

High-Dimensional Probability

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Contents

0	Appetizer	2
1	Preliminaries on random variables	2
2	Concentration of sums of independent random variables	2
3	Random vectors in high dimensions	4

0 Appetizer

- Convex combination: For $z_1, z_2, \dots, z_m \in \mathbb{R}^n$, the form of $\sum_{i=1}^m \lambda_i z_i$ with $\lambda_i \geq 0, \sum_{i=1}^m \lambda_i = 1$. Convex hull of $T \subset \mathbb{R}^n$: $\text{conv}(T) = \{\text{convex combinations of } z_1, \dots, z_m \in T, m \in \mathbb{N}\}$.
- Caratheodory's theorem: Every point in the convex hull of a set $T \subset \mathbb{R}^n$ can be expressed as a convex combination of at most $n + 1$ points from T .
- Approximate Caratheodory's theorem: Consider $T \subset \mathbb{R}^n$, $\text{diam}(T) = \sup\{\|s - t\|_2, s, t \in T\} < 1$. Then for any $x \in \text{conv}(T)$ and any k , one can find points $x_1, x_2, \dots, x_k \in T$ such that $\|x - \frac{1}{k} \sum_{i=1}^k x_i\|_2 \leq \frac{1}{\sqrt{k}}$ (repetition is allowed).

Proof WLOG assume $\|t\|_2 \leq 1, \forall t \in T$. Fix $x \in \text{conv}(T), x = \sum_{i=1}^m \lambda_i z_i, z_i \in T$. Define $Z, \mathbb{P}(Z = z_i) = \lambda_i, \mathbb{E}Z = x$. Consider i.i.d. Z_1, Z_2, \dots of $Z, \frac{1}{n} \sum_{j=1}^n Z_j \rightarrow x$ a.s. $n \rightarrow +\infty$. $\mathbb{E}\|x - \frac{1}{k} \sum_{j=1}^k Z_j\|_2^2 = \frac{1}{k^2} \sum_{j=1}^k \mathbb{E}\|Z_j - x\|_2^2 = \frac{1}{k^2} \sum_{j=1}^k (\mathbb{E}\|Z_j\|_2^2 - \|\mathbb{E}Z_j\|_2^2) \leq \frac{1}{k} \Rightarrow \exists$ a realization of Z_1, \dots, Z_k such that $\|x - \frac{1}{k} \sum_{j=1}^k Z_j\|_2 \leq \frac{1}{\sqrt{k}}$. \square

- Corollary (Covering polytopes by balls): P is a polytope in \mathbb{R}^n with N vertices, $\text{diam}(P) \leq 1$. Then P can be covered by at most $N^{\lceil 1/\epsilon^2 \rceil}$ Euclidean balls of radii $\epsilon > 0$.

1 Preliminaries on random variables

- Jensen's inequality: convex $\phi, \phi(\mathbb{E}X) \leq \mathbb{E}\phi(X). \Rightarrow \|X\|_{L^p} \leq \|X\|_{L^q}$ for $p \leq q$.
- Minkowski inequality: $p \geq 1, \|X + Y\|_{L^p} \leq \|X\|_{L^p} + \|Y\|_{L^p}$.
- Cauchy-Schwarz inequality: $\mathbb{E}|XY| \leq \|X\|_{L^2} \|Y\|_{L^2}$.
- Holder inequality: $p, q \in (1, +\infty), \frac{1}{p} + \frac{1}{q} = 1$ or $p = 1, q = \infty, \mathbb{E}\|XY\| \leq \|X\|_{L^p} \|Y\|_{L^q}$.
- $X \geq 0$, then $\mathbb{E}X = \int_0^{+\infty} \mathbb{P}(X > t) dt$.
- Markov inequality: $X \geq 0, t > 0, \mathbb{P}(X \geq t) \leq \frac{\mathbb{E}X}{t}$.
- LLN: X_1, \dots, X_n, \dots i.i.d., $\mathbb{E}X_i = \mu, \text{Var}(X_i) = \sigma^2, S_N = X_1 + X_2 + \dots + X_N$. Then: (WLLN) $\mathbb{P}(|\frac{S_N}{N} - \mu| > \epsilon) \rightarrow 0, \forall \epsilon > 0$; (SLLN) $\mathbb{P}(\frac{S_N}{N} \rightarrow \mu, N \rightarrow +\infty) = 1$.
- CLT: $Z_N = \frac{S_N - \mathbb{E}S_N}{\sqrt{\text{Var}(S_N)}} \xrightarrow{d} \mathcal{N}(0, 1)$.
- $X_{N,i}, 1 \leq i \leq N$ independent $\text{Ber}(p_{N,i}), \max_{i \leq N} p_{N,i} \rightarrow 0, S_N = \sum_{i=1}^N X_{N,i}, \mathbb{E}S_N \rightarrow \lambda < +\infty$. Then $S_N \xrightarrow{d} \text{Poisson}(\lambda)$.

