

## Daily Trading & Life Wisdom - January 07, 2026

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**1.** High ambition + high discipline = legends. High ambition + low discipline = dreamers. Low ambition + high discipline = workers. Low ambition + low discipline = spectators.

**2. Smartphones made us lonely together.**

**3.** Best financial advice I've ever received: Spend money to make money. Worst financial advice I've ever received: Spend money to make money.

**4. what is your current pain teaching you rn?**

**5.** Name something the 60s counterculture gave us that we're still paying for.

**6. How do you deal with a friend who is smarter, richer, and more attractive than you?**

**7. We dont date people. We date their potential.**

**8.** people started wearing noise-canceling headphones in public or are simply opting out of small talk. Is there a reason?

**9.** What phase are you in? Learning. Unlearning. Healing. Building. Surviving. Thriving. Which one?

**10.** High discipline people build systems. Low discipline people chase motivation.