



## WNLR Track Meet 2018

## Individual Results

		100m	200m	1600m	400m steeple
Runner	Team	Time			
Adam Roach	O	13.96	29.05	4:44	1:09
Annie Conneau	R	20.66	43.37	8:14	2:12
Brian Moeller	G	13.63	29.33	5:18	1:14
Christine Marks-Griffin	G	16.06		7:12	1:45
Courtney Grimes	R	18.12	36.66	6:20	1:40
Dan O'Brien	O	15.15	33.43	6:45	1:35
Derek Gutierrez	R			6:01	
Emily Cole	O	16.98	37.63	6:42	2:02
Kate Conway	O	15.34	33.06	6:47	1:43
Leslie Howitt	G	15.22	36.22		2:16
Lyndsay Guttchen	R	16.22	34.33		1:32
Mark Moehling	G	12.79	27.14	4:59	1:08
Melissa Gunner	R	15.50	37.13	5:33	1:41
Morgan Ivens	G	17.16	37.63	7:36	1:48
Orion Galioni	R	13.81	30.60	5:17	1:32
Parm Riarh	O		32.40	5:40	
Pauline L	G	18.46	40.65	7:27	
Tom Burns	R	18.60	38.48	6:30	1:48



## Team Scoring

Event	1st	2nd	3rd	4th	5th	Green	Orange	Red	Meet Records					
1600m men	O	G	R	G	O	6	6	3	M	100	12.51	Mark M	2017	
1600m women	R	R	O	O	G	1	5	9		200	26.78	Mark M	2016	
100m men	G	G	R	O	O	9	3	3		800	2:14	Adam R	2017	
100m women	G	O	R	G	R	7	4	4		1600	4:38	Adam R	2016	
200m men	G	O	G	R	O	8	5	2		Broad jump	100"	Mark M	2017	
200m women	O	R	G	R	R	3	5	7		400 steeple	1:08	Mark M	2018	
400m steeple men	G	O	G	R	O	8	5	2		W	100	14.7	Megan R	2016/17
400m steeple women	R	R	R	O	G	1	2	12			200	31.6	Megan R	2016
4x4 team	G	O	R			20	10	5			800	3:03	Courtney G	2017
											1600	5:33	Melissa G	2018
Scoring:	Individual = 5, 4, 3, 2, 1									Broad jump	84"	Megan R	2017	
	Relays = 20, 10, 5		Total Scores:			63	45	47		400 steeple	1:32	Lyndsay G	2018	
	Total = 155 points									4x4	4:27	White	2017	
									MVPs	Melissa G - new meet record				
										Tom B - spirited finishes				
									12 ironrunners!	Three 3-yr ironrunners: Annie C, Courtney G, Mark M				