2 Concentration of sums of independent random variables

- Question: N times, $\mathbb{P}(\text{head} \geq \frac{3}{4}N) = ?$ Let S_N be the number of heads, $\mathbb{E}S_N = \frac{N}{2}, \text{Var}(S_N) = \frac{N}{4}$. (1) Chebyshev's inequality: $\mathbb{P}(S_N \geq \frac{3}{4}N) \leq \mathbb{P}(|S_N - \frac{N}{2}| \geq \frac{N}{4}) \leq \frac{4}{N}$; (2) $Z_N = \frac{S_N - \frac{N}{2}}{\sqrt{N/4}}$, expect: $\mathbb{P}(Z_N \geq \sqrt{N/4}) \approx \mathbb{P}(g \geq \sqrt{N/4}) \leq \frac{1}{\sqrt{2\pi}} e^{-N/8}$ where $g \sim \mathcal{N}(0, 1)$.
- For all $t > 0, (\frac{1}{t} - \frac{1}{t^3}) \frac{1}{\sqrt{2\pi}} e^{-t^2/2} \leq \mathbb{P}(g \sim \mathcal{N}(0, 1) \geq t) \leq \frac{1}{t} \frac{1}{\sqrt{2\pi}} e^{-t^2/2}$.
- Berry-Esseen bound: $|\mathbb{P}(Z_N \geq t) - \mathbb{P}(g \geq t)| \leq \frac{\rho}{\sqrt{N}}$ where $\rho = \mathbb{E}|X_1 - \mu|^3 / \sigma^3$. And in general, no improvement since $\mathbb{P}(S_N = \frac{N}{2}) \sim \frac{1}{\sqrt{N}} \Rightarrow \mathbb{P}(Z_N = 0) \sim \frac{1}{\sqrt{N}}$ but $\mathbb{P}(g = 0) = 0$.
- Hoeffding's inequality: X_1, \dots, X_N i.i.d. symmetric Bernoulli ($\mathbb{P}(X = 1) = \mathbb{P}(X = -1) = \frac{1}{2}$), $a = (a_1, \dots, a_N) \in \mathbb{R}^N$. Then $\forall t \geq 0, \mathbb{P}(\sum_{i=1}^N a_i X_i \geq t) \leq e^{-t^2/2\|a\|_2^2}, \mathbb{P}(|\sum_{i=1}^N a_i X_i| \geq t) \leq 2e^{-t^2/2\|a\|_2^2}$.

Proof WLOG, $\|a\|_2^2 = 1$. For $\lambda > 0, \mathbb{P}(\sum_{i=1}^N a_i X_i \geq t) = \mathbb{P}(e^{\lambda \sum_{i=1}^N a_i X_i} \geq e^{\lambda t}) \leq e^{-\lambda t} \mathbb{E}e^{\lambda \sum_{i=1}^N a_i X_i} = e^{-\lambda t} \prod_{i=1}^N \mathbb{E}e^{\lambda a_i X_i} = e^{-\lambda t} \prod_{i=1}^N \cosh(\lambda a_i) \leq e^{-\lambda t} \prod_{i=1}^N e^{\lambda^2 a_i^2 / 2} = e^{-\lambda t + \frac{\lambda^2}{2}} \Rightarrow \mathbb{P}(\sum_{i=1}^N a_i X_i \geq t) \leq \inf_{\lambda \geq 0} e^{-\lambda t + \frac{\lambda^2}{2}} = e^{-\frac{t^2}{2}} (\lambda = t). \quad \square$

