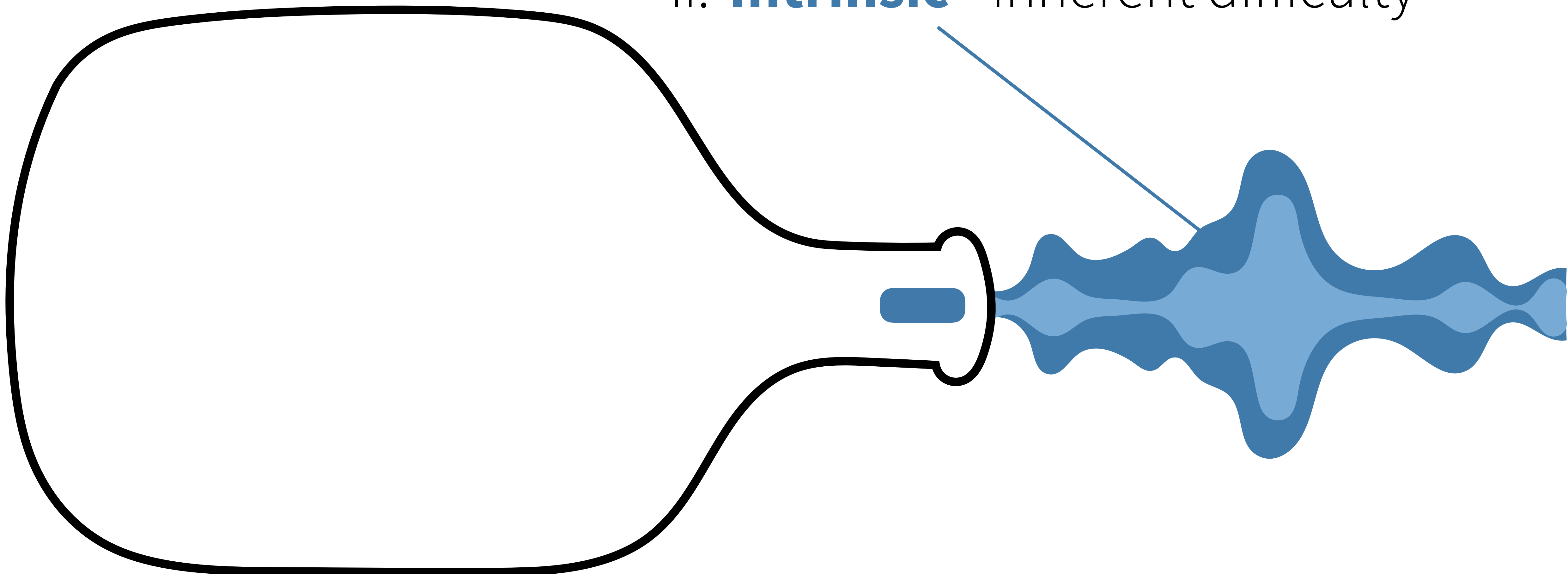


Cognitive Load Theory

- i. **Extraneous** - lost to distractions
- ii. **Intrinsic** - inherent difficulty



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- i. **Extraneous** - lost to distractions
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- iii. **Germane** - encoding effort

