

# Trabecular Pattern Analysis of Proximal Femur Radiographs for Osteoporosis Detection

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## Abstract

The most common approach to the study of the structural changes with age in the proximal femur is by means of the Singh index. However, subjectivity of its grades determination may limit its practical value. In this paper, we used several texture analysis techniques to characterize the trabecular pattern changes in proximal femur recorded in radiographs that lead to osteoporosis detection. Texture analysis was used to rank 41 radiographs and then compared to Singh index grading performed by experienced experts. We compare three texture analysis methods namely Gabor filter, wavelet transforms and fractal dimension to extract the features that represent the structural change in trabecular pattern. The assessment of osteoporosis can be performed by observing and analyzing the trabecular patterns recorded in proximal femur radiographs. The predetermined Singh indexes of trabecular pattern are used to justify the classification result. The features extracted using Gabor filter, wavelet transform and fractal analysis are found to be significantly correlated with predetermined Singh indexes ( $r=0.87$ ,  $r=0.84$  and  $r=0.79$  with  $p=0.001$ ).

**Keywords:** trabecular change, proximal femur, Gabor filter, wavelet transform, fractal dimension.

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## 1 INTRODUCTION

Osteoporosis is characterized by an absolute decrease in the amount of bone to a level below that required for mechanical support of normal activity and by the occurrence of non-traumatic skeletal fracture [1]. In other words osteoporosis is very much related to the bone strength. Optimal estimation of bone strength could probably be achieved if both bone structure and mass could be measured together [1].

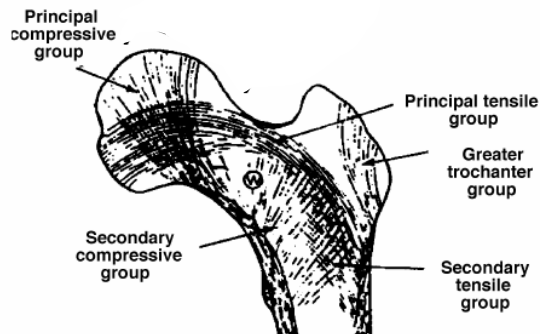
Bone mass can be measured by Bone Mineral Densitometry (BMD) techniques using various mode such as ultrasound or Dual Energy X-ray Absorptiometry (DEXA). For the time being DEXA is considered as a gold standard to detect osteoporosis. Bone structure can be estimated by observing the change of trabecular pattern in proximal femur radiograph. The observation of trabecular pattern

change for diagnosis of osteoporosis was first proposed in the 1960s using radiographs of proximal femur. The diagnosis was known as Singh Index grading system but always been considered too variable for diagnosis or epidemiology [2-5].

A number of physicians, due to the lack of diagnosis equipment like DEXA, observe the trabecular change visualize in proximal femur recorded in radiographs to assess osteoporosis. On radiographs, cancellous (trabecular) bone structure appears as a distinct pattern. Figure 1 shows radiograph of proximal femur and its groups of trabeculae.

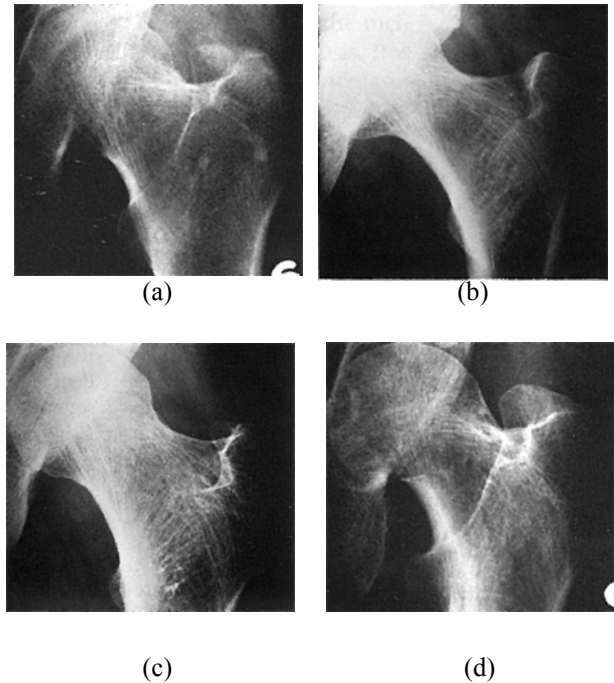
To solve the variability problem of Singh index grading system, we proposed the texture analysis system for osteoporosis assessment by observing trabecular change in proximal femur. Gabor filter, wavelet transforms and fractal analysis algorithms will be applied to extract the features of trabecular pattern