- Bounded r.v.s: X_1, \dots, X_N independent, $X_i \in [m_i, M_i]$. Then $\forall t \geq 0, \mathbb{P}(\sum_{i=1}^N (X_i - \mathbb{E}X_i) \geq t) \leq e^{-\frac{2t^2}{\sum_{i=1}^N (M_i - m_i)^2}}$.
- Chernoff's inequality: $X_i \sim \text{Ber}(p_i)$ independent, $S_N = \sum_{i=1}^N X_i, \mu = \mathbb{E}S_N \Rightarrow \forall t > \mu, \mathbb{P}(S_N \geq t) \leq e^{-\mu(\frac{t}{\mu})^t}$.
Proof $\mathbb{P}(S_N \geq t) \leq e^{-\lambda t} \prod_{i=1}^N \mathbb{E}e^{\lambda X_i}$. $\mathbb{E}e^{\lambda X_i} = e^{\lambda p_i} + (1 - p_i) = 1 + (e^\lambda - 1)p_i \leq e^{(e^\lambda - 1)p_i} \Rightarrow \mathbb{P}(S_N \geq t) \leq e^{-\lambda t} e^{(e^\lambda - 1)\mu}$. Take $\lambda^* = \log(t/\mu)$. \square
- $d = (n - 1)p$ is the expected degree. There is an absolute constant C s.t. for $G(n, p)$, $d \geq C \log n$. Then with high prob (for example 0.9), all vertices of G have degrees between $0.9d$ and $1.1d$.
Proof Ex 2.3.5 $\Rightarrow \mathbb{P}(|d_i - d| \geq \delta d) \leq 2e^{-c\delta^2 d}$. Union bound: $\mathbb{P}(\exists i, |d_i - d| \geq \delta d) \leq n \cdot 2e^{-c\delta^2 d} \leq n \cdot 2 \dots n^{-C\delta^2} = 2n^{1-C\delta^2} \leq 1 - p^*$ (let $C\delta^2 > 1$). \square
- Sub-gaussian properties: The following are equivalent: (i) $\mathbb{P}(|X| \geq t) \leq 2e^{-t^2/k_1^2}$ for all $t \geq 0$; (ii) $\|X\|_{L^p} = (\mathbb{E}|X|^p)^{1/p} \leq k_2\sqrt{p}$ for all $p \geq 1$; (iii) $\mathbb{E}e^{\lambda^2 X^2} \leq e^{k_3^2 \lambda^2}$ for all λ s.t. $|\lambda| \leq \frac{1}{k_3}$; (iv) $\mathbb{E}e^{X^2/k_4^2} \leq 2$; (v) $\mathbb{E}e^{\lambda X} \leq e^{k_5^2 \lambda^2}$, for all $\lambda \in \mathbb{R}$ (if $\mathbb{E}X = 0$).
Proof (i) \Rightarrow (ii): WLOG $k_1 = 1$. $\mathbb{E}|X|^p = \int_0^{+\infty} \mathbb{P}(|X| \geq t) p t^{p-1} dt \leq \int_0^{+\infty} 2e^{-t^2} p t^{p-1} dt = p \Gamma(\frac{p}{2}) \stackrel{\Gamma(x) \leq 3x^x \text{ for } x \geq \frac{1}{2}}{\leq} 3p(\frac{p}{2})^{p/2} \Rightarrow \|X\|_p \leq \frac{1}{\sqrt{2}}(3p)^{1/p} p^{1/2} \leq 3\sqrt{p}$.
 (ii) \Rightarrow (iii): WLOG $k_2 = 1$. $\mathbb{E}e^{\lambda^2 X^2} = \mathbb{E}[1 + \sum_{p=1}^{+\infty} \frac{(\lambda^2 X^2)^p}{p!}]$. $\mathbb{E}|X|^{2p} \leq (2p)^p, p! \geq (\frac{p}{e})^p \Rightarrow \mathbb{E}e^{\lambda^2 X^2} \leq 1 + \sum_{p=1}^{+\infty} \frac{(2\lambda^2 p)^p}{(\frac{p}{e})^p} = \frac{1}{1 - 2e\lambda^2}$ (if $2e\lambda^2 < 1$) $\stackrel{\frac{1}{1-x} \leq e^{2x} \text{ for } x \in [0, \frac{1}{2}]}{\leq} e^{4e\lambda^2}$ (if $2e\lambda^2 \leq 1/2 \Leftrightarrow \lambda \leq \frac{1}{2\sqrt{e}}$).
 (iii) \Rightarrow (iv): trivial.
 (iv) \Rightarrow (i): $\mathbb{P}(|X| \geq t) = \mathbb{P}(e^{X^2} \leq e^{t^2}) \leq e^{-t^2} \mathbb{E}e^{X^2} \leq 2e^{-t^2}$.
 (iii) \Rightarrow (v): WLOG $k_3 = 1$. If $|\lambda| \leq 1$, then $\mathbb{E}e^{\lambda X} \leq \mathbb{E}(\lambda X + e^{\lambda^2 X^2}) = \mathbb{E}e^{\lambda^2 X^2} \leq e^{\lambda^2}$. If $|\lambda| \geq 1$, then $\mathbb{E}e^{\lambda X} \leq e^{\frac{\lambda^2}{2}} \mathbb{E}e^{\frac{X^2}{2}} e^{\frac{\lambda^2}{2}} e^{\frac{1}{2}} \leq e^{\lambda^2}$.
