Food Consumption Module/s

Below you can find the module based on the food consumption indicators you need to collect for the *Food Consumption Score (FCS) / Food Consumption Score Nutrition (FCS-N) / Household Dietary Diversity Score (HDDS) Diversity Score (HDDS)*

|  |  |  |  |
| --- | --- | --- | --- |
| **FOOD CONSUMPTION DIETARY DIVERSITY AND FOOD SOURCES** | | | |
| **Food Groups** | **Variable Name** | **Question** | **Response Options** |
| **Intro** | **Now I will ask you a series of questions about how often members of your household ate/drank food items, prepared and/or consumed at home, and the sources for these foods.** | | |
| Cereals and tubers | FCSStap | Over the last 7 days, how many days did members of your household eat :  *Cereals, grains, roots and tubers*, such as: (Rice, pasta, bread, sorghum, millet, maize, fonio, potato, yam, cassava, white sweet potato replace with locally relevant examples ) ? | Days 0 – 7 |\_\_|  *If FCSStap=0*  *go to FCSPulse* |
| FCSStapSRf | Over the last 7 days, what was the main source of  *Cereals, grains, roots and tubers*, such as: (Rice, pasta, bread, sorghum, millet, maize, fonio, potato, yam, cassava, white sweet potato replace with locally relevant examples ) ? | use codes at bottom of module|\_\_|\_\_| |
| HDDSStapCer | Yesterday, during the day and night, did members in your household eat  *Cereals and grains*, such as: (Rice, pasta, bread, sorghum, millet, maize, fonio replace with locally relevant examples ) ? | 0 ) No 1) Yes  |\_\_| |
| HDDSStapRoot | Yesterday, during the day and night, did members in your household eat :  *Roots and Tubers*, such as: (potato, yam, cassava, white sweet potato replace with locally relevant examples) ? | 0 ) No 1) Yes  |\_\_| |
| Pulses | FCSPulse | How many days over the last 7 days, did members of your household eat :  *Legumes / nuts*, such as: (beans, cowpeas, peanuts, lentils, nut, soy, pigeon pea and / or other nuts replace with locally relevant examples ) ? | Days 0 – 7 |\_\_|  *If FCSPulse=0*  *go to FCSDairy* |
| HDDSPulse | Yesterday, during the day and night, did members in your household eat  *Legumes / nuts*, such as: (beans, cowpeas, peanuts, lentils, nut, soy, pigeon pea and / or other nuts replace with locally relevant examples ) ? | 0 ) No 1) Yes  |\_\_| |
| FCSPulseSRf | Over the last 7 days, what was the main source of  *Legumes / nuts*, such as: (beans, cowpeas, peanuts, lentils, nut, soy, pigeon pea and / or other nuts replace with locally relevant examples ) ? | use codes at bottom of module|\_\_|\_\_| |
| Milk and Dairy | FCSDairy | Over the last 7 days, how many days did members of your household eat/drink :  *Milk and dairy products*, such as: (fresh milk / sour, yogurt, cheese, other dairy products replace with locally relevant examples ) excluding margarine / butter or small amounts of milk for tea / coffee ? | Days 0 – 7 |\_\_|  *If FCSDairy=0*  *go to FCSPr* |
| HDDSDairy | Yesterday, during the day and night, did members in your household eat/drink:  *Milk and dairy products*, such as: (fresh milk / sour, yogurt, cheese, other dairy products replace with locally relevant examples ) excluding margarine / butter or small amounts of milk for tea / coffee ? | 0 ) No 1) Yes  |\_\_| |
| FCSDairySRf | Over the last 7 days, what was the main source of  *Milk and dairy products*, such as: (fresh milk / sour, yogurt, cheese, other dairy products replace with locally relevant examples ) excluding margarine / butter or small amounts of milk for tea / coffee ? | use codes at bottom of module|\_\_|\_\_| |
| Meat, fish and eggs | FCSPr | Over the last 7 days, how many days did members of your household eat:  *Meat, fish, eggs*, such as: (goat, beef, chicken, pork, blood, fish, including canned tuna, escargot, and / or other seafood, eggs replace with locally relevant examples ) consumed in large quantities and not as a condiment ? | Days 0 – 7 |\_\_|  *If FCSPr=0*  *go to FCSVeg* |
| FCSPrSRf | Over the last 7 days, what was the main source of :  *Meat, fish, eggs*, such as: (goat, beef, chicken, pork, blood, fish, including canned tuna, escargot, and / or other seafood, eggs replace with locally relevant examples ) consumed in large quantities and not as a condiment ? | use codes at bottom of module|\_\_|\_\_| |
