

# EXHIBITS A THROUGH F

# Exhibit A

## Elizabeth Brehm

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**From:** Elizabeth Brehm  
**Sent:** Thursday, April 8, 2021 2:39 PM  
**To:** Elizabeth Brehm  
**Subject:** FW: Important information about COVID-19 vaccines

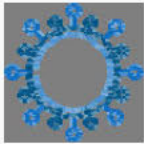
**From:** Blue Cross and Blue Shield of Illinois <[BCBSIL\\_noreply@bcbsil.com](mailto:BCBSIL_noreply@bcbsil.com)>  
**Date:** February 26, 2021 at 5:49:17 AM CST  
**To:** [lauc174@aol.com](mailto:lauc174@aol.com)  
**Subject:** Important information about COVID-19 vaccines  
**Reply-To:** [BCBSIL\\_noreply@bcbsil.com](mailto:BCBSIL_noreply@bcbsil.com)

Here are things you should know. | view in [Web Browser](#)



Now that the Food and Drug Administration (FDA) has approved COVID-19 vaccines for use, here are some things to keep in mind.

- **They're covered at no cost to you.** You can get the COVID-19 vaccine at no cost in and out of network (during the public health emergency).<sup>\*</sup> Availability may be limited for a while.
- **The safety of COVID-19 vaccines is a top priority.** The FDA uses a set of criteria to evaluate the safety and effectiveness of vaccines.
- **You may need more than one shot for maximum effectiveness.** Some COVID-19 vaccines require two doses. Once you receive your first dose, ask about the second dose of the same vaccine before leaving.
- **Talk to your health care provider.** Your doctor can answer questions about the COVID-19 vaccine and when you should get it.



## STAY INFORMED

Visit our [COVID-19 website](#) for the most up-to-date information on testing and the vaccines.

# Exhibit B

## Elizabeth Brehm

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**From:** Freedom@icandecide.org  
**Sent:** Monday, May 17, 2021 10:53 AM  
**To:** Elizabeth Brehm  
**Subject:** Fw: Pfizer vaccine approved for people 12 to 15

As requested

----- Original Message -----

On Friday, May 14, 2021 4:26 PM, Amy Coburn <amymcoburn@yahoo.com> wrote:

Kaiser Permanente is still misinforming their members by telling them the the vaccines are FDA-approved. I hope that ICAN's legal team can get them to correct this misinformation being spread to millions of members. Thank you very much for all of the hard work that you do!

Sincerely,  
Amy

*Amy M. Coburn, DVM, MS, cVMA, CMT*

*The only way to be truly satisfied is to do what you believe is great work. And the only way to do great work is to love what you do.*

*~ Steve Jobs, Stanford Commencement Address*

<http://youtu.be/UF8uR6Z6KLc>

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[Sent from Yahoo Mail for iPhone](#)

Begin forwarded message:

On Friday, May 14, 2021, 1:22 PM, Kaiser Permanente <members@respond.kaiserpermanente.org> wrote:

Kaiser Permanente

COVID-19 vaccine updates

To view in browser, [click here](#).



Committed to keeping you safe and healthy

## Your COVID-19 vaccine update

The COVID-19 vaccine is rolling out across the country and we're doing everything we can to vaccinate you as quickly as possible.

Here's what you need to know this week about the COVID-19 vaccine:

Para información en español, haga [clic aquí](#).

### Eligibility

The Food and Drug Administration has approved use of the Pfizer vaccine for people 12 to 15 — another huge step in the fight against COVID-19.

Right now, the Pfizer vaccine is currently the only one approved for people 12 to 17. All the available vaccines are proven to be safe, effective, and lifesaving.


### Appointments

You can now schedule vaccine [appointments](#) for you and your family. Vaccines for people 12 to 17 are available by appointment only. A parent or guardian must accompany anyone under 18 to their vaccine appointment or print out and complete the [consent form](#) for the child to bring.

### Manage stress and build resilience: Live Mindfulness webinar series

Join us next Thursday, May 20 at 5 p.m. for our next session in the webinar series on mindfulness. [Sign up today](#).