 (v) \Rightarrow (i): mimic the proof of (iv) \Rightarrow (i). \square
- Sub-gaussian r.v.: satisfy the above sub-gaussian properties. $\|X\|_{\psi_2} = \inf\{t > 0 : \mathbb{E}e^{X^2/t^2} \leq 2\}$. Thus $\mathbb{P}(|X| \geq t) \leq 2e^{-ct^2/\|X\|_{\psi_2}^2}; \|X\|_{L^p} \leq C\|X\|_{\psi_2}\sqrt{p}$; if $\mathbb{E}X = 0$ then $\mathbb{E}e^{\lambda X} \leq e^{C\lambda^2\|X\|_{\psi_2}^2}$.
- Let X_1, \dots, X_N be i.i.d. and mean zero sub-gaussian, then $\|\sum_{i=1}^N X_i\|_{\psi_2}^2 \leq C \cdot \sum_{i=1}^N \|X_i\|_{\psi_2}^2$.
Proof $\forall \lambda \in \mathbb{R}, \mathbb{E}e^{\lambda \sum_{i=1}^N X_i} = \prod_{i=1}^N \mathbb{E}e^{\lambda X_i} \leq \prod_{i=1}^N e^{c\lambda^2\|X_i\|_{\psi_2}^2} = e^{c\lambda^2 \sum_{i=1}^N \|X_i\|_{\psi_2}^2}$ \square
- Centering: X is sub-gaussian $\Rightarrow X - \mathbb{E}X$ is sub-gaussian and $\|X - \mathbb{E}X\|_{\psi_2} \leq C\|X\|_{\psi_2}$.
Proof $\|\mathbb{E}X\|_{\psi_2} \leq C_1\|\mathbb{E}X\| \leq C_1\mathbb{E}|X| = C_1\|X\|_{L^1} \leq C_1C_2\|X\|_{\psi_2}$. \square
- Sub-exponential properties: The following are equivalent: (1) $\mathbb{P}(|X| \geq t) \leq 2e^{-t/k_1}, \forall t \geq 0$; (2) $\|X\|_{L^p} \leq k_2 p, p \geq 1$; (3) $\mathbb{E}e^{\lambda|X|} \leq e^{k_3\lambda}$ for all $0 \leq \lambda \leq \frac{1}{k_3}$; (4) $\mathbb{E}e^{|X|/k_4} \leq 2$; (5) if $\mathbb{E}X = 0, \mathbb{E}e^{\lambda X} \leq e^{k_5^2 \lambda^2}$ for $|\lambda| \leq \frac{1}{k_5}$.
Proof (2) \Rightarrow (5): $k_2 = 1, \mathbb{E}e^{\lambda X} = 1 + \sum_{p=2}^{+\infty} \frac{\lambda^p \mathbb{E}X^p}{p!} \leq 1 + \sum_{p=2}^{+\infty} \frac{\lambda^p p^p}{(p/e)^p} = 1 + \frac{(e\lambda)^2}{1 - e\lambda} (|e\lambda| < 1)$. If $|e\lambda| \leq \frac{1}{2}, 1 + \frac{(e\lambda)^2}{1 - e\lambda} \leq 1 + 2e^2 \lambda^2 \leq e^{4e^2 \lambda^2}$, i.e. $k_5 = 2e$.
 (5) \Rightarrow (1): $k_5 = 1, |x|^p \leq p^p(e^x + e^{-x}) \Rightarrow \mathbb{E}|X|^p \leq p^p(\mathbb{E}e^X + \mathbb{E}e^{-X}) \leq 2ep^p$. \square
- $\|X\|_{\psi_1} = \inf\{t > 0 : \mathbb{E}e^{|X|/t} \leq 2\}$. X is sub-gaussian $\Leftrightarrow X^2$ is sub-exponential. $\|X^2\|_{\psi_1} = \|X\|_{\psi_2}^2$.
- X, Y are sub-gaussian $\Rightarrow XY$ is sub-exponential and $\|XY\|_{\psi_1} \leq \|X\|_{\psi_2}\|Y\|_{\psi_2}$.
Proof WLOG $\|X\|_{\psi_2} = \|Y\|_{\psi_2} = 1$. $\mathbb{E}e^{XY} \leq \mathbb{E}e^{\frac{X^2+Y^2}{2}} = \mathbb{E}[e^{\frac{X^2}{2} + \frac{Y^2}{2}}] \leq \frac{1}{2}(\mathbb{E}e^{X^2} + \mathbb{E}e^{Y^2}) = 2$. \square
- Orlicz function/space: $\psi : [0, +\infty) \rightarrow [0, +\infty)$, convex, increasing, $\psi(0) = 0, \psi(x) \rightarrow +\infty, x \rightarrow +\infty$. $\|X\|_\psi := \inf\{t > 0 : \mathbb{E}\psi(|X|/t) \leq 1\}$. $L_\psi := \{X : \|X\|_\psi < +\infty\}$ is Banach space. Examples: (1) $L_p : \psi(x) = x^p, p \geq 1$; (2) $L_{\psi_2} : \psi_2(x) = e^{x^2} - 1, L_\infty \subset L_{\psi_2} \subset L_p$.
- Bernstein's inequality: X_1, \dots, X_N i.i.d., mean zero and sub-exponential. Then for $t \geq 0, \mathbb{P}(|\sum_{i=1}^N X_i| \geq t) \leq 2e^{-c \min(\frac{t^2}{\sum_{i=1}^N \|X_i\|_{\psi_1}^2}, \frac{t}{\max_i \|X_i\|_{\psi_1}})}$.

