DEPARTMENT OF HEALTH AND HUMAN SERVICES
FOOD AND DRUG ADMINISTRATION
CENTER FOR DRUG EVALUATION AND RESEARCH (CDER)

FDA REPRODUCTIVE HEALTH ADVISORY COMMITTEE
MEETING ON GESTIVA

Gaithersburg, Maryland August 29, 2006

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CONSULTANTS AND GUESTS
       SGE Consultants (Voting)
  Maria Bustillo, M.D.
<sup>4</sup> Sandra Carson, M.D.
  Daniel Gillen, M.D.
<sup>5</sup> Julia V. Johnson, M.D.
  Ezra Davidson, M.D.
<sup>6</sup> Gary Hankins, M.D.
  Karin B. Nelson, M.D.
<sup>7</sup> Hyagriv, Simhan, M.D.
  Rose Marie Viscardi, M.D.
<sup>8</sup> Vivian Lewis, M.D.
  Joseph Harris, M.D., FACOG
<sup>9</sup> Cassandra Henderson, M.D.
  Katharine Wenstrom, M.D.
10 James Liu, M.D.
  Elizabeth Shanklin-Selby
11
        Guest Speaker (Non-Voting)
12
  Roberto Romero, M.D.
13
        F.A.C.P. Acting Industry Representative
  Steven Ryder, M.D.
15
16 FDA Center for Drug Evaluation and Research
   Participants at the Table
17
   (Non-Voting)
18 Daniel Shames, M.D.
   Scott Monroe, M.D.
19 Lisa Soule, M.D.
  Lisa Kammerman, Ph.D.
20 Barbara Wesley, M.D., M.P.H.
<sup>21</sup> Julie Beitz, M.D.
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COMMITTEE MEMBERS

- ² Teresa A. Watkins, R.PH., Designated Federal
- ³ Official
- ⁴ Arthur L. Burnett, II, M.D.
- ⁵ Ronald S. Gibs, M.D. Absent
- ⁶ Charles J. Lockwood, M.D. Absent
- ⁷ Diane Merritt, M.D.
- ⁸ James R. Scott, M.D.
- 9 William D. Steers, M.D.
- 10 Jonathan A. Tobert, M.D., Ph.D. Absent
- 11 Lorraine J. Tulman, R.N., D.N.Se.
- 12 O. Lenaine Westney, M.D.

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PROCEEDINGS

- DR. DAVIDSON: Good morning. It is time for us
- 3 to begin business today so I would declare the
- 4 committee meeting open for business. First, there
- 5 is a rather large assemblege around the table here
- 6 so why don't we begin by brief introductions. Give
- 7 your name and position and I will await my turn when
- 8 it gets around to me. Why don't we start with
- 9 Doctor Beitz.
- DR. BEITZ: Yes my name is Julie Beitz and I'm
- 11 the acting director of the Office of
- 12 Drug Evaluation three and CDER.
- DR. KAMMERMAN: I'm Lisa Kammerman, FDA
- ¹⁴ Statistician.
- DR. MONROE: I'm Scott Monroe the Acting
- 16 Director of Reproductive and Urologic drug products.
- DR. WESLEY: I'm Barbara Wesley, I'm a medical
- 18 officer in the division of Reproductive and Urologic
- 19 products and the primary reviewer of this
- ²⁰ application.
- DR. HANKINS: I'm Gary Hankins, I'm maternal
- 22 fetal medicine clinician, practicing in Galveston,

- 1 Texas at the University of Texas.
- DR. NELSON: Karin Nelson, I'm a child
- 3 neurologist at NINDS/NIH.
- DR. BURNETT: Good Morning, I'm Arthur Burnett,
- 5 a urologist at Johns Hopkins and a committee member.
- 6 DR. BUSTILLO: I'm Maria Bustillo, I'm a
- 7 reproductive endocrinologist at the South Florida
- 8 Institute for Reproductive Medicine in Miami.
- DR. MERRITT: Diane Merritt, Professor of
- 10 OBGYN, Washington University, Saint Louis.
- DR. JOHNSON: Thanks. Julia Johnson, I'm the
- 12 Director of Reproductive endocrinology and
- 13 infertility at the University of Vermont and a new
- 14 member to the committee.
- DR. STEERS: William Steers, Professor and Chair
- 16 at the Department of Urology at the University of
- ¹⁷ Virginia.
- DR. LIU: Jim Liu, I'm a Reproductive
- 19 endocrinologist, I'm chair at Chase Western Reserve.
- DR. SINHAM: Hy Simhan. I'm a maternal fetal
- 21 medicine doctor at the University of Pittsburgh,
- 22 Magee Women's Hospital.

- DR. LEWIS: I'm Vivian Lewis, I'm a
- ² Reproductive endocrinologist and professor of
- 3 obstetrics and gynecology at the University of
- 4 Rochester Medical Center.
- DR. DAVIDSON: I'm Ezra Davidson, professor of
- 6 obstetrics and gynecology at the
- 7 Charles R. Drew University and the David Geffen
- 8 School of Medicine at UCLA in Los Angeles. Also
- 9 maternal fetal medicine.
- MS. WATKINS: I'm Teresa Watkins, the designated
- 11 federal official for this committee.
- MD. WENSTROM: I'm Cathy Wenstrom, I'm a
- 13 professor of OBGYN and human genetics at Vanderbilt.
- DR. HARRIS: I'm Joseph Harris, I'm in maternal
- 15 fetal medicine specialist in Reno Nevada.
- DR. GILLEN: Daniel Gillen, I'm assistant
- 17 professor in the department of statistics at the
- 18 University of California, Irvine.
- DR. SCOTT: Jim Scott, professor and former
- 20 chair of the OBGYN department at the University of
- 21 Utah, also the editor of the Green Journal,
- 22 obstetrics and gynecology.

- DR. CARSON: Sandra Carson, professor of
- ² obstetrics and gynecology at Baylor College of
- ³ Medicine, I'm a reproductive endocrinologist.
- DR. WESTNEY: Lenaine Westney, I'm associate
- ⁵ professor, residency program director, and interim
- 6 division director of University of Texas Health
- ⁷ Science Center, division of urology.
- 8 MS. SELBY: I'm Elizabeth Shanklin-Selby and I
- 9 am the patient representative.
- NURSE TULMAN: Lorraine Tulman, associate
- 11 professor at the school of nursing at the University
- 12 of Pennsylvania. And I'm the consumer rep to the
- 13 committee.
- DR. RYDER: Steve Ryder and I'm a non-voting
- 15 industry representative. I'm an endocrinologist in
- 16 Pfzier research in Eastern Connecticut and I'm $\,$
- 17 sitting in for Jonathan Tobert who could not make
- 18 this meeting.
- DR. DAVIDSON: Thank you. Doctor Watkins.
- DR. WATKINS: The following announcement
- 21 addresses the issue of conflict of interest and is
- 22 made part of the record to preclude even the

- 1 appearance of such at this meeting. Based on the
- ² submitted agenda and all financial interests
- 3 reported by the committee participants, it has been
- 4 determined that all interests in firms all regulated
- 5 by the Center for Drug Evaluation and Research
- 6 present no potential for appearance of a conflict of
- 7 interest at this meeting with the following
- 8 exceptions.
- In accordance with 18 U.S.C. Section 208(b)(3),
- 10 Doctor Cassandra Henderson has been granted a full
- 11 waiver for her unrelated speakers bureau activities
- 12 for the sponsor for which she receives less than
- 13 \$10,001.00 per year.
- Waiver documents are available at FDA's dockets
- 15 web page. Specific instructions as to how to
- 16 access the web page are available outside today's
- 17 meeting room at the FDA information table. In
- 18 addition, copies of all the waivers can be attained
- 19 by submitting a written request to Agency's
- 20 Freedom of Information Office, room 12-A30 of the
- 21 Parklawn Building.
- We would also like to note that Doctor Steven

- 1 Ryder has been invited to participate as a
- ² non-voting industry representative acting on behalf
- ³ of regulated industry. Doctor Ryder is employed by
- 4 Pfizer. In the event that the discussions involve
- 5 any other products or firms not already on the
- 6 agenda for which FDA participants have a financial
- 7 interest, the participants are aware of the need to
- 8 exclude themselves from such involvement and their
- 9 exclusion will be noted for the record.
- With respect to all other participants, we ask
- 11 in the interest of fairness that they address any
- 12 current or previous financial involvement with any
- 13 firm their product which they wish to comment upon.
- ¹⁴ Thank you.
- DAVIDSON: Doctor Monroe.
- MONROE: Good morning and I'll just reintroduce
- 17 myself briefly. I'm Scott Monroe and I'm the Acting
- 18 Director of the Division of Reproductive and
- 19 Urologic Drug products. On behalf of the division,
- 20 I'd like to welcome all of you to this meeting of
- 21 the advisory committee for reproductive health
- 22 drugs. I also want to convey the division's

- 1 appreciation to the members of the advisory
- 2 committee who have found time in their busy
- 3 schedules to participate in this meeting.
- Today, the committee will be reviewing a new
- ⁵ drug application submitted by Adeza Biomedical for
- 6 17-hydroxy progesterone caproate with the proposed
- 7 trade name Gestiva. The proposed indication is
- 8 prevention of pre-term birth in pregnant women with
- 9 a history of at least one spontaneous pre-term
- 10 birth. The adverse consequence of pre-term birth is
- 11 a major public health problem. Approximately twelve
- 12 percent of all live births in the United States are
- 13 pre-term, defined as birth before thirty-seven weeks
- 14 gestational age. Pre-term birth is the leading
- 15 cause of neonatal death and a major cause of early
- 16 childhood morbidity and mortality including
- 17 pediatric neuro-developmental problems.
- Currently there is no approved drug product in
- 19 the United States for the prevention of pre-term
- 20 birth. The medical need for an effective approved
- 21 drug for prevention of pre-term birth is
- 22 particularly acute because there are also no

- 1 approved drug products for pre-term labor currently
- ² marketed in the U.S. Although several drugs with
- 3 tocolytic properties are used off label for pre-term
- 4 labor. Randomized controlled trials have failed to
- ⁵ demonstrate that these drugs improve perinatal
- 6 outcomes.
- 7 17-hydroxyprogesterone caproate is not a new
- 8 drug and was initially approved for marketing by the
- 9 FDA in 1956 largely on safety considerations. In
- 10 1956, approval for marketing for a new drug did not
- 11 require substantial evidence of effectiveness.
- 12 Suggested uses of 17-hydroxyprogesterone caproate
- 13 also known by the trade name Delalutin included
- 14 treatment of habitual, recurrent, or threatened
- 15 abortion. Delalutin was withdrawn from marketing in
- 16 2000 at the request of the NDA holder. The
- 17 withdrawal was not related to safety concerns.
- 18 Presently 17-hydroxy progesterone caproate is
- 19 available only from compounding pharmacies.
- In 2003, the findings from a randomized, double
- 21 blind control trail of 17-hydroxyprogesterone
- 22 caproate for the prevention of pre-term birth

- 1 sponsored by the National Institutes of Child Health
- ² and Human Development, were published in the New
- 3 England Journal of Medicine.
- The study reported a significant reduction in
- ⁵ the rate of pre-term births prior to 37 weeks
- 6 gestational age and possibly at earlier gestational
- ⁷ ages as well.
- 8 The new drug application that will be discussed
- 9 today is based largely on this trial and a follow-up
- 10 safety study of children whose mothers had
- 11 participated in the earlier trial.
- The application that the Committee will be
- 13 reviewing and discussing today, poses several
- 14 challenging issues for the division.
- 15 It is primarily because of these issues that
- 16 the division is seeking guidance from the Committee.
- The clinical issues that are of concern to the
- 18 division include the following three items:
- First: Are the clinical data adequate to
- 20 support the claim of effectiveness for
- 21 17-hydroxyprogesterone caproate for prevention of
- 22 pre-term birth.