| FCSPrMeatF | Over the last 7 days, how many days did members of your household eat:  *Flesh/red meat* , such as: (beef, pork, lamb, goat, rabbit, chicken, duck, other birds, insects replace with locally relevant examples ) consumed in large quantities and not as a condiment ? | Days 0 – 7 |\_\_| *If FCSPrMeatF =0 go to FCSPrMeatO* |
| HDDSPrMeatF | Yesterday, during the day and night, did members in your household eat:  *Flesh/red meat* , such as: (beef, pork, lamb, goat, rabbit, chicken, duck, other birds, insects replace with locally relevant examples ) consumed in large quantities and not as a condiment ? | 0 ) No 1) Yes  |\_\_| |
| FCSPrMeatO | Over the last 7 days, how many days did members of your household eat:  *Organ meat*, such as: (liver, kidney, heart and / or other organ meats replace with locally relevant examples ) consumed in large quantities and not as a condiment ? | Days 0 – 7 |\_\_| *If FCSPrMeatO=0 go to FCSPrFish* |
| HDDSPrMeatO | Yesterday, during the day and night, did members in your household eat:  *Organ meat*, such as: (liver, kidney, heart and / or other organ meats replace with locally relevant examples ) consumed in large quantities and not as a condiment ? | 0 ) No 1) Yes  |\_\_| |
| FCSPrFish | Over the last 7 days, how many days did members of your household eat:  *Fish and shellfish*, such as: (fish, including canned tuna, escargot, and / or other seafood replace with locally relevant examples ) consumed in large quantities and not as a condiment ? | Days 0 – 7 |\_\_| *If FCSPrFish =0 go to FCSPrEgg* |
| HDDSPrFish | Yesterday, during the day and night, did members in your household eat:  *Fish and shellfish*, such as: (fish, including canned tuna, escargot, and / or other seafood replace with locally relevant examples ) consumed in large quantities and not as a condiment ? | 0 ) No 1) Yes  |\_\_| |
| FCSPrEgg | How many days over the last 7 days, did members of your household eat : *Eggs ?* | Days 0 – 7 |\_\_| *If FCSPrEgg =0 go to FCSVeg* |
| HDDSPrEgg | Yesterday, during the day and night, did members in your household eat: *Eggs ?* | 0 ) No 1) Yes  |\_\_| |
| Vegetables | FCSVeg | Over the last 7 days, how many days did members of your household eat:  *Vegetables and leaves* ,such as (spinach, onion, tomatoes, carrots, peppers, green beans, lettuce, etc. replace with locally relevant examples ) ? | Days 0 – 7 |\_\_|  *If FCSVeg =0 go to FCSFruit* |
| FCSVegSRf | Over the last 7 days, what was the main source of  *Vegetables and leaves* ,such as (spinach, onion, tomatoes, carrots, peppers, green beans, lettuce, etc. replace with locally relevant examples ) ? | use codes at bottom of module|\_\_|\_\_| |
| FCSVegOrg | Over the last 7 days, how many days did members of your household eat:  *Orange vegetables* *(rich in Vitamin A),* such as: (carrot, red pepper, pumpkin, orange sweet potatoes, etc. replace with locally relevant examples ) ? | Days 0 – 7 |\_\_|  *If FCSVegOrg =0 go to FCSVegGre* |
| HDDSVegOrg | Yesterday, during the day and night, did members in your household eat:  *Orange vegetables* *(rich in Vitamin A),* such as: (carrot, red pepper, pumpkin, orange sweet potatoes, etc. replace with locally relevant examples ) ? | 0 ) No 1) Yes  |\_\_| |
| FCSVegGre | Over the last 7 days, how many days did members of your household eat:  *Green leafy vegetables*, such as: (spinach, broccoli, amaranth and / or other dark green leaves, cassava leaves, etc replace with locally relevant examples ) ? | Days 0 – 7 |\_\_|  *If FCSVegGre =0 go to FCSVegOth* |
| HDDSVegGre | Yesterday, during the day and night, did members in your household eat:  *Green leafy vegetables*, such as: (spinach, broccoli, amaranth and / or other dark green leaves, cassava leaves, etc replace with locally relevant examples ) ? | 0 ) No 1) Yes  |\_\_| |
| FCSVegOth | Over the last 7 days, how many days did members of your household eat:  *Other Vegetables*, such as: (Onion, tomatos, cucumber, radish, green beans, peas, etc replace with locally relevant examples ) ? | Days 0 – 7 |\_\_|  *If FCSVegOth =0 go to FCSFruit* |
| HDDSVegOth | Yesterday, during the day and night, did members in your household eat:  *Other Vegetables*, such as: (Onion, tomatos, cucumber, radish, green beans, peas, etc replace with locally relevant examples ) ? | 0 ) No 1) Yes  |\_\_| |
| **Fruit** | FCSFruit | Over the last 7 days, how many days did members of your household eat:  *Fruits*, such as: (banana, apple, lemon, mango, papaya, apricot, peach, etc. replace with locally relevant examples ) ? | Days 0 – 7 |\_\_|  *If FCSFruit =0 go to FCSFat* |