recorded on proximal femur radiographs. Initial research in features extraction of proximal femur trabecular pattern using Gabor filter and discrete wavelet transform (DWT) has been performed with quite promising result [6-7]. The extracted features will represent the quality or structure of the bone, better quality represents better bone strength, lower quality leads to low bone strength and could be suspected as osteoporotic. The extracted features of the samples, in the form of energy, are then compared with their corresponding Singh index determined by physician.



**Figure 1:** Proximal femur radiograph and its trabecular groups.

In this paper 4 grades of Singh index were used from women patients between 45 – 65 years of age. Figure 2 shows the sample of four Singh index grades. The principal tensile and principal compressive trabeculae is accentuated in grade 5, also the Ward's triangle appears prominent. In grade 4 the principal tensile trabeculae are markedly reduced but can still be traced from lateral cortex to upper part of the femoral neck. There is a break in the continuity of the principal tensile trabeculae opposite the greater trochanter in grade 3. This grade indicates definite osteoporosis. In grade 2 only principal compressive trabeculae stand out prominently, the remaining trabeculae have been essentially absorbed [4].



**Figure 2:** Singh index grades. (a). Grade 5, (b). Grade 4, (c). Grade 3, (d). Grade 2.

This paper is organized as follows, section 2 give a brief theory of texture analysis and human vision system, the basic theory of Gabor filter for texture analysis, a brief theory of discrete wavelet transform and a brief theory of fractal analysis using box-counting for fractal dimension measurement. Radiographs image enhancement is described in section 3 and features extraction method is described in section 4. In section 5 we present the experimental result. The conclusion of this paper is described in section 6.

## 2 TEXTURE ANALYSIS

Texture analysis algorithm has a wide range application from random field model to multi-resolution filtering. Multi-resolution or multi-channel filtering is an effective consideration in the field of texture analysis and could mimic characteristics of the human visual system (HVS) [8].

Research has shown that the HVS generates a multi-resolution decomposition and the Gabor function can be implemented as a multi-channel filter [8]. Multi-resolution filtering technique based on Gabor filter will be used in texture analysis of trabecular pattern in the proximal femur. The application of Gabor filter to calculate features from textured images is motivated by capability of the elementary Gabor function to simultaneously minimize the two dimensional uncertainty in space and frequency [8].

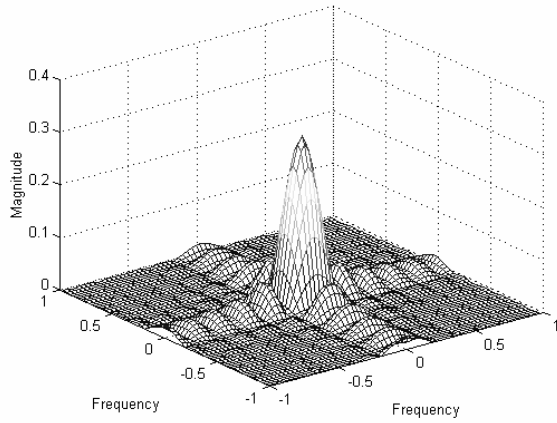
Gabor filter can be used as a model of simple cell receptive field in some mammals visual cortex [9]. In its development, Gabor filter are used in texture analysis and feature extraction [10-11]. Gabor feature has been used in several image analysis applications as in texture classification and segmentation [12-13].

The Gabor filter is applied to the classification of osteoporosis level based on the change in trabecular pattern. Classification is performed based on features extracted by Gabor filter in the form of energy. The classification results are then compared with the Singh index determined by physician.

