Light Expenditure Module

Below you can find the module based

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| **Light Expenditure Module** | | | |
|  | **Variable Name** | **Question** | **Response Options** |
| **Intro** | **Now I will ask you a series of questions about**  whether your household purchased (with cash or credit) or consumed without purchasing any of the ith any of the following food items during the last 30 days? | | |
| **Cereals** | HHExpFCer\_MN | During the last 30 days, how much did your household spend in cash for domestic consumption of *Cereals and grains* such as: (Rice, pasta, bread, sorghum, millet, maize, fonio replace with locally relevant examples ) ? | value |
| HHExpFCer\_CRD | During the last 30 days, how much did your household spend in credit for domestic consumption of:  *Cereals and grains* such as: (Rice, pasta, bread, sorghum, millet, maize, fonio replace with locally relevant examples ) ? | value |
| HHExpFCer\_NP | During the last 30 days, what is the estimated value of the following foods that your household consumed but did not purchase of:  *Cereals and grains* such as: (Rice, pasta, bread, sorghum, millet, maize, fonio replace with locally relevant examples ) ? | value |
| Tubers | HHExpFTub\_MN | During the last 30 days, how much did your household spend in cash for domestic consumption of:  *roots and tubers* such as: ( yam, cassava, white sweet potato replace with locally relevant examples ) ? | value |
| HHExpFTub\_CRD | During the last 30 days, how much did your household spend in credit for domestic consumption of:  *roots and tubers* such as: ( yam, cassava, white sweet potato replace with locally relevant examples ) ? | value |
| HHExpFTub\_NP | During the last 30 days, what is the estimated value of the following foods that your household consumed but did not purchase of:  *roots and tubers* such as: ( yam, cassava, white sweet potato replace with locally relevant examples ) ? | value |
| **Pulses** | HHExpFPuls\_MN | During the last 30 days, how much did your household spend in cash for domestic consumption of:  *Legumes / nuts*, such as: (beans, cowpeas, peanuts, lentils, nut, soy, pigeon pea and / or other nuts replace with locally relevant examples ) ? | value |
| HHExpFPuls\_CRD | During the last 30 days, how much did your household spend in credit for domestic consumption of :  *Legumes / nuts*, such as: (beans, cowpeas, peanuts, lentils, nut, soy, pigeon pea and / or other nuts replace with locally relevant examples ) ? | value |
| HHExpFPuls\_NP | During the last 30 days, what is the estimated value of the following foods that your household consumed but did not purchase of:  *Legumes / nuts*, such as: (beans, cowpeas, peanuts, lentils, nut, soy, pigeon pea and / or other nuts replace with locally relevant examples ) ? | value |
| **Vegetables** | HHExpFVeg\_MN | During the last 30 days, how much did your household spend in cash for domestic consumption of:  *Vegetables and leaves* ,such as (spinach, onion, tomatoes, carrots, peppers, green beans, lettuce, etc. replace with locally relevant examples ) ? |  |
| HHExpFVeg\_CRD | During the last 30 days, how much did your household spend in credit for domestic consumption of:  *Vegetables and leaves* ,such as (spinach, onion, tomatoes, carrots, peppers, green beans, lettuce, etc. replace with locally relevant examples ) ? |  |
| HHExpFVeg\_NP | During the last 30 days, what is the estimated value of the following foods that your household consumed but did not purchase of :  *Vegetables and leaves* ,such as (spinach, onion, tomatoes, carrots, peppers, green beans, lettuce, etc. replace with locally relevant examples ) ? |  |
| **Fruit** | HHExpFFrt \_MN | During the last 30 days, how much did your household spend in cash for domestic consumption of:  *Fruits*, such as: (banana, apple, lemon, mango, papaya, apricot, peach, etc. replace with locally relevant examples ) ? |  |
| HHExpFFrt\_CRD | During the last 30 days, how much did your household spend in credit for domestic consumption of:  *Fruits*, such as: (banana, apple, lemon, mango, papaya, apricot, peach, etc. replace with locally relevant examples ) ? |  |
