# IMPORTANCE OF FOOD MICROBIOLOGY UNIT 3 BIOSAFETY

## **DEFINITION**

Food microbiology is a branch of microbiology that deals with microorganisms present in food, their interactions, and their impact on food quality, safety, and shelf life.

- **1.Microbial Growth:** Microorganisms require specific conditions to grow and reproduce, including nutrients, pH, temperature, and water activity (aw). Understanding these factors helps in controlling microbial growth in food.
- **2.Types of Microorganisms:** Common types of microorganisms in food include bacteria, yeasts, molds, and viruses. Each has different growth requirements and impacts food differently.
- **3. Spoilage:** Microorganisms can cause food spoilage through various mechanisms, including production of enzymes, acids, and toxins, leading to changes in taste, texture, and appearance.

- **1.Microbial Growth:** Microorganisms require specific conditions to grow and reproduce, including nutrients, pH, temperature, and water activity (aw). Understanding these factors helps in controlling microbial growth in food.
- **2.Types of Microorganisms:** Common types of microorganisms in food include bacteria, yeasts, molds, and viruses. Each has different growth requirements and impacts food differently.
- **3. Spoilage:** Microorganisms can cause food spoilage through various mechanisms, including production of enzymes, acids, and toxins, leading to changes in taste, texture, and appearance.

- **4. Food Safety:** Some microorganisms can cause foodborne illnesses (food poisoning) by producing toxins or by infecting the consumer. Pathogenic bacteria like Salmonella, Listeria, and E. coli are significant concerns.
- **5. Food Preservation:** Techniques such as heat processing (e.g., pasteurization, sterilization), refrigeration, freezing, drying, fermentation, and use of preservatives are used to control microbial growth and extend shelf life.
- 6. HACCP (Hazard Analysis Critical Control Points): A systematic preventive approach to food safety that identifies, evaluates, and controls hazards throughout the food production process.

- **7. Quality Control:** Microbiological testing and monitoring are essential for ensuring food safety and quality. This includes testing for pathogens, spoilage organisms, and indicators of hygiene and cleanliness.
- **8. Regulatory Standards:** Food microbiology is guided by national and international regulations and standards that specify acceptable levels of microorganisms, hygiene practices, and safety measures in food production and handling.
- **9. Emerging Issues:** Changes in food production practices, global food trade, and consumer preferences continuously influence food microbiology. Issues such as antimicrobial resistance and novel food technologies are also areas of concern.
- **10. Education and Research:** Ongoing research in food microbiology focuses on understanding microbial behavior, developing new preservation techniques, and improving food safety measures.

## WHY THESE PRINCIPLES?

Understanding these principles helps food scientists, producers, and regulators ensure that food is:

safe, nutritious, and of high quality throughout its production, distribution, and consumption.

## UNIT 3



# FOOD SAFETY AND STANDARDS AUTHORITY OF INDIA



## **FSSAI**

- FSSAI stands for Food Safety and Standard Authority of India.
- FSSAI department is controlled directly by the Ministry of Health and Family welfare.
- The FSSAI has been established under the Food Safety and Standards Act, 2006.
- It is responsible for food distribution and manufacturing and is mandatory for every operator irrespective of their scale of business.
- FSSAI is responsible for protecting and promoting public health through the regulation and supervision of food safety

## Highlights of Food Safety and Standard Act,2006

 The act aims to establish a single reference point for all matters relating to food safety, and standards, by moving from multi-level, multi-departmental control to a single line of command.



The Food Safety and Standards Authority of India (FSSAI)
has been established under Food Safety and Standards, 2006
which consolidates various acts & orders that have hitherto
handled food related issues in various Departments.

• The FSSAI is responsible for setting standards for food so that there is one body to deal with and no confusion in the minds of consumers, traders, manufacturers, and investors.

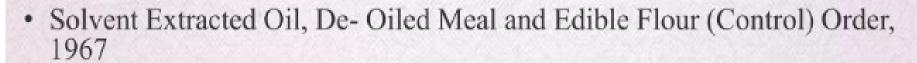
## Highlights of Food Safety and Standard Act, 2006

 The Act aims to establish a single reference point for all matters relating to food safety and standards, by moving from multi- level, multi- departmental control to a single line of command.

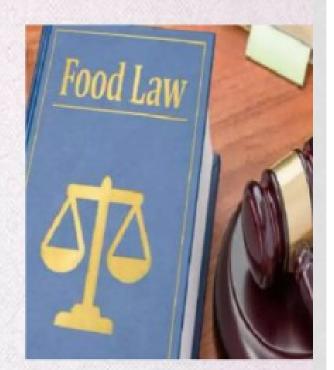


## The FSS Act

- The FSS Act took 8 older acts into one umbrella.
- Prevention of Food Adulteration Act, 1954
- Fruit Products Order, 1955
- Meat Food Products Order, 1973
- Vegetable Oil Products (Control) Order, 1947
- Edible Oils Packaging (Regulation) Order 1988



- Milk and Milk Products Order, 1992
- The FSS Act is a bucket for all the older laws, rules and regulations for food safety



## FSSAI – Administrative structure

- Ministry of Health & Family Welfare, Government of India is the Administrative Ministry of Food Safety and Standards Authority of India.
- The FSSAI is headed by a non-executive Chairperson, appointed by the Central Government, either holding or has held the position of not below the rank of Secretary to the Government of India.
- The FSSAI consists of a chairperson & 22 members.

