

## **Mental health awareness, Growth Together Text Copy**

Hannah Gabanay

**Home Page:** Intro & Welcome - Brief overview of the event, cause, and details

Welcome to Growth Together!

About [\[link\]](#)

Program [\[link\]](#)

Shop[\[link\]](#)

Grow Together is a three day multi-event program to help raise awareness of personal growth and mental health issues centered around our environments.

Proceeds from Growth Together will go to the NAMI or the National alliance of mental illness and its cause to provide education and awareness of the importance of mental health. The rise in mental health issues over the last decade has been enormous, but part of that has been the acceptance of talking about our issues.

Learn more on the Facts page. [\[link\]](#)

Sign up for updates

Social Media

Accessibility

FAQ

**About Page:** What is the benefit, why is it being created, who is it for, who does the program include, and when and where will it be

Grow Together is about rethinking our environments and their effect on us— how do we personalize it? From its impact on our mental and physical health to the impact on the environment, Grow Together is a three day educational and interactive seminar dedicated to providing space in which we examine our environments and how we can improve them and ourselves.

**Schedule / Lineup:** Who is Featured, what is the schedule- include here a detailed description of each event including date and time

Friday May 5, 2023 - Plants and People documentary screening @ sloat garden centers in SF.

Saturday May 6, 2023 - Repotting day, plant and people care day @ sloat garden centers in SF.

Sunday May 7, 2023 - Guest speaker Danae Horst, The importance of plants, our environments for the healthy mind, @ Conservatory of Flowers

**Other Page:** define what this will be and include any other information here (FAQ, Shop, Links, etc)

Welcome to our Shop!

I want to offer several merchandise items that help us remember to help ourselves, with 50% of proceeds going towards NAMI.

Display 2 merch items(tote bag, plant pots)

Here are the link to the active website and figma:

<https://www.figma.com/file/sM0VIWiy5SGQeIsG1M7IEh/Grow-Together?node-id=1%3A3&t=gCPoVu79w7Euxy14-1>

<https://growtogether.cargo.site/>