| HHExpFFrt \_NP | During the last 30 days, what is the estimated value of the following foods that your household consumed but did not purchase of :  *Fruits*, such as: (banana, apple, lemon, mango, papaya, apricot, peach, etc. replace with locally relevant examples ) ? |  |
| **Protein - Meat** | HHExpFAnimMeat\_MN | During the last 30 days, how much did your household spend in cash for domestic consumption of:  *Flesh/red meat* and  *organ meat*, such as: (beef, pork, lamb, goat, rabbit, chicken, duck, other birds, insects and liver, kidney, heart and / or other organ meats replace with locally relevant examples ) ? |  |
| HHExpFAnimMeat\_CRD | During the last 30 days, how much did your household spend in credit for domestic consumption of:  *Flesh/red meat* and  *organ meat*, such as: (beef, pork, lamb, goat, rabbit, chicken, duck, other birds, insects and liver, kidney, heart and / or other organ meats replace with locally relevant examples ) ? |  |
| HHExpFAnimMeat\_NP | During the last 30 days, what is the estimated value of the following foods that your household consumed but did not purchase of : *Flesh/red meat* and  *organ meat*, such as: (beef, pork, lamb, goat, rabbit, chicken, duck, other birds, insects and liver, kidney, heart and / or other organ meats replace with locally relevant examples ) ? |  |
| **Protein - Fish** | HHExpFAnimFish\_MN | During the last 30 days, how much did your household spend in cash for domestic consumption of:  *Fish and shellfish*, such as: (fish, including canned tuna, escargot, and / or other seafood replace with locally relevant examples ) |  |
| HHExpFAnimFish \_CRD | During the last 30 days, how much did your household spend in credit for domestic consumption of:  *Fish and shellfish*, such as: (fish, including canned tuna, escargot, and / or other seafood replace with locally relevant examples ) |  |
| HHExpFAnimFish \_NP | During the last 30 days, what is the estimated value of the following foods that your household consumed but did not purchase of:  *Fish and shellfish*, such as: (fish, including canned tuna, escargot, and / or other seafood replace with locally relevant examples ) |  |
| **Protein - Egg** | HHExpFAnimEgg\_MN | During the last 30 days, how much did your household spend in cash for domestic consumption of:  *Eggs* |  |
| HHExpFAnimEgg \_CRD | During the last 30 days, how much did your household spend in credit for domestic consumption of:  *Eggs* |  |
| HHExpFAnimEgg\_NP | During the last 30 days, what is the estimated value of the following foods that your household consumed but did not purchase of:  *Eggs* |  |
| **Oils / Fats** | HHExpFFats\_MN | During the last 30 days, how much did your household spend in cash for domestic consumption of:  *Oil/fat/butter*, such as: (vegetable oil, palm oil, shea butter, margarine, other fats /oil replace with locally relevant examples )? |  |
| HHExpFFats \_CRD | During the last 30 days, how much did your household spend in credit for domestic consumption of:  *Oil/fat/butter*, such as: (vegetable oil, palm oil, shea butter, margarine, other fats /oil replace with locally relevant examples )? |  |
| HHExpFFats \_NP | During the last 30 days, what is the estimated value of the following foods that your household consumed but did not purchase of:  *Oil/fat/butter*, such as: (vegetable oil, palm oil, shea butter, margarine, other fats /oil replace with locally relevant examples )? |  |
| **Dairy** | HHExpFDairy\_MN | During the last 30 days, how much did your household spend in cash for domestic consumption of:  *Milk and dairy products*, such as: (fresh milk / sour, yogurt, cheese, other dairy products replace with locally relevant examples ) |  |
| HHExpFDairy \_CRD | During the last 30 days, how much did your household spend in credit for domestic consumption of:  *Milk and dairy products*, such as: (fresh milk / sour, yogurt, cheese, other dairy products replace with locally relevant examples ) |  |
| HHExpFDairy\_NP | During the last 30 days, what is the estimated value of the following foods that your household consumed but did not purchase of:  *Milk and dairy products*, such as: (fresh milk / sour, yogurt, cheese, other dairy products replace with locally relevant examples ) |  |
| **Sugar** | HHExpFSgr\_MN | During the last 30 days, how much did your household spend in cash for domestic consumption of:  *Sugar and sweets*, such as: (sugar, honey, jam, cakes, candy, cookies, pastries, cakes replace with locally relevant examples ) |  |
