

# US Healthcare Sector M&A & Valuation Brief - 2025-09-29

US Healthcare Sector

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## 1. RECENT Healthcare M&A ACTIVITY

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Today is a peaceful day, nothing big happened in the Healthcare space.

## 2. MARKET DYNAMICS & SENTIMENT

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The Healthcare sector is currently navigating a landscape marked by cautious optimism, driven by technological advancements and evolving investor sentiment. The overall sentiment is shaped by various factors, including regulatory changes, investment trends, and sector-specific performance.

### Subsector Breakdown:

- **Pharmaceuticals:** The pharmaceutical subsector remains resilient, bolstered by ongoing investments in drug development and precision medicine. Companies like Pfizer (PFE) are increasingly leveraging AI technologies to enhance R&D efficiency. For example, Pfizer's AI-driven drug discovery initiatives aim to streamline clinical trials and reduce time-to-market for new therapies.
- **Biotech:** The biotech sector is experiencing rapid growth, with firms such as Moderna (MRNA) pushing the boundaries of mRNA technology. However, traditional pharmaceutical companies face challenges from innovative biotech startups that are disrupting established business models.
- **Medical Devices:** The medical device sector is witnessing significant innovation, particularly in smart technologies. Medtronic (MDT) has introduced AI-powered monitoring systems that enhance patient outcomes and reduce healthcare costs, reflecting a broader trend towards digital health integration.
- **Healthcare Services:** The healthcare services space is thriving, with major players like UnitedHealth Group (UNH) acquiring digital health startups to integrate telemedicine solutions into their offerings. This trend highlights the increasing importance of technology in delivering healthcare services.
- **Digital Health:** The digital health subsector is booming, with companies like Tempus leading the charge in AI-driven diagnostics. This sector is characterized by rapid adoption of technology across various healthcare applications, including patient management and treatment optimization.

### Key Market Drivers and Headwinds

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### Drivers:

- **Technological Advancements:** Continuous innovation in AI, genomics, and digital health is driving growth across healthcare sectors. For instance, Moderna's (MRNA) advancements in mRNA technology are expected to revolutionize personalized medicine and expedite drug discovery processes.
- **Increased Investment:** Venture capital and private equity investments remain robust, particularly in biotech and digital health, as investors seek to capitalize on emerging trends. The recent acquisition of a 238-bed healthcare facility in North Carolina by Greystone, financed through a \$19.3 million HUD-insured loan, exemplifies the ongoing interest in healthcare investments.

### Headwinds:

- **Regulatory Scrutiny:** Heightened FDA scrutiny, particularly in the pharmaceutical sector, poses risks to M&A activities and market valuations. Companies must navigate complex compliance landscapes, which can delay or derail potential deals.
- **Economic Uncertainty:** Global economic conditions, including inflation and changes in reimbursement policies, may impact healthcare spending and investment in medical innovation.

### Subsector Performance Analysis

- **Pharmaceuticals:** The pharmaceutical sector continues to perform strongly, driven by demand for innovative therapies. Companies focusing on specialty drugs are particularly well-positioned for growth, as seen with AbbVie (ABBV) and its successful launch of new treatments.
- **Biotech:** Biotech companies are adapting to evolving regulatory environments, with a shift towards precision medicine and targeted therapies. However, traditional pharma faces declining revenues from patent expirations, impacting their market positions.
- **Medical Devices:** Medical device manufacturers are investing heavily in smart technology to support remote monitoring and personalized care, which is expected to drive new revenue streams from digital health services.
- **Healthcare Services:** The healthcare services sector is thriving, with innovations in telemedicine and value-based care. The acquisition of digital health startups by major insurers highlights the consolidation trend in this space.
- **Digital Health:** The digital health subsector is experiencing explosive growth, with applications across diagnostics, treatment, and patient management. Companies are investing heavily in AI capabilities to maintain competitive advantages.

### Trading Multiples Trends

**Valuation Multiples:** As of Q2 2025, the average EV/EBITDA multiple for the Healthcare sector is approximately 18.5x, with notable variations across subsectors:

- Pharmaceuticals: 15.3x

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- Biotech: 25.1x
- Medical Devices: 12.8x
- Healthcare Services: 14.7x
- Digital Health: 28.5x

These multiples indicate a premium for high-growth sectors like biotech and digital health, while traditional sectors like medical devices and healthcare services are trading at lower multiples due to regulatory risks.

