



See your results Compare with others

en sq ... 26 more

4:36

100%

**Believe that we should be tough on crime**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Try not to think about the needy**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Act without thinking**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**SEE RESULTS****SAY**



See your results Compare with others

en sq ... 26 more

4:27

98%

**Have difficulty starting tasks**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Remain calm under pressure**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Look at the bright side of life**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

BACK

NEXT

**SAY**

5

::



See your results Compare with others

en sq ... 26 more

4:23

95%

**Act wild and crazy**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Am not interested in theoretical discussions**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Boast about my virtues**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

BACK NEXT

**SAY**

5

::



See your results Compare with others

en sq ... 26 more

4:18

93%

**Get back at others**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Put little time and effort into my work**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Am able to control my cravings**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**BACK** **NEXT****SAY**

5

::



See your results Compare with others

en sq ... 26 more

4:14

90%

**Am not bothered by difficult social situations**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Like to take it easy**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Am attached to conventional ways**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**BACK** **NEXT****SAY**

5

::



See your results Compare with others

en sq ... 26 more

4:09

88%

**Don't understand people who get emotional**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Take no time for others**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Break my promises**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**BACK****NEXT****SAY**



See your results Compare with others

en sq ... 26 more

4:04

85%

**Leave my belongings around**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Feel comfortable with myself**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Wait for others to lead the way**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**BACK****NEXT****SAY**



See your results Compare with others

en sq ... 26 more

3:58

83%

**Avoid crowds**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Do not enjoy going to art museums**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Obstruct others' plans**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

BACK NEXT

**SAY**

5

::



See your results Compare with others

en sq ... 26 more

3:48

80%

**Distrust people**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Know how to get things done**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Am not easily annoyed**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

BACK NEXT

**SAY**

5

::



See your results Compare with others

en sq ... 26 more

3:39

78%

**Get stressed out easily**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Keep others at a distance**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Like to get lost in thought**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**BACK****NEXT****SAY**

5

::



See your results Compare with others

en sq ... 26 more

3:34

75%

**Tend to vote for conservative political candidates**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Am not interested in other people's problems**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Rush into things**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**BACK** **NEXT****SAY**

5

::



See your results Compare with others

en sq ... 26 more

3:28

73%

**Waste my time**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Feel that I'm unable to deal with things**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Love life**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**BACK****NEXT****SAY**

5

::



See your results Compare with others

en sq ... 26 more

3:23

70%

**Enjoy being reckless**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Have difficulty understanding abstract ideas**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Have a high opinion of myself**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**BACK****NEXT****SAY**

5

::



bigfive-test.com/test



See your results Compare with others

en sq ... 26 more

3:17

68%

### Insult people

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Do just enough work to get by

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Easily resist temptations

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

BACK NEXT

**SAY**



5

⋮



en sq ... 26 more

3:

65%

**Only feel comfortable with friends**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Do a lot in my spare time**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Dislike changes**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

BACK

NEXT





See your results Compare with others

en sq ... 26 more

3:02

63%

**Rarely notice my emotional reactions**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Am indifferent to the feelings of others**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Break rules**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**BACK****NEXT****SAY**



See your results Compare with others

en sq ... 26 more

2:58

60%

**Leave a mess in my room**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Am often down in the dumps**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Take control of things**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**BACK****NEXT****SAY**

5

::

[See your results](#) [Compare with others](#)  [en](#) [sq](#) ... 26 more

2:53

57%

**Prefer to be alone**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Do not like poetry**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Take advantage of others**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

[BACK](#)[NEXT](#)**SAY**

[See your results](#) [Compare with others](#)  [en](#) [sq](#) [... 26 more](#)

2:47

55%

### Trust what people say

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Handle tasks smoothly

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Lose my temper

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

[BACK](#)[NEXT](#)**SAY**



See your results Compare with others

en sq ... 26 more

2:36

53%

**Am afraid of many things**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Avoid contacts with others**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Love to daydream**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**BACK** **NEXT****SAY**

5

::



See your results Compare with others

en sq ... 26 more

2:33

50%

**Believe that there is no absolute right and wrong**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Feel sympathy for those who are worse off than myself**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Make rash decisions**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

