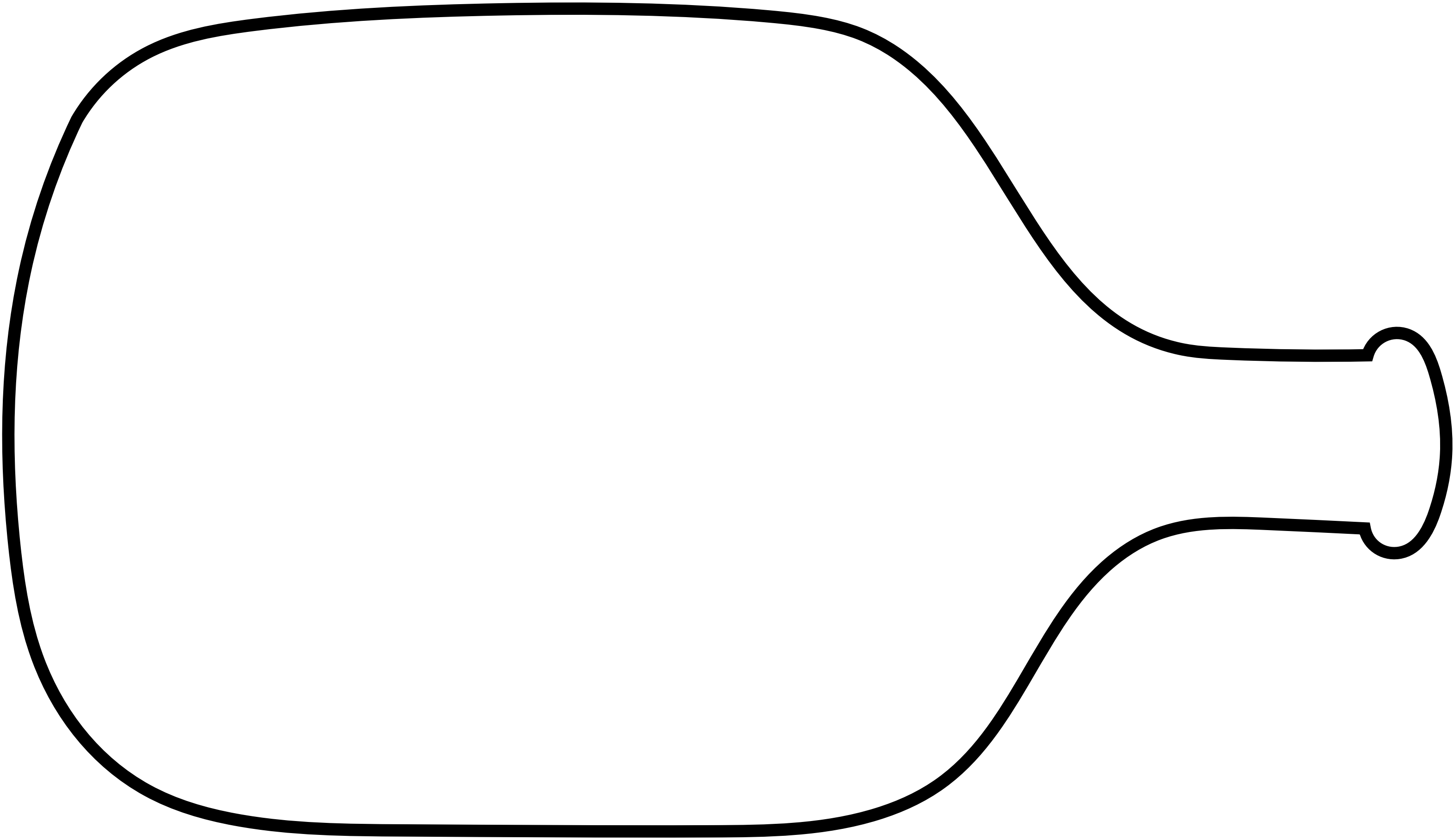




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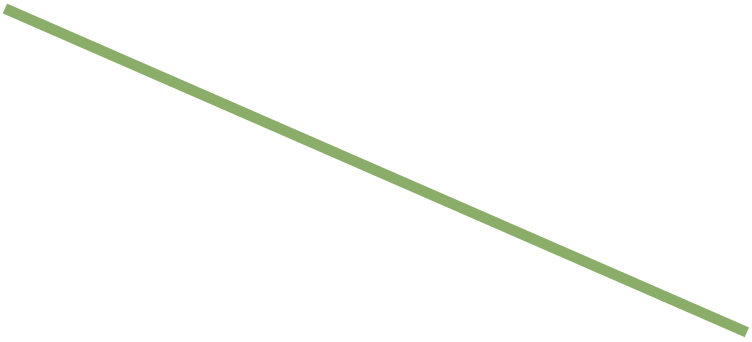