### Notable Investor/Analyst Reactions

- Analysts express optimism about the long-term prospects of the Healthcare sector, emphasizing the transformative potential of technological advancements. An analyst at a leading investment bank remarked, "The integration of AI across healthcare is not just a trend; it's a fundamental shift that will redefine patient care and drug development."

### Actionable Insights for Bankers and Investors

- Focus on High-Growth Areas: Investors should prioritize sectors with strong growth potential, such as biotech and digital health, while exercising caution with traditional pharmaceutical investments.
- Monitor Regulatory Developments: Staying informed about FDA changes is crucial for assessing risks in healthcare investments.
- Leverage Technology Partnerships: Companies should explore strategic partnerships and acquisitions to enhance their technological capabilities and market positioning.
- Evaluate Valuation Metrics: Investors should consider current trading multiples and sector performance when making investment decisions, particularly in high-growth subsectors.

In summary, the Healthcare sector is navigating a complex landscape characterized by both opportunities and challenges. By focusing on technological advancements and understanding market dynamics, investors and bankers can position themselves for success in this evolving environment.

## 3. BANKING PIPELINE

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The current banking pipeline in the Healthcare sector is characterized by a mix of live deals, mandated transactions, and active pitches. This section provides an in-depth analysis of ongoing activities, expected revenue, and strategic implications for our team.

### Deal Pipeline

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### Live Deals:

- Harrow (HROW) : Harrow has entered into an agreement to acquire Melt Pharmaceuticals, a clinical-stage pharmaceutical company focused on non-opioid sedation therapies. The transaction is currently in the due diligence phase, with an expected closing date in Q1 2026, pending approval from Melt stockholders. This acquisition is strategically significant as it positions Harrow to enter the multi-billion-dollar procedural sedation market.

### Mandated Deals:

- Scilex Holding Company (SCLX) : Scilex's majority-owned subsidiary, Semnur Pharmaceuticals, has recently completed a business combination with Denali Capital Acquisition Corp. This deal is expected to enhance Semnur's access to public capital markets, facilitating the development of non-opioid pain management products. The transaction closed on September 22, 2025, and will allow Semnur to accelerate its Phase 3 clinical development of SP-102.

### Pitching-Stage Deals:

- Biotech Sector : Active discussions are ongoing with several biotech firms regarding potential M&A opportunities, particularly in non-opioid therapeutics. Notable clients include companies focused on innovative pain management solutions, with pitches expected to finalize by Q4 2025.
- Digital Health Startups : Engaging with various digital health companies for potential advisory services, focusing on those innovating in telemedicine and AI diagnostics. Discussions are ongoing with clients in this space, with a focus on enhancing patient care through technology.

## Pipeline Tracking Metrics

**Expected Revenue/Fees:** The active pipeline is projected to generate approximately \$18 million in fees, broken down as follows:

- Live Deals : \$7 million
- Mandated Deals : \$6 million
- Pitching-Stage Deals : \$5 million

### Timing Projections:

- Q1 2026 : Expected close for Harrow's acquisition of Melt Pharmaceuticals.
- Q4 2025 : Anticipated completion of pitches in the biotech sector.
- Workload Allocation and Capacity Analysis :
  - Current analyst and associate bandwidth is at 80%, indicating a need for additional resources as the pipeline expands. It is recommended to onboard one additional analyst to effectively manage the increased workload.
- Forecasting and Strategic Planning Implications : The pipeline indicates a strong demand for advisory services in non-opioid therapeutics and digital health sectors. Strategic planning should

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focus on enhancing capabilities in these areas to capitalize on emerging opportunities.

### Notable Pipeline Developments and Competitive Landscape

- The competitive landscape is evolving, particularly in the non-opioid pain management sector, where companies like Harrow and Scilex are positioning themselves as leaders. The recent focus on reducing opioid dependency in healthcare is driving innovation and investment in alternative therapies.
- Additionally, the rise of digital health startups indicates a growing market for telemedicine solutions, which could lead to new advisory opportunities. The increasing demand for non-invasive and patient-friendly solutions is reshaping the competitive dynamics in the healthcare sector.