As of October 2024, **Shri Sudhansh Pant** is the Chairman of the Food Safety and Standards Authority of India (FSSAI). He is also the Secretary of the Ministry of Health and Family Welfare, Government of India

Appointment	The central government appoints the chairperson, who
	is a non-executive member. The chairperson must have
	held or currently hold the position of Secretary to the
	Government of India or higher.

Other members The FSSAI also has 22 other members, including at least one-third women.

Headquarters The FSSAI is headquartered in New Delhi.

Regional offices The FSSAI has regional offices in Delhi, Guwahati, Mumbai, Kolkata, Cochin, and Chennai.

Laboratories The FSSAI has 22 referral laboratories, 72 state/UT laboratories, and 112 NABL accredited private laboratories.

Enforcement Food Safety Officers enforce FSSAI provisions.

 The FSSAI is a statutory body established under the Food Safety and Standards Act, 2006. It's responsible for protecting and promoting public health through the regulation and supervision of food safety.

## Location

- FSSAI is located in 5 regions
- Northern Region With head office at New Delhi
- Eastern Region- Kolkata
- North Eastern Region- Guwahati
- Western region- Mumbai
- Southern Region- Cochin and Chennai

## Aims

- The main aim of FSSAI is to
- Lay down science-based standards for articles of food
- 2. To regulate manufacture, storage, distribution, sale and import of food
- 3. To facilitate food safety

## Powers or Functions of FSSAI

- 1. Framing of regulations to lay down food safety standards
- Laying down guidelines for accreditation of laboratories for food testing
- 3. Providing scientific advice and technical support to the Central Government
- 4. Contributing to the development of international technical standards in food
- Collecting and collating data regarding food consumption, contamination, emerging risks etc.
- 6. Disseminating information and promoting awareness about food safety and nutrition in India

## **FUNCTIONS**



Governance and Administration







Food Standards



& Nutrition landscape

Social and Behavioural Change





Safe Food Practices

Consumer Focus





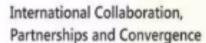
Compliance - Licensing and Inspections

Leveraging Web-based Technology and Research Focus





Food Testing and Surveillance







Training & Capacity Building

Partnerships and Convergence



## Departments

- Import Division
- 2. International Co-operation
- 3. Regulatory Compliance Division (RCD)
- 4. Food Safety Management System (FSMS) Division
- 5. Risk Assessment and R&D division (RARD)
- 6. Information Education Communication (IEC) Division
- 7. Regulation and Codex Division
- 8. Quality Assurance/ lab Division
- 9. HR Division
- 10. Standards Division

## Research and Quality assurance

## Research

The Research and Development division is responsible for research with the following objectives:

Generate new knowledge that would help in continuously updating and upgrading food safety standards which are compatible with international organizations

Carry out evidence based studies for improving or building policies

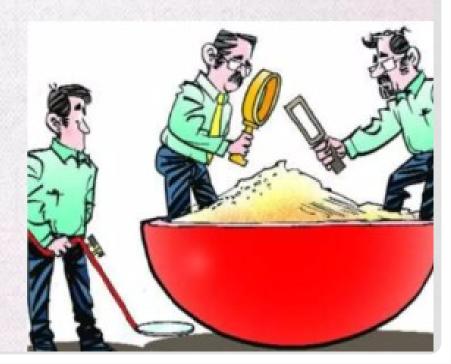
## **Quality Assurance**

FSSAI has been mandated to perform various functions related to quality and standards of food.

These functions in addition to others include "Laying down procedure and guidelines for notification of the accredited laboratories

## FSSAI notified laboratories

- FSSAI notified laboratories that are classified as:
- FSSAI notified NABL (National accreditation board for testing and calibrating laboratories) accredited labs- 112
- State Labs-72
- Referral Labs-14



## The FSSAI has prescribed standards for following food products:

- Dairy products and analogues
- Fats, oils and fat emulsions
- Fruits and vegetable products
- Cereal and cereal products
- Meat and meat products
- Fish and fish products
- > Sweets & confectionery

- Sweetening agents including honey
- Salt, spices, condiments and related products
- Beverages, (other than dairy and fruits & vegetables based)
- Other food product and ingredients
- Proprietary food
- Irradiation of food

## Standards

## **Food Standards**



## Applicable FSSAI License



- FSSAI issues three types of license based on nature of food business and turnover:
- 1. Registration: For Turnover less than 12 Lakh
- 2. State License: For Turnover between 12 Lakh to 20 Crore
- 3. Central License: For Turnover above 20 Crore
- Other criteria like the location of the business, number of retail stores etc. is needed while evaluating the nature of license applicable.