BACK

NEXT

**SAY**

5

::



See your results Compare with others

en sq ... 26 more

2:29

48%

**Carry out my plans**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Become overwhelmed by events**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Have a lot of fun**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

BACK

NEXT

**SAY**



See your results Compare with others

en sq ... 26 more

2:23

45%

**Seek adventure**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Avoid philosophical discussions**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Think highly of myself**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

BACK

NEXT

**SAY**

5

::



See your results Compare with others

en sq ... 26 more

2:16

43%

**Yell at people**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Do more than what's expected of me**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Rarely overindulge**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**BACK****NEXT****SAY**



See your results Compare with others

en sq ... 26 more

2:10

40%

**Am afraid to draw attention to myself**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Am always on the go**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Prefer to stick with things that I know**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

BACK

NEXT

**SAY**



See your results Compare with others

en sq ... 26 more

2:06

38%

**Feel others' emotions**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Am concerned about others**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Tell the truth**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**BACK****NEXT****SAY**

5

::



See your results Compare with others

en sq ... 26 more

2:01

35%

**Often forget to put things back in their proper place**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Dislike myself**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Try to lead others**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

BACK

NEXT

**SAY**

5

::



See your results Compare with others

en sq ... 26 more

1:56

33%

**Talk to a lot of different people at parties**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**See beauty in things that others might not notice**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Cheat to get ahead**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

BACK

NEXT

**SAY**

[See your results](#) [Compare with others](#)  [en](#) [sq](#) [... 26 more](#)

1:44

30%

**Believe that others have good intentions**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Excel in what I do**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Get irritated easily**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

[BACK](#)[NEXT](#)**SAY**



See your results Compare with others

en sq ... 26 more

1:40

28%

**Fear for the worst**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Feel comfortable around people**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Enjoy wild flights of fantasy**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**BACK****NEXT****SAY**



See your results Compare with others

en sq ... 26 more

1:27

25%

**Tend to vote for liberal political candidates**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Sympathize with the homeless**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Jump into things without thinking**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

BACK

NEXT

**SAY**

5

::



See your results Compare with others

en sq ... 26 more

1:20

23%

**Am always prepared**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Panic easily**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Radiate joy**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**BACK****NEXT****SAY**

[bigfive-test.com/test](https://bigfive-test.com/test)[See your results](#) [Compare with others](#)  [en](#) [sq](#) [... 26 more](#)

1:15

20%

**Love excitement**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Love to read challenging material**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Believe that I am better than others**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

[BACK](#)[NEXT](#)**SAY**

5

::



See your results Compare with others

en sq ... 26 more

1:08

20%

### Love a good fight

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Work hard

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Go on binges

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

[BACK](#)[NEXT](#)**SAY**

[See your results](#) [Compare with others](#)  [en](#) [sq](#) [... 26 more](#)

0:47

13%

**Experience my emotions intensely**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Love to help others**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Keep my promises**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

[BACK](#)[NEXT](#)**SAY**



See your results Compare with others

en sq ... 26 more

0:42

10%

**Like to tidy up**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Often feel blue**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Take charge**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

BACK NEXT

**SAY**

5

::



See your results Compare with others

en sq ... 26 more

0:38

8%

**Love large parties**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Believe in the importance of art**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**Use others for my own ends**

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

**BACK****NEXT****SAY**



[See your results](#)[Compare with others](#)