### 2.1 Gabor Filter

Spatially, a Gabor function is a Gaussian modulated sinusoid. The 2-d Gaussian has an aspect ratio of  $\sigma_x/\sigma_y$ . The complex exponential has a spatial frequency of  $F$  an orientation of  $\theta$ . A complex Gabor filter represented as a 2-D impulse response is

$$h(x, y) = \frac{1}{2\pi\sigma_x\sigma_y} \exp\left\{-\frac{1}{2}\left[\frac{x^2}{\sigma_x^2} + \frac{y^2}{\sigma_y^2}\right]\right\} \exp(j2\pi Fx) \quad (1)$$



**Figure 3:** Impulse response of 2-D Gabor filter

Considering that  $x$ -axis of the Gaussian has the same orientation  $\theta$  as the frequency then rotation in  $x$ - $y$  plane provides for any arbitrary orientation of filter [10]. The corresponding representation in the spatial-frequency domain is

$$H(u, v) = \exp\left\{-2\pi^2\left[(u - F)^2\sigma_x^2 + v^2\sigma_y^2\right]\right\} \quad (2)$$

A rotation can be used to obtain any direction in the  $u$ - $v$  (spatial-frequency) as in the  $x$ - $y$  (spatial) plane.

There are six parameters that must be set when implementing this Gabor filter:  $F$ ,  $\theta$ ,  $\sigma_x$ ,  $\sigma_y$ ,  $B_F$ , and  $B_\theta$  [10]. The frequency and angular bandwidths ( $B_F$ ,  $B_\theta$ ) usually set as constant values. The frequency ( $F$ ) and orientation ( $\theta$ ) define the center of the filter. The unknown  $\sigma_x$  and  $\sigma_y$  are determined by following equations,

$$\sigma_x = \frac{\sqrt{\ln 2}(2^{B_F} + 1)}{\sqrt{2\pi}(2^{B_F} - 1)} \quad (3)$$

$$\sigma_y = \frac{\sqrt{\ln 2}}{\sqrt{2\pi F \tan(B_\theta / 2)}} \quad (4)$$

The variable  $\sigma_x$  is determined by setting the frequency cut-off to  $-6$  dB variable  $\sigma_y$  is determined by setting the frequency cut-off in angular direction to  $-6$  dB as well.

In this paper we used frequency bandwidth ( $B_F$ ) of one octave, center frequency spacing ( $S_F$ ) of one octave, angular bandwidth ( $B_\theta$ ) of  $30^\circ$  and  $45^\circ$ , and angular spacing ( $S_\theta$ ) of  $30^\circ$  and  $45^\circ$ . The shape of Gaussian used are an elliptical ( $B_\theta = S_\theta$ ) and circular ( $\sigma_x = \sigma_y$ ) [7]. The  $30^\circ$  angular bandwidth agrees more closely to physiologically derived HVS characteristics and  $45^\circ$  angular bandwidth is used as a comparison as researchers used this in their research [14].

### 2.2 Wavelet Transform

Continuous wavelet transform for 1-D signal,  $f(x)$ , defined as follows [14]

$$(W_a f)(b) = \int f(x) \psi_{a,b}^*(x) dx \quad (5)$$

$$\psi_{a,b}(x) = \frac{1}{\sqrt{a}} \psi\left(\frac{x-b}{a}\right) \quad (6)$$

where wavelet  $\chi_{a,b}$  computed from mother wavelet by translation and dilation. The 2-D form can be obtained using the product of 1-D filter.

Wavelet decomposition at  $J$  level can be written as

$$\begin{aligned} f_0(x) &= \sum_k c_{0,k} \phi_{0,k}(x) \\ &= \sum_k (c_{J+1,k} \phi_{J+1,k}(x) + \sum_{j=0}^J d_{j+1,k} \psi_{j+1,k}(x)) \end{aligned} \quad (7)$$

where coefficient  $c_{0,k}$  are given and coefficient  $c_{j+1,n}$  and  $d_{j+1,n}$  at scale  $j+1$  are related to coefficient  $c_{j,k}$  at scale  $j$  through

$$c_{j+1,n} = \sum_k c_{j,k} h(k - 2n) \quad (8)$$

$$d_{j+1,n} = \sum_k d_{j,k} g(k - 2n) \quad (9)$$

where  $0 \leq j \leq J$ .

Mother wavelet constructed by scale function  $\phi(t)$  and wavelet  $\psi(t)$  which satisfies the two-scale relation as follows [15], [16]

$$\phi(x) = \sqrt{2} \sum_k h(k) \phi(2x - k) \quad (10)$$

$$\psi(x) = \sqrt{2} \sum_k g(k) \phi(2x - k) \quad (11)$$

where

$$g(k) = (-1)^k h(1 - k) \quad (12)$$

Coefficient  $h(k)$  should have orthonormal property and can be obtained from mother wavelet function such as Daubechies, Biorthogonal, Haar or Battle-L  marie. Coefficient  $h(k)$  is low pass filter and coefficient  $g(k)$  is band pass filter.

