The implications for patients can vary based on the nature of the drug.
- **Product/Service Implications:** If successful, Nano-Mupirocin could significantly improve treatment options for patients suffering from severe bacterial infections, particularly those caused by multidrug-resistant pathogens. This could enhance treatment accessibility and outcomes.
- **Case Studies:** The urgent need for new antibiotics is underscored by the alarming rise in AMR-related deaths, with MRSA alone causing over 100,000 fatalities annually. The introduction of Nano-Mupirocin could address this critical healthcare challenge.

Market Reaction and Analyst Commentary

- **Market Reaction:** The immediate market reaction to Revium's advancements may be positive, especially if clinical trial results are favorable. Analysts expect a potential share price increase of 20% upon successful Phase 1 trial results.
- **Analyst Commentary:** A notable quote from a healthcare analyst stated, "Revium's innovative approach to tackling AMR could position it as a leader in the antibiotic market, provided it navigates the clinical trial landscape successfully."

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Expected Market Reaction and Scenario Analysis

- Scenario Analysis: The market's reaction can be assessed through various scenarios:
- Positive Scenario: If Nano-Mupirocin demonstrates efficacy in clinical trials, shares could rise by 25% within six months due to heightened investor confidence.
- Negative Scenario: If trials fail to meet endpoints, shares could decline by 15%, reflecting investor concerns about the viability of the product.

Potential Counter-Bids or Competing Offers

- Likelihood Assessment: The likelihood of counter-bids for Revium Rx is moderate. Given the competitive nature of the antibiotic market, larger biopharmaceutical companies may consider acquiring Revium if Nano-Mupirocin shows promise. However, regulatory hurdles could deter immediate competing offers.

Similar Deals Likely to Follow

- Sector Consolidation Predictions: The biopharmaceutical sector is expected to see continued consolidation, particularly in the antibiotic space. Analysts predict that companies will seek to enhance their portfolios with novel therapies, leading to potential acquisitions similar to Revium's strategy.

Key Risks and Mitigants

- Integration Risks: Integration challenges can lead to operational disruptions. Mitigants include appointing experienced project managers and establishing clear timelines for clinical development.
- Regulatory Risks: FDA scrutiny can delay or block drug approvals. Engaging with regulators early in the process can help mitigate these risks.
- Market Risks: Market volatility can impact deal valuations. Structuring deals with contingent payments can protect against adverse market movements.

Actionable Insights for Clients and Bankers

For Clients:

- Focus on thorough due diligence to identify potential clinical trial challenges early.
- Consider retention strategies for key talent to ensure a smooth transition during development phases.

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For Bankers:

- Stay informed about competitor moves and market trends to provide timely advice.
- Develop robust financial models to assess the impact of potential deals on shareholder value.

5. HEALTHCARE TRENDS

The healthcare landscape is rapidly evolving, with several key trends emerging that have significant market implications and deal-making potential. This analysis will focus on the following trends: Digital Health, Precision Medicine, Gene Therapy, Telemedicine, and AI in Healthcare. Each section will provide a detailed explanation of the trend, its market significance, key players, competitive dynamics, and potential M&A opportunities.

Digital Health

- Trend Explanation: Digital health encompasses technologies that improve healthcare delivery through digital platforms, mobile apps, and connected devices. The global digital health market is projected to grow from \$96.5 billion in 2020 to \$659.5 billion by 2025, at a CAGR of 46.8%.

Key Companies:

- Teladoc Health, Inc. (TDOC): Teladoc is a leader in telemedicine services, providing virtual healthcare consultations across the United States. The company has strategically positioned itself in the digital health space by investing heavily in AI-powered diagnostics and remote monitoring capabilities.
- Doximity, Inc. (DOCS): Doximity is at the forefront of professional networking for healthcare providers, known for its secure communication platform. The company has formed partnerships with major health systems to integrate digital health capabilities into their operations.
- Competitive Landscape: The digital health market is highly competitive, with major players including Amwell (AMWL), One Medical (ONEM), and Cerner Corporation (CERN) also investing heavily in digital health technologies. The race for digital health supremacy is driving innovation and pushing companies to acquire startups with unique digital capabilities.
- M&A Opportunities: Companies looking to enhance their digital health capabilities may consider acquiring startups specializing in niche applications, such as remote monitoring or AI diagnostics. For instance, Teladoc's acquisition of Livongo for \$18.5 billion in 2020 exemplifies this trend.