- Second: The pre-term birth rate in the vehicle,
- 2 or control arm, of the principal study was 55
- 3 percent.
- 4 This rate was considerably higher than the
- 5 expected rate of approximately 36 percent and is
- 6 considerably higher than that generally reported in
- ⁷ the literature.
- Finally, there is a possible safety concern
- 9 based on the increase in the percentage of second
- 10 trimester miscarriages and stillbirths observed in
- 11 the 17-hydroxy caproate arm compared to the control
- 12 arm.
- In regard to the adequacy of clinical data
- 14 needed to support effectiveness of a new drug
- 15 product, the FDA generally requires two adequate and
- 16 well-controlled studies for substantial evidence of
- 17 effectiveness.
- A circumstance in which a single trial may be
- 19 adequate would include a trial that has shown a
- 20 meaningful effect on mortality, irreversible
- 21 morbidity, or prevented a disease with a potentially
- 22 serious outcome, and a situation in which

- 1 confirmation of the result in a second trial would
- ² be either logistically impossible or ethically
- ³ unacceptable.
- In the present application, the applicant is
- ⁵ seeking approval of 17-hydroxyprogesterone caproate
- 6 based on findings from a single clinical trial and
- 7 on a surrogate endpoint for infant and neonatal
- 8 morbidity and mortality; namely, reduction in the
- 9 rate of pre-term births prior to 37 weeks of
- 10 gestational age.
- I would now like to briefly present the
- 12 questions that the members of the Committee will be
- 13 asked to consider.
- 14 First: Is the primary endpoint, prevention of
- 15 pre-term birth prior to 37 weeks gestation, an
- 16 adequate surrogate for reduction in fetal and
- 17 neonatal morbidity or mortality?
- 18 If not, would prevention of pre-term birth
- 19 prior to 35 weeks or prior to 32 weeks gestational
- 20 age be adequate?
- Second: Does the high rate of pre-term birth,
- 22 approximately 55 percent in the vehicle arm of the

- 1 principal trial, indicate the need to replicate the
- ² findings in a confirmatory trial?
- Third: Do the data provide substantial evidence
- 4 that 17-hydroxyprogesterone caproate:
- 5 (1) Prevents pre-term birth prior to 35 or
- 6 prior to 32 weeks gestational age; or,
- 7 (2) Reduces fetal and neonatal morbidity or
- 8 mortality?
- 9 Is further study needed to evaluate the
- 10 potential association of 17-hydroxyprogesterone
- 11 caproate with increased risk of second trimester
- 12 miscarriage and stillbirth?
- 13 If so, should this information be obtained
- 14 prior to approval for marketing or post-approval?
- And, lastly, are the overall safety data
- 16 provided in the application adequate and
- 17 sufficiently reassuring to support marketing
- 18 approval of 17-hydroxyprogesterone caproate without
- 19 the need for additional pre-approval safety data?
- The agenda for the remainder of the day is
- 21 listed on this slide.
- In a moment, Dr. Roberto Romero, who is Chief

- 1 of Perinatology at the NICHD, will make a
- ² presentation entitled, "Causes of Premature Birth:
- ³ The Premature Parturition Syndrome."
- 4 This will be followed by the applicant's
- ⁵ presentation.
- 6 After a brief break, the FDA will make its
- ⁷ presentation.
- 8 Following lunch, there will be an Open Public
- 9 Forum, and this will be followed by discussion
- 10 and questions by the Committee, concluding with
- 11 Committee voting.
- I think, now, Dr. Romero, I would like to turn
- 13 the podium over to you.
- 14 I think there's going to be a moment here while
- 15 we do an equipment swap-out.
- 16 (Long Pause.)
- DR. ROMERO: Good morning, Dr. Davidson, Dr.
- 18 Scott Monroe, Dr. Wesley, Distinguished Members of
- 19 the Advisory Committee and the Sponsor, ladies and
- 20 gentlemen.
- I hope that this slide is going to work, but I
- 22 would like to begin by indicating that I am here in

- 1 my official capacity as a member of NICHD, the
- ² Perinatology Research Branch, which I direct as part
- ³ of the Division of Intramural Research of the
- 4 Institute.
- 5 And the trial that will be subject of in- depth
- 6 discussion today was conducted by the Extramural
- 7 Program of our Institute, NICHD.
- I did not participate in the design, execution,
- 9 analysis or reporting of such trial.
- Therefore, this trial has been conducted
- 11 independently of the Perinatology Research Branch,
- 12 and I have no conflict of interest to report with
- 13 the sponsor of this application.
- The editorial of the last issue of the Lancet
- 15 remarked that in the United States at least one
- 16 public health problem, pre-term birth, has worsened
- 17 in the past decade.
- 18 However, it entitled the piece: "Pre-term
- 19 Birth: Crisis and Opportunity, " to stress the
- 20 importance of this condition and the urgency with
- 21 which the questions posed by premature labor and
- 22 delivery must be addressed.

- On July 28th of this year, the Institute of
- ² Medicine released a report entitled "Pre-term Birth:
- 3 Causes/Consequence of Prevention." And the report
- 4 is particularly timely because this Advisory
- ⁵ Committee has been convened to consider the issue of
- ⁶ prevention.
- Pre-mature birth is defined, conventionally, as
- 8 one that occurs before 37 completed weeks of
- ⁹ qestation.
- In 2004, more than 500,000 neonates were born
- 11 pre-term in the United States, with a frequency of
- ¹² 12.5 percent.
- This bar graph illustrates a cycle of
- 14 trends in the frequency of pre-term birth, as a
- 15 percentage of live birth in the United States
- 16 between 1990 and 2004. An increase from 10.6 in
- 17 1990 to 12.5 in 2004 can be noted.
- There is a large disparity in the proportion of
- 19 pre-term birth among racial and ethnic groups in the
- 20 United States which has persisted and remains
- 21 concerning.
- The frequency of pre-term birth among non-

- 1 Hispanic Americans was 17.8 percent, among American
- ² Indians and Native Alaskans 13.5 percent, Hispanics
- 3 11.9 percent, Whites 11.5, and among the Pacific
- 4 Islanders, 10.5 percent.
- Now the cost of pre-term birth, in medical care
- 6 services, has been estimated to be \$16.9 million,
- 7 approximately 33.200 dollars per pre-term infant.
- 8 In maternal delivery cost, \$1.9 million
- ⁹ dollars.
- The cost for special education \$1.1 million
- 11 dollars, and the lost household and labor market
- 12 productivity is estimated at \$5.7 million dollars.
- So the annual society economic burden
- 14 associated with pre-term birth in the United States
- 15 is in excess of \$26.2 million dollars, according to
- 16 the estimates of the Institute of Medicine.
- Now, the prognosis of pre-term birth, neonates,
- 18 is a function of gestational age at birth.
- And I regret that a part of these slides are
- 20 not showing, so I'll do my best with the material
- ²¹ that we have here.
- This is work reported by Dr. Brian Mercer, in

- 1 the Journal of Obstetrics and Gynecology.
- And in the vertical axix is percentage, and the
- 3 horizontal axix is gestation.
- And, as you can see, in red is mortality, in
- ⁵ blue is survival.
- And this slide is at 32 weeks of gestation, and
- 7 the point of the slide is mortality changes
- 8 dramatically at 32 weeks of gestation.
- The magnitude of the problem, the infant
- 10 mortality rate for very pre-term infants are those
- 11 delivered at less 32-weeks of gestation, was 186.4
- 12 per 1,000, which is 70 times -- 75 times the rate
- 13 for infants born at term, which is 2.5 per thousand
- 14 weeks of gestation.
- So 20 percent of all infants born at less than
- 16 32 weeks of gestation do not survive beyond the
- 17 first year of life, and that is the importance of 32
- 18 weeks of gestation.
- In of acute morbidity by gestational age among
- 20 surviving infants, this is also data from Brian
- 21 Mercer, published in 2003, in Obstetrics and
- 22 Gynecology, and is a result of a community-based

- 1 evaluation of 8,523 deliveries between 1997 and 1998
- ² in Shelby County, Tennessee.
- In the horizontal axis, cut on the slide,
- 4 approximately over here, 32 weeks of gestation will
- 5 be approximately over here, and you can see that the
- 6 rate of complications -- respiratory distress
- 7 syndrome, sepsis and intra-ventricular hemorrhage --
- 8 increased dramatically before 32 weeks of gestation.
- The Ailien (ph) report, in July of 2006,
- 10 concluded that babies born before 32 weeks of
- 11 gestation have the greatest risk for death and poor
- 12 health outcomes. However, infants born between 32
- 13 and 36 weeks of gestation, which make up the
- 14 greatest number of pre-term birth, are still at
- 15 higher risk for health and developmental problems
- 16 compared to those infants born full term.
- so infants born after 32 weeks of gestation are
- 18 common and also remain at high risk for health
- 19 and developmental problems.
- Now the frequency of pre-term birth, by
- 21 gestational age, based on data from 1995 to 2000,
- 22 was infants born at less than 28 weeks of gestation,

- 1 .82 percent; less than 32 weeks, 2.2 percent,
- ² between 33 and 36 weeks, 8.9 percent. And less than
- 3 37 weeks of gestation, 11.2 percent.
- Now, the complications of the late-term, or
- ⁵ near term infant, include cold stress,
- 6 hypoglycemia, respiratory distress syndrome,
- ⁷ jaundice, and sepsis.
- 8 And the clinical circumstances that result in
- 9 the birth of a spontaneous pre-term birth are,
- 10 fundamentally, three:
- One: Is spontaneous pre-term labor with intact
- 12 membranes;
- The second is pre-term birth. So these two are
- 14 the result of spontaneous pre-term birth; and,
- The third is indicative pre-term delivery that
- 16 results from maternal indications, such as pre-
- 17 eclampsia or fetal indications, such as an infant
- 18 that is small for gestational age or has fetal
- 19 compromise.
- Now, one of the key questions is whether
- 21 pre-term labor is simply labor before its time. So
- 22 "term" is between 38 and 42 weeks of gestation.

- And the question is, whether premature labor,
- 2 is simply the untimely onset of the physiologic or
- ³ the phenomenon of labor.
- 4 And if you looked and you compare a patient who
- 5 has term labor over here and a patient who has a
- 6 pre-term gestation, there are clearly events in
- 7 common.
- 8 Myometrial contractions are common in both pre-
- 9 term labor and term labor, cervical dilatation and
- 10 effacement occurs in both, and premature rupture of
- 11 membranes, or membrane decidua activation, is also a
- 12 common feature of the two conditions.
- So we have defined the common uterine features
- 14 of term and pre-term labor as including increased
- 15 myometrial contractility, cervical ripening, which
- 16 includes dilatation and effacement.
- And, finally, decidua and membrane activation.
- Now this common terminal pathway can be defined
- 19 as the anatomic physiologic, biochemical,
- 20 endocrinologic, immunologic, and clinical events in
- 21 the mother and/or fetus that are shared by both term
- 22 and pre-term parturition.

- Now, what are the phenotypes of spontaneous
- 2 pre-term parturition?
- The phenotypes can be derived from
- 4 understanding the activation of the common terminal
- ⁵ pathway.
- So, here, we have cervical ripening. Here,
- 7 uterine contractility; and, here, membrane and
- 8 decidua activation.
- Now, in this part of the screen, I'm going to
- 10 show you the activation, let's say, of cervical
- 11 ripening over here, untimely activation of
- 12 cervical ripening when you rise to cervical
- 13 insufficiency. That used to be known as cervical
- 14 incompetence.
- Untimely activation of uterine contractility
- 16 would lead to pre-term uterine contractions.
- And untimely activation of the membrane and
- 18 decidua would lead to premature rupture of
- 19 membranes. And, of course, there is a combination
- 20 of the two.
- So could be synchronous activation of these
- 22 components, or synchronous activation, and the

- 1 phenotypes or presentation will be different --
- ² cervical insufficiency, pre-term uterine
- 3 contractions, premature ruptured membranes, and the
- 4 combination of the three.
- The approaches that have been used so far for
- 6 the prevention of pre-term birth have taken a
- 7 uterocentric approach to the common pathway.
- 8 So investigators interested in activation of
- 9 the myometrium have used the uterine monitor to test
- 10 activation of this component and tocolysis to arrest
- 11 uterine contractions.
- Those interested in the cervix have used
- 13 ultrasound to detect cervical shortening and use a
- 14 cerclage to prevent dilatation of the cervix.
- Those interested in membrane decidua
- 16 activation have looked at fetal-fibrinectin, a
- 17 marker of extracelluar metric segregation.
- And these patients have a very high risk for
- 19 pre-term delivery, and antibiotics have been used in
- 20 an attempt to prevent pre-term delivery in patients
- ²¹ at risk.
- A positive fetal fibrinectin confers a relative

- 1 risk of approximately 60 antibiotic administrations
- ² in a randomized clinical trial conducted by the
- 3 extramural program of our Institute, indicated that
- 4 there was no benefit.
- A similar story can be said of the uterine
- 6 monitor and tocolysis. Tocolysis is able to prolong
- 7 pregnancy for a short period of time but has not
- 8 been demonstrated to decrease the rate of pre-term
- ⁹ delivery.
- The result of a cerclage is somewhat
- 11 controversial, but most of the literature indicates
- 12 that placement of a cervical cerclage is
- 13 ineffective in preventing pre-term delivery,
- 14 perhaps with the exception of one trial in Europe.
- so the view that we propose is that normal
- 16 labor at term is the result of physiologic
- 17 activation of the common terminal pathway of
- 18 parturition.
- 19 That will be crossed over here.
- 20 And in contrast, premature labor results from
- 21 pathologic activation of this common terminal
- 22 pathway.

