#### **PANTAPRAZOLE:**

### Uses

- Pantoprazole is used in the treatment of <u>heartburn</u>, <u>gastroesophageal reflux</u> <u>disease (acid reflux)</u> and peptic ulcer disease.
- How Pantoprazole works
- Pantoprazole is a proton pump inhibitor (PPI). It works by reducing the amount of acid in the stomach which in turn relieves acid-related indigestion and heartburn.

## Common side effects of Pantoprazole

Diarrhea, Flatulence, Headache, Nausea, Vomiting, Dizziness, Abdominal pain,
 Joint pain, Injection site reaction

## FAQ:

- Pantoprazole should be taken 1 hour before a meal, preferably in the morning.
- It is a well-tolerated medicine and provides relief for a long time.
- Some healthy tips to prevent acidity from happening:
  - Avoid excessive intake of carbonated beverages/soft drinks, citrus juices, fried food, caffeinated beverages like tea and coffee.
  - Avoid alcohol and smoking.
  - Avoid eating late at night or before bedtime.
- Inform your doctor if you get watery diarrhea, fever or stomach pain that does not go away.
- Inform your doctor if you do not feel better after taking it for 14 days as you may be suffering from some other problem that needs attention.
- Long-term use of Pantoprazole can cause weak bones and a deficiency of minerals such as magnesium. Take adequate dietary intake of calcium and magnesium or their supplements as prescribed by your doctor.
- Do not stop taking medication without talking to your doctor.
- Consult your doctor right away if you develop decreased urination, edema (swelling due to fluid retention), lower back pain, nausea, fatigue, and rash or fever. These could be signs of a kidney problem.

# Amoxycillin:

#### Uses:

Amoxycillin is used in the treatment of <u>bacterial infections</u>.

How Amoxycillin works

Amoxycillin is an antibiotic. It kills bacteria by preventing them from forming the bacterial protective covering (cell wall) which is needed for them to survive.

# Common side effects of Amoxycillin:

Vomiting, Diarrhea, Nausea, Skin rash

# FAQ:

- Amoxycillin is used to treat infections caused by bacteria.
- Finish the prescribed course, even if you start to feel better. Stopping it early may make the infection come back and harder to treat.
- Diarrhea may occur as a side effect. Taking probiotics along with Amoxycillin may help. Talk to your doctor if you notice bloody stools or develop abdominal cramps.
- Stop taking this medicine and inform your doctor immediately if you develop an itchy rash, swelling of the face, throat or tongue or breathing difficulties while taking it.

### Paracetamol:

### Uses

- Paracetamol is used for <u>pain relief</u> and <u>fever</u>. It is used to relieve pain in conditions like headache, muscle pain, or dental pain.
- How Paracetamol works
- Paracetamol is an analgesic (pain reliever) and anti-pyretic (fever reducer). It
  works by blocking the release of certain chemical messengers that cause pain
  and fever.

### Common side effects of Paracetamol

 Nausea, Vomiting, Insomnia (difficulty in sleeping), Headache, Constipation, Itching

### FAQ:

- Take it as per the dose and duration prescribed by your doctor. Long term use may lead to serious complications such as stomach bleeding and kidney problems.
- Do not take indigestion remedies (antacids) within 2 hours of taking Paracetamol.
- Avoid consuming alcohol while taking this medicine as it can increase your risk of stomach problems.
- Inform your doctor if you have liver disease as your dose may need to be adjusted.
- Your doctor may regularly monitor your kidney function, liver function and levels of blood components if you are taking this medicine for long-term treatment.
- Paracetamol should be taken with food or milk to prevent upset stomach.