Change language  
English

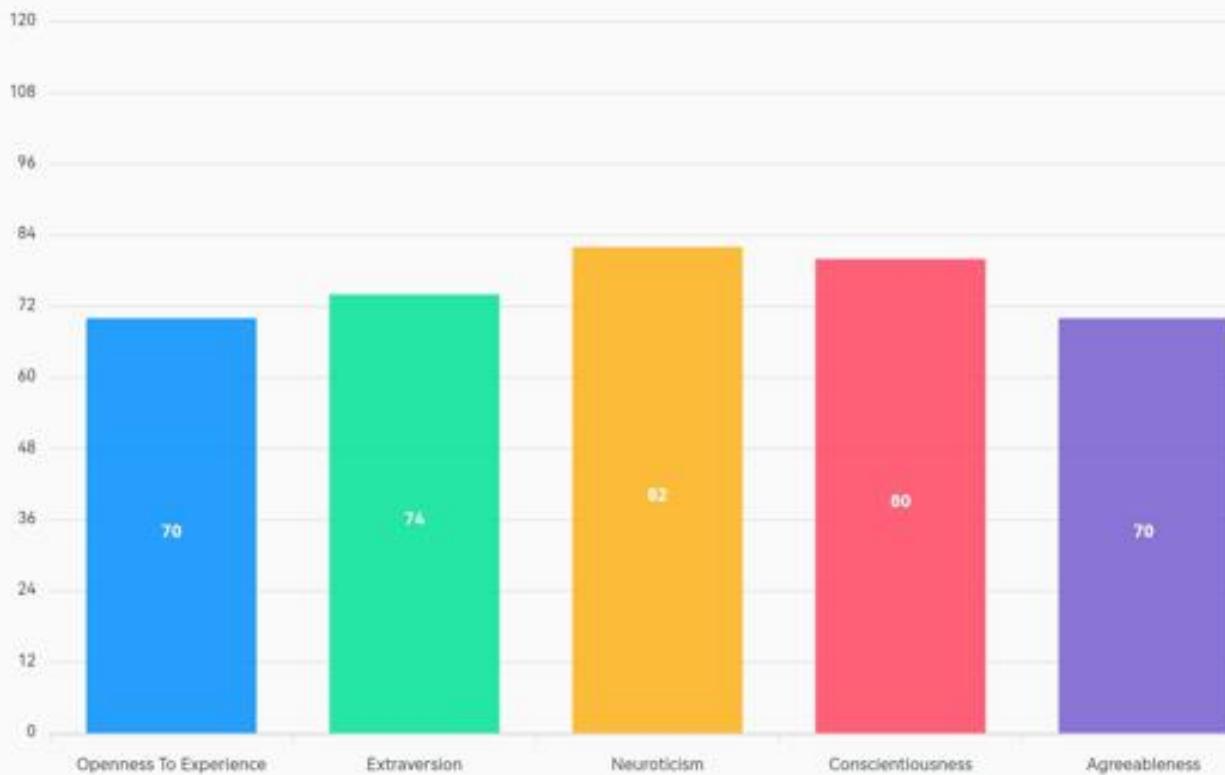
2022/1/2 下午2:46:26

**Important!** Save the following ID to see the results later or [compare](#) yourself to others.

61d14a468dca8f000954e86e



## The Big Five



### Openness To Experience

score: 70 - low

Openness to Experience describes a dimension of cognitive style that distinguishes imaginative, creative people from down-to-earth, conventional people.

20

18

16

## Openness To Experience

score: 70 - low

Openness to Experience describes a dimension of cognitive style that distinguishes imaginative, creative people from down-to-earth, conventional people.



### Imagination

score: 13 - high

To imaginative individuals, the real world is often too plain and ordinary. High scorers on this scale use fantasy as a way of creating a richer, more interesting world. Low scorers are more oriented to facts than fantasy.

### Artistic Interests

score: 10 - low

High scorers on this scale love beauty, both in art and in nature. They become easily involved and absorbed in artistic and natural events. They are not necessarily artistically trained nor talented, although many will be. The defining features of this scale are interest in, and appreciation of natural and artificial beauty. Low scorers lack aesthetic sensitivity and interest in the arts.

### Emotionality

score: 8 - low

Persons high on Emotionality have good access to and awareness of their own feelings. Low scorers are less aware of their feelings and tend not to express their emotions openly.

### Adventurousness

score: 13 - high

High scorers on adventurousness are eager to try new activities, travel to foreign lands, and experience different things. They find familiarity and routine boring, and will take a new route home just because it is different. Low scorers tend to feel uncomfortable with change and prefer familiar routines.

### Intellect

score: 12 - neutral

Intellect and artistic interests are the two most important, central aspects of openness to experience. High scorers on Intellect love to play with ideas. They are open-minded to new and unusual ideas, and like to debate intellectual issues. They enjoy riddles, puzzles, and brain teasers. Low scorers on Intellect prefer dealing with either people or things rather than ideas. They regard intellectual exercises as a waste of time. Intellect should not be equated with intelligence.