For more information on the vaccine, visit [kp.org/covidvaccine](https://kp.org/covidvaccine). You can also call our 24/7 KP COVID Vaccine InfoLine at **1-855-550-0951** (available in English and Spanish) for regular recorded updates.

 [Other Languages](#) [Nondiscrimination Notice](#).

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Kaiser Foundation Health Plan, Inc., 1950 Franklin St., Oakland, CA 94612. Kaiser Foundation Health Plan, Inc., 393 E. Walnut St., Pasadena, CA 91188. Kaiser Foundation Health Plan, Inc., 711 Kapiolani Blvd., Tower Suite 400, Honolulu, HI 96813. Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Suite 100, Portland, OR 97232. Kaiser Foundation Health Plan of Colorado, 10350 E. Dakota Ave.,

Denver, CO 80247. Kaiser Foundation Health Plan of Georgia, Inc., Nine Piedmont Center, 3495 Piedmont Road NE, Atlanta, GA 30305; 404-364-7000. Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., 2101 East Jefferson St., Rockville, MD 20852.





# Exhibit C



**NEW JERSEY**  
**COVID-19 Information Hub**

Call (General COVID-19 Questions): [2-1-1](#) (24/7)  
Call (Medical COVID-19 Questions): [1-800-962-1253](#) (24/7)  
Call (Vaccine Appointment Support): [1-855-568-0545](#) (8a-8p)  
Text NJCOVID to [898-211](#) to receive alerts  
Download COVID Alert NJ app [here](#)



**Search for COVID-19 and Reopening Information Here**

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**Which COVID-19 vaccine should I get? Are COVID-19 vaccines safe and effective? How were they tested and approved?**

*Last Updated: 03/11/2021*

[Copy Link to Article](#)

All currently authorized COVID-19 vaccines are safe, effective, and will help protect you from getting COVID-19.

In clinical trials for all three authorized vaccines, there were zero cases of hospitalizations and zero deaths among fully vaccinated individuals.

The CDC does not state a preference. All the vaccines that are currently available were studied in different trials, among different people and different timelines. They were not studied in head-to-head comparisons or trials; therefore, they should not be compared to each other.

**You are encouraged to take the first vaccine available to you**, but if you decide to wait for a specific type of vaccine the State will respect your choice.

**What to Know About Available COVID-19 Vaccines**

COVID-19 vaccines are safe, effective, and will help protect you from getting COVID-19. Millions of people in the United States have received COVID-19 vaccines under the most intense safety monitoring in U.S. history.

- **COVID-19 vaccines will not give you COVID-19.** The vaccines cannot give you COVID-19. None of the COVID-19 vaccines currently in development use the live virus that causes COVID-19.
- **COVID-19 vaccines will not cause you to test positive on COVID-19 viral tests.** Vaccines won't cause you to test positive on viral tests, which are used to see if you have a current infection.
- **Receiving an mRNA vaccine (Pfizer and Moderna) will not alter your DNA.** mRNA (messenger ribonucleic acid) can most easily be described as instructions for how to make a protein or even just a piece of a protein. mRNA is not able to alter or modify a person's genetic makeup (DNA).
- **Even after getting vaccinated, you still need to wear a mask and follow all safeguarding methods** until enough individuals are vaccinated to produce community protection. The vaccine keeps you from getting sick, but we do not yet know if the vaccine prevents a person from spreading the virus.
- **COVID-19 vaccines are not interchangeable with each other or with other COVID-19 vaccine products.** The safety and efficacy of a mixed-product series has not been evaluated. Both doses of the series should be completed with the same product.
- **It takes time to produce the vaccine,** and the production capacity of each vaccine is increasing.
- **People who have gotten sick with COVID-19 may still benefit from getting vaccinated.** At this time, experts do not know how long until someone is protected from getting sick again after recovering from COVID-19. The immunity someone gains from having an infection (natural immunity) varies from person to person. Some early evidence suggest natural immunity may not last very long. Further information from the CDC on mRNA vaccination of persons with current or prior history of SARS-CoV-2 infection, exposure, or treatment [can be found here](#) and should be discussed with your healthcare provider.
- **Getting vaccinated can help prevent getting sick with COVID-19.** There is no way to know how COVID-19 will affect you. If you get sick, you also may spread the disease to friends, family, and others around you while you are sick. COVID-19 vaccination helps protect you by creating an immune response without having to experience sickness.

