## **KNOWELDGE SHEET**

## THE KARTS AND TRACK

## THE KARTS

Karts are the perfect tool for learning performance driving. They are light and responsive, not to mention great fun to drive. It's no wonder that every F1 champion since Jody Sheckter started their racing career in karting.

These days, there are dozens of different kart racing series at club and national level, and indoor karting plays it's part in the Karting Pathway. Indoor karts are built to be tough and reliable, but are still capable of travelling up to 35mph, which doesn't sound quick, but is plenty fast enough for driving indoors.

One of the key features of an indoor kart is the adjustability of the seat and pedals, meaning that the kart can be easily adapted to the driver. Paying attention to your position in the kart is vital, but we cover this topic in more detail in another section.

TeamSport use both electric and petrol-powered karts. Built by BIZ karts. Here is some information about the karts you will be using:

(Insert infographics about the both petrol and electric cadets and seniors)

## THE TRACK

This is where it all happens. Every track presents a different challenge, with fast corners, slow corners, ups and downs and different surfaces to negotiate. Some tracks require ultra-smooth driving, whilst others encourage more robust driving. Whilst it is great fun to race around the track, it can be a dangerous, so there are some simple rules that everyone needs to follow.

(Insert standard TS track rules graphic)