- Now, what is the evidence that the pathologic
- 2 activation of the pathway is the cause of premature
- 3 labor and delivery?
- Well, examination of the placenta, by a number
- ⁵ of investigators in patients who deliver pre-term,
- 6 have indicated that acute chorioamnionitis, that are
- 7 inflammatory lesions of the placenta, are present in
- 8 42 percent of the cases;
- 9 That vascular lesions are present in 20
- 10 percent;
- Mixed inflammation of vascular lesions in 20
- 12 percent;
- Chronic vellitis in .8 percent;
- Velliserema, 1.7; and,
- A normal placenta, in which the pathologist is
- 16 not able to identify a lesion 13 percent.
- Now we have coined the term, "The great
- 18 obstetrical syndromes," to collectively refer to a
- 19 number of conditions that are -- you know, are daily
- 20 problems in obstetrics and have the following
- 21 features.
- First: They have multiple etiologies;

- Second: They are chronic in nature, although
- ² they are generally diagnosed in the third trimester.
- Often, there is fetal involvement.
- 4 Fourth: The chemical manifestations of the
- ⁵ syndromes are adapted.
- 6 Symptomatic treatment is largely ineffective,
- 7 and they result from gene and environmental
- ⁸ interactions.
- And all these postulates are met by the pre-
- 10 term parturition syndrome.
- 11 So we have proposed that the pre-term
- 12 parturition syndrome is defined by the presence of
- 13 uterine contractility, activation of membrane and
- 14 decidua, cervical dilatation, and it has multiple
- 15 etiologies -- infection, vascular, uterine
- 16 distention, cervical disease, hormonal disorders,
- 17 immunological problems.
- And we have left room for unknown mechanisms
- 19 yet to be discovered.
- Now, of all these potential causes for the
- 21 pre-term parturition syndrome, the only one that has
- 22 been causally linked to spontaneous labor is

- 1 infection.
- In intra-amniotic infection that means that
- 3 the presence of microorganisms in the amniotic
- 4 cavity is a frequent complication of pre-term labor;
- 5 is present in 25 percent at the time of
- 6 presentation. That is, not endometrial by the time
- ⁷ of presentation in the onset of labor.
- These infections are subclinical in nature, may
- 9 affect the fetus, may elicit a fetal inflammatory
- 10 response syndrome, and this is considered a host
- 11 defense mechanism.
- Now, the evidence that these infections are
- 13 subclinical in nature is that clinical
- 14 chorioamnionitis, defined by the presence of fever
- 15 and other findings, are present in 12 percent of
- 16 patients with premature labor and 20 percent of
- $^{\rm 17}$ patients with pre-term PROM.
- Now, the fetal inflammatory response syndrome
- 19 occurs because, in some instances, microbial
- 20 invasion of the amniotic cavity gain access to the
- ²¹ fetus.
- The fetus mounts a systemic inflammatory

- 1 response that is very much like the adult, and this
- ² leads to three distinct outcomes:
- The impending onset of premature labor and
- 4 delivery;
- 5 The second: Severe neonatal mobidity and
- 6 mortality that can be the most treated in the
- 7 neonatal period; and,
- 8 Third: The presence of fetal multi-systemic
- 9 involvement, that can be the most treated in utero.
- so the fetal inflammatory response syndrome
- 11 includes hematologic abnormalities, red blood cells,
- 12 white blood cells, abnormalities in the endocrine
- 13 system, the concentrations of cortisol are elevated.
- Another form of cardiac dysfunction, in which
- 15 the fetal heartbeat becomes floppy;
- Pulmonary injury because the fetus aspirates
- 17 bacteria and inflamed amniotic fluid.
- Add to this, one can have renal dysfunction
- 19 and also potentially brain injury.
- Now, how common is subclinical intra-amniotic
- 21 infection in a symptomatic mid-trimester
- 22 pregnancies?

- Because the figures that I have just given you,
- ² the 25 percent, reflects the patients who presents
- 3 with a sort of premature labor and intact membranes
- 4 or pre-term problem.
- 5 Well, the data that we have available here come
- 6 from a study performed by a private practitioner in
- 7 Ohio, published in "Prenatal Diagnostics," in 1992.
- 8 And what this private practitioner, Dr. Gray,
- ⁹ did is to perform 2,461 myometrial amniocentesis
- 10 and culture all the amniotic fluids for genital
- 11 micro-plasmas.
- Nine (9) patients have positive cultures with
- 13 chorioplasma, relating to giving a frequency of .4
- 14 percent, in the prevalence of microbial invasion for
- 15 genital micro-plasma.
- One (1) patient elected to terminate the
- 17 pregnancy, and eight (8) continued the pregnancy
- 18 without treatment.
- six (6) patients had spontaneous abortions
- 20 within four weeks of the amniocentesis, two (2) had
- 21 premature labor.
- 22 All cases had histologic evidence of

- 1 inflammation, suggesting that these infections could
- ² be present in the mid-trimester.
- 3 They are relatively rare because they account
- 4 for .4 percent, but once the infection is present,
- ⁵ the prognosis of pregnancy is poor.
- Now, in terms of prevention of pre-term labor
- ⁷ and delivery, we believe, as obstetricians, that
- 8 this is an important and desirable goal, that the
- ⁹ only proven beneficial strategy so far is
- 10 irradication of a symptomatic bacterurea, but this
- 11 condition has a limited attributable risk.
- Patients with a previous pre-term birth have an
- 13 increased risk for recurrence, and this has been
- ¹⁴ well established.
- And the potential beneficial effect that we are
- 16 considering today is progesterone administration,
- ¹⁷ and this is derived from trials with
- 18 17-hydroxyprogesterone and natural volume of
- 19 progesterone administration.
- Now, the possibility that there is a hormonal
- ²¹ etiology for the pre-term parturition syndrome, is
- 22 something that has been seriously considered and

- 1 has been resolved for several decades.
- A progesterone deficiency state has been
- 3 proposed to be a mechanism of disease in premature
- 4 labor for several decades.
- The corpus luteum is the source of progesterone
- ⁶ in early pregnancy.
- Now, this source of progesterone is quickly
- 8 shifted towards the placenta in the human.
- 9 And the studies of Arthur Shappel (ph) were
- 10 key in elucidating the role of progesterone in
- 11 pregnancy maintenance.
- And these are the three papers published by
- 13 Arthur Shappel illustrating that point.
- So what is the effect of luteectomy in human
- ¹⁵ pregnancy?
- And this is the result of our study, or a
- ¹⁷ series of studies,
- In 64 pregnant women that were in very early
- 19 pregnancy, less than five weeks, who desired a tubal
- 20 ligation, and, after IRB approval, were allocated to
- ²¹ three groups.
- A group that underwent tubal ligation, that is,

- 1 a control group;
- 2 A group that underwent tubal ligation and
- 3 luteectomy; and,
- The third group that is cut in this slide:
- ⁵ Tubal ligation, luteectomy, and progesterone
- ⁶ supplementation.
- 7 And the results, I illustrated over here.
- 8 This is a group of patients in the vertical
- ⁹ axis, is plasma progesterone; in the horizontal
- 10 axis, at days after luteectomy, and I regret that
- ¹¹ the horizontal axis is not visible.
- But here are patients who only underwent a
- 13 tubal ligation with a mild drop in progesterone but
- 14 no spontaneous abortion.
- The second group and the third group, labeled
- 16 in orange and red, includes patients who have a
- 17 luteectomy and went on to have a spontaneous
- 18 abortion, one within four days, the ones in red, and
- 19 the other ones within seven days.
- The other group is this one, who underwent a
- 21 luteectomy, but then after a drop in progesterone
- 22 had progesterone replacement, and these patients

- 1 continued the pregnancy, had no spontaneous
- ² abortion.
- 3 So Arthur Shapell proposed that progesterone is
- ⁴ an indispensable hormone for normal pregnancy and
- ⁵ that progesterone withdrawal is a prerequisite for
- 6 normal pregnancy termination, be that in the mid-
- ⁷ trimester in early pregnancy or at the time of
- ⁸ parturition at term.
- Now, the role of progesterone in pregnancy
- 10 maintenance has been proposed to be to maintain
- 11 myometrial quiescence, to down regulate the
- 12 production of gap-junctions, and gap-junctions are
- 13 important to accelerate the transmission of the
- 14 electrical stimuli among myometrial cells.
- And the third is to inhibit cervical ripening.
- A progesterone withdrawal is thought to prepare
- ¹⁷ the uterus for the action of utero-tonic agents such
- 18 as oxytocin and other agents capable of stimulating
- 19 myometrial contractility.
- Now, the evidence that supports a suspension of
- ²¹ progesterone action is important in human
- 22 parturition, is derived from a number of studies in

- 1 which the administration of anti-progesterones, such
- ² as RU-486 or onnapreston (ph) can induce abortion
- 3 and cervical ripening in patients in the mid-
- 4 trimester and also at term.
- Now, evidence that there could be a change in
- 6 the ratio of progesterone to estrogen in human
- ⁷ parturition, has been gathered both at term and in
- ⁸ pre-term gestation.
- And over here, in the left, is the ratio
- 10 between progesterone/estradiol.
- The first column represents women who are not
- 12 in labor at term; the second column, women in labor
- 13 at term.
- Women in labor at term had a significant
- 15 decrease in the progesterone to estradiol ratio.
- And the same is the case for the
- ¹⁷ progesterone/estriol ratio.
- So progesterone is considered a key hormone for
- 19 pregnancy maintenance, and, hence, its name
- ²⁰ progesterone.
- A progesterone withdrawal has been proposed,
- 22 and it occurs in other animal species or the

- 1 mammalian species when there is a decrease in the
- ² concentration of progesterone; however, this has not
- 3 been demonstrated in humans.
- 4 So the postulated mechanism for progesterone
- ⁵ withdrawal in humans are a change in the isoforms of
- 6 the receptors from "A" to "B," and perhaps an
- 7 involvement of the "C" isoform of the receptor, or a
- 8 function of progesterone block.
- 9 That is, maybe a description factor, NF-kappa
 10 B.
- I will now be discussing the clinical trials of
- 12 meta-analysis of progesterone that will be analyzed
- 13 by the FDA staff and the sponsor. And the reason
- 14 for that is because our institute is one of the --
- 15 participated in the design/execution of this trial.
- The interventions for the prevention of
- 17 pre-term birth need to meet the standards of
- 18 efficacy and safety.
- The criteria for efficacy are generally
- ²⁰ prevention of pre-term birth, defined as 37 weeks,
- 21 35 weeks, and 32 weeks, prolongation of pregnancy;
- 22 and, perhaps more important, neonatal morbidity and

- ¹ mortality.
- In terms of safety; fetal, neonatal, infant,
- ³ and maternal safety.
- 4 Now, the fundamental construct is a
- ⁵ progesterone deficiency state which may not be
- 6 reflected in concentrations but simply a change in
- 7 the isoforms or a suspension of progesterone action
- 8 will activate the common terminal pathway of
- 9 parturition, and this will result in premature
- 10 labor.
- To close, let me just say that the American
- 12 College of Obstetrics and Gynecology, through its
- 13 Committee in Obstetrical Practice, issued in
- ¹⁴ November 2003, a Committee Opinion on the use of
- 15 progesterone to reduce pre-term birth.
- An excerpt of that Committee Opinion is that,
- ¹⁷ when progesterone is used, it is important to
- 18 restrict its use to only women with a documented
- 19 history of previous cutaneous pre-term birth, at
- 20 less than 37 weeks of gestation, because unresolved
- ²¹ issues remain, such as the optimal drug of delivery
- 22 and long-term safety of the drug.