To analyze discrete signal such as digital image, the discrete wavelet transform (DWT) should be used. In practice, DWT is computed by applying separated filter bank to signal  $f(x)$  or image  $I(x)$ .

$$L_n(b_i, b_j) = [H_x * [H_y * L_{n-1}]_{\downarrow 2,1}]_{\downarrow 1,2}(b_i, b_j) \quad (13)$$

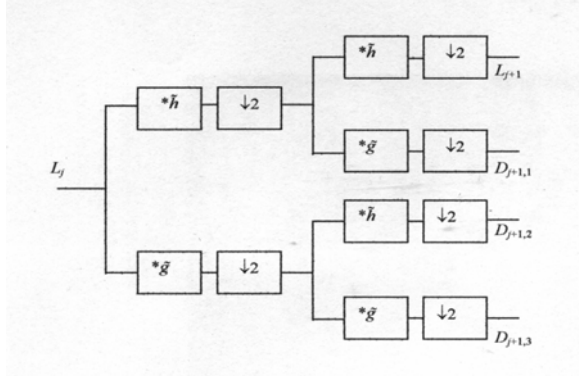
$$D_{n1}(b_i, b_j) = [H_x * [G_y * L_{n-1}]_{\downarrow 2,1}]_{\downarrow 1,2}(b_i, b_j) \quad (14)$$

$$D_{n2}(b_i, b_j) = [G_x * [H_y * L_{n-1}]_{\downarrow 2,1}]_{\downarrow 1,2}(b_i, b_j) \quad (15)$$

$$D_{n3}(b_i, b_j) = [G_x * [G_y * L_{n-1}]_{\downarrow 2,1}]_{\downarrow 1,2}(b_i, b_j) \quad (16)$$

\* is convolution operator,  $\downarrow_{2,1}$  ( $\downarrow_{1,2}$ ) is sub sampling along row(column) and  $L_0 = I(x)$  is original image.  $H$  and  $G$  are low pass and band pass filter respectively.  $L_n$  is the result of low pass filtering and thus referred as low resolution image at scale  $n$ .  $D_{ni}$  is obtained from band pass filtering at certain direction and thus containing detail direction information at scale  $n$  and called as detail image.

Original image  $I$  is represented by a set of sub image at different scale:  $\{L_d, D_{ni}\}_{i=1,2,3; n=1..d}$  which is the multiscale representation with depth  $d$  of image  $I$ . For this research, the mother wavelet function used is Haar wavelet. The application of equations 13, 14, 15 and 16 for the calculation of 2-D wavelet coefficients is shown in decomposition scheme as follow



**Figure 4:** Decomposition scheme for the calculation of 2-D wavelet coefficients.

### 2.3 Fractal Dimension

Fractal based texture classification is another approach that could be applied to analyze trabecular change in proximal femur. A fractal is defined as a set for which Hausdorff-Besicovich dimension is greater than the topological dimension [17]. One way to measure fractal dimension is using box-counting algorithm [18]. The box-counting dimension is much more widely used than the self-similarity dimension since the box-counting dimension can measure pictures that are not self-similar (and most real-life applications are not self-similar).

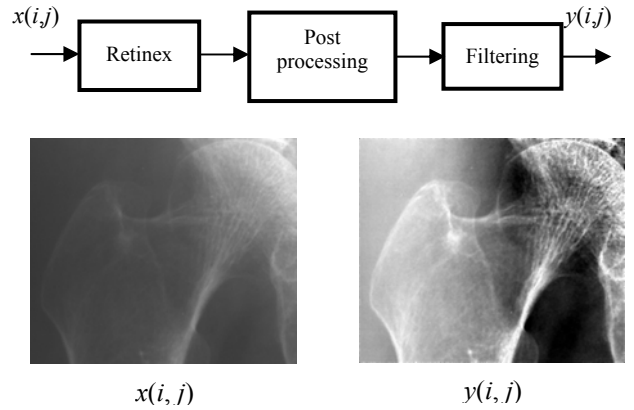
To calculate this dimension for a fractal  $S$ , imagine this fractal lying on an evenly-spaced grid, and count how many boxes are required to cover the set. The box-counting dimension is calculated by seeing how this

number changes as we make the grid finer. Suppose that  $N(\varepsilon)$  is the number of boxes of side length  $\varepsilon$  required to cover the set. Then the box-counting dimension is defined as:

$$\dim_{box}(S) = \lim_{\varepsilon \rightarrow 0} \frac{\log N(\varepsilon)}{\log(1/\varepsilon)} \quad (17)$$

