




## Faculty Detail Performa



### Name of Faculty

Name	Dr Sandhyarani Hawbam	
Designation	Assistant Professor	
Department	Psychology	
Email	<a href="mailto:sandhyahawbam@dr.du.ac.in">sandhyahawbam@dr.du.ac.in</a>	

### Educational Qualification

Degree	Institution	Year
PhD	Department of Psychology, University of Delhi	2019
Masters of Arts, Psychology	Department of Psychology, University of Delhi	2011
Bachelor of Arts, Applied Psychology	Sri Aurobindo College, University of Delhi	2009

### Full Time Research Experience

Designation	Institute	Time period	Nature of Appointment

### Full time Teaching Experience

S.No	Designation	Institution	Time Period	Nature of Appointment
1.	Assistant Professor	Daulat Ram College, University of Delhi	30 <sup>th</sup> December, 2017- Present	Permanent
2.	Assistant Professor	Daulat Ram College, University of Delhi	3rd January, 2013- 29 <sup>th</sup> December, 2017	Ad-hoc

### Administrative Assignments

Name of Institute	Designation	Status	Time period	Experience
DRC	Convenor	North-East Cell	2018-19, 2019-20 & 2020-21	
DRC	Convenor	Helpdesk, Admission Committee	2019-20, 2020-21	
DRC	Co-convenor	Fine Arts Society	2018-19	
DRC	Co-convenor	Value Engagement Program	2018-19, 2019-20	
DRC	Member	Library Committee	2018-19, 2019-20	
DRC	Teacher In-charge	BA(H)Psychology Admission Committee	2018-19	

### Areas of Interest in Teaching:

- Cognitive Psychology
- Developmental Psychology
- Clinical Psychology

### Subjects Taught

S.No	Course	Subject Taught	Semester	Year
1.	B.A. Hons Psychology	Development of Psychological Thought	III	II
2.	B.A. Hons Psychology	Developmental Psychology	V	III
3.	B.A. Hons Psychology	Understanding and Dealing with Psychological Disorders	V	III

### Research Guidance

Name of student	Gender	Degree for which guidance given	Date of Registration	Supervisor/ Co-supervisor	University	Title of Thesis	Date of submission of thesis	Date of Award of Degree

### Research Projects ongoing 2018-20

S.No	Name of Research Project	Funding Agency	National/International	Duration (Start date and end date)	Amount Sanctioned	Amount Received

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#### Research projects Completed 2018-20

S.No	Name of Research Project	Funding Agency	National/International	Duration (Start date to end date)	Amount Sanctioned	Amount Received

Publications:

#### Books

S.No	Book Details (Authors, Book title, Year)	Publisher	Date of publishing (DDMMYY)	Authored/Edited	ISBN No

#### Book Chapters/Articles

S.No	Details (Authors, Book title, Article title, Year, page range of article)	Publisher	Date of Publication (DDMMYY)	Authored/Edited	ISBN No
	Hawbam, S. (2018). Forgiveness, Helping Attitude and Life satisfaction: Interrelationship, Age Difference and Gender Difference. In P. Kapur & P.V. Anand (Eds.), <i>Applications of Psychology – Reaching Out and Making a Difference</i>	First impression: January, 2018	2018	Edited	978-93-86724-38-0

#### E- Modules

S.No	Details (Authors, Title, Year, URL)	Publisher	Date of Publication (DDMMYY)	Authored/Edited	Link

Research Publications:

#### International

S.No	Publication details (Authors, Title of article, Journal,	Date of	Imp	UGC	Scop	ISSN
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	Volume, Issue, Year, Page range of article, URL/DOI)	Publication	Impact Factor	Care List Journal Yes/No	Indexed Journal Yes/No	ISSN No
1.	Hawbam, S. & Singh, S. Impostor Phenomenon: Gender Differences and Role of Family Environment (). Impostor Phenomenon: Gender Differences and Role of Family Environment. The International Journal Research Publication's Research Journal of Social Science & Management, 8(4), 1-8.	August , 2018				ISSN:2511571
2.	Hawbam S (2017). Working Memory Predicts Reading Skills of Children at Risk of Dyslexia. <i>International Journal of Indian Psychology, Vol. 4</i> , (4), DIP:18.01.157/20170404, DOI:10.25215/0404.157	30-09-2017				ISSN 2349-3429
3.	Hawbam, S. (2014). Relation of Happiness and Coping Strategies among Adolescents and Adults. <i>Indian Journal Of Positive Psychology</i> , 5(4), 448-450. doi:10.15614/ijpp/2014/v5i4/88512	2014				ISSN: 2229-4937

### National

S.No	Publication details (Authors, Title of article, Journal, Volume, Issue, Year, Page range of article, URL/DOI)	Date of Publication	Impact Factor	UGC Care List Journal Yes/No	Scopus Indexed Journal Yes/No	ISSN No
1.	Hawbam, S. (2014). Successful Ageing through the Eyes of Manipuri Elders. 5(5). 610–613.	2014				2321-3698