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1 The Committee Opinion also recognized that
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- ² there were other indications for premature -- for
- 3 progesterone that needed to be considered and
- 4 subject of further investigation, and that included
- ⁵ patients who have multiple gestations, and patients
- ⁶ with a short cervix.
- A trial in multiple gestations, in twins and
- 8 triplets, has been conducted and sponsored by NICHD.
- At trial in women who have a short cervix that
- 10 have been randomized to placebo or natural volume of
- 11 progesterone, will be presented next week in London,
- 12 and be conducted by the Fetal Medicine Foundation
- 13 (ph), but the results are not available at this
- 14 time.
- Thank you very much for your attention.
- 16 (Applause.)
- DR. DAVIDSON: Thank you, Dr. Romero.
- I think we can now proceed to the sponsor's
- 19 presentation.
- 20 (Pause.)
- DR. HICKOK: Give us just a moment, if you will,
- 22 to see if we can get these slides lined up

- ¹ correctly.
- DR. DAVIDSON: While they are setting up, I've
- 3 been instructed to provide the following statement,
- ⁴ which I was going to give after this presentation
- ⁵ and before the break, but I will take advantage of
- ⁶ this interlude.
- 7 In the spirit of the Federal Advisory Committee
- 8 Act and its Sunshine Amendment, we ask that the
- 9 Committee limit their discussion of the topic to the
- 10 Open Forum of the meeting.
- To assist them, we also ask that the audience
- 12 and press not ask them questions about the meeting
- 13 during the breaks.
- I also have in this instruction some suggested
- 15 alternative topics, but I'll leave that to your
- 16 vivid and wide imagination.
- 17 (Laughter.)
- 18 (Long Pause.)
- DR. DAVIDSON: Fortunately, Dr. Romero left you
- 20 some technical adjustment time here.
- (Long Pause.)
- DR. HICKOK: Good morning. It looks like our

- 1 audio-visual equipment is back to functioning here.
- My name is Durlin Hickok, and I will be the
- 3 principal speaker this morning for Adeza; and, in
- ⁴ addition, the moderator for the question and answer
- ⁵ session for Adeza's responses.
- 6 As way of introduction, in terms of the
- 7 presentation -- in terms of the presentation today -
- 8 I'll be speaking briefly about Adeza Biomedical,
- 9 and then Dr. Nageotte will be speaking on the
- 10 medical need to prevent pre-term birth.
- From there, we will move to a clinical review
- 12 of the efficacy and safety findings from the study
- 13 and then a discussion of the risks and benefits.
- So, again, my name is Durlin Hickok. I'm the
- 15 Vice President of Medical Affairs for Adeza.
- And the person presenting the medical need will
- ¹⁷ be Dr. Michael Nageotte, who is a Professor of
- 18 Obstetrics and Gynecology, at the University of
- 19 California at Irvine.
- Other experts that we have available to the
- ²¹ Committee today are Dr. Paul Meis, who is a
- ²² Professor of Obstetrics and Gynecology at Wake

- 1 Forest University; and, indeed, was the PI of the
- ² NICHD 17-hydroxyprogesterone caproate for
- ³ prevention of pre-term/premature labor trial.
- 4 Ms. Gwendolyn Norman is a Perinatal Research
- ⁵ Nurse from Wayne State University, and she was also
- 6 the active point person as the nurse coordinator for
- ⁷ the study site at Wayne State.
- Dr. Michael O'Shea is a professor of Pediatrics
- ⁹ and a Neonatologist from Wake Forest University.
- Dr. Melissa Parisi is an Assistant Professor of
- 11 Pediatrics and Medical Genetics at the University of
- 12 Washington.
- Dr. David Savitz is a Professor of Community
- 14 and Preventive Medicine at Mount Sinai School of
- 15 Medicine, and his expertise is Reproductive
- 16 Epidemiology.
- Finally, Dr. Frank Stanczyk is a Professor of
- 18 Obstetrics and Gynecology at the University of
- 19 Southern California, and his expertise is
- ²⁰ progesterone chemistry.
- In terms of Adeza Biomedical, Adeza is a
- 22 medical technology company that is focused on

- 1 pregnancy-related and female reproductive disorders,
- ² with a special interest in pre-term birth and
- ³ infertility.
- We're here today because we have submitted a
- ⁵ new drug application for FDA approval to market 17-p
- 6 in the U.S. for prevention of recurrent pre-term
- ⁷ birth.
- I'd first like to describe the names that we
- 9 are going to use today for the chemical entities and
- 10 drug products.
- 17-hpc is 17-hydroxyprogesterone caproate. It
- 12 is the active ingredient of 17-p, which was used in
- 13 the clinical study and was the study formulation of
- 14 17-hpc for injection.
- Gestiva, as mentioned before, as Adeza's
- 16 proposed trade name for 17-p, and Delalutin was the
- ¹⁷ trade name for the previously-marketed 17-hpc.
- 17-alpha hydroxyprogesterone caproate is the
- 19 active pharmaceutical ingredient of 17-p.
- It's created by the addition of a six (6)
- 21 carbon chain at the 17 position, as you can see
- 22 here.

- 1 Studies have shown that 17-hpc exhibits
- ² substantial progestational activity and a prolonged
- 3 duration of action, with a half-life of
- ⁴ approximately seven to eight days.
- 5 17-p ias provided as a sterile solution for
- 6 injection containing 17-hpc, 250mgs per milliliter,
- ⁷ in Castor Oil, along with Benzyl benzoate and Benzyl
- ⁸ alcohol.
- 9 17-p was used in the NICHD clinical studies and
- 10 is identical in composition to the previously
- ¹¹ marketed Delalutin.
- 12 As mentioned before, Delalutin was first
- 13 approved by the FDA in 1956, so we actually have a
- 14 long history of use in pregnancy, dating back to
- 15 this time.
- 16 Its approval was for the indications of
- 17 treatment of habitual and recurrent miscarriage,
- 18 threatened miscarriage, postpartum after pains, and
- 19 advanced uterine cancer.
- Delalutin was voluntarily withdrawn from the
- 21 U.S. market in 1999, for reasons not related to
- ²² safety or efficacy.

- There has been multiple other studies that have
- ² evaluated the safety and efficacy of 17-hpc for the
- 3 prevention of pre-term birth, and I am going to
- 4 describe several of these to you here now.
- 5 One of the first studies that we could find on
- 6 17-p in pre-term birth was that of Levine, that was
- ⁷ published in the United States in 1964.
- The inclusion criteria for this study was three
- 9 or more miscarriages, and 17-p was initiated at less
- 10 than 16 weeks and continued until 36 weeks.
- A beneficial effect of 17-p was demonstrated by
- 12 the odds ratio that you see here, of 0.63.
- 13 However, the results were not statistically
- 14 significant.
- This was followed by Papiernik's (ph) study, in
- ¹⁶ France, in 1970.
- Papiernik and his colleagues randomized women
- 18 on the basis of a high pre-term, risk labor, score.
- 17-hpc was initiated between 28 and 32 weeks
- ²⁰ of gestation and given for 8 doses or less.
- This study also demonstrated a beneficial
- 22 effect of 17-hpc, with an odds ratio of 0.24, and

- 1 this result was statistically significant
- A third study was published by Johnson and was
- ³ a U.S. study, again.
- 4 And the inclusion criteria in this study
- ⁵ included two or more miscarriages, and two or more
- ⁶ prior pre-term births.
- 7 17-hpc was initiated at the first prenatal
- 8 visit and continued until 37 weeks of gestation.
- ⁹ This widely-quoted study exhibited an odds
- 10 ratio of 0.12. Again, demonstrating substantial
- 11 effectiveness and was statistically significant
- A study by Dr. Hauth in 1983 took a different
- 13 approach, and included women who were active in
- 14 active-duty military as a high-risk group.
- These were women who were randomized to 1,000
- 16 mgs per week of 17-hpc versus placebo.
- The drug was instituted at 16 to 20 weeks and
- 18 continued until 36 weeks of gestation or delivery.
- The odds ratio for this trial was 1.11, clearly
- 20 showing a non-benefit to these women that were
- ²¹ active-duty military.
- A study by Yemeni, out of Israel, published in

- 1 1985, had inclusion criteria of two prior pre-term
- ² births or two miscarriages.
- ³ 17-hpc was initiated early in pregnancy in
- 4 both, and in the active drug group. The mean
- ⁵ qestational age was 12.2 weeks.
- 6 Again, this study was continued until 37 weeks,
- ⁷ or delivery.
- The odds ratio for the Yemeni study was 0.30,
- 9 and the confidence intervals did not bound one,
- 10 indicating a significant effect.
- Finally, the last study that I would like to
- 12 report is that by Sauvonna Kode (ph), out of
- 13 Thailand, published in 1986.
- Again, the inclusion criteria for this study
- 15 were a combination of one pre-term birth or two or
- 16 more prior, mid-trimester miscarriages.
- The drug was initiated at 16 to 20 weeks at
- 18 gestation and terminated at 37 weeks, or delivery,
- 19 whichever occurred first.
- This study also showed a significant benefit
- 21 for 17-hpc treatment, with an odds ratio of 0.29.
- In this study, we have summarized these

- 1 findings from the studies that I have just showed
- ² you, in the form of a Forrest plot.
- Please note here that we did not include the
- ⁴ NICHD 17-p study.
- 5 The overall summary suggests a 70 percent
- 6 reduction in the risk of pre-term birth, as you can
- 7 see here. And, again, the confidence interval
- 8 suggests that this is a substantially-significant
- ⁹ result.
- Because of the promising findings of the
- 11 previous studies, the NICHD decided to investigate
- 12 further the 17-hpc potential in a large multi-center
- 13 trial.
- With the unmet need for an FDA-approved product
- 15 that has standardized manufacturing and labeling,
- 16 Adeza approached NICHD and was granted access to the
- 17 clinical data set from the 17-p study.
- The results of the NICHD study provide the
- 19 primary basis for the efficacy claim of Adeza's NDA
- 20 submission for 17-p.
- I would like to draw attention to the fact that
- 22 this was a large multi-center trial. Nineteen (19)

- 1 study sites were involved in this study.
- The results were highly statistically
- 3 significant for the efficacy findings.
- 4 And, also, of importance, this study was
- ⁵ stopped early by the Data Safety and Monitoring
- 6 Committee because of efficacy. In other words, it
- 7 crossed efficacy bounds before the trial was
- 8 completed.
- 9 And, finally, we'll show you, shortly, the
- 10 results were consistent across subsets of patients,
- 11 thus, leading to a conclusion that it is highly
- 12 generalizable.
- Lastly, we would like to note that we have
- 14 proposed labeling for our formulation of 17-p, and
- 15 it will be named Gestiva. And, as Dr. Monroe said,
- 16 Gestiva is indicated for the prevention of pre-term
- 17 birth in pregnant women with a history of at least
- 18 one spontaneous pre-term birth.
- At this point, I would like to turn the podium
- 20 over to Dr. Michael Nageotte, who will describe the
- ²¹ medical need.
- 22 Again, Dr. Naggeotte is a Professor of

