

LAUNDRY RUNNERS						Relay				
	100m	200m	800m	1600m	400m split	Team #	Relay	Relay Results		
<u>Runner</u>	<u>Time</u>			I				Team #	Time	
Adam Roach	14.21	28.50		4:38	1:00	1	1st	1	5:10	
Airik Sorenson	14.10	30.44	2:30	5:06	1:05	2	2nd	2	5:21	
Anne Goode	27.00	54.00			2:10	5	3rd	6	5:38	
Annie Conneau	20.38	46.85	3:56	8:10	1:49	6	4th	3	5:40	
April Shimabukun			3:29		1:30	6	5th	4	5:59	
Ben Balester	14.24			5:45	1:10	6	6th	5	7:07	
Chris Villanueva	20.12	37.07	2:56	6:11	1:23	5				
Courtney Grimes	18.05	39.37	3:14	6:44	1:24	1	26 rui	nners		
Greg Brant	14.00	32.60		5:26			9 iron	runners		
Iggy	16.70				1:32	4				
Island	22.90	43.80			1:39	4				
Jim Allen					1:47	3	Meet	Records		
Jim Tiffany	14.99	31.83		6:37	1:21	4	M 100	12.71 I	Mark M	
Kate Conway	16.00	32.75	3:13		1:20	3	200	26.78 1	Mark M	
Kayla Daugherty	16.97	,					800	2:29 1	Mark M	
Leslie Howitt	15.92	33.80			1:30	3	1600	4:38 /	Adam R	
Linda Biebermeyer		54.00			2:17	5				
Mark Beering	13.80	28.67	3:09	6:09	1:09	6	W 100	14.7 [Megan R	
Mark Eccles					1:28	1	200	31.6	Megan R	
Mark Moehling	12.71	26.78	2:29	5:07	1:03	3	800	3:13	Kate C	
Megan Roach	14.70	31.60			1:16	2	1600	6:44 (Courtney G	
Melissa Sorenson	20.10	38.77	3:24	7:00	1:23	2				
Roland					1:37	2	4x4	5:10		
Steve Bruemmer	16.88	34.50	3:21	6:48	1:27	4				
Steve Souza	14.24	31.52	3:19	6:05	1:17	5				
Tom Burns	16.36			6:55	1:18	1				