### Conference Proceedings publication

S.No	Details (Authors, Book title, Article title, Year, page range of article)	Date of Publication (DDMMYY)	Name of conference	Venue of conference	ISBN No

### Conference Attended and Paper presentation

S.No	Type of Event	Name of Event	Venue of conference	Date of conference (Start date – End Date)	paper presented	No of papers presented
1.	National Seminar	Migration of youth from Northeast India to urban metro	Centre of Northeast India, Maharaja Agrasan College, Delhi	30-31 <sup>st</sup> July, 2019	Acculturation and its effect on North Eastern students in Delhi	1

			University			
2.	National Seminar	Psychology of National Integration	Dept of Applied Psychology, Delhi University	21-22 <sup>nd</sup> August, 2019	Acculturation Style and psychological health of Northeast students in Delhi	1
3.	International Conference	Integrating traditional healing practices and with contemporary western	Dept of psychology, Daulat Ram College, Delhi University	8-9 <sup>th</sup> January, 2019	Facing the challenges and future ahead	1
4.	International Conference	Integrating traditional healing practices and with contemporary western	Dept of psychology, Daulat Ram College, Delhi University	8-9 <sup>th</sup> January, 2019	Cognitive Benefits of Mindful Meditation	1
5.	International Conference	Integrating traditional healing practices and with contemporary western	Dept of psychology, Daulat Ram College, Delhi University	8-9 <sup>th</sup> January, 2019	Meditation and its psychological implications: a metanalysis	1
6.	National Conference	National Conference on Applications of Psychology Reaching out and Making a Difference	Department of Psychology, Daulat Ram College	18-19 <sup>th</sup> January, 2018	Forgiveness, Helping Attitude and Life satisfaction: Interrelationship , Age Difference and Gender Difference	1
7.	International Conference	International Conference on Cognitive Behavioural Intervention- India 2017	Indian association for Cognitive Behaviour Therapy (IACBT)	6 <sup>th</sup> -8 <sup>th</sup> March, 2017	Cognitive Intervention in Reading Skills for Children with Dyslexia	1
8.	International Conference	International Conference on Cognitive Behavioural Intervention, AIIMS 2015	All India Institute of Medical Sciences, New Delhi	2 <sup>nd</sup> -3 <sup>rd</sup> March, 2015	Cognitive Intervention for Children with Dyslexia: A Case Study	1
9.	National Seminar	National Seminar on Social Change in Contemporary India: Psychological Dimensions and Social Response	Sri Aurobindo College (Eve), University of Delhi	21 <sup>st</sup> -22 <sup>nd</sup> March, 2014	Conception of Successful Ageing among the Elderly in Manipur	1

**Resource Person (Conference/seminar/ workshop/training programme/ educational trips)**

S.No	Type of Event	Name of Event	Venue	Date of Event (Start Date- End Date)	State your role: Convener/Mem ber organizing committee/ Speaker/ Coordinator	Duration of Activity	No of participant in the programme
1.	International Conference	Integrating traditional healing practices and with contemporar y western	DRC	8-9 <sup>th</sup> January, 2019	Presented Keynote Address		
2.	International Conference	Integrating traditional healing practices and with contemporar y western	DRC	8-9 <sup>th</sup> January, 2019	Chaired a session		
3.	Paper Presentation Competition	National Paper Presentation Competition	Lady Shri Ram College	1 <sup>st</sup> March, 2019	Judged the competition		
4.	Workshop	Vth Value Engagement Programme	DRC	7 <sup>th</sup> Aug – 1 <sup>st</sup> Oct, 2019	Resource Person		
5.	Workshop	IVth Value Engagement Programme	DRC	7 <sup>th</sup> Aug – 11 <sup>th</sup> Sept, 2018	Resource Person		
6.	Workshop	IIIrd Value Engagement Programme	DRC	16 <sup>th</sup> -27 <sup>th</sup> Sept, 2017	Resource Person		
7.	Workshop	Skill Developmen Programme	DRC	3rd -15 <sup>th</sup> July, 2017	Resource Person		

8.	Workshop	Ind Value Engagement Programme	DRC	17 <sup>th</sup> Aug-18 <sup>th</sup> Oct, 2016	Resource Person		
9.	Workshop	Skill Development Programme	DRC	9 <sup>th</sup> – 16 <sup>th</sup> June, 2015	Resource Person		

#### Awards Won

S.No	Name of Award	Awarding Agency	Government/ NGO/ International/Private	Recognition area	Date of award (DDMMYY)	Type of Honor received
1.	Best Poster Presentation	Indian Association of CBT	International Conference	Cognitive intervention	March, 2017	2 <sup>nd</sup> best poster
2.	UGC-NET	UGC	Government	Psychology	June 2012	
3.	ICMR- JRF	ICMR	Government	Psychology	July 2012	

#### Extension Activity (Community related program )

S.No	Type of Activity	Centre and Venue	Title of Event	Role in the event	Date/period of Event (DDMMYY)	No of members of the community/students /Faculty benefitted

#### Membership of Professional Bodies

S.No	Type of Membership	Organisation	Year of Membership(Start Date )