- 1 Obstetrics and Gynecology at the University of
- ² California-Irvine, and is the immediate past
- ³ president of the Society for Maternal Fetal
- 4 Medicine.
- DR. NAGEOTTE: Good morning.
- 6 As has been elegantly introduced to you by Dr.
- 7 Romero, pre-term birth continues to be a
- ⁸ critical problem in this country.
- Defined as any birth occurring prior to the
- 10 completion of 37 weeks gestation, pre-term birth
- 11 represents an ever-constant and, indeed, increasing
- 12 societal challenge, which has, thus far, been
- 13 resistant to multiple efforts to decrease its
- 14 incidence.
- Despite our having a better understanding of
- 16 some of the etiologies of pre-term birth, the
- 17 incidents of this serious pregnancy complication
- 18 continues to increase, with the CDC reporting an
- 19 increase of some 33 percent since 1981.
- Pre-term birth now represents some 12.5 percent
- 21 of all births in the United States, resulting in a
- 22 significant cost and contributing to the

- 1 overwhelming majority of all neonatal morbidity and
- ² mortality
- To place this complication into some
- 4 perspective, a pre-term birth occurs in this country
- ⁵ approximately every moment, of every hour, of every
- 6 day.
- Recently, the March of Dimes has launched its
- 8 largest initiative in an effort to address this
- 9 daunting public health problem.
- However, beyond dramatic increases in mortality
- 11 risk, when compared to term infants, pre-term
- 12 neonates are at significantly increased risk for
- 13 several important morbidities.
- These include respiratory distress syndrome, a
- 15 disease resulting from immature lung development,
- 16 and surfactant inefficiency, intra-ventricular
- 17 hemorrhage; peri-ventricular leukomalacia, which is
- 18 strongly associated with adverse neurological
- 19 sequelae, including cerebral palsy, necrotizing
- 20 enterocolitis, a disease of the premature gut;
- 21 apnea, jaundice, anemia, and infections due to
- 22 presumed immaturity of the immune system, in

- 1 addition to these immediate morbidities of the
- ² neonatal period.
- 3 Long-term morbidities are also increased,
- 4 including cerebral palsy, mental retardation,
- ⁵ learning disability. and attention deficit
- 6 disorders. And with the rising rate of pre-term
- 7 birth, all of these morbidities are rising as well.
- Now several risk factors for pre-term birth
- 9 have been identified from various epidemiological
- 10 studies. These include bacterial vaginosis, vaginal
- 11 bleeding, and race.
- Most importantly, a history of a previous
- 13 pre-term birth, nearly triples the risk of pre-term
- 14 birth in any subsequent pregnancy.
- This slide presents the data regarding the
- 16 relative risk of experiencing a pre-term birth for
- ¹⁷ these various risk factors.
- The population with a prior spontaneous
- 19 pre-term birth represents a logical group for the
- ²⁰ testing of various intervention strategies.
- This slide demonstrates the improved survival
- 22 by gestational age of neonates born pre-term.

- When discussing this problem with prematurity,
- 2 we tend to only focus on the very small and very
- 3 premature babies; those with very low birth weight
- 4 or the micro-preemies. However, late pre-term
- ⁵ birth, defined as birth between 34 and 0/7th weeks
- 6 and 36-and-6/7th weeks, represents a very large and
- 7 also growing cohort whose morbidity and mortality
- ⁸ risks are unappreciated.
- 9 While all pre-term births have increased, late
- 10 pre-term birth has increased as well, some 14
- 11 percent between 1992 and 2002, with the rate going
- 12 from 6.9 to 7.7 percent of all births, with late
- 13 pre-term birth now making up over 70 percent of all
- 14 pre-term births.
- These late pre-term birth newborns are often
- 16 mistakenly believed to be as physiologically and
- 17 metabolically mature as term infants.
- As we will see, this is untrue, yet has led to
- 19 an almost cavalier approach to the management of
- 20 pregnancies at risk for birth between 34 and 37
- ²¹ weeks.
- As this slide demonstrates, the length of stay

- 1 is significantly reduced with each advancing week of
- ² gestation through 37 weeks, suggesting benefit with
- ³ prolongation at each week up to the 37th completed
- 4 week of pregnancy.
- 5 Here is the distribution of pre-term birth at
- 6 different premature gestations.
- 7 These data, from the March of Dimes,
- 8 demonstrate the frequency of some 70 to 75 percent
- 9 for late pre-term birth between 34 and 37 weeks.
- 10 This represents over 300,000 newborns every year in
- 11 this country.
- Beyond 34 weeks, it is not the standard of care
- 13 to administer cortical steroids to the mother nor to
- 14 consider tocolysis.
- So the obstetrical options are minimal to
- 16 non-existent. Yet, infants born between 34 and 37th
- 17 weeks have a 4.6-fold increase risk for neonatal
- 18 mortality. When compared with term infants, that
- 19 is, 4.1 versus 0.9 per 1,000 live births.
- Further, their infant mortality is threefold
- 21 greater than that of infants who are born at term.
- In addition, greater risks of morbidity include

- 1 respiratory distress, apnea, temperature
- ² instability, hypoglycemia, clinical jaundice, and
- 3 feeding difficulties, as well as a significant
- 4 increased risk for hospital readmission.
- 5 The lack of appreciation for this issue of late
- 6 pre-term infants is considered a problem by the
- 7 American College of Obstetrics & Gynecology, such
- 8 that they are addressing this currently through
- 9 their Committee structure.
- Available treatment of pre-term labor are
- 11 limited and not without controversy.
- The use of tocolytic therapy may, at best,
- 13 prolong a gestation for 24 to 48 hours, enough time
- 14 to perhaps administer corticosteroids to the mother,
- 15 but without significantly lengthening the overall
- 16 length of gestation.
- However, no current approaches to the
- 18 prevention of pre-term births have been shown to be
- 19 efficacious prior to these recent reports of 17-p.
- As we have heard, ACOG has recommended
- 21 progesterone to be used to prevent pre-term birth in
- 22 specific patient population, following the

- ¹ publication of Dr. Meis' study in 2003.
- 2 Although widely appreciated by the OB-GYN
- 3 community, there remains specific problems in the
- 4 appropriate usage of this therapy for women, who
- ⁵ would potentially benefit most from such treatment.
- 6 Unfortunately, due to the limited availability
- ⁷ of this product, it is severely underutilized.
- 8 Lacking FDA approval, access to this drug has
- ⁹ been dependent upon individual physician practices
- 10 developing personal relationships with various
- 11 compounding pharmacies.
- Reimbursement issues are daunting, with most
- 13 states not covering this cost for appropriate high-
- 14 risk pregnant women, with Medicaid and various
- 15 insurance plans choosing to cover or, more commonly,
- 16 not cover this cost.
- There is limited FDA oversight, no regulation
- 18 of product consistency, and no requirement for
- 19 reporting of adverse events, or even significant
- ²⁰ adverse events.
- In conclusion, there is a compelling societal
- 22 need to address this rising incidence of pre-term

- 1 birth and the associated costs and morbidities.
- There are clear benefits with prolonging
- 3 pregnancy at any pre-term gestational age, whether
- 4 early or late, and, in the appropriate patient with
- ⁵ the appropriate history, there is a need for
- 6 approval of this product.
- 7 Thank you very much
- DR. HICKOK: Thank you Dr. Nageotte.
- 9 We'll now move on to the clinical review.
- And, as I say, we have had a history of being
- 11 able to review the studies that led to the NICHD
- 12 clinical study, and now we will move on
- 13 specifically to the study that the NICHD conducted.
- 14 The National Institutes of Child Health and
- 15 Human Development, as mentioned before, are part of
- 16 the National Institutes of Health.
- As such, the objectives are to identify the
- 18 causes of prematurity and to evaluate safety and
- 19 effectiveness of new treatments.
- The Maternal Fetal Medicine Unit's Network
- 21 consists of major training institutions that engage
- 22 in multi-center collaborative investigations.

- In the next slide you will see the
- ² Institutions that participated in the NICHD/MFMU
- ³ Network sites for the 17-p study.
- 4 To be included into the Network, the clinical
- ⁵ studies undergo a competitive selection every five
- 6 years. They are chosen to participate based on
- 7 leadership, number of deliveries, state of the art
- 8 facilities, and the sub-specialty support that is
- ⁹ available to them.
- Study 002 was initiated in 1999 and completed
- 11 in 2002. It was a randomized placebo-controlled,
- 12 double-blind, multi-center clinical trial.
- Weekly injections were begun between 16
- 14 weeks/zero days and 20 weeks/6 days of gestation and
- 15 continued until 36 weeks/6 days of gestation or
- 16 birth.
- The study enrolled 463 patients in a 2-to-1
- 18 ratio of active to placebo that was pre-specified.
- As I mentioned before, the Data Safety and
- 20 Monitoring Committee recommended that the study be
- ²¹ halted early.
- This occurred after an interim analysis was

- 1 conducted on 351 completed patients, revealing that
- ² the boundary for test significance had been crossed
- ³ and that there was a benefit for 17-p in reducing
- 4 pre-term birth. And, again, these results form the
- ⁵ primary basis for efficacy.
- 6 Study 001 is a study that was initiated in
- 7 1998, prior to the completed 002 trial. It was
- 8 terminated due to a manufacture and FDA recall of
- ⁹ the study drug.
- 10 At the time that it was terminated the study
- 11 enrolled only 150 of the 500 planned patients.
- Following termination of the 001 trial, NICHD
- 13 made the decision to initiate a new 17-p study, and
- 14 that study that we we'll describe again is Study
- 15 002.
- An additional study that we'll be describing
- ¹⁷ today is the follow-up study. This study was
- 18 conceived by NICHD, and it was initiated following
- 19 completion of the 002 Study. In this study, the
- 20 design was discussed with NICHD prior to the
- ²¹ enrollment of subjects.
- And, again, the follow-up study was an

- 1 observational safety study designed to assess the
- ² long-term safety outcomes of infants exposed to 17-p
- 3 in utero.
- It looked at the health and development of
- ⁵ infants born during the study. It was conducted at
- 6 15 Maternal Fetal Medicine Unit Network study
- 7 centers, and it enrolled 278 children.
- In terms of the efficacy and safety databases,
- 9 the completed 002 Study, with its 463 enrolled
- 10 patients, forms the bases of the efficacy
- 11 assessment.
- An overall safety assessment was generated by
- 13 integrating the 002 Study with the 001 Study.
- The Observational Infant Follow-Up Study is an
- 15 additional component to the Safety Assessment.
- We will now turn to the efficacy results.
- Pregnant woman with a documented history of a
- 18 previous spontaneous, previous singleton spontaneous
- 19 pre-term birth, and gestational ages between 16 and
- 20 21 weeks, were randomized.
- The exclusion criteria included the items that
- 22 you see here in front of you:

- Multi-fetal gestation, no major anomaly or
- ² fetal demise, prior progesterone treatment during
- 3 the current pregnancy, prior Heparin therapy during
- 4 the current pregnancy, a history of thrombo-embolic
- ⁵ disease, or a history of several other medical or
- 6 obstetrical complications that you see here listed.
- 7 A total of 463 patients were enrolled with a
- 8 2-to-1 randomization of Active 2 placebo.
- 9 This resulted in 310 patients in the 17-p
- 10 group and 153 in the placebo group.
- 90.3 percent of patients completed injections
- 12 through 36 weeks, 6 days, or birth, resulting in a
- 13 90.0 completion rate in the 17-p group and a 90.8
- 14 percent completion in the placebo group.
- In examining the baseline demographic
- 16 characteristics and risk factors, no differences
- ¹⁷ were observed in the following characteristics:
- Mean age, self-reported race or ethnic group,
- 19 marital status, and years of education.
- I might add that this population is
- 21 relatively representative of the population of women
- 22 who have experienced one or more prior pre-term

- ¹ births.
- Nor were there differences observed between the
- 3 17-p and placebo groups for body mass index,
- 4 presence of diabetes, those who smoke cigarettes
- ⁵ during pregnancy, had alcoholic drinks, or used
- ⁶ street drugs during pregnancy.
- 7 In addition, the duration of gestation at the
- 8 time of randomization was very similar -- 18.9 weeks
- 9 in the 17-p group and 18.8 weeks in the placebo
- 10 group.
- However, there was a statistically significant
- 12 difference in the number of previous spontaneous
- 13 deliveries between the 17-p and placebo groups, as
- 14 you see here.
- 1.3 in the 17-p group and 1.5 in the placebo
- 16 group.
- We'll demonstrate later to you how we adjusted
- 18 for this imbalance and determined that the imbalance
- 19 did not impact the interpretation of the efficacy
- 20 results.
- There was not a difference between the 17-p and
- 22 placebo group for gestational age at the qualifying

