

# STRESS Installation and Commands — Amazon Linux 2023

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## ✅ STRESS Installation on Amazon Linux 2023

Run the following commands in your terminal to install the STRESS tool on Amazon Linux 2023:

```
sudo dnf update -y  
sudo dnf install stress -y
```

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## 🚀 Run STRESS Test

Execute the following command to perform a stress test with sleep intervals:

```
stress -c 4 -t 60 && sleep 60 \  
&& stress -c 4 -t 60 && sleep 60 \  
&& stress -c 4 -t 360 && sleep 30 \  
&& stress -c 4 -t 460 && sleep 30 \  
&& stress -c 4 -t 360 && sleep 60
```

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## 💡 For Ubuntu Users

To install STRESS on Ubuntu, use the following commands:

```
sudo apt update  
sudo apt install stress -y
```

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