

Daily Trading & Life Wisdom - January 07, 2026

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1. High ambition + high discipline = legends. High ambition + low discipline = dreamers. Low ambition + high discipline = workers. Low ambition + low discipline = spectators.

2. Smartphones made us lonely together.

3. Best financial advice Ive ever received: Spend money to make money. Worst financial advice Ive ever received: Spend money to make money.

4. what is your current pain teaching you rn?

5. Name something the 60s counterculture gave us that we're still paying for.

6. How do you deal with a friend who is smarter, richer, and more attractive than you?

7. We dont date people. We date their potential.

8. people started wearing noise-canceling headphones in public or are simply opting out of small talk. Is there a reason?

9. What phase are you in? Learning. Unlearning. Healing. Building. Surviving. Thriving. Which one?

10. High discipline people build systems. Low discipline people chase motivation.