

№ 1

a)

1) false

2) true

3) false

4) false

5) true

6) false

b)

a)

1) a

2) a

3) b

4) c

5) a

6) c

№ 2

a)

1) good

2) bad

3) bad

4) good

5) good

6) good

7) good

8) good

## **A Week Without Cars or Public Transport**

For one week, I decided to challenge myself by walking or cycling everywhere instead of using a car or public transport. Normally, I rely on buses and taxis to get around, which is convenient but not always the healthiest or most environmentally friendly choice. Initially, I felt excited but also worried about how practical walking and cycling would be compared to my usual routine.

### **The Positive Side of the Experience**

The week turned out to have some great moments. Walking and cycling gave me the chance to exercise more, something I often neglect. I felt more energetic and healthier after just a few days. Another surprising benefit was the opportunity to notice interesting things around me that I usually miss when traveling by car or bus, such as beautiful parks and local shops. Moreover, it was definitely cheaper since I didn't have to pay for fuel or tickets.

### **The Challenges**

However, it wasn't all easy. Walking and cycling took significantly longer than driving or taking a bus. On some days, bad weather made the experience unpleasant, with rain soaking me during my morning walks. Additionally, cycling in busy areas felt dangerous at times, especially on roads without proper bike lanes.

### **Reflection and Lessons Learned**

Overall, I think walking and cycling are great alternatives in some situations. They are healthier and more sustainable options that I should try to incorporate more into my daily life. However, there are times when using a car or public transport is necessary, such as during bad weather or for longer journeys. This experience taught me to find a balance and reduce my reliance on cars whenever possible.