## TYPES OF LICENSES

 If you want to know How To Get FSSAI License in India, then you must know these three types of licenses.

• Generally, FSSAI Registration or License is based on business volume and business establishment. Depending on different factors like Installed capacity, Turnover and Location the Applicants establishments can be eligible for three different Licenses.

- **Basic License:** Basic License is issued by the State Government to the small (manufacturers, storage units, transporters, marketers, and distributors). This License is generally issued to a company with an annual yield of not more than Rs 12,00,000.
- Note: This License is issued for a period of a minimum of 1 year and a maximum of 5 years.

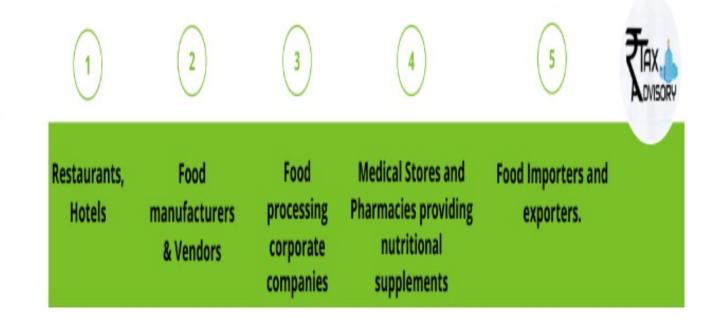
- State License: This License is generally issued for SMEs like Transporters, Storage Houses, Distributors, and Marketers, etc. The company involved in the food business must have its business operations in one state. The company should have an annual yield of Rs 12, 00,000.
- **Note**: This License is issued by the state government for a minimum of 1 year and a maximum of 5 years.

- Central License: This License is generally issued by the Central Government, to the food business operators operating in more than one state or city, companies operating as <u>importers or exporters</u> in food-related business, big manufacturers in the food and processed food-related business, food business operators working with central government agencies, ports, and airports, etc.
- Note: If a company involved in food or food-related business (Nutrition Supplement) is operational in different states or cities then it is essential for its head office, to apply for a central License. Along with this Central License is mandatory for a Food Business operator having an annual yield of Rs 20 Crores.

## Who can apply for FSSAI License?

Here is a list of Food Business Operators who can contact us for Food License to avoid the problems faced in procuring an FSSAI License.

Who can apply for FSSAI License?



## Decoding FSSAI's License Number



## Importance of FSSAI Logo and License Number on Food Packaging

**Assist in Business** 

Expansion





04

## Sample FSSAI license





### Registration Certificate Government of Madhya Pradesh Food and Drugs Administration

Food Safety and Standards Authority of India Registration Certificate under FSS Act, 2006

different elett / Registration Number: 21422850008902



1. Name and permanent address of Food Business Operator (FBO) / lang remot affolier an env afte sund ton:

AARNAV FOOD PRODUCTS/ AJAY LASHKARI

107/1, HUKUMCHAND COLONY, PANCHKUYYA ROAD, INDORE, MP. Indore, Indore, Indore, Madhya

Pradesh-452002

103-A HUKUM CHANDRA COLONY, PANCHKUTYA ROAD, INDORE, MP, Indore, Indore, Indore, Madhya Pradesh - 452002

is to be conducted / premises / 9909 80 3. Kind of Business / woden or proc.

2. Address of location where food business

General Manufacturing, Retailer

4. Photo Identity Card / 97th 197697

can onel ease versex / closes \$:

quifborn):

This Registration certificate is issued under and is subject to the provisions of FSS Act, 2006 all of which must be compiled with by the party food business. / or rishsom upp stor aftr ones affiliers, 2006 is anthr argor 61 of aftr or affiliers is zond is avently 8 filters argefilmed. द्वार अवस पाल किया जान परिच

Place / WIFE

Issued On / fbits: 13-12-2022 (New Registration)

Valid Upto: / Butt: 12-12-2027 (For details, refer Annexure)

Registering Author

2022 13:56:34 IST

### Annexures:

- 1. Product Annexure
- 2. Validity Annexure
- 3. Registration Id Card

- 1. Application for renewal of Registration Certificate can be filed as early as 180 days prior to expiry date of Registration Certificate. You can file application for renewal or modification of Registration Certificate by login into FSSAI's Food Safety Compliance System(https://foscos.fssai.gov.in) with your user id and password or call us at 1800112100 for any clarification.
- 2. This Registration Certificate is only to commence or carry on food businesses and not for any other purpose.
- 3. This is computer generated Registration Certificate and doesn't require any signature or stamp by
- 4. This Registration Certificate is allowed to conduct food businesses activities having annual turnover upto Rs. 12 Lacs only.

Page 1 of 4

## THANK YOU

