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- LEGAL IN THE MAJORITY OF CIRCUMSTANCES
- LEGAL RISKS CUSTOMERS USUALLY ENJOY REPEAT SOURCES AND SELLERS THE COMMUNITY REVIEWS DOGGY PRODUCTS APPLICABLE AT ALL LARGELY NEGLECTIVE PRESCRIBED AND DIY THE DIFFERENCE BETWEEN WITH DIY HRT

## A GUIDE DISCUSSING RISKS ASSOCIATED

### DODGY PRODUCTS

Many sites just resell pharmaceutical products- other than a doctor signing off on it there is no difference between what's inside medication bought from a pharmacy overseas and what you'd get from your local pharmacy in GB. If you are using sites known to be good the risk is practically zero: these sites rely on repeat customers!

The community has a vested interest in reviewing sources as we want to keep each other safe.

You can stay safe using homebrew medications (usually injections, spray, gel) by using peer reviewed sources. People with experience evaluating homebrewing procedures can confirm whether a production method has any significant

# WRITTEN 2025 GREAT BRITAIN BASED GUIDE DIY HRT RISKS OF ON THE EXPLAINER A SHORT

safety oversights. Trusted sources have lab tests confirming that there is only the listed active ingredient inside the product.

For T injections specifically: many sites listing a pharma resell are lying, because people will pay more for a product that looks like a resell instead of homebrew.

If you are using a source that is well reviewed and well known you are very unlikely to encounter any issues.

Substituting T for something else would lose customers; the market for T is extremely big so there are dozens of competitors.

There is no motivation for a seller with a good track record to substitute any product for something dangerous. They would be spending money to ruin their income.

accordingly to protect your health. 25 nmol/L with your FBC in male range. testosterone, you should be between 10-740 pmol/L, below 1.8 nmol/L. If taking dose your E should be between 370 and if taking oestrogen, just before your next are simply comparing numbers. are taking special about what they do, they nothing special about them. There is your results to official guidelines. Just look at a blood test result and compare When it comes to HRT most doctors just options given. allergies apply) and get the only Nebedio: Te very rarely, often only when masculinise, infections (Sustanon or agonists or other blockers. If wishing to You may also be prescribed GnRH If wishing to feminise, pills and gel are the only options for oestrogen.

**PRESCRIBED HRT IN GB**

Regulation 17 of *The Human Medicines Regulations 2012*:

Para 1: *A person may not except in accordance with a licence [...] import a medicinal product into Great Britain BUT*

Para 6: *Paragraph (1) does not apply to a person who imports a medicinal product for administration to himself or herself or to any other person who is a member of that person's household.*

For anabolics *Schedule 4, Part 2 of The Misuse of Drugs Regulations 2001* applies; the full name is *Controlled Drugs Excepted From the Prohibition on Possession; Excluded from the Application of Offences Arising from the Prohibition on Importation and Exportation when Carried Out in Person and Testosterone is listed.*