| HHExpFSgr \_CRD | During the last 30 days, how much did your household spend in credit for domestic consumption of:  *Sugar and sweets*, such as: (sugar, honey, jam, cakes, candy, cookies, pastries, cakes replace with locally relevant examples ) |  |
| HHExpFSgr \_NP | During the last 30 days, what is the estimated value of the following foods that your household consumed but did not purchase of *Sugar and sweets*, such as: (sugar, honey, jam, cakes, candy, cookies, pastries, cakes replace with locally relevant examples ) |  |
| **Condiments** | HHExpFCond\_MN | During the last 30 days, how much did your household spend in cash for domestic consumption of:  *Condiments/Spices:* such as: (salt, garlic, spices, yeast / baking powder, tomato / sauce replace with locally relevant examples ) |  |
| HHExpFCond\_CRD | During the last 30 days, how much did your household spend in credit for domestic consumption of:  *Condiments/Spices:* such as: (salt, garlic, spices, yeast / baking powder, tomato / sauce replace with locally relevant examples ) |  |
| HHExpFCond\_NP | During the last 30 days, what is the estimated value of the following foods that your household consumed but did not purchase of *Condiments/Spices:* such as: (salt, garlic, spices, yeast / baking powder, tomato / sauce replace with locally relevant examples ) |  |
| **Beverages** | HHExpFCond\_MN | During the last 30 days, how much did your household spend in cash for domestic consumption of:  *Beverages without alcohol* such as: (coffee, teas, herbal infusions, bottled water, soft drinks and juices replace with locally relevant examples ) |  |
| HHExpFCond\_CRD | During the last 30 days, how much did your household spend in credit for domestic consumption of:  *Beverages without alcohol* such as: (coffee, teas, herbal infusions, bottled water, soft drinks and juices replace with locally relevant examples ) |  |
| HHExpFCond\_NP | During the last 30 days, what is the estimated value of the following foods that your household consumed but did not purchase of *Beverages without alcohol* such as: (coffee, teas, herbal infusions, bottled water, soft drinks and juices replace with locally relevant examples ) |  |
| Snacks consumed   outside the home | HHExpFOut\_MN | During the last 30 days, how much did your household spend in cash for domestic consumption of:  *snacks consumed outside the home (such as take away*  replace with locally relevant examples ) |  |
| HHExpFOut\_CRD | During the last 30 days, how much did your household spend in credit for domestic consumption of:  *snacks consumed outside the home (such as take away*  replace with locally relevant examples ) |  |
| HHExpFOut\_NP | During the last 30 days, what is the estimated value of the following foods that your household consumed but did not purchase of *snacks consumed outside the home (such as take away*  replace with locally relevant examples ) |  |
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| **Text** | **Now I will ask you a series of questions about the total estimated amount your household spent on non-food items in the last 30 days.** | | |
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Module Consommation Alimentaire

Vous trouverez ci-dessous le module basé sur les indicateurs de consommation alimentaire que vous devez collecter pour le Food Consumption Score (FCS) / Food Consumption Score Nutrition (FCS-N).

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| **FOOD CONSUMPTION , DIETARY DIVERSITY AND FOOD SOURCES** | | | |
| **Groupe d'aliments** | **Nom de la variable** | **Question** | **Options de réponse** |
| **Intro** | **Je vais maintenant vous poser une série de questions sur la fréquence à laquelle les membres de votre ménage ont consommé des produits alimentaires, préparés et/ou consommés à la maison, et sur les sources de ces aliments.** | | |
| Céréales et tubercules | FCSStap | Au cours des 7 derniers jours, combien de jours les membres de votre ménage ont mangé : *Céréales, grains, racines et tubercules,* tels que*:* (Riz, pâtes, pain, sorgho, millet, maïs, fonio, pomme de terre, igname, manioc, patate douce blanche remplacer par des exemples localement pertinents ) ? | Jours 0 – 7 |\_\_|  *Si FCSStap=0*  *passer a FCSPulse* |