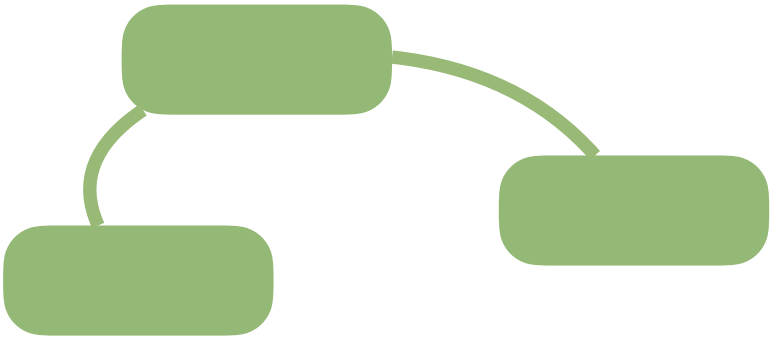
i. Extraneous - lost to distractions

iii. **Intrinsic** - inherent difficulty



iii. Germane - encoding effort



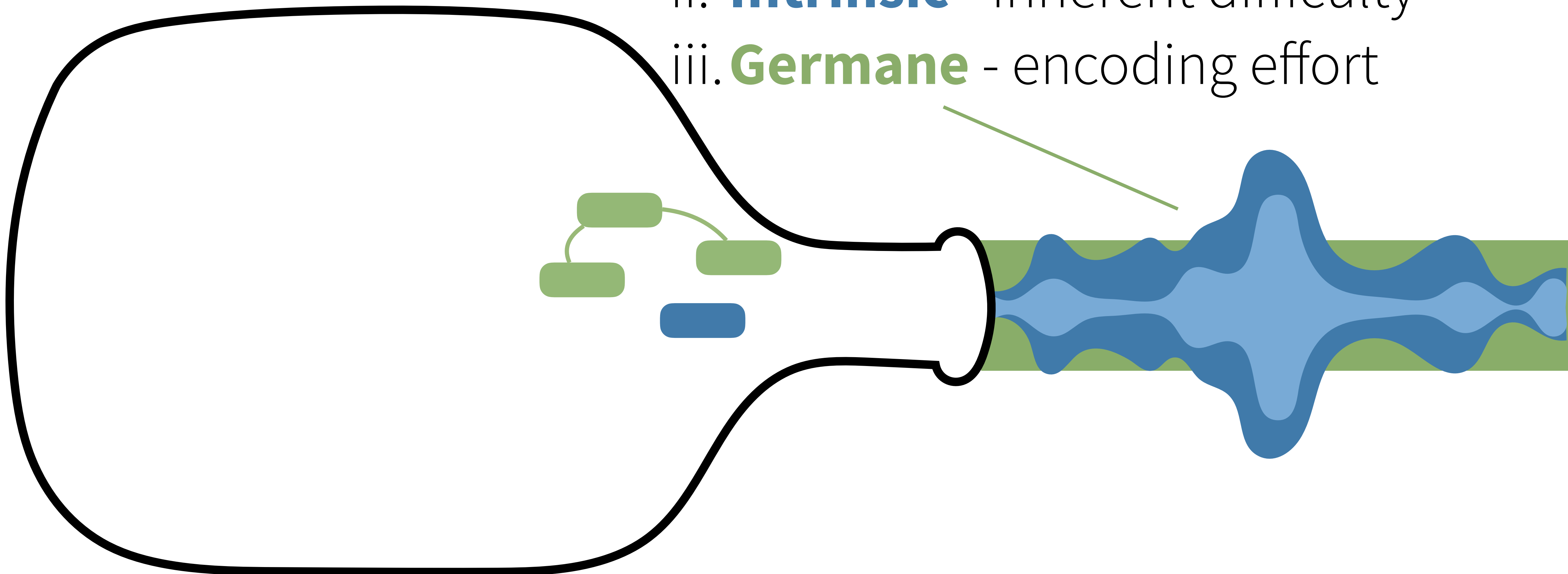




Cognitive Load Theory

# Cognitive Load Theory

- i. **Extraneous** - lost to distractions
- ii. **Intrinsic** - inherent difficulty
- iii. **Germane** - encoding effort



# Cognitive Load Theory

```
# total_length(["red", "green", "blue"]) => 12  
define total_length(list_of_words):  
    total = 0  
    for each word in list_of_words:  
        total = total + word.length()  
    return total
```