7	6	5	4	3	2	1	0	7	6	5	4	3	2	1	0	7	6	5	4	3	2	1	0	7	6	5	4	3	2	1	0

1	**0**	**P**	**X**	**CC**	**M**	**PT**	**Sequence Number**
Timestamp (in sample rate units)							
Synchronization Source (SSRC) Identifier							
Contributing Source (CSRC) identifiers (optional)							
Header Extension (optional)							