| FCSStapSRf | Au cours des 7 derniers jours, quelle a été la source principale de  *Céréales, grains, racines et tubercules,* tels que*:* (Riz, pâtes, pain, sorgho, millet, maïs, fonio, pomme de terre, igname, manioc, patate douce blanche remplacer par des exemples localement pertinents ) ? | utiliser les codes au bas du module |\_\_|\_\_| |
| légumineuses | FCSPulse | Au cours des 7 derniers jours, combien de jours les membres de votre ménage ont mangé : *Légumineuses / noix, telles que(haricots, niébé, arachides, lentilles, noix, soja, pois d'Angole et/ou autres noix* remplacer par des exemples localement pertinents ) ? | Jours 0 – 7 |\_\_|  *Si FCSPulse=0*  *passer a FCSDairy* |
| FCSPulseSRf | Au cours des 7 derniers jours, quelle a été la source principale de  *Légumineuses / noix, telles que(haricots, niébé, arachides, lentilles, noix, soja, pois d'Angole et/ou autres noix* remplacer par des exemples localement pertinents ) ? | utiliser les codes au bas du module |\_\_|\_\_| |
| Lait et produits laitiers | FCSDairy | Au cours des 7 derniers jours, combien de jours les membres de votre ménage ont-ils mangé/buvé: *Le lait et les produits laitiers, tels que : (lait frais / aigre, yaourt, fromage, autres produits laitiers* remplacer par des exemples localement pertinents) sauf margarine / beurre ou de petites quantités de lait pour le thé / café ? | Jours 0 – 7 |\_\_|  *Si FCSDairy=0*  *passer a FCSPr* |
| FCSDairySRf | Au cours des 7 derniers jours, quelle a été la source principale de  *Le lait et les produits laitiers, tels que : (lait frais / aigre, yaourt, fromage, autres produits laitiers* remplacer par des exemples localement pertinents) sauf margarine / beurre ou de petites quantités de lait pour le thé / café ? | utiliser les codes au bas du module |\_\_|\_\_| |
| Viande, poisson et œufs | FCSPr | Au cours des 7 derniers jours, combien de jours les membres de votre ménage ont-ils mangé : *Viande, poisson, œufs*, tels que: (chèvre, bœuf, poulet, porc, sang, poisson, y compris le thon en conserve, escargot, et/ou autres fruits de mer, œufs remplacer par des exemples localement pertinents) consommé en grande quantité et non comme un condiment ? | Jours 0 – 7 |\_\_|  *Si FCSPr=0*  *Passer a FCSVeg* |
| FCSPrSRf | Au cours des 7 derniers jours, quelle a été la source principale de  *Viande, poisson, œufs*, tels que: (chèvre, bœuf, poulet, porc, sang, poisson, y compris le thon en conserve, escargot, et/ou autres fruits de mer, œufs remplacer par des exemples localement pertinents) consommé en grande quantité et non comme un condiment ? | utiliser les codes au bas du module |\_\_|\_\_| |
| FCSPrMeatF | Au cours des 7 derniers jours, combien de jours les membres de votre ménage ont-ils mangé : *Chair/viande rouge*, telles que : (bœuf, porc, agneau, chèvre, lapin, poulet, canard, autres oiseaux, insectes remplacer par des exemples localement pertinents ) consommé en grande quantité et non comme un condiment ? | Jours 0 – 7 |\_\_| *Si FCSPrMeatF =0 passer a FCSPrMeatO* |
| FCSPrMeatO | Au cours des 7 derniers jours, combien de jours les membres de votre ménage ont-ils mangé : *Viande d'organe, telle que: (foie, reins, cœur et / ou autres abats)* remplacer par des exemples localement pertinents consommé en grande quantité et non comme un condiment ? | Jours 0 – 7 |\_\_| Si *FCSPrMeatO=0 passer a FCSPrFish* |
| FCSPrFish | Au cours des 7 derniers jours, combien de jours les membres de votre ménage ont-ils mangé : *Poissons et coquillage,* tels que: (poissons, y compris le thon en conserve, les escargots et / ou d'autres fruits de mer remplacer par des exemples localement pertinents ) consommé en grande quantité et non comme un condiment ? | Jours 0 – 7 |\_\_| *Si FCSPrFish =0 go passer a FCSPrEgg* |
| FCSPrEgg | Au cours des 7 derniers jours, combien de jours les membres de votre ménage ont-ils mangé : *Oeufs ?* | Jours 0 – 7 |\_\_| Si  *FCSPrEgg =0 passer a FCSVeg* |
| Légumes | FCSVeg | Au cours des 7 derniers jours, combien de jours les membres de votre ménage ont-ils mangé : *Légumes et feuilles ,* tels que*: (épinards, oignons, tomates, carottes, poivrons, haricots verts, laitue, etc.* remplacer par des exemples localement pertinents ) | Jours 0 – 7 |\_\_|  *Si FCSVeg =0 passer a FCSFruit* |