## 3 IMAGE ENHANCEMENT OF RADIOGRAPHS

The 41 proximal femur radiographs in this study were taken at Department of Radiology, Hasan Sadikin State Hospital in Bandung, Indonesia. Despite taken from the same location, the image quality of the radiographs were varied. To achieve better image quality, the radiographs were undergone several steps to enhance the quality as depicted in Figure 5.



**Figure 5:** Image enhancement of radiographs

Before further processing, the radiographs were digitized using scanner at 300 dpi resolutions. The digitized radiographs were processed using retinex algorithm [19]. The images then post-processed by stretching the histogram. To achieve better quality, several filtering algorithms were applied to the images.

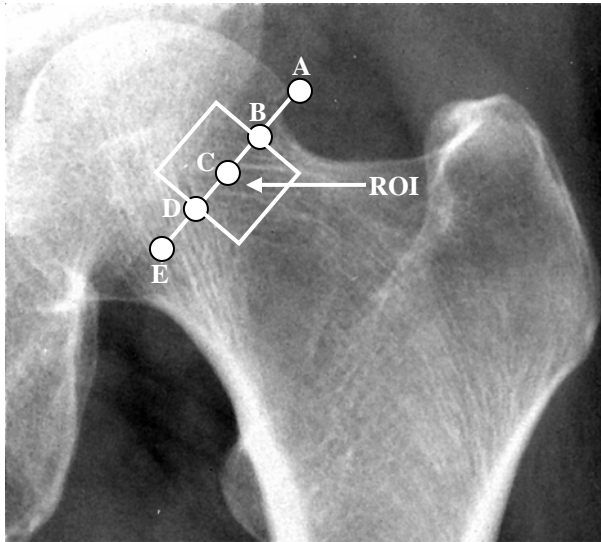
## 4 FEATURES EXTRACTION

Extraction of Gabor and wavelet features were performed using energy calculation as follows

$$e(x) = \frac{1}{MN} \sum_{i=1}^M \sum_{j=1}^N |x(m,n)|^2 \quad (18)$$

for image  $x(m,n)$  with  $1 \leq m \leq M$  and  $1 \leq n \leq N$ .

Gabor and wavelet features and fractal dimension were calculated on certain region of interest (ROI) of proximal femur known as Ward's triangle and femoral neck. The Ward's triangle is the region that is most sensitive to bone mass lost [3]. Figure 6 shows the ROI used in this paper.



**Figure 6:** Region of Interest (ROI)

One region of interest (ROI) was selected relative to the principal trabecular systems in locations about the Ward's triangle. To ensure reproducibility, its location was determined in relation to the centre of the narrowest part of the femoral neck. Points A to E are determined by the femoral neck and used to locate the ROI. Points A and E mark the femoral neck width. Points B, C and D lie at  $\frac{1}{4}$ ,  $\frac{1}{2}$  and  $\frac{3}{4}$  along this line. The ROI is in the form of square box with its sides equal to  $\frac{1}{2}$  of the line AE and point C located in the center.

## 5 RESULTS

In this paper we used three different trabecular patterns of 41 proximal femur radiographs courtesy of Department of Radiology, Hasan Sadikin State Hospital, Bandung, Indonesia. These radiographs have been examined by 3 expert physicians and classified as grade 2 to grade 5 according to Singh index. The higher grade means better bone quality.

In this experiment we used Gabor filter with  $B_\theta = S_\theta = 30^\circ$ , normalized center frequencies of  $\frac{\sqrt{2}}{2^5}$  and  $\frac{\sqrt{2}}{2^6}$  with  $0^\circ, 30^\circ, 60^\circ, 90^\circ, 120^\circ, 150^\circ$  orientations [7]. Wavelet feature were obtained from level 2 and 3 decomposition for approximation coefficient [6].