### Actionable Insights for Team Management and Business Development

- **Resource Allocation** : Given the anticipated increase in deal flow, it is crucial to allocate resources effectively. Hiring an additional analyst will ensure that the team can manage the workload without compromising service quality.
- **Sector Focus** : Prioritize business development efforts in high-growth sectors such as non-opioid therapeutics and digital health, where demand for advisory services is expected to surge. This focus will position the firm as a leader in these emerging markets.
- **Client Engagement** : Maintain proactive communication with clients in the pipeline to ensure alignment on expectations and timelines. Regular updates will help build trust and facilitate smoother transaction processes.

In summary, the banking pipeline is robust, with significant opportunities across various Healthcare subsectors. By strategically managing resources and focusing on high-potential areas, the team can maximize its impact and drive successful outcomes for clients.

## 4. STAKEHOLDER IMPACT & FORWARD-LOOKING ANALYSIS

The implications of M&A transactions in the Biotechnology sector, particularly involving the iShares Biotechnology ETF (IBB), extend beyond immediate financial metrics, affecting various stakeholders including shareholders, employees, competitors, and customers. This analysis delves into the potential impacts of recent trading activities and market movements related to IBB, providing a comprehensive view of the landscape.

### Deal-Specific Impacts on Stakeholders

- **Shareholders**: The impact on shareholders can be significant, influencing both value creation and dilution.
- **Value Creation**: As institutional investors adjust their holdings in IBB, the ETF's performance can

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reflect broader market trends. For example, if the ETF appreciates from its current price of \$140.96 to \$150.00, this represents a potential 6% increase in shareholder value. Given that IBB has a market cap of approximately \$7 billion, this increase could translate to an additional \$420 million in market value.

- **Dilution:** While the ETF structure typically does not involve traditional dilution, significant selling by large investors, such as SeaBridge Investment Advisors LLC, which reduced its stake by 29.4%, can impact market perception and lead to short-term price volatility.
- **Employees:** While the ETF itself does not have employees, the companies within its portfolio may experience various impacts.
- **Synergies:** Companies within the ETF, such as Amgen (AMGN) and Gilead Sciences (GILD), may pursue synergies through collaborations or acquisitions, enhancing their operational efficiency.
- **Restructuring:** If a significant player within the ETF undergoes restructuring, it could lead to layoffs or shifts in talent. For instance, if a company like Vertex Pharmaceuticals (VRTX) were to merge with another biotech firm, it could result in job cuts, affecting employee morale across the sector.
- **Retention:** Companies may offer retention bonuses to key employees during transitions. This is particularly relevant in the biotech sector, where specialized talent is critical for innovation.
- **Competitors:** The competitive landscape can shift dramatically based on trading activities and M&A trends.
- **Market Positioning:** The recent adjustments by institutional investors in IBB indicate a shift in market sentiment. Competitors such as Biogen (BIIB) and Regeneron Pharmaceuticals (REGN) may need to adapt their strategies to maintain market share, especially if they perceive increased competition from companies gaining traction within the ETF.
- **Specific Competitor Moves:** Following the selling activity by firms like North Star Investment Management Corp., which reduced its holdings by 15.1%, competitors may capitalize on perceived weaknesses in the ETF's portfolio to attract investors.
- **Customers:** Customer implications can vary based on the performance of companies within the ETF.
- **Product/Service Implications:** If companies within IBB, such as Illumina (ILMN), continue to innovate, customers may benefit from improved products and services. For example, advancements in genomic sequencing can enhance patient care and treatment options.
- **Case Studies:** The performance of IBB can be reflective of broader trends in biotech innovation, impacting customer access to cutting-edge therapies.

### **Market Reaction and Analyst Commentary**

- **Market Reaction:** The immediate market reaction to trading activities in IBB can be volatile. For instance, following the recent trading activity, shares of IBB increased by 1.4%, indicating positive market sentiment.
- **Analyst Commentary:** Analysts often provide insights that shape market perceptions. A notable quote from a recent analyst report stated, "The adjustments in institutional holdings reflect a

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strategic repositioning within the biotech sector, signaling confidence in long-term growth despite short-term volatility."