### Vaccine Trials and Testing

COVID-19 vaccines that are authorized for use have gone through clinical trials involving tens of thousands of participants to determine their safety and efficacy.

The known and potential benefits of approved vaccines outweigh the known and potential harms of becoming infected with COVID-19.

Currently, the Pfizer Pfizer-BioNTech and Moderna COVID-19 vaccines are being administered in New Jersey. Johnson & Johnson's Janssen COVID-19 vaccine has been granted an Emergency Use Authorization by the FDA and recommended by the CDC's Advisory Committee on Immunization Practices.

More information from the FDA about these three vaccines can be found here:

For the Pfizer-BioNTech vaccine, please consult these FDA fact sheets:

- [Fact Sheet for Pfizer-BioNTech Vaccine Recipients and Caregivers](#)
- [Fact Sheet for Healthcare Providers Administering Vaccine](#)
- [Additional Information and Translated Materials](#)

For the Moderna vaccine, please consult these FDA fact sheets:

- [Fact Sheet for Moderna Vaccine Recipients and Caregivers](#)
- [Fact Sheet for Healthcare Providers Administering Vaccine](#)
- [Additional Information and Translated Materials](#)

For the Janssen (Johnson & Johnson) vaccine, please consult these FDA fact sheets:

- [Fact Sheet for Janssen Vaccine Recipients and Caregivers](#)
- [Fact Sheet for Healthcare Providers Administering Vaccine](#)
- [Additional Information](#)

### Clinical Trials

The FDA has issued Emergency Use Authorizations for the Pfizer-BioNTech vaccine, and for the Moderna vaccine, and Johnson & Johnson's Janssen vaccine. Additional vaccines are in Phase 3 clinical trials. For more details on the vaccine approval process, refer to this [infographic](#) and this [fact sheet](#).

Clinical trials are research studies performed in people that are aimed at evaluating a medical, surgical, or behavioral intervention. They are the primary way that researchers find out if a new treatment, like a new drug, vaccine, or medical device is safe and effective in people.

Currently, clinical trials are evaluating COVID-19 vaccines in many thousands of study participants to generate scientific data and other information for the FDA to determine their safety and efficacy. These clinical trials are being conducted according to rigorous safety standards. For detailed information, [visit this CDC page](#).

### Side Effects

After receiving an injection of a COVID-19 vaccine, you will be observed for 15 minutes by healthcare staff to monitor any side effects. Observation may be longer (30 minutes) if you have a history of anaphylaxis.

Like many vaccines, a COVID-19 vaccine may cause some temporary discomfort. In addition to a sore arm, side effects of the vaccines may include tiredness, headache, muscle pain, chills, joint pain, fever, injection site swelling, injection site

redness, nausea, feeling unwell, and swollen lymph nodes.



There is a small chance that vaccines could cause a severe allergic reaction. A severe allergic reaction would usually occur within a few minutes to one hour, which is why all individuals should be observed for at least 15 minutes after vaccination and 30 minutes if they have a history of a severe allergic reaction due to any cause.

Source: [https://www.state.nj.us/health/cd/documents/topics/NCOV/Public\\_FAQ.pdf](https://www.state.nj.us/health/cd/documents/topics/NCOV/Public_FAQ.pdf); <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety.html>

Stay up to date with the latest COVID-19 news and updates from the State of New Jersey.

New Jersey Department of Health

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# Exhibit D

## Elizabeth Brehm

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**From:** Aaron Siri  
**Sent:** Thursday, March 25, 2021 6:13 PM  
**To:** Elizabeth Brehm  
**Subject:** FW: Fwd: COVID-19 Vaccine - Important Information from TRICARE

We should, from now on, cc the FDA on our letters to state health departments and insurance companies. Here is another insurance company letter.

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**From:** ICAN Whistleblower <Whistleblower@icandecide.org>  
**Sent:** Thursday, March 25, 2021 12:59 PM  
**To:** Aaron Siri <aaron@sirillp.com>  
**Subject:** Fw: Fwd: COVID-19 Vaccine - Important Information from TRICARE

See below, more misinformation.