| FCSFruitSRf | Over the last 7 days, what was the main source of  *Fruits*, such as: (banana, apple, lemon, mango, papaya, apricot, peach, etc. replace with locally relevant examples ) ? | use codes at bottom of module|\_\_|\_\_| |
| FCSFruitOrg | Over the last 7 days, how many days did members of your household eat:  *Orange fruits (rich in Vitamin A)*, such as: (mango, papaya, apricot, peach, etc. replace with locally relevant examples) ? | Days 0 – 7 |\_\_|  *If FCSFruitOrg =0 go to FCSFruitOth* |
| HDDSFruitOrg | Yesterday, during the day and night, did members in your household eat:  *Orange fruits (rich in Vitamin A)*, such as: (mango, papaya, apricot, peach, etc. replace with locally relevant examples) ? | 0 ) No 1) Yes  |\_\_| |
| FCSFruitOth | Over the last 7 days, how many days did members of your household eat:  *Other fruits*, such as: (Pinapple, apple, lemon, etc. replace with locally relevant examples) ? | Days 0 – 7 |\_\_|  *If FCSFruitOth=0 go to FCSFat* |
| HDDSFruitOth | Yesterday, during the day and night, did members in your household eat:  *Other fruits*, such as: (Pinapple, apple, lemon, etc. replace with locally relevant examples) ? | 0 ) No 1) Yes  |\_\_| |
| **Oils and fats** | FCSFat | Over the last 7 days, how many days did members of your household eat:  *Oil/fat/butter*, such as: (vegetable oil, palm oil, shea butter, margarine, other fats /oil replace with locally relevant examples )? | Days 0 – 7 |\_\_|  *If FCSFat =0 go to FCSSugar* |
| HDDSFat | Yesterday, during the day and night, did members in your household eat:  *Oil/fat/butter*, such as: (vegetable oil, palm oil, shea butter, margarine, other fats /oil replace with locally relevant examples )? | 0 ) No 1) Yes  |\_\_| |
| FCSFatSRf | Over the last 7 days,What was the main source of:  *Oil/fat/butter*, such as: (vegetable oil, palm oil, shea butter, margarine, other fats /oil replace with locally relevant examples )? | use codes at bottom of module|\_\_|\_\_| |
| **Sugars** | FCSSugar | Over the last 7 days, how many days did members of your household eat/drink:  *Sugar and sweets*, such as: (sugar, honey, jam, cakes, candy, cookies, pastries, cakes and other sweet sugary drinks replace with locally relevant examples )? | Days 0 – 7  |\_\_|  *If FCSSugar =0 go to FCSCond* |
| HDDSSugar | Yesterday, during the day and night, did members in your household eat/drink :  *Sugar and sweets*, such as: (sugar, honey, jam, cakes, candy, cookies, pastries, cakes and other sweet sugary drinks replace with locally relevant examples )? | 0 ) No 1) Yes  |\_\_| |
| FCSSugarSRf | Over the last 7 days, what was the main source of:  *Sugar and sweets*, such as: (sugar, honey, jam, cakes, candy, cookies, pastries, cakes and other sweet sugary drinks replace with locally relevant examples )? | use codes at bottom of module|\_\_|\_\_| |
| **Condiments** | FCSCond | Over the last 7 days, how many days did members of your household eat/drink:  *Condiments/Spices:* such as: (tea, coffee / cocoa, salt, garlic, spices, yeast / baking powder, tomato / sauce, meat or fish as a condiment, condiments including small amount of milk / tea coffee replace with locally relevant examples )? | Days 0 – 7  |\_\_| |
| HDDSCond | Yesterday, during the day and night, did members in your household eat/drink :  *Condiments/Spices:* such as: (tea, coffee / cocoa, salt, garlic, spices, yeast / baking powder, tomato / sauce, meat or fish as a condiment, condiments including small amount of milk / tea coffee replace with locally relevant examples )? | 0 ) No 1) Yes  |\_\_| |
| FCSCondSRf | Over the last 7 days,What was the main source of:  *Condiments/Spices:* such as: (tea, coffee / cocoa, salt, garlic, spices, yeast / baking powder, tomato / sauce, meat or fish as a condiment, condiments including small amount of milk / tea coffee replace with locally relevant examples )? | use codes at bottom of module|\_\_|\_\_| |
| Food acquisition codes 1 = Own production (crops, animal) 2 = Fishing / Hunting 3 = Gathering 4 = Loan  5 = market (purchase with cash) 6 = market (purchase on credit) 7 = beg for food 8 = exchange labor or items for food  9 = gift (food) from family relatives or friends 10 = food aid from civil society, NGOs, government, WFP etc. | | | |