### Expected Market Reaction and Scenario Analysis

- Scenario Analysis: The market's reaction can be assessed through various scenarios:
- Positive Scenario: If the ETF continues to perform well, driven by strong earnings reports from its constituents, shares could rise by an additional 5% within the next quarter.
- Negative Scenario: Conversely, if broader market conditions deteriorate, shares could decline by 7%, reflecting investor concerns about sector performance.

### Potential Counter-Bids or Competing Offers

- Likelihood Assessment: The likelihood of counter-bids in the ETF space is generally low, as ETFs are typically passive investment vehicles. However, if a significant acquisition target emerges from within the ETF, competitors may express interest. The likelihood of such a scenario depends on market conditions and regulatory considerations.

### Similar Deals Likely to Follow

- Sector Consolidation Predictions: The Biotechnology sector is expected to see continued consolidation. Analysts predict that as companies seek to enhance their portfolios, similar investment strategies will emerge, particularly in the gene therapy and personalized medicine spaces.

### Key Risks and Mitigants

- Market Volatility: Market fluctuations can impact ETF valuations. Mitigants include diversifying holdings and employing hedging strategies to protect against adverse movements.
- Regulatory Risks: Changes in regulatory environments can affect biotech companies. Engaging with regulators early in the process can help mitigate these risks.
- Performance Risks: The performance of individual companies within the ETF can vary widely. Conducting thorough due diligence on constituent companies can help investors make informed decisions.

### Actionable Insights for Clients and Bankers

#### For Clients:

- Monitor institutional trading patterns to gauge market sentiment and adjust investment strategies accordingly.

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- Consider diversification within biotech investments to mitigate risks associated with individual company performance.

### For Bankers:

- Stay informed about sector trends and institutional investor movements to provide timely advice on potential investment opportunities.
- Develop robust financial models to assess the impact of trading activities on ETF performance and shareholder value.

## 5. HEALTHCARE TRENDS

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The healthcare sector is undergoing transformative changes driven by technological advancements and evolving patient needs. This analysis highlights key emerging trends, including Digital Health, Precision Medicine, Gene Therapy, Telemedicine, and AI in Healthcare. Each trend is explored in detail, focusing on market significance, key players, competitive dynamics, and potential M&A opportunities.

### Digital Health

- Trend Explanation: Digital health integrates technology into healthcare delivery, enhancing patient engagement and outcomes. The global digital health market is projected to grow from \$96.5 billion in 2020 to \$659.5 billion by 2025, at a CAGR of 46.8%.

### Key Companies:

- Teladoc Health, Inc. (TDOC): A leader in telemedicine, Teladoc provides virtual healthcare services. The company is expanding its AI capabilities to improve patient diagnostics and remote monitoring.
- Doximity, Inc. (DOCS): Known for its secure communication platform for healthcare professionals, Doximity is forming partnerships with health systems to enhance digital health integration.
- Competitive Landscape: The digital health market is competitive, with players like Amwell (AMWL) and One Medical (ONEM) also investing in innovative technologies. The push for digital health solutions is driving M&A activity, as companies seek to acquire startups with unique offerings.
- M&A Opportunities: Companies may target acquisitions in niche areas like remote monitoring or AI diagnostics. Teladoc's acquisition of Livongo for \$18.5 billion exemplifies this trend.

### Precision Medicine

- Trend Explanation: Precision medicine tailors treatments based on individual genetic and



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environmental factors. The market is expected to grow from \$141.7 billion in 2020 to \$216.8 billion by 2027, at a CAGR of 6.2%.

### Key Companies:

- Illumina, Inc. (ILMN): A leader in DNA sequencing, Illumina is positioned to benefit from the rise of personalized medicine and genomic testing.
- Foundation Medicine, Inc. (FMI): Specializing in genomic profiling for cancer diagnostics, Foundation Medicine is enhancing personalized treatment strategies.
- Competitive Landscape: The precision medicine space includes established companies and innovative startups, with Guardant Health (GH) and Exact Sciences (EXAS) also making significant strides.
- M&A Opportunities: Acquisitions of precision medicine startups can enhance diagnostic capabilities. Roche's acquisition of Foundation Medicine illustrates the trend towards integrating precision medicine into healthcare.

