Name

Institution

Course

Date

Assignment - History

First assignment

https://youtu.be/iXuEI1AG\_OE

Based in the short videos in this folder, and some independent research of your own, answer the following questions:

1. Why do we study History?

History helps us understand the people and communities. It offers information on how community and people behave. It further helps us understand the activities that the community engage in, and thus helping to make better community and people (**Stearns,** 1998).

1. In a paragraph or two, what is the history of mental illness in the US?

Majority believe that mental illness started as a religious punishment or demonic possession. Negative attitudes towards mental illness persisted into the 18th century in the United States, leading to stigmatization of mental illness, and unhygienic (and often degrading) confinement of mentally ill individuals.

1. When did Fountain House open and by whom?

Fountain House started in 1940 at Rockland State Hospital in Orangeburg, in New York. It started when a group of patient met and started sharing stories, read and painted and took part in social functions. Afterwards, they met again outside the hospital and continued with the club. Their belief was to support one another with life challenge problems ad sustain their social community. They hoped that their successful recovery would eventually transform community’s view on people living with mental stigma.

1. What is the Clubhouse Model of Psychosocial Rehabilitation?

This is a comprehensive and dynamic program to give assistance and chances for individuals undergoing severe and persistent mental illness.

1. Where do the 2016 Presidential Candidates stand on Mental Health issues?

According to the 2016 Presidential Candidates, almost a fifth of Americans experience mental illness every year (Witkin, 2016).

Work cited

# Witkin R., (2016). Where the 2016 Candidates Stand on Mental Health Issues.

# **Stearns N.P, (**1998). Why Study History? (1998). American History Association.

# Adapted from PBS Online’s “Timeline: Treatments for Mental Illness”. Retrieved 27 June 2012.