## Intellect

score: 12 – neutral

Intellect and artistic interests are the two most important, central aspects of openness to experience. High scorers on Intellect love to play with ideas. They are open-minded to new and unusual ideas, and like to debate intellectual issues. They enjoy riddles, puzzles, and brain teasers. Low scorers on Intellect prefer dealing with either people or things rather than ideas. They regard intellectual exercises as a waste of time. Intellect should not be equated with intelligence. Intellect is an intellectual style, not an intellectual ability, although high scorers on Intellect score slightly higher than low-Intellect individuals on standardized intelligence tests.

## Liberalism

score: 14 – high

Psychological liberalism refers to a readiness to challenge authority, convention, and traditional values. In its most extreme form, psychological liberalism can even represent outright hostility toward rules, sympathy for law-breakers, and love of ambiguity, chaos, and disorder. Psychological conservatives prefer the security and stability brought by conformity to tradition. Psychological liberalism and conservatism are not identical to political affiliation, but certainly incline individuals toward certain political parties.

## Extraversion

score: 74 – high

Extraversion is marked by pronounced engagement with the external world.



## Friendliness

score: 11 – low

Friendly people genuinely like other people and openly demonstrate positive feelings toward others. They make friends quickly and it is easy for them to form close, intimate relationships. Low scorers on Friendliness are not necessarily cold and hostile, but they do not reach out to others and are perceived as distant and reserved.

## Gregariousness

score: 12 – neutral

Gregarious people find the company of others pleasantly stimulating and rewarding. They enjoy the excitement of crowds. Low scorers tend to feel overwhelmed by, and therefore actively avoid, large crowds. They do not necessarily dislike being with people sometimes, but their need for privacy and time to themselves is much greater than for individuals who score high on this scale.

## Assertiveness

score: 12 - neutral

High scorers Assertiveness like to speak out, take charge, and direct the activities of others. They tend to be leaders in groups. Low scorers tend not to talk much and let others control the activities of groups.

## Activity Level

score: 14 - high

Active individuals lead fast-paced, busy lives. They move about quickly, energetically, and vigorously, and they are involved in many activities. People who score low on this scale follow a slower and more leisurely, relaxed pace.

## Excitement-Seeking

score: 16 - high

High scorers on this scale are easily bored without high levels of stimulation. They love bright lights and hustle and bustle. They are likely to take risks and seek thrills. Low scorers are overwhelmed by noise and commotion and are adverse to thrill-seeking.

