

## Daily Trading & Life Wisdom - January 08, 2026

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**1.** High ambition + high discipline = legends. High ambition + low discipline = dreamers. Low ambition + high discipline = workers. Low ambition + low discipline = spectators.

**2. Modern parenting is outsourcing discipline to screens.**

**3.** Best advice I've ever received: Trust your gut. Worst advice I've ever received: Trust your gut.

**4. what is your current pain teaching you rn?**

**5.** Name something the 2020s gave us that we'd be better off without.

**6. How do you deal with a friend who is smarter, richer, and more attractive than you?**

**7. Modern dating is just two people waiting to see who cares less first.**

**8. people started calling every minor inconvenience trauma or are simply opting out of accountability. Is there a reason?**

**9.** What phase are you in right now? Learning. Unlearning. Healing. Building. Surviving. Tell me without telling me.

**10.** High awareness people build systems. Low awareness people chase outcomes.