- 1 delivery and the frequency of previous miscarriage.
- The primary efficacy endpoint that was
- 3 predefined was pre-term birth less than 37 weeks of
- 4 gestation.
- 5 I'd like to note that miscarriages that
- 6 occurred before 20 weeks of gestation were also
- 7 included in the primary efficacy outcome.
- 8 The primary efficacy results that you see
- 9 here are represented in two ways.
- First: There's a traditional intent to treat
- 11 analysis of all women who are randomized, which
- 12 counted all patients lost to follow-up as treatment
- 13 failures.
- 14 I'd like to note that this is a fairly
- 15 conservative approach.
- In the second analysis, an all-available data
- 17 analysis is presented, which was published by Dr.
- 18 Meis and colleagues in the New England Journal of
- 19 Medicine.
- This analysis excludes women who are lost to
- 21 follow-up during the study.
- In the second row for each analysis. we have

- 1 present a "p" value from a logistic regression,
- ² adjusting for the number of previous pre-term
- ³ deliveries.
- And, as you can see in these adjusted values,
- ⁵ they do not differ in a meaningful way from the
- ⁶ unadjusted values.
- Despite whatever data analysis population we
- 8 evaluated, the results were consistent with the fact
- ⁹ that 17-p treatment significantly reduced the
- 10 incidence of pre-term birth.
- 11 A sub-group analysis was also performed to
- 12 further evaluate the impact of the pre-term birth
- 13 imbalance.
- We stratified patients, as you see in this
- 15 slide, by the number of prior pre-term births, and
- 16 found that 17-p treatment reduced the risk of
- ¹⁷ pre-term birth.
- And, again, the 17-p groups are represented in
- 19 yellow, and the placebo in gray.
- The data were consistent across the strata,
- 21 demonstrated by a non-significant value for the
- ²² Breslau Day test.

- Similarly, we stratified by race, specifically,
- ² African-American versus non-African-American. In
- 3 both groups, as you can see, 17-p was, again, found
- 4 to reduce the risk of pre-term birth.
- 5 Again, the data were very consistent across the
- 6 strata, demonstrated by a non-significant value for
- ⁷ the Breslau Day test.
- In the third stratified analysis, we examined
- 9 subsets of patients with or without bacterial
- 10 vaginosis, which, as Dr. Nageotte pointed out to
- 11 you, is a significant risk factor for pre-term
- 12 birth
- In women, both with and without bacterial
- 14 vaginosis, 17-p was found to reduce the risk of
- 15 pre-term birth.
- Finally, we stratified by the gestational age
- 17 of the qualifying pre-term birth. In this analysis,
- 18 once again, you see a significant benefit that is
- 19 very consistent across strata for the 17-p group
- ²⁰ versus the placebo group.
- I would like to note that the implications for
- 22 these four stratified analyses are very important.

- 1 They suggest that the results are highly
- ² generalizable, despite whatever patient population
- ³ 17-p is administered.
- We will now address the secondary endpoints.
- In addition to pre-term birth, defined as less
- 6 than 37 weeks, we also looked at pre-term birth less
- 7 than 35 weeks, less than 32 weeks, and less than 30
- 8 weeks.
- There was a similar decrease in the placenta
- 10 pre-term births at less than 35, less than 32, and
- 11 less than 30 weeks of gestation.
- However, the reduction did not reach
- 13 statistical significance for the less than 30
- 14 gestational age group.
- These endpoints are important, as they
- 16 demonstrate, again, the beneficial effect of 17-p
- 17 applies throughout pregnancy.
- This graph summarizes the key measures of
- 19 efficacy and reinforces that 17-p reduces pre-term
- 20 birth, however it is defined. I would like to note,
- 21 again, the consistent decreases in the 17-p rate for
- 22 each of the endpoints that you see.

- And, again, for less than 37, the values are at
- 2 32.4 percent; for less than 35, 30.6 percent; 39.3
- ³ percent for less than 32 weeks, and 38.2 for less
- 4 than 30 weeks.
- 5 We can also look at these data in terms of the
- 6 gestational age intervals at which the pre-term
- ⁷ birth occurred in each group.
- For example, beginning at the 24- to 27- week
- ⁹ interval, there was a lower percentage of patients
- 10 delivering in each interval, up until term.
- So, in other words, in each of these
- 12 intervals here, beginning at 24 weeks, we see the
- 13 percent delivering within this interval in the 17-p
- 14 versus the placebo groups, all the way up until
- 15 term, at this point.
- An alternative measure of this effect is the
- ¹⁷ hazard ratio. And the hazard ratio shows the
- 18 likelihood that a woman who enters into any of the
- 19 following gestational age windows will actually
- ²⁰ deliver within the window.
- This can be interpreted much like a relative
- 22 risk.

- Again, beginning at 24 to 28 weeks, we see a
- 2 consistent decrease in the hazard ratio, as shown
- 3 here.
- 4 And, again, these hazard ratios can be
- ⁵ interpreted as relative risks, and all of these,
- 6 again, show protective effects.
- 7 Two important measures in looking at neonatal
- ⁸ outcomes are the birth weight and NICU admissions.
- 9 As we can see on this slide, the incidence of
- 10 birth weight less than 2,500 grams was significantly
- 11 reduced in the 17-p. group.
- A similar decrease was observed in the less
- 13 than 1,500 grams, although, this did not reach
- 14 statistical significance.
- Mothers receiving 17-p were less likely to have
- 16 their child admitted to a neonatal intensive care
- 17 unit. And if their child was admitted, the median
- 18 days in the NICU were shortened.
- 19 Although this study was not powered
- ²⁰ statistically to detect differences in these
- 21 outcomes, the outcomes that you see in yellow on
- 22 this slide are morbidities that occurred in a less -

- 1 less frequently in a statistically-significant
- ² fashion.
- These include necrotising enterocolitis,
- 4 intra-ventricular hemorrhage -- this is any graded -
- ⁵ supplemental oxygen, and days of respiratory
- ⁶ therapy.
- In addition, there were decreases in the
- 8 percent requiring ventilatory support, those who
- ⁹ experienced transient kypnea, respiratory distress
- 10 syndrome, and the outcomes of bronco-pulmonary
- 11 dysplasia, and patent ductus arteriosis.
- In general, these data suggest that infants
- 13 whose mothers were treated with 17-p were generally
- 14 healthy, healthier during their initial hospital
- 15 experience.
- A composite neonatal morbidity index was
- 17 conducted as a post-hoc analysis.
- Although there is not a universally-accepted
- 19 standard for the components of this index, we define
- ²⁰ the index similar to other studies that were the
- 21 percent of infants experiencing one or more of the
- 22 following morbidities; that is, death, respiratory

- 1 distress syndrome, broncho-pulmonary dysplasia, a
- ² Grade 3 or 4 intra-ventricular hemorrhage, proven
- 3 sepsis, or necrotizing enterocolitis.
- 4 The index of 11.9 for the 17-p group, compared
- ⁵ to 17.2 in the placebo group, represents a 31
- 6 percent decrease in the morbidity index. However,
- 7 this difference did not reach statistical
- ⁸ significance.
- 9 Please recognize, however, that this study was
- 10 not designed, nor was it powered, to detect a
- 11 difference in these measures.
- 12 In summary of the efficacy findings, weekly
- 13 administration of 17-p reduces the rate of recurrent
- 14 pre-term birth at less than 37, less than 35, and
- 15 less than 32 weeks of gestation.
- 17-p resulted in prolonged gestation, and this
- 17 is very consistent with the other studies that we
- 18 have previously showed you.
- The neonatal outcomes were improved, resulting
- 20 in a reduced percentage of infants born less than
- 21 2,500 grams, and a reduced rate of admission to the
- ²² Neonatal Intensive Care Unit.

- 1 17-p was also found to reduce specific neonatal
- ² morbidities, including necrotizing enterocolitis,
- 3 intra-ventricular hemorrhage, use of supplemental
- 4 oxygen, and mean days of respiratory therapy.
- of the neonatal endpoints that did not reach
- 6 statistical significance, the direction to the
- 7 change in each case was in the favor of 17-p.
- We will now move to the safety findings from
- ⁹ the study.
- As I mentioned previously to you, the completed
- 11 002 Study, with its 463 enrolled patients, formed
- 12 the basis of the efficacy assessments.
- The overall safety assessment was generated by
- 14 integrating data from the 001 and 002 Studies, along
- 15 with the observational infant follow-up study, which
- 16 was an additional component. And we will describe
- ¹⁷ that separately.
- In the combined 001 and 002 Studies, a total of
- 19 613 patients received at least one study injection,
- 20 and, again, accounting for the 2-to-1 randomization
- 21 ratio, this resulted in 404 patients in the 17-p
- 22 group, and 209 in the placebo group.

- In evaluating the Maternal Safety Data captured
- ² in the 001 and 002 Studies, we found no differences
- 3 in the occurrences of pregnancy complications.
- 4 This slide shows pregnancy-related procedures,
- ⁵ such as admission for pre-term labor and cerclage
- ⁶ placement.
- 7 The occurrence of these pregnancy complications
- 8 was not different between the 17-p and placebo
- ⁹ groups.
- I might add that the difference you see in the
- 11 denominators here, from the previous slide,
- 12 represent a decrease due to patient's loss to
- 13 follow-up or early withdrawals.
- Similarly, when other pregnancy complications
- 15 were considered, there were still no differences
- 16 observed between the 17-p and placebo groups.
- The most commonly reported pregnancy-related
- 18 complications were pre-eclampsia, or gestational
- 19 hypertension, and diabetes, as you see here.
- While the rates were higher in the 17-p group,
- 21 this was not a statistically significant
- 22 difference between the two groups.

- Other pregnancy complications occurred in
- ² similar rates between the 17-p and placebo patients,
- 3 including abruption, significant antepartum
- 4 bleeding, clinical chorioamnionitis, and other
- ⁵ complications.
- As shown in this slide, the percentage of
- 7 subjects reporting adverse events were comparable in
- 8 the 17-p and the placebo groups, 59.2 versus 56.5.
- The most frequently reported AEs in the 001 and
- 10 002 Studies were injection site reactions.
- Other commonly reported AEs included urticaria,
- 12 puritis, contusion, and nausea. These, again,
- 13 occurred at similar rates.
- The percentage of patients discontinuing
- 15 early and the percent in each group was very similar
- 16 in the two treatment groups. 2.2 percent in the 17-
- 17 p group, 3.3 percent in the placebo group.
- Specifically, the types of AEs that most
- 19 commonly led to early discontinuation, were
- ²⁰ injection site reactions.
- However, there was no particular pattern
- 22 observed to those that discontinued for other

- ¹ reasons.
- This is the low rate of discontinuation due to
- ³ injection site reactions: 1.0 percent in the 17-p
- 4 group, 1.4 percent in the placebo group.
- 5 It indicates that 17-p treatment was
- 6 generally well tolerated by women in this study.
- 7 Serious adverse events were collected according
- 8 to NICHD standardized procedures and included all
- ⁹ deaths; that is, maternal, neonatal, and fetal.
- And I might note, also, that this analysis
- 11 included congenital anomalies.
- This chart summarizes the non-fatal serious
- 13 adverse events. The rates of these events was very
- 14 similar between the 17-p and placebo groups, as you
- ¹⁵ see here, 9.4 versus 10.5.
- The greatest contribution to non-fatal SAE
- 17 rate was congenital anomalies, and there did not
- 18 appear to be any particular pattern that was
- 19 evident for the other reported serious adverse
- 20 events, as you see in this list.
- SAEs due to congenital anomalies at birth
- 22 were also comparable between the two groups. As you

- 1 can see, 2.2 percent in the 17-p group, 1.9 percent
- ² in the placebo group.
- Overall, congenital, and not just congenital
- 4 anomaly rate, is very comparable to reports in other
- ⁵ population surveys.
- There did not appear to be any particular
- 7 pattern in terms of type or organ system.
- 8 The data for miscarriages, stillbirths, and
- 9 neonatal deaths are shown here.
- The percent of patients experiencing each of
- 11 these events was generally comparable. The neonatal
- 12 death rate was lower in the 17-p group compared to
- 13 the placebo group. However, the miscarriage rate
- 14 was higher, 1.5 percent versus 0.5 percent.
- 15 I might add that none of these differences,
- 16 however, reached statistical significance.
- 17 It is also important to note that investigators
- 18 were asked to evaluate each of these cases, and, in
- 19 all cases, the opinion of the investigator was that
- 20 no neonatal death, stillbirth, or miscarriage was
- 21 considered related to the study drug.
- In addition to the investigators' assessments,

- 1 we examined these cases and found that these mothers
- ² had many other risk factors, placing them at high
- ³ risk for miscarriages.
- In order to place the miscarriage rate in
- ⁵ perspective, we examined miscarriage rates
- 6 between 16 and 20 weeks, in similar subsets of
- 7 women from other network studies, and I'd like to
- 8 describe these, briefly.
- Again, in the 17-p study, we found a 1.5
- 10 percent rate of miscarriage in the 17-p treated
- 11 mothers versus 0.5 percent in the placebo mothers.
- 12 These bars represent the 95 percent confidence
- ¹³ intervals.
- The two other studies that we examined were
- 15 both NICHD, MFM Unit, network trials, that, again,
- 16 had similar populations to the 17-p study.
- In the pre-term birth prediction, which studied
- 18 over 3,000 women, there were 485 who were
- 19 multiparous and had a prior pre-term birth.
- And, as we can see here, the miscarriage rate,
- 21 this is between 16 and 20 weeks of gestation, was
- ²² 3.1 percent.

