Treating employees with free spa services is not an alien concept to the world of business. A multitude of co-operative businesses like banks have already recognized the health benefits and even business benefits that come with spa treatment. While there is no denying that spa provides a very needed shift from stressful regular workdays to relaxing and mentally rejuvenating time all the while healing physical exhaustion, treating workers with free spa has proven to improve their productivity and efficiency at work. Workers not only have awareness about the overall wellbeing that follows a good spa session, but also have a very positive feedback with being genuinely cared for and nurtured by the organization with free spa services contrary to being ground with volumes of tasks regularly. Free spa service is a win-win game for both co-op businesses and its workers . It is very essential for workers specially those who have high stress jobs sitting at a single place like in the bank to treat themselves with refreshing leisure in order to be able to keep working in those stressful environment. This helps workers to emerge like a phoenix from the ashes of stress and exhaustion so that they can provide better efficiency and productivity to the organization.