The feature extracted from Gabor and wavelet features by energy calculation and fractal dimension are then compared with predetermined Singh index to investigate the capability of these features to assess the trabecular change as stated in Singh index.

**Table 1:** Gabor, Wavelet & fractal dimension features with their corresponding Singh indexes

Patients	Singh Index	Gabor Feature	Wavelet Feature	Fractal Dimension
Patient-01	4	0.41	0.38	1.88
Patient-02	5	0.55	0.50	1.92
Patient-03	5	0.65	0.65	1.95

Patient-04	4	0.32	0.31	1.80
Patient-05	4	0.54	0.47	1.92
Patient-06	4	0.31	0.38	1.89
Patient-07	4	0.48	0.44	1.91
Patient-08	3	0.26	0.23	1.83
Patient-09	5	0.56	0.54	1.94
Patient-10	4	0.35	0.38	1.87
Patient-11	4	0.36	0.35	1.89
Patient-12	4	0.43	0.43	1.89
Patient-13	5	0.57	0.50	1.92
Patient-14	4	0.39	0.36	1.88
Patient-15	4	0.39	0.37	1.90
Patient-16	3	0.24	0.23	1.84
Patient-17	4	0.39	0.43	1.92
Patient-18	4	0.48	0.54	1.94
Patient-19	4	0.51	0.52	1.93
Patient-20	4	0.50	0.44	1.89
Patient-21	4	0.28	0.22	1.84
Patient-22	4	0.41	0.39	1.85
Patient-23	4	0.50	0.51	1.89
Patient-24	4	0.36	0.34	1.88
Patient-25	4	0.52	0.55	1.92
Patient-26	4	0.38	0.37	1.87
Patient-27	3	0.25	0.22	1.81
Patient-28	4	0.32	0.28	1.87
Patient-29	4	0.60	0.55	1.93
Patient-30	4	0.46	0.43	1.91
Patient-31	5	0.54	0.51	1.93
Patient-32	4	0.56	0.56	1.88
Patient-33	4	0.40	0.41	1.89
Patient-34	4	0.42	0.37	1.84
Patient-35	4	0.37	0.34	1.82
Patient-36	5	0.62	0.57	1.92
Patient-37	5	0.54	0.55	1.94
Patient-38	4	0.29	0.27	1.83
Patient-39	4	0.41	0.46	1.91
Patient-40	4	0.43	0.45	1.91
Patient-41	4	0.46	0.46	1.90

For each proximal femur radiograph the corresponding Gabor feature, wavelet feature, fractal dimension and the predetermined Singh index are listed in Table 1. The correlation coefficients can be easily calculated. These correlation coefficients measure how

significant they are with Singh index. Cross-correlation between Singh index, Gabor feature, wavelet feature and fractal dimension is shown in Table 2.

**Table 2:** Cross-correlation between Singh indexes, Gabor features, wavelet features and fractal dimensions ( $p = 0.001$ ).

	Singh Index	Gabor Feature	Wavelet Feature	Fractal Dimension
Singh Index	1			
Gabor Feature	0.87	1		
Wavelet Feature	0.84	0.95	1	
Fractal Dimension	0.79	0.80	0.86	1

It is clear from Table 2 that Gabor feature has the most significant correlation to Singh index for particular patient. However, the differences in correlation coefficient between Gabor features, wavelet features and fractal dimensions are relatively small.

It is possible to use Gabor feature, wavelet feature and fractal dimension solely as a measure of Singh index. The advantage of using the texture analysis algorithm is to reduce subjectivity of observers. As Singh index measures the change of trabecular in proximal femur, this computerized texture analysis algorithm will be able to assess the bone quality.

However the accuracy of this assessment is very much depends on the radiographs quality. The radiographs used in this research are obtained from the same source.

## 6 CONCLUSION

Gabor filter and discrete wavelet transform has successfully applied to texture analysis of the trabecular pattern recorded in the radiograph of proximal femur. The extracted features from trabecular pattern in the form of energy were able to give information about the quality of the bones for the assessment of osteoporosis. The fractal dimension using box counting algorithm also has a significant correlation to bone quality assessment using Singh index

With these computerized algorithms it is possible to use them for screening purpose as radiographic facilities are available all over the country. The early detection of osteoporosis by the change in trabecular bone assessed using these algorithms will become a significant contribution to improve the quality of healthcare.

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