- In additional Maternal Fetal Medicine Unit's
- ² Network Study, was a Factor 5 Lydein Mutation Study
- 3 (ph).
- 4 This was an observational study with no
- ⁵ intervention being offered. And, again, of the 581
- 6 mothers that you see here, this represents a subset
- 7 of mothers who are multiparous and had a prior
- ⁸ pre-term birth.
- 9 And what I would like to point out from this
- 10 analysis that you see, first, that the numbers are
- 11 fairly low, but there is great consistency between
- 12 the current 17-p study, the pre-term birth
- 13 prediction study, and the Factor 5 Lydein Mutation
- 14 with great overlap between the 95 percent confidence
- 15 intervals.
- Finally, in our examination of potential
- ¹⁷ causative relationships between 17-p and
- 18 miscarriage, we reviewed all literature on the
- 19 subject that we could find.
- Oates-Whitehead published a Cochrane data base
- ²¹ review in 2003 on the subject of progestins and
- ²² prevention of miscarriage.

- In the studies that examined 17-hpc for
- ² miscarriage prevention, 17-hpc compared comparably
- 3 to placebo with an odds ratio of 0.77, suggesting a
- 4 slight benefit that was not statistically
- ⁵ significant.
- 6 Of importance, however, is that the results of
- 7 this study do not demonstrate an increased risk for
- ⁸ miscarriage.
- In terms of the safety conclusions from the 001
- 10 and the 002 Studies, the study results demonstrate
- 11 that 17-p was safe and well-tolerated by pregnant
- 12 women.
- 13 It was also safe for the developing fetus and
- 14 neonate with comparable rates of stillbirth,
- 15 miscarriage, and neonatal death.
- The rates of congenital anomalies, of 2 to 3 --
- 17 of 2 percent, were also very similar to the
- 18 population rates that are often quoted in the 2 to 3
- 19 percent range.
- As described previously, a follow-up study was
- 21 designed and performed to examine the long-term
- 22 effects of 17-p. And, as I stated previously, this

- 1 study was initiated subsequent to the completion of
- 2 the 002 trial.
- This study enrolled 278 children born of women
- 4 enrolled in Study 002.
- In the 17-p group, there were 194 patients,
- 6 representing 68 percent of the eligible births, and,
- 7 in the placebo group, there were 84 infants
- 8 representing 59 percent of the births.
- The age range at the time of the examination
- 10 was 30 to 64 months.
- And I might remark that this is an incredibly
- 12 high percent of enrolled patients considering the
- 13 time interval that followed after birth.
- The demographic characteristics of the
- 15 patients, including age, self-reported race, or
- 16 ethnicity, and sex or gender, of the infants
- 17 enrolled in the follow-up study, were comparable
- 18 between the treatment groups.
- The mean age of enrollment was approximately
- 20 four years of age, and there were a higher percent
- 21 of males in the 17-p group, as you can see here.
- Note that the gestational age at birth for the

- 1 17-p infants was approximately one week higher than
- ² the placebo infants, likely due to the fact that
- 3 only live-born infants, clearly, were included in
- 4 the study.
- None of the differences in these demographic
- ⁶ characteristics reached statistical significance.
- 7 I'd like to go into a little bit of detail now,
- 8 at this time, on the components of the 17-p follow-
- ⁹ up study.
- There were three components, and these were
- 11 based on surveys and physical examinations.
- The first component was the Ages and Stages
- 13 Questionnaire, so-called ASQ.
- The second was a set of survey questions; and,
- The third, a physical examination. 15
- 16 I'll describe each of these separately.
- The ASQ is a widely-used and validated tool to
- 18 identify children who are at risk for a
- 19 developmental delay.
- The ASQ is comprised of multiple age- specific
- 21 batteries of questions that are designed to identify
- 22 children that are at risk for developmental delay in

- 1 five general areas.
- 2 And, again, as I mentioned, this questionnaire
- 3 is widely used and has been validated in a number
- 4 populations.
- In this slide, we've presented you with random
- 6 questions from different developmental areas.
- For example, in the area of communication, a
- ⁸ question would be: Does your child make sentences
- 9 that are three or four words long? In the gross
- 10 mortar category, does your child jump with both
- 11 feet, leaving the floor at the same time, and so
- 12 forth for other general areas?
- The response to the ASQ question is either
- 14 "Yes," "Sometimes," or "Not Yet."
- The primary endpoint for the Ages and Stages
- 16 Questionnaires was the percent of the infants
- 17 scoring below a pre-specified cut-off in at least
- 18 one developmental area.
- As we can see from this table, there were no
- 20 statistically significant differences between the
- 21 two groups in terms of the percentages with and the
- 22 occurrence of a score below the cut-off. Nor were

- 1 there differences detected for one area of
- ² development versus another.
- The conclusion from this study was that there
- 4 were no differences observed between the 17-p and
- ⁵ placebo groups for the ASQ questionnaire.
- A second assessment was a Survey Questionnaire
- 7 that was developed specifically by NICHD for this
- 8 follow-up study.
- This questionnaire was comprised of questions
- 10 that were selected from several validated sources,
- 11 as you can see here.
- 12 These questions are used in a number of
- 13 governmental and non-governmental agencies to screen
- 14 for developmental abnormalities in children and have
- 15 been used in some cases for several decades.
- Here, we present a random sample of the
- 17 questions from the Survey Questionnaire, again, with
- 18 the area of interest.
- 19 Communication problem solving: Does your child
- 20 pronounce words, communicate with, and understand
- 21 others, in terms of motor skills and activity?
- Do you have any concern about your child's

- 1 overall activity level, and so forth, for the other
- ² developmental areas?
- 3 The Survey Questionnaires results revealed no
- 4 significant differences in the following areas:
- 5 Physical growth, motor skills, and activity
- 6 levels, communication and problem solving, overall
- 7 health, reported diagnosis by health professionals,
- 8 hearing, vision, and use of special equipment, and
- 9 qender-specific play, which was one of the specific
- 10 questionnaires.
- A third component of the follow-up study was a
- 12 general physical examination. This was conducted by
- 13 a pediatrician or a nurse practitioner in each one
- 14 of the study sites.
- A physical examination included standard
- 16 measurements of the child's weight, height, head
- 17 circumference, and blood pressure, as well as
- 18 documentation of any abnormality in the child's
- 19 history.
- In addition, a part of the examination was
- 21 specifically directed towards identification of
- ²² genital abnormalities.

- 1 Physical examination findings were generally
- ² comparable between the 17-p and placebo groups, as
- ³ you see here.
- 4 The most common abnormalities were of the skin,
- ⁵ followed by palpable inguinal nodes.
- 5.3 percent of infants were described as
- 7 having abnormalities on examination of the heart.
- 8 These abnormalities included murmurs and
- ⁹ irregular rhythms.
- I might note that when we examined the follow-
- 11 up study reports and looked at other areas for
- 12 documentation of problems, we found no evidence of
- 13 any functional impairment in any of these infants in
- 14 the category of heart.
- 15 Although we did not find an excess in
- 16 problems, as we described to you before, we did look
- 17 to the Safety literature in terms of epidemiologic
- 18 studies that looked at birth defects and exposure to
- 19 progestins during pregnancy.
- Three (3) fairly large studies are examined and
- ²¹ presented to you here.
- First: The Michaelis Study in Germany involved

- 1 several thousand infants, of which 462 were
- ² specifically exposed to either 17-hpc or 17-hpc and
- ³ other agents.
- Riceggi (ph), in the Mayo Clinic, reported in
- ⁵ 1985 a very large study that included follow-up from
- 6 several thousand women in Olmsted County, Minnesota.
- of those, 649 were specifically exposed to 17-
- 8 hpc.
- 9 This study is quite remarkable in that it
- 10 included a follow-up, a mean follow-up, of up to
- 11 11.5 years for these infants.
- So there was a lot of opportunity to capture
- 13 birth defects in the Riceggi Study.
- Finally, in another large study of Katz, out of
- 15 Israel, 1,608 women were observed for birth defects
- 16 following exposure to 17-hpc or other progestins.
- The conclusion from all of these studies was
- 18 that there was no association between 17-hpc
- 19 exposure and congenital anomalies.
- Finally, FDA itself, reviewed these studies and
- 21 other information and stated in the background of
- 22 the 1999 ruling on the Assessment of Progestin

- 1 Class, and I quote, "The reliable evidence,
- ² particularly from controlled studies, shows no
- 3 increases in congenital anomalies, including genital
- 4 anomalies, in male or female infants, from exposure
- ⁵ during pregnancy to progesterone or
- 6 hydroxyprogesterone."
- 7 The following safety conclusions were made from
- 8 the results of the NICHD studies.
- 9 First: 17-p is considered safe and well
- 10 tolerated in pregnant women.
- 17-p administration is also safe for the
- 12 developing fetus and neonate based on comparable
- 13 percentage of surviving offspring and rates of
- 14 congenital anomalies that were very similar to
- 15 general population estimates of 2 to 3 percent.
- 16 17-p administration was also safe for the
- 17 child, as evidenced by lack of any untoward effects,
- 18 on the developmental milestones or physical
- 19 health, determined at the follow-up safety
- 20 examination.
- 21 17-p is also safe, based on literature review,
- 22 as we have previously shown you. And, in fact, the

- ¹ FDA assessment on the progestigen class.
- In turning to the overall benefits and risks of
- ³ 17-p administration for recurrent pre-term birth
- 4 prevention, I believe that we would all agree on the
- 5 compelling need to reduce the rising rate of
- 6 pre-term birth in the U.S.
- Pre-term birth is well-recognized as the
- 8 leading cause of neonatal mortality and morbidity,
- 9 and the incidence is increasing. In fact, there is
- 10 a pre-term birth that occurs every minute in this
- 11 country.
- The financial costs are staggering, as well as
- 13 the emotional costs, from both early and late
- 14 pre-term birth.
- 17-p has been shown to be remarkably effective
- 16 against this unmet medical need. It reduces
- 17 pre-term birth, regardless of how it is defined and,
- 18 on average, increases gestation by about a week.
- This is translated to fewer low birth-weight
- ²⁰ infants.
- 21 As we've shown you also in stratified
- 22 analysis, these results are applicable, irrespective