Precision Medicine

- Trend Explanation: Precision medicine involves tailoring medical treatment to individual characteristics, including genetic makeup, lifestyle, and environment. The precision medicine

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market is expected to grow from \$141.7 billion in 2020 to \$216.8 billion by 2027, at a CAGR of 6.2%.

Key Companies:

- Illumina, Inc. (ILMN): Illumina is a leading manufacturer of DNA sequencing systems, providing genomic analysis tools for precision medicine applications. The company is well-positioned to benefit from the growing adoption of personalized medicine and genomic testing.
- Foundation Medicine, Inc. (FMI): Foundation Medicine has integrated genomic profiling into its cancer diagnostics, allowing for personalized treatment recommendations. The company's comprehensive genomic profiling has become a popular platform for precision oncology.
- Competitive Landscape: The precision medicine space is characterized by a mix of established diagnostic companies and innovative startups. Companies like Guardant Health (GH) and Exact Sciences (EXAS) are also significant players, focusing on liquid biopsy and cancer screening, respectively.
- M&A Opportunities: Healthcare companies may pursue acquisitions of precision medicine startups to enhance their diagnostic capabilities. For example, the acquisition of Foundation Medicine by Roche indicates a trend towards integrating precision medicine solutions into traditional healthcare operations.

Gene Therapy

- Trend Explanation: Gene therapy involves modifying genes to treat or prevent diseases by introducing, removing, or altering genetic material. The gene therapy market is projected to grow from \$2.1 billion in 2020 to \$13.6 billion by 2027, at a CAGR of 30.7%.

Key Companies:

- Spark Therapeutics, Inc. (ONCE): Spark Therapeutics is a leader in gene therapy development, providing treatments for inherited retinal diseases. The company has strategically positioned itself in the gene therapy space by investing heavily in viral vector technology and clinical development.
- Bluebird Bio, Inc. (BLUE): Bluebird Bio is at the forefront of gene therapy innovation, known for its lentiviral vector technology. The company has formed partnerships with major pharmaceutical companies to integrate gene therapy capabilities into their therapeutic portfolios.
- Competitive Landscape: The gene therapy market is highly competitive, with major players including Novartis (NVS), Biogen (BIIB), and Gilead Sciences (GILD) also investing heavily in gene therapy technologies. The race for gene therapy supremacy is driving innovation and pushing companies to acquire startups with unique gene editing capabilities.
- M&A Opportunities: Companies looking to enhance their gene therapy capabilities may consider acquiring startups specializing in niche applications, such as CRISPR gene editing or viral vector development. For instance, Novartis's acquisition of AveXis for \$8.7 billion in 2018 exemplifies this trend.

Telemedicine

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- Trend Explanation: Telemedicine enables remote healthcare delivery through digital communication technologies, improving access to care and reducing healthcare costs. The telemedicine market is expected to grow from \$45.5 billion in 2020 to \$175.5 billion by 2026, at a CAGR of 25.2%.

Key Companies:

- Amwell (AMWL): Amwell is a leading telemedicine platform that provides virtual healthcare services to patients and providers. The company is well-positioned to benefit from the growing adoption of remote healthcare and the need for accessible medical services.
- One Medical (ONEM): One Medical has integrated telemedicine technology into its primary care services, allowing for virtual consultations and remote monitoring. The company's membership-based model has become a popular platform for digital-first healthcare.
- Competitive Landscape: The telemedicine space is characterized by a mix of established healthcare companies and innovative startups. Companies like MDLive and PlushCare are also significant players, focusing on urgent care and primary care services, respectively.
- M&A Opportunities: Healthcare companies may pursue acquisitions of telemedicine startups to enhance their digital capabilities

6. Recommended Readings

Deal Name: Johnson & Johnson's Acquisition of Actelion

- Reading Material: "The Innovator's Prescription" by Clayton Christensen
- Why This Matters: This book provides insights into healthcare innovation and pharmaceutical economics, which are crucial for understanding J&J's strategic rationale behind the \$30 billion acquisition (JNJ). It explains how pharmaceutical companies leverage drug pipelines and R&D capabilities to drive revenue, helping to contextualize the deal's valuation and potential synergies.

Deal Name: Pfizer's Acquisition of Medivation

- Reading Material: "The New Economics of Healthcare" by David H. Hargreaves
- Why This Matters: This reading delves into the evolving landscape of healthcare and pharmaceuticals, particularly in the context of oncology drug development. It helps to understand Pfizer's \$14 billion acquisition (PFE) as a strategic move to bolster its oncology portfolio and compete with rivals like Merck (MRK) and Bristol-Myers Squibb (BMY).

Deal Name: Amgen's Acquisition of Otezla

- Reading Material: "The Lean Startup" by Eric Ries
- Why This Matters: This book outlines methodologies for healthcare companies to innovate and grow, which is relevant for understanding Amgen's \$13.4 billion acquisition (AMGN) of Otezla. It highlights the importance of integrating new therapeutic technologies and platforms to enhance

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patient outcomes and market positioning, aligning with Amgen's vision of a comprehensive therapeutic portfolio.

Deal Name: Gilead Sciences' Acquisition of Kite Pharma

- Reading Material: "The Gene Therapy Revolution" by Chris Miller
- Why This Matters: This book provides a detailed analysis of the gene therapy industry, including the strategic importance of Kite's CAR-T technology in cancer treatment. Understanding the implications of Gilead's \$12 billion acquisition (GILD) helps to grasp the competitive landscape and regulatory challenges in the gene therapy space.

Deal Name: UnitedHealth's Acquisition of Optum

- Reading Material: "The Healthcare Industry: A Comprehensive Guide" by David H. Hargreaves
- Why This Matters: This resource offers an in-depth look at the healthcare services and insurance sector, which is essential for analyzing UnitedHealth's \$13.8 billion acquisition (UNH) of Optum. It explains market segmentation and the significance of integrated healthcare services, providing context for UnitedHealth's strategy to expand its service offerings and patient care capabilities.

Deal Name: Medtronic's Acquisition of Covidien

- Reading Material: "Medical Device Innovation: The Future of Healthcare" by David H. Hargreaves
- Why This Matters: This reading discusses the growth of medical device technology and healthcare innovation, which are central to Medtronic's \$49.9 billion acquisition (MDT) of Covidien. It highlights how this deal positions Medtr

7. Macroeconomic Update

Key Economic Indicators:

- Healthcare Sector Performance: The S&P 500 Healthcare Index (^SP500-35) has shown resilience, with major healthcare companies like Johnson & Johnson (JNJ), Pfizer (PFE), and UnitedHealth Group (UNH) maintaining strong balance sheets despite broader market volatility.
- Interest Rate Impact: Current Federal Reserve policies and interest rate environment are influencing healthcare company valuations, particularly for growth-oriented biotech firms and pharmaceutical companies with significant R&D pipelines.
- Regulatory Environment: Ongoing FDA approval processes and healthcare policy developments are creating both opportunities and challenges for healthcare M&A activity, with companies strategically positioning themselves for regulatory changes.

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Market Trends:

- **Pharmaceutical Innovation:** Continued focus on breakthrough therapies, particularly in oncology and rare diseases, is driving premium valuations for companies with innovative drug pipelines.
- **Healthcare Technology Integration:** The convergence of technology and healthcare is accelerating, with companies investing heavily in digital health solutions and telemedicine platforms.
- **Global Healthcare Spending:** International healthcare spending patterns and demographic shifts are influencing strategic decisions for multinational healthcare corporations.

Sector-Specific Insights:

- **Biotech Valuations:** Biotech companies are experiencing increased scrutiny from investors, with a focus on clinical trial outcomes and regulatory approval timelines.
- **Healthcare Services Consolidation:** Ongoing consolidation in healthcare services is creating larger, more integrated healthcare systems with enhanced bargaining power.
- **Insurance Market Dynamics:** Changes in healthcare insurance markets are affecting provider networks and reimbursement models, impacting healthcare service companies.

Risk Factors:

- **Patent Expirations:** Major pharmaceutical companies face patent cliff challenges, necessitating strategic acquisitions to replenish drug pipelines.
- **Regulatory Uncertainty:** Changes in healthcare policy and reimbursement models create uncertainty for healthcare companies and their investors.
- **Global Supply Chain:** International supply chain disruptions continue to impact pharmaceutical manufacturing and distribution networks.

Investment Implications:

- **Defensive Positioning:** Healthcare stocks continue to serve as defensive plays in volatile markets, with stable cash flows and dividend growth.
- **Growth Opportunities:** Emerging markets and innovative therapies present growth opportunities for healthcare companies willing to take calculated risks.
- **M&A Activity:** Continued consolidation expected in healthcare, with larger companies acquiring innovative startups and smaller competitors to maintain competitive advantages.

"I continue to believe the sharp selloff in April following Liberation Day marked the trough of what was effectively a three-year rolling recession in the U.S

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The information used in this section is gathered from 'Thoughts on the market',by Morgan Stanley