## Cheerfulness

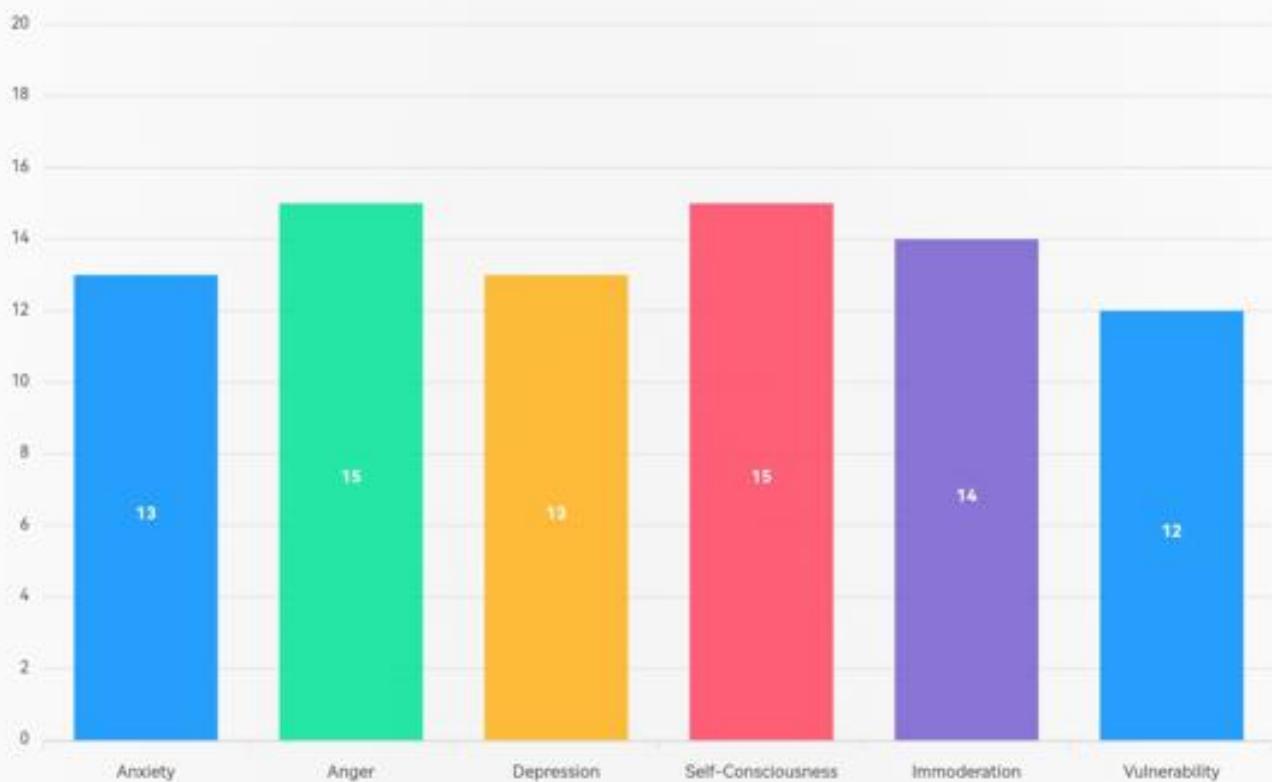
score: 9 - low

This scale measures positive mood and feelings, not negative emotions (which are a part of the Neuroticism domain). Persons who score high on this scale typically experience a range of positive feelings, including happiness, enthusiasm, optimism, and joy. Low scorers are not as prone to such energetic, high spirits.

## Neuroticism

score: 82 - high

Neuroticism refers to the tendency to experience negative feelings.



## Anxiety

score: 13 - high

The "fight-or-flight" system of the brain of anxious individuals is too easily and too often engaged. Therefore, people who are high in anxiety often feel like something dangerous is about to happen. They may be afraid of specific situations or be just generally fearful. They feel tense, jittery, and nervous. Persons low in Anxiety are generally calm and fearless.

## **Self-Efficacy**

score: 11 - low

Self-Efficacy describes confidence in one's ability to accomplish things. High scorers believe they have the intelligence (common sense), drive, and self-control necessary for achieving success. Low scorers do not feel effective, and may have a sense that they are not in control of their lives.

## **Orderliness**

score: 10 - low

Persons with high scores on orderliness are well-organized. They like to live according to routines and schedules. They keep lists and make plans. Low scorers tend to be disorganized and scattered.

## **Dutifulness**

score: 12 - neutral

This scale reflects the strength of a person's sense of duty and obligation. Those who score high on this scale have a strong sense of moral obligation. Low scorers find contracts, rules, and regulations overly confining. They are likely to be seen as unreliable or even irresponsible.

## **Achievement-Striving**

score: 17 - high

Individuals who score high on this scale strive hard to achieve excellence. Their drive to be recognized as successful keeps them on track toward their lofty goals. They often have a strong sense of direction in life, but extremely high scores may be too single-minded and obsessed with their work. Low scorers are content to get by with a minimal amount of work, and might be seen by others as lazy.

## **Self-Discipline**

score: 15 - high

Self-discipline-what many people call will-power-refers to the ability to persist at difficult or unpleasant tasks until they are completed. People who possess high self-discipline are able to overcome reluctance to begin tasks and stay on track despite distractions. Those with low self-discipline procrastinate and show poor follow-through, often failing to complete tasks-even tasks they want very much to complete.

