CPD planned learning form

1. What are you planning to learn?

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| influenza 2018-2019  this virus consists of type A, B and c, type A is associated with flu outbreaks most years and the usual cause of epudemics and pandemices. the influenza virus causes aburden and a crisis to the health services as many elder, young and at risk groups are adminited for treatment every year. Therefore, in England the NHS provide a annual vaccination proggramm for at risk groups to try and reduce the number of people needind immediate care in the winter months.  vaccination should start around September to provide better cover. in 2018 the at risk goups incluce all children 1-5 years, aged 65 and over, pregnant women, people living in long-stay residential care homes, carers and household contacts of immunocompromised individuals and individuals with chronic diseases.  most significantal difference this year is that 3 types of vaccines are available. the live attenuated vaccine used for children as a nasal spray, the trivalent reccommened for over 65s and quadrivalent. publice health england have recommended trivalent beause it contains adjuvants which enhance the immune response. |

1. **How are you planning to learn it?**

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| i am using Public Health England annual flu training resoures to learn and update my knowledge about the virus. i am also using hubnet for further information |

1. **Give an example of how this learning has benefited the people using your services.**

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| i am a pharmacist who offers flu vaccination to my patients therefore, the knowledge i have acquired will help enhance my skills to provide a better service. i will be able to give the recommended vaccines to appropriate patients. |