



MON 7 OCT	TUE 8 OCT	WED 9 OCT	THU 10 OCT	FRI 11 OCT
ENJOY SOME FRUIT, FRESH OR A HEALTHY SNACK - BREAKOUT AREA!				
<b>HEALTHY BREAKFAST</b>  All Day <b>MASSAGES IN THE OFFICE</b> <i>Lean 5</i> <a href="#">BOOK HERE</a>	All Day <b>HANDS PROCEDURES IN THE OFFICE</b> <i>Green 3</i> <a href="#">BOOK HERE</a>	9.30 - 10.30 <b>WATER AEROBICS</b> <i>Vitosha Park Hotel SPA Centre</i> <a href="#">BOOK HERE</a>	10.00 - 11.00 <b>BOXING CLASS</b> <i>Max3 GYM BBC Martial Arts Hall</i> <a href="#">BOOK HERE</a>	All Day <b>MASSAGES IN THE OFFICE</b> <i>Lean 5</i> <a href="#">BOOK HERE</a>
16.00 - 17.30 <b>POWER YOGA</b> <i>Max3 GYM BBC Aerobics Hall</i> <a href="#">BOOK HERE</a>	10.00 - 11.00 <b>PUFIT ABS WORKOUT</b> <i>Max3 GYM BBC Aerobics Hall</i> <a href="#">BOOK HERE</a>	13.30 - 15.30 <b>PAINTING CLASS WITH POLYA</b> <i>Breakout Area</i> <a href="#">BOOK HERE</a>		All Day <b>NAILS IN THE OFFICE</b> <i>Green 3</i> <a href="#">BOOK HERE</a>
	15.30 - 17.30 <b>MAKE-UP CLASS</b> <i>Breakout Area</i> <a href="#">BOOK HERE</a>		16:00 - 17:00 <b>TRAMPOLINES JUMPING</b> <i>Just Place trampolines</i> <a href="#">BOOK HERE</a>	10.00 - 11.00 <b>TABATA</b> <i>Max3 GYM BBC Aerobics Hall</i> <a href="#">BOOK HERE</a>
<b>FIND THE HIDDEN SURPRISE</b>		<b>FIND THE HIDDEN SURPRISE</b>		<b>FIND THE HIDDEN SURPRISE</b>



Sessions that need to be booked - **PLEASE BOOK**