## **Cautiousness**

score: 15 - high

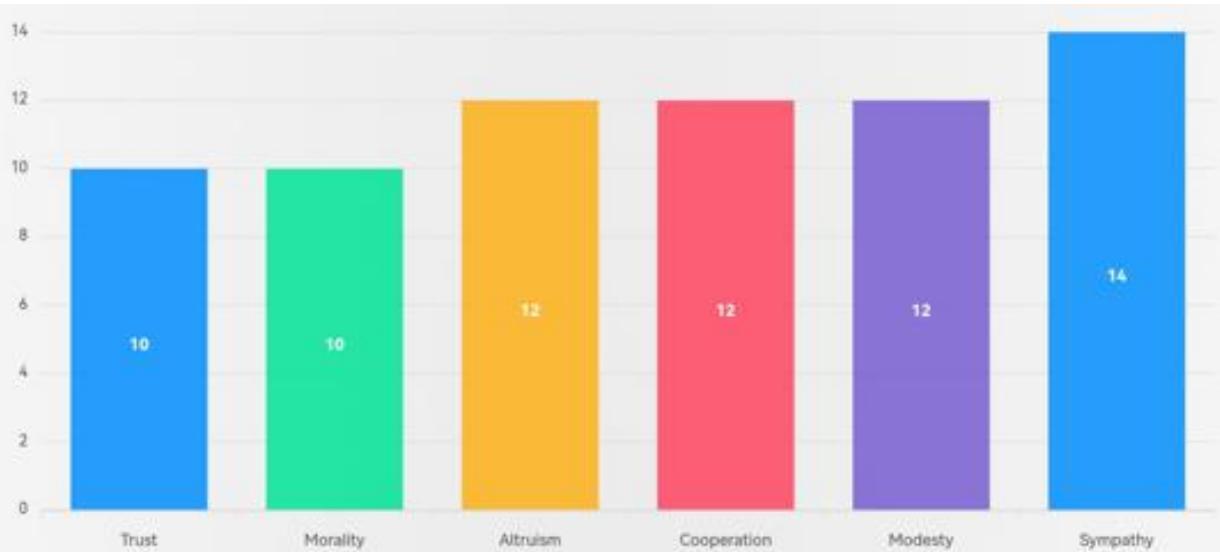
Cautiousness describes the disposition to think through possibilities before acting. High scorers on the Cautiousness scale take their time when making decisions. Low scorers often say or do first thing that comes to mind without deliberating alternatives and the probable consequences of those alternatives.

## **Agreeableness**

score: 70 - low

Agreeableness reflects individual differences in concern with cooperation and social harmony. Agreeable individuals value getting along with others.





### Trust

score: 10 - low

A person with high trust assumes that most people are fair, honest, and have good intentions. Persons low in trust see others as selfish, devious, and potentially dangerous.

### Morality

score: 10 - low

High scorers on this scale see no need for pretense or manipulation when dealing with others and are therefore candid, frank, and sincere. Low scorers believe that a certain amount of deception in social relationships is necessary. People find it relatively easy to relate to the straightforward high-scorers on this scale. They generally find it more difficult to relate to the unstraightforward low-scorers on this scale. It should be made clear that low scorers are not unprincipled or immoral; they are simply more guarded and less willing to openly reveal the whole truth.

### Altruism

score: 12 - neutral

Altruistic people find helping other people genuinely rewarding. Consequently, they are generally willing to assist those who are in need. Altruistic people find that doing things for others is a form of self-fulfillment rather than self-sacrifice. Low scorers on this scale do not particularly like helping those in need. Requests for help feel like an imposition rather than an opportunity for self-fulfillment.

### Cooperation

score: 12 - neutral

Individuals who score high on this scale dislike confrontations. They are perfectly willing to compromise or to deny their own needs in order to get along with others. Those who score low on this scale are more likely to intimidate others to get their way.

### Modesty

score: 12 - neutral

High scorers on this scale do not like to claim that they are better than other people. In some cases this attitude may derive from low self-confidence or self-esteem. Nonetheless, some people with high self-esteem find immodesty unseemly. Those who are willing to describe themselves as superior tend to be seen as disagreeably arrogant by other people.

### Sympathy

score: 14 - high

People who score high on this scale are tenderhearted and compassionate. They feel the pain of others vicariously and are easily moved to pity. Low scorers are not affected strongly by human suffering. They pride themselves on making objective judgments based on reason. They are more concerned with truth and impartial justice than with mercy.

Share your results!