| FCSVegSRf | Au cours des 7 derniers jours, quelle a été la source principale de  *Légumes et feuilles ,* tels que*: (épinards, oignons, tomates, carottes, poivrons, haricots verts, laitue, etc.* remplacer par des exemples localement pertinents ) |  |
| FCSVegOrg | Au cours des 7 derniers jours, combien de jours les membres de votre ménage ont-ils mangé : *Légumes oranges (légumes riches en Vitamine A):* , tels que : (carotte, poivron rouge, courge, patate douce orange, etc. remplacer par des exemples localement pertinents ) ? | Jours 0 – 7 |\_\_|  *Si FCSVegOrg =0 passer a FCSVegGre* |
| FCSVegGre | Au cours des 7 derniers jours, combien de jours les membres de votre ménage ont-ils mangé : *Légumes à feuilles vertes,*, tels que: ( épinards, brocoli, amarante et/ou autres feuilles vert foncé , feuilles de manioc remplacer par des exemples localement pertinents ) ? | Jours 0 – 7 |\_\_|  *Si FCSVegGre =0 passer a FCSVegOth* |
| **Fruits** | FCSFruit | Au cours des 7 derniers jours, combien de jours les membres de votre ménage ont-ils mangé : *Des fruits,*  tels que : : (banane, pomme, citron, mangue, papaye, abricot, pêche, etc. remplacer par des exemples localement pertinents | Jours 0 – 7 |\_\_|  *Si FCSFruit =0 passer a FCSFat* |
| FCSFruitSRf | Au cours des 7 derniers jours, quelle a été la source principale de  *Des fruits,*  tels que : : (banane, pomme, citron, mangue, papaye, abricot, pêche, etc. remplacer par des exemples localement pertinents |  |
| FCSFruitOrg | Au cours des 7 derniers jours, combien de jours les membres de votre ménage ont-ils mangé : *Fruits oranges (Fruits riches en Vitamine A)*, tels que : ( mange, papaye, abricot, pêche remplacer par des exemples localement pertinents ) ? | Jours 0 – 7 |\_\_|  *Si FCSFruitOrg =0 passer a FCSFruitOth* |
| **Huiles et graisses** | FCSFat | Au cours des 7 derniers jours, combien de jours les membres de votre ménage ont-ils mangé : *Huile/matières grasses/beurre:* tels que (huile végétale, huile de palme, beurre de karité, margarine, autres huiles / matières grasses remplacer par des exemples localement pertinents ) ? | Jours 0 – 7 |\_\_|  *Si FCSFat =0 passer a FCSSugar* |
| FCSFatSRf | Au cours des 7 derniers jours, quelle a été la source principale de  *Huile/matières grasses/beurre:* tels que (huile végétale, huile de palme, beurre de karité, margarine, autres huiles / matières grasses remplacer par des exemples localement pertinents ) ? | utiliser les codes au bas du module |\_\_|\_\_| |
| **Sucres** | FCSSugar | Au cours des 7 derniers jours, combien de jours les membres de votre ménage ont-ils mangé/buvé : *Sucre ou sucreries,* tels que (sucre, miel, confiture, gâteau, bonbons, biscuits, viennoiserie et autres produits sucrés (boissons sucrées) remplacer par des exemples localement pertinents ) ? | Days 0 – 7  |\_\_|  *Si FCSSugar =0 passer a FCSCond* |
| FCSSugarSRf | Au cours des 7 derniers jours, quelle a été la source principale de :  *Sucre ou sucreries,* tels que (sucre, miel, confiture, gâteau, bonbons, biscuits, viennoiserie et autres produits sucrés (boissons sucrées) remplacer par des exemples localement pertinents ) ? | utiliser les codes au bas du module |\_\_|\_\_| |
| **Condiments** | FCSCond | Au cours des 7 derniers jours, combien de jours les membres de votre ménage ont-ils mangé/buvé: *Condiments/épices:* tels que (thé, café/cacao, sel, ail, épices, levure/levure chimique, tomate/sauce, viande ou poisson comme condiment, condiments incluant des petites quantités de lait/thé, café. remplacer par des exemples localement pertinents ) ? | Jours 0 – 7|\_\_|  *Si FCSSugar =0 passer a module suivant* |
| FCSCondSRf | Au cours des 7 derniers jours, quelle a été la source principale de  *Condiments/épices:* tels que (thé, café/cacao, sel, ail, épices, levure/levure chimique, tomate/sauce, viande ou poisson comme condiment, condiments incluant des petites quantités de lait/thé, café. remplacer par des exemples localement pertinents ) ? | utiliser les codes au bas du module |\_\_|\_\_| |
| Codes d’acquisition des aliments  1 = Production propre (récoltes, élevage)  2 = Pêche / Chasse  3 = Cueillette  4 = Prêts  5 = Marché (achat avec des espèces)  6 = Marché (achat à crédit)  7 = Mendicité  8 = Troc travail ou biens contre des aliments  9 = Dons (aliments) de membres de la famille ou d’amis  10 = Aide alimentaire de la société civile, ONG, gouvernement, PAM, etc. | | | |