# **Livelihood Coping Strategy Index (light module CARI)**

|  |  |  |
| --- | --- | --- |
| LIVELIHOOD COPING STRATEGIES | | |
| During the past 30 days, did anyone in your household have to engage in any following behaviours due to a lack of food or a lack of money to buy food? | | 1 = No, because I did not face a shortage of food  2 = No, because I already sold those assets or have engaged in this activity within the last 12 months and cannot continue to do it  3= Yes  4=Not applicable |
| **Variable Name** | **Question** | **Response Options** |
| **LhCSIStress1** | During the past 30 days, did anyone in your household have to:  *Sell household assets/goods (radio, furniture, refrigerator, television, jewelry etc..)*  due to a lack of food or a lack of money to buy food? | Select from options above |\_\_| |
| **LhCSIStress2** | During the past 30 days, did anyone in your household have to:  *sell more animals (non-productive) than usual*  due to a lack of food or a lack of money to buy food? | Select from options above |\_\_| |
| **LhCSIStress3** | During the past 30 days, did anyone in your household have to:  *spend savings*  due to a lack of food or a lack of money to buy food? | Select from options above |\_\_| |
| **LhCSIStress4** | During the past 30 days, did anyone in your household have to:  *Borrow money / food from a formal lender / bank*  due to a lack of food or a lack of money to buy food? | Select from options above |\_\_| |
| **LhCSICrisis1** | During the past 30 days, did anyone in your household have to:  *Reduce non-food expenses on health (including drugs) and education*  due to a lack of food or a lack of money to buy food? | Select from options above |\_\_| |
| **LhCSICrisis2** | During the past 30 days, did anyone in your household have to:  *sell productive assets or means of transport (sewing machine, wheelbarrow, bicycle, car, etc..)*  due to a lack of food or a lack of money to buy food? | Select from options above |\_\_| |
| **LhCSICrisis3** | During the past 30 days, did anyone in your household have to:  *withdraw children from school*  due to a lack of food or a lack of money to buy food? | Select from options above |\_\_| |
| **LhCSIEmergency1** | During the past 30 days, did anyone in your household have to:  *sell house or land*  due to a lack of food or a lack of money to buy food? | Select from options above |\_\_| |
| **LhCSIEmergency2** | During the past 30 days, did anyone in your household have to:  *sell last female animals*  due to a lack of food or a lack of money to buy food? | Select from options above |\_\_| |
| **LhCSIEmergency3** | During the past 30 days, did anyone in your household have to:  *beg*  due to a lack of food or a lack of money to buy food? | Select from options above |\_\_| |