----- Original Message -----

On Thursday, March 25, 2021 2:51 PM, Rebecca Turner <[rebecca.turner1979@yahoo.com](mailto:rebecca.turner1979@yahoo.com)> wrote:

Just received this email from Tricare.

They state that the vaccines are safe and effective and have gone through the same testing as other vaccines.

Thought you might like to be aware of that misinformation being sent out to hundreds of thousands of people.

Thank you for the work you do!

Rebecca Turner

Begin forwarded message:

**From:** TRICARE Communications <[tricare@usmhstma.dod.govdelivery.com](mailto:tricare@usmhstma.dod.govdelivery.com)>  
**Date:** March 25, 2021 at 12:56:24 PM CDT  
**To:** [Rebecca.turner1979@yahoo.com](mailto:Rebecca.turner1979@yahoo.com)  
**Subject:** COVID-19 Vaccine - Important Information from TRICARE  
**Reply-To:** [tricare@usmhstma.dod.govdelivery.com](mailto:tricare@usmhstma.dod.govdelivery.com)  
COVID-19 Vaccine - Important Information from TRICARE





## **We know you have questions about getting the COVID-19 vaccine.**

According to the Centers for Disease Control and Prevention (CDC), the three approved COVID-19 vaccines do help prevent COVID-19. And, if you get COVID-19, they'll help keep you from getting seriously ill.

### **Before you receive the vaccine:**

- Doctors agree: You should take the first vaccine available to you, as soon as you are eligible.
- Know that these vaccines are [safe and effective](#). They have gone through the same safety tests and meet the same standards as any other vaccines produced through the years. There's a system in place for the CDC to watch for safety issues and make sure the vaccines stay safe.
- Learn about any [side effects](#) that could occur after you get the vaccine. If you do have any side effects, they'll only last a few days. Having any side effects doesn't mean you have COVID-19. It means that your body is being trained to fight COVID-19.

### **After you receive the vaccine:**

You're considered fully protected against the virus that causes COVID-19:

- Two weeks after the second dose of the Pfizer-BioNTech vaccine.
- Two weeks after the second dose of the Moderna vaccine.
- Two weeks after the single dose of Johnson & Johnson's Janssen COVID-19 vaccine.

Don't forget to let your provider know you've received your vaccine! This information will be added to your health record.

### **After you're fully vaccinated:**

The CDC has issued new information about the kinds of activities you can do after you are fully vaccinated.

- You can gather indoors *with fully vaccinated people* without wearing a mask, even if they are from another household



- You can gather indoors with other unvaccinated people from *one other household* without masks, as long as they are not at increased risk for severe illness from COVID-19.
- If you've been exposed to someone with COVID-19, you do not need to stay away from others or get tested unless you have symptoms.

As more people get the vaccine, we will be able to visit more friends and family safely and return to normal. The new [CDC guidelines](#) provide additional information about what you can do safely when you are fully vaccinated.

### **Where can I get the COVID-19 vaccine?**

You have multiple options about where to get the COVID-19 vaccine. The Department of Defense (DoD) and the Military Health System (MHS) are following vaccination recommendations from the CDC. The DoD is delivering the vaccine in phases to all eligible beneficiaries. Check with your local military hospital or clinic, pharmacy, or local/state vaccine sites to find out when and how they will make the vaccine available to you. Different vaccine sites may be at different phases and availability so it's important to check each location.

- **Continental U.S. or overseas military hospital or clinic**
  - DoD is currently delivering vaccine to more than 340 sites around the globe in an effort to vaccinate all eligible DoD beneficiaries. Each location may be at a different phase. To find out when you can get the vaccine, **contact your [local military hospital or clinic](#).**
  - **If your local military hospital or clinic can't schedule a vaccine appointment for you now**, leave your name and contact information, and request to be contacted when the vaccine is available for you. Continue to follow your military hospital's or clinic's website, news media, or social media to stay informed about vaccine availability and updates
- **Retail pharmacies in the United States**
  - As part of the Federal Retail Pharmacy Program, you can get the vaccine at any retail pharmacy at no cost, even if it's non-network. You can see which pharmacies in your state will have the vaccine on the [CDC website](#). Contact your local pharmacy to see if and when the vaccine will be available
- **State or local vaccine distribution sites**
  - **Check with your [state](#) or [local](#) health department** to find out when and how they will make the vaccine available to you

For all vaccination sites, please check availability and appointment times before showing up.

