1. Communication
   1. Hearing
   2. Seeing
   3. Speaking
   4. Ability to express intentions
2. Orientation
   1. Temporal
   2. Local
   3. Personal
   4. Situational
3. Movement
   1. Walking
   2. Standing
   3. Sitting
   4. Laying down
   5. Ability to visit infrastructure (stores, work, doctor)
4. Vital functions
   1. Breathing
   2. Cardio-vascular system
   3. Sensing of temperature
5. Self grooming
   1. Showering/bathing
   2. Body care
      1. Skin
      2. Mouth
      3. Shaving
      4. Hair
      5. Nails
      6. Ears
      7. Nose
      8. Eyes
6. Eating and drinking
   1. Eating
   2. Drinking
   3. Food preparation
7. Excretion
   1. Urination
   2. Defecation
   3. Urinary incontinence
   4. Fecal incontinence
8. Dressing oneself
   1. Dressing up
   2. Undressing
   3. Choosing appropriate clothing
9. Resting and sleeping
   1. Falling asleep
   2. Staying asleep
   3. Need for sleep
10. Keeping oneself busy
    1. Performing a hobby
    2. Using media
    3. Day planning
11. Feeling as woman or man
    1. Gender identity
    2. Sexual orientation
    3. Private life
12. Being in a safe environment
    1. Risk of injury
    2. Risk of infection
    3. Self-endangerment (risk of self-injury?)
    4. Endangerment of others
13. Social life
    1. Relationship to surroundings and neighborhood
    2. Keeping in touch with social contacts
14. Dealing with existential questions of life
    1. Experiences of loss
       1. Mourning for a deceased one
       2. Loss of environment or surroundings
       3. Loss of autonomy
       4. Separation from family
    2. Sufferings
       1. Illness
       2. Hopelessness
       3. Feeling of worthlessness
    3. Fears
       1. Dying
       2. Illness
       3. Loneliness
       4. Poverty