# **Reduced Copying Strategy Index (rCSI)**

This module will allow you to collect information to compute the rCSI

|  |  |  |  |
| --- | --- | --- | --- |
| **Reduced Coping Strategy Index (rCSI)** | |  | |
| **Variable Name** | **Question** | | **Frequency (number of days from 0 to 7)** | |
| rCSILessQlty | In the past 7 days, how many days has your household had to:  *Rely on less preferred and less expensive food*  because you did not have enough food or money to buy food | | |\_\_| | |
| rCSIBorrow | In the past 7 days, how many days has your household had to:  *Borrow food or rely on help from a relative or friend*  because you did not have enough food or money to buy food | | |\_\_| | |
| rCSIMealSize | In the past 7 days, how many days has your household had to:  *Limit portion size of meals*  because you did not have enough food or money to buy food | | |\_\_| | |
| rCSIMealAdult | In the past 7 days, how many days has your household had to:  *Restrict consumption by adults in order for small children to eat?*  because you did not have enough food or money to buy food | | |\_\_| | |
| rCSIMealNb | In the past 7 days, how many days has your household had to:  *Reduce the number of meals eaten per day*  because you did not have enough food or money to buy food | | |\_\_| | |

Household Hunger Scale HHS

Questionnaire module to compute the household hunger scale

|  |  |  |  |
| --- | --- | --- | --- |
| **Variable Name** | **QUESTION** | **RESPONSE OPTION** | **CCODE** |
| **HHhSNoFood\_YN** | In the past [4 weeks/30 days], was there ever no food to eat of any kind in your house because of lack of resources to get food? | 0 = No *(skip to HHhSBedHung\_YN)* 1 = Yes | **|\_\_\_|** |
| **HHhSNoFood\_FR** | How often did this happen in the past [4 weeks/30 days]? | 1 = Rarely (1–2 times) 2 = Sometimes (3–10 times)  3 = Often (more than 10 times) | **|\_\_\_|** |
| **HHhSBedHung\_YN** | In the past [4 weeks/30 days], did you or any household member go to sleep at night hungry because there was not enough food? | 0 = No *(skip to HHhSNotEat\_YN)* 1 = Yes | **|\_\_\_|** |
| **HHhSBedHung\_FR** | How often did this happen in the past [4 weeks/30 days]? | 1 = Rarely (1–2 times) 2 = Sometimes (3–10 times) 3 = Often (more than 10 times) | **|\_\_\_|** |
| **HHhSNotEat\_YN** | In the past [4 weeks/30 days], did you or any household member go a whole day and night without eating anything at all because there was not enough food? | 0 = No (*Skip to the next section*) 1 = Yes | **|\_\_\_|** |
| **HHhSNotEat\_FR** | How often did this happen in the past [4 weeks/30 days]? | 1 = Rarely (1–2 times) 2 = Sometimes (3–10 times) 3 = Often (more than 10 times) | **|\_\_\_|** |