The vaccine itself is offered at no cost, but based on your plan and status (active duty or retiree), there may be a cost for an office visit to a TRICARE-authorized or network provider or if you require follow-on care.

### Additional Resources for You

For more information, check out these resources:

- [TRICARE COVID-19 Vaccine News](#)
- [DoD COVID-19 Vaccine Distribution Plan](#)
- [CDC COVID-19 Vaccine News](#)
- [State and Territory Health Department Websites](#)



Don't forget to keep your family's information up to date in DEERS.



Learn more about TRICARE  
[www.tricare.mil](http://www.tricare.mil)

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# Exhibit E





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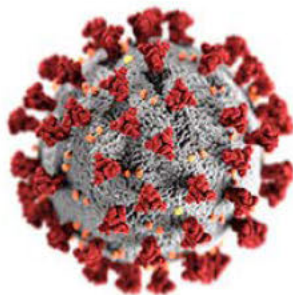
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# What You Need to Know About the Coronavirus or COVID-19



*Last reviewed and updated: Jan. 12, 2021*

During the coronavirus pandemic, we're updating this resource center regularly to keep you informed. Stay connected:

- Check back here for updates.
- Follow the news and consult the [Centers for Disease Control and Prevention's Coronavirus website](#) [for alerts](#).
- Contact your MDVIP-affiliated physician — your partner in health and prevention — if you're not feeling well.

Wondering about the new coronavirus vaccines? Two vaccines have been approved by the Food and Drug

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them and [here's how they work](#). □

You may also have heard about the vaccines' side effects in the news or on social media. Are they worse than other vaccines? Our Chief Medical Office Dr. Andrea Klemes, who participated in one of the vaccine trials, [explains these side effects](#). □

You may also be wondering if you already had COVID, if you should get the vaccine. We posed this question and others to one of the world's top vaccine scientists. [Here's what he had to say](#). □

To expand any of the sections on this page, just click on the "+" button.

+ What You Need to Do to Protect Yourself  
(Updated 8/3)

+ Working with Your Doctor During COVID-19

+ COVID-19 Basics

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MDVIP is a national network of primary care doctors who see fewer patients so they can focus on delivering personalized medicine, patient-centered medicine and preventive care that starts with the MDVIP Wellness Program.

[Learn more about how MDVIP's primary care model can impact health outcomes](#).

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more info

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## CATEGORIES

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Infectious Disease

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# Exhibit F





Harris County Public Health

March 30, 2021

By now, you've heard of [#johnsonandjohnson](#) [#COVID19vaccine](#) and it's convenient single dose and it's 100% effective in preventing COVID-related hospitalizations and death, but there are a few other things you should know, take a look.

**DID YOU KNOW?**

**Johnson & Johnson Vaccine:**

- Is given in a single-dose shot
- Uses a modified version of a common cold virus to deliver spike protein to our bodies to help fight COVID-19
- Cannot make people sick because it is does not contain live virus

Harris County Public Health  
Building a Healthy Community

f t i y  
HCPH.TX.ORG

COVID19

- Is approved for use in people ages 18 and older
- Was tested and is effective against current COVID-19 variants

Harris County Public Health  
Building a Healthy Community

f t i y  
HCPH.TX.ORG

COVID19

- Is 93% effective in preventing hospitalizations
- 100% effective in preventing deaths

Harris County Public Health  
Building a Healthy Community

f t i y  
HCPH.TX.ORG

COVID19

**All COVID-19 vaccines that are currently approved for use in the US are effective and any vaccine is better than no vaccine. Take your best shot at COVID-19 and get vaccinated when it's your turn.**

Harris County Public Health  
Building a Healthy Community

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COVID19

87

63 Comments 35 Shares