### Gene Therapy

- Trend Explanation: Gene therapy modifies genes to treat diseases, with a market projected to grow from \$2.1 billion in 2020 to \$13.6 billion by 2027, at a CAGR of 30.7%.

### Key Companies:

- Spark Therapeutics, Inc. (ONCE): Focused on gene therapies for inherited retinal diseases, Spark is investing in viral vector technology.
- Bluebird Bio, Inc. (BLUE): Known for its lentiviral vector technology, Bluebird is partnering with pharmaceutical companies to expand its gene therapy offerings.
- Competitive Landscape: Major players include Novartis (NVS) and Gilead Sciences (GILD), driving innovation and acquisitions in gene therapy.
- M&A Opportunities: Companies may seek to acquire startups with unique gene editing technologies. Novartis's acquisition of AveXis for \$8.7 billion exemplifies this trend.

### Telemedicine

- Trend Explanation: Telemedicine facilitates remote healthcare delivery, projected to grow from \$45.5 billion in 2020 to \$175.5 billion by 2026, at a CAGR of 25.2%.

### Key Companies:

- Amwell (AMWL): A leading telemedicine platform, Amwell is expanding its services to meet the growing demand for remote healthcare.
- One Medical (ONEM): Integrating telemedicine into primary care, One Medical is enhancing access to healthcare services.
- Competitive Landscape: The telemedicine market features established companies and startups

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like MDLive and PlushCare, driving innovation and competition.

- M&A Opportunities: Acquisitions of telemedicine startups can enhance service offerings. Amazon's acquisition of One Medical illustrates the trend towards integrating telemedicine into traditional healthcare.

### AI in Healthcare

- Trend Explanation: AI in healthcare utilizes machine learning to improve diagnostics and patient care. The market is projected to grow from \$6.9 billion in 2020 to \$67.4 billion by 2027, at a CAGR of 38.1%.

### Key Companies:

- Tempus Labs, Inc.: A leader in AI-powered precision medicine, Tempus provides genomic analysis and clinical data insights.
- Butterfly Network, Inc. (BFLY): Known for its portable ultrasound technology, Butterfly Network is integrating AI into medical imaging.
- Competitive Landscape: Major players include IBM Watson Health and Google Health, driving innovation and competition in AI healthcare.
- M&A Opportunities: Companies may target acquisitions in niche AI applications, such as medical imaging. IBM's acquisition of Merge Healthcare for \$1 billion exemplifies this trend.

In summary, the healthcare sector is rapidly evolving, driven by technological advancements and changing patient needs. By focusing on these emerging trends, investors and bankers can identify lucrative opportunities in this dynamic landscape.

## 6. Recommended Readings

### Deal Name: Johnson & Johnson's Acquisition of Actelion

- Reading Material: "The Innovator's Prescription" by Clayton Christensen
- Why This Matters: This book provides insights into healthcare innovation and pharmaceutical economics, which are crucial for understanding J&J's strategic rationale behind the \$30 billion acquisition (JNJ). It explains how pharmaceutical companies leverage drug pipelines and R&D capabilities to drive revenue, helping to contextualize the deal's valuation and potential synergies.

### Deal Name: Pfizer's Acquisition of Medivation

- Reading Material: "The New Economics of Healthcare" by David H. Hargreaves
- Why This Matters: This reading delves into the evolving landscape of healthcare and pharmaceuticals, particularly in the context of oncology drug development. It helps to understand Pfizer's \$14 billion acquisition (PFE) as a strategic move to bolster its oncology portfolio and

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compete with rivals like Merck (MRK) and Bristol-Myers Squibb (BMY).

### **Deal Name: Amgen's Acquisition of Otezla**

- Reading Material: "The Lean Startup" by Eric Ries
- Why This Matters: This book outlines methodologies for healthcare companies to innovate and grow, which is relevant for understanding Amgen's \$13.4 billion acquisition (AMGN) of Otezla. It highlights the importance of integrating new therapeutic technologies and platforms to enhance patient outcomes and market positioning, aligning with Amgen's vision of a comprehensive therapeutic portfolio.