Proof $S = \sum_{i=1}^N X_i$. $\mathbb{P}(S \geq t) \leq e^{-\lambda t} \prod_{i=1}^N \mathbb{E} e^{\lambda X_i}$. $\mathbb{E} e^{\lambda X_i} \leq e^{c\lambda^2 \|X_i\|_{\psi_1}^2}$ if $|\lambda| \leq \frac{c}{\max \|X_i\|_{\psi_1}}$. Then $\mathbb{P}(S \geq t) \leq e^{-\lambda t + c\lambda^2 \sigma^2}$ where $\sigma^2 := \sum_{i=1}^N \|X_i\|_{\psi_1}^2$. The following is to find the minimum of a quadratic function with the restriction $|\lambda| \leq \frac{c}{\max \|X_i\|_{\psi_1}}$. \square

- Corollary 1: $\mathbb{P}(|\sum_{i=1}^N a_i X_i| \geq t) \leq 2e^{-c \min(\frac{t^2}{K^2 \|a\|_2^2}, \frac{t}{K \|a\|_\infty})}$ where $K = \max_i \|X_i\|_{\psi_1}$.
- Corollary 2: $|X_i| \leq K$, then $\mathbb{P}(|\sum_{i=1}^N X_i| \geq t) \leq 2 \exp(-\frac{t^2/2}{\sigma^2 + Kt/3})$ where $\sigma^2 = \sum_{i=1}^N \mathbb{E} X_i^2$.

3 Random vectors in high dimensions

- $X \in \mathbb{R}^n$, independent sub-gaussian coordinate