- 1 of the race of the mother, the number of previous
- ² pre-term births, the gestational age at the previous
- 3 pre-term birth, or the presence of bacterial
- 4 vaginosis.
- In addition, 17-p led to reduced admissions to
- 6 the NICU and fewer morbidities.
- 7 17-p also leads to healthier neonates.
- 8 Again, treatment lengthens the mean gestational
- 9 age at birth and results in fewer infants under
- 10 2,500 grams. Specifically, we showed a 34 percent
- 11 reduction. It also reduces admissions to the NICU
- 12 by approximately 24 percent.
- 13 Specific neonatal morbidities were reduced,
- 14 including the need for respiratory therapy and the
- 15 incidence of necrotizing enterocolitis or any grade
- 16 of intra-ventricular hemorrhage.
- 17-p treatment has been shown to be safe for
- 18 the mother, the developing fetus, and the child.
- 19 No identifiable risks were found to the fetus
- 20 and neonate, with comparable rates of neonatal
- 21 deaths, miscarriages, and stillbirths.
- In addition, there was no evidence that 17-p

- ¹ is a teratogen.
- 2 Congenital anomalies occurred at similar rates
- 3 and 17-p exposed in placebo mothers, and this was
- 4 also confirmed by the 1999 FDA assessment.
- I might add, also, that if one is concerned
- 6 about 17-p administration during pregnancy, recall
- 7 that all of the patients in the study began
- 8 their administration in the second trimester of
- ⁹ pregnancy.
- In addition, there were no unidentified risks
- 11 for the child.
- There was no association with developmental
- 13 delays or other issues in children between 30 and 64
- 14 months of age.
- In closing, 17-p is both safe and effective,
- 16 and the benefits clearly outweigh the risk.
- As a result, we believe that 17-p merits
- 18 approval for this indication as proposed, and we
- 19 would like to thank you for your attention this
- ²⁰ morning.
- DR. DAVIDSON: Thank you.
- 22 Since we have a break scheduled at 10:30, you

- 1 have given us some additional time, perhaps for --
- ² Dr. Hickok? Not quite, not quite.
- 3 (Laughter.)
- DR. DAVIDSON: Perhaps we can use a part of this
- ⁵ time, if there are questions or comments, from the
- ⁶ Committee to the Sponsor, or maybe even to Dr.
- 7 Romero, in terms of constructively using this time.
- 8 DR. DAVIDSON: Yes?
- 9 DR. JOHNSON: When you talked about the physical
- 10 exam for the follow-up on the children, you said
- 11 you specifically identified whether or not there
- 12 were genital abnormalities.
- Can you tell me what the percentage of genital
- 14 abnormalities were for the 17-p group and the
- 15 placebo?
- DR. HICKOK: Yes. Let me actually show you
- 17 those specific cases, as I can. There is very few
- 18 of them, and we'll run through them. We'll run
- 19 through them quickly.
- ²⁰ (Pause.)
- DR. HICKOK: We're pulling up specific case
- 22 history slides for you, and we'll go through these

- 1 in detail, and I apologize for -- just for the delay
- ² here.
- DR, DAVIDSON: While you're on that question,
- 4 on the physical examinations, I see there were five
- 5 or so heart abnormalities in the 17-p group and none
- ⁶ in the placebo group.
- 7 Could you characterize those? Were they
- 8 similar or dissimilar abnormalities?
- 9 DR. HICKOK: Yes, Dr. Davidson.
- Let me turn to the genital abnormalities,
- 11 first, and then I'll get back to discussing the
- 12 heart abnormalities, as you requested.
- In terms of the physical examination and the
- 14 genital abnormalities, in the 17-p group, there was
- 15 1.5 percent; in the placebo group, 1.2 percent.
- And let me go over just with you, you know,
- ¹⁷ what those abnormalities were.
- DR. JOHNSON: I'm sorry. Were these at birth,
- 19 or were these at the follow-up visit?
- This is Dr. Johnson asking.
- DR. HICKOK: Okay. These, were the
- 22 abnormalities that were at the follow-up study.

- Would you like me to start with birth first?
- DR. JOHNSON: Oh, no. No. I just wanted to
- 3 make sure because this doesn't quite match with the
- 4 information I have. But go ahead.
- 5 DR. HICKOK: Yes.
- And let me explain, first, if you're looking at
- 7 the Adeza briefing package -- and there were two
- 8 additional cases that we listed in there -- one of
- 9 those cases was a child who was initially classified
- 10 as having labial-scrotal fusion, and a second one
- 11 was a child that was originally described as having
- 12 clitoral hypertrophy.
- NICHD went back on these individual cases and
- 14 actually examined a lot of pieces of evidence
- 15 because of, of, again, a concern and a real focus on
- 16 their part to, you know, try to get an idea, you
- 17 know, was this a teratogen in terms of genital
- 18 abnormalities.
- They went back, and, for example, looked at a
- 20 lot of data from examination at the time of birth.
- In many cases, there was evidence from
- 22 multiple well- child visits.

- In one case, a child had --and let me give you
- ² an example of one such infant.
- 3 And this is the child that was originally
- 4 classified as having labial-scrotal fusion. This
- ⁵ child, again, was age five at the time of the
- ⁶ follow-up study.
- 7 The labia was described as being fused together
- 8 at the follow-up study examination.
- 9 But, again, when NICHD went back, and they
- 10 looked at kind of all-available evidence, they found
- 11 that, for example, the genital exam at the time of
- 12 birth was normal and that this young child had
- 13 multiple-infant exams between one week and three
- 14 years of age, where, repeatedly, the genital
- 15 examination was reported as normal.
- And, again, they felt that this mitigated, you
- 17 know, against this being a true case of labial
- 18 scrotum fusion, and it probably represented benign
- 19 labial adhesions rather true labial scrotal fusion.
- And, again, other evidence that NICHD took
- 21 from the literature was, for example, good data
- 22 showing that the urogenital sinus fuses at 12 weeks

- 1 of gestation, so that if you have a drug exposure,
- ² or other exposure after that, you really can't
- 3 develop labial scrotal fusion after the 12th week of
- ⁴ pregnancy.
- If I can move on to the case of clitoral
- 6 hypertrophy next, which I think is the next slide.
- 7 (Pause.)
- 8 This was a child, again, that was age four at
- 9 the time of the follow-up study examination, and the
- 10 genital examination was reported at the time of
- 11 birth of being completely normal.
- 12 This infant, because of the concern, the
- 13 original examiner that said, gee, I think that, you
- 14 know, this child may have clitoral hypertrophy, was
- 15 brought back in by the same follow-up study
- 16 investigator and reexamined four months later and,
- 17 at that exam, the investigator said, hey, you know,
- 18 this child is completely normal, and actually
- 19 described a measurement of the transverse diameter
- 20 of the clitoral shaft being less than 5mms at that
- 21 time.
- Does that cover your question, then, on the

- ¹ genital abnormalities or?
- DR. JOHNSON: Let's go ahead and look at the
- 3 four cases that you then considered true
- 4 abnormalities.
- 5 DR. HICKOK: Okay. Great.
- 6 We'll go back to that prior slide on
- ⁷ abnormalities identified.
- 8 And, again, your question was that -- to
- 9 clarify and give you what you need, at the time of
- 10 the follow-up examination?
- DR. JOHNSON: Correct.
- DR. HICKOK: Okay. Great.
- Here are the other -- let me just precede that
- 14 by saying, so, you know, in the spirit of full
- 15 disclosure on the part of Adeza, we wanted to put
- 16 that in our briefing package to make sure that
- 17 everybody on the Committee was aware that these
- 18 were identified and then considered to be
- 19 reclassified by NICHD.
- So the other cases in terms of genital and
- 21 reproductive track abnormalities notes there were
- 22 noted was one child, where there was a question of

- 1 early puberty in the 17-p group.
- 2 And this child, again, was age 3.6 years at the
- 3 time of the follow-up examination, and there was a
- 4 question as to whether or not there were breast buds
- ⁵ observed without other signs of precocious puberty.
- One of the things that was felt to be a
- 7 confounding factor by NICHD in their review of this
- 8 child is that was -- this young girl,
- 9 unfortunately, weighed 66 pounds at the time of
- 10 her follow-up at 3.6 years of age. So she was quite
- 11 obese and was actually in the 100th percentile of
- 12 BMI at that time.
- The second case that was a question of
- 14 precocious puberty, was a young child that was
- 15 examined at 3.5 years of age, who had been born at
- 16 25 weeks of gestation, and had a fairly stormy
- ¹⁷ neonatal course.
- On her examination, she had quote, "Four or
- 19 five long pubic hairs at the time of the follow-up
- 20 study, " but, again, no other indications that this
- ²¹ was precocious puberty.
- DR. JOHNSON: And then there were two boys with

1 _ _

- DR. HICKOK: There were two boys, and we'll show
- 3 those to you here shortly.
- 4 (Pause.)
- DR. HICKOK: I apologize. We're having a little
- 6 technical difficulties here.
- Let me describe them to you even without the
- 8 slide.
- 9 There were two cases of micro-penis that were
- 10 identified, you know, at the time -- here we go --
- 11 two cases of micro-penis that were identified, and
- 12 I'll go through those two cases with you shortly
- 13 here.
- That was the slide I wanted. Here we go.
- 15 Okay.
- The first was a case of a child born at 38
- 17 weeks of gestation and was age 4.5 at the time of
- 18 follow-up study.
- This child was described as having micro-penis,
- 20 which, as you know, can be a very difficult
- 21 diagnosis to make. And, in fact, there's often
- 22 times not good diagnostic criteria for this.

- NICHD went back and identified, again, all the
- ² records they could find and felt that it was
- 3 especially significant that the genital examination
- 4 at the time of birth was completely normal. And
- ⁵ that's a time where it would be very sensitive.
- 6 In addition, there was a second case of
- 7 micro-penis identified in a child who was three-and-
- ⁸ a-half years at the time of follow-up study.
- ⁹ This infant had Down's Syndrome, and
- 10 micro-penis is also a commonly associated finding in
- 11 children with Down's Syndrome.
- 12 I'd also like to just invite Dr. Melissa Parisi
- 13 to the podium very briefly.
- She is a pediatric geneticist who is head of
- 15 the Gender Assignment team at University of
- 16 Washington.
- So this is something she does, you know,
- 18 everyday, every week, and she'll remark a little bit
- 19 about genital exams on children, and variability,
- 20 and all.
- DR. PARISI: Melissa Parisi, University of
- ²² Washington, in Seattle.

- First of all, I'd like to comment that in my
- ² role as a geneticist and with a particular
- 3 interest in urogenital anomalies, that these can be
- 4 challenging examinations.
- 5 And I also think it is important to note
- 6 that, in the context of the follow-up study, the
- 7 physicians and the nurse practitioners were
- 8 directed to look specifically at the genitalia,
- 9 whereas most pediatricians do not routinely measure
- 10 clitoral diameters nor phallic lengths in
- 11 children, particularly at this age range.
- so I think there may have been a little bit
- 13 of an ascertainment by us on that account.
- I also had the opportunity to review these five
- 15 to six cases in great detail, and I feel that the
- 16 evidence is fairly compelling that these are not
- 17 likely to be related to exposure to the medication
- 18 in utero, particularly during the time period of the
- 19 drug exposure, which is well beyond the first
- ²⁰ trimester.
- And, finally, I'd like to point out that when
- 22 you look at the development of the external

- 1 genitalia, that prior to seven weeks gestation
- ² the appearance of the genitalia is identical in
- 3 males and females.
- 4 However, starting at about eight weeks
- ⁵ gestation under the influence of the testosterone
- 6 produced in the fetal male testes, you start to see
- 7 differentiation at about nine weeks gestation.
- 8 And then subsequent fusion of the urogenital
- 9 folds in male to form the penis and in the female
- 10 forms the labia menorrha, with final closure of the
- 11 labial scrotal swellings in the male by 12 weeks
- 12 gestation, to form the scrotum, and that is retained
- 13 in the female labia majora.
- So, in conclusion, I think the combination of
- 15 the nature of the follow-up study and the
- 16 attention to the genitalia provided in the
- 17 directions to the providers, as well as the careful
- 18 review of these case reports and the period of drug
- 19 exposure, means that these genital anomalies are
- 20 unlikely to be related to the actual exposure to the
- 21 drug during a later time of gestation.
- DR. JOHNSON: Thank you very much.