

Cognitive Load Theory

```
# word_lengths(["red", "green", "blue"]) => [3, 5, 4]
define word_lengths(list_of_words):
    list_of_lengths = []
    for each ____ in ____:
        list_of_lengths.append(____)
    return list_of_lengths
```

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```
# join_all(["red", "green", "blue"]) => "redgreenblue"
define join_all(list_of_words):
    joined_words = ""
    for each word in list_of_words:
        joined_words += word
    return joined_words
```