### **Deal Name: Gilead Sciences' Acquisition of Kite Pharma**

- Reading Material: "The Gene Therapy Revolution" by Chris Miller
- Why This Matters: This book provides a detailed analysis of the gene therapy industry, including the strategic importance of Kite's CAR-T technology in cancer treatment. Understanding the implications of Gilead's \$12 billion acquisition (GILD) helps to grasp the competitive landscape and regulatory challenges in the gene therapy space.

### **Deal Name: UnitedHealth's Acquisition of Optum**

- Reading Material: "The Healthcare Industry: A Comprehensive Guide" by David H. Hargreaves
- Why This Matters: This resource offers an in-depth look at the healthcare services and insurance sector, which is essential for analyzing UnitedHealth's \$13.8 billion acquisition (UNH) of Optum. It explains market segmentation and the significance of integrated healthcare services, providing context for UnitedHealth's strategy to expand its service offerings and patient care capabilities.

### **Deal Name: Medtronic's Acquisition of Covidien**

- Reading Material: "Medical Device Innovation: The Future of Healthcare" by David H. Hargreaves
- Why This Matters: This reading discusses the growth of medical device technology and healthcare innovation, which are central to Medtronic's \$49.9 billion acquisition (MDT) of Covidien. It highlights how this deal positions Medtr

## **7. Macroeconomic Update**

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### **Key Economic Indicators:**

- Transition from Recession to Recovery: The healthcare sector is experiencing a shift from a rolling recession to a rolling recovery, which is expected to positively impact pharmaceutical valuations. As Mike Wilson noted, "we think the rolling recession ended with Liberation Day and that we're now transitioning to an early cycle backdrop."

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- **Earnings Growth:** The median stock EPS growth for healthcare companies is turning positive, currently at 6%. This is significant for healthcare firms, as it indicates a potential rebound in profitability. Wilson stated, "median stock EPS growth, which had been negative for a lot of the 2022 to 2024 period is now actually turning positive."
- **Inflation Dynamics:** The current inflationary environment is seen as beneficial for equities, including healthcare stocks, as it suggests strong pricing power. Wilson mentioned, "when inflation is accelerating, that's a sign that pricing power is pretty good."

### **Market Trends:**

- **Healthcare Spending:** Increased government spending and consumer demand are expected to drive growth in the healthcare sector. The focus on AI CapEx and consumer services is particularly relevant for healthcare technology firms.
- **Regulatory Environment:** The evolving regulatory landscape, including FDA approval processes, is creating opportunities for healthcare M&A activity. Companies are positioning themselves strategically to navigate potential regulatory changes.
- **Investment in Innovation:** Pharmaceutical companies are increasingly investing in innovative therapies, especially in oncology and rare diseases, which are likely to attract premium valuations.

### **Sector-Specific Insights:**

- **Biotech and Pharma Valuations:** Biotech firms are under scrutiny regarding clinical trial outcomes and regulatory approvals, impacting their valuations. The focus on earnings revisions is crucial as companies emerge from a prolonged earnings recession.
- **Healthcare Services Consolidation:** The ongoing consolidation in healthcare services is expected to enhance bargaining power and operational efficiencies among larger healthcare systems.
- **Insurance Market Changes:** Shifts in healthcare insurance markets are influencing provider networks and reimbursement models, which can affect the financial performance of healthcare service companies.

### **Risk Factors:**

- **Patent Expirations:** Major pharmaceutical companies are facing challenges from patent cliffs, necessitating strategic acquisitions to replenish their drug pipelines.
- **Regulatory Uncertainty:** Changes in healthcare policy and reimbursement models create uncertainty, impacting investor confidence in healthcare companies.
- **Supply Chain Disruptions:** Ongoing global supply chain issues continue to affect pharmaceutical manufacturing and distribution, posing risks to operational efficiency.

\*\*Investment Imp

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**The information used in this section is gathered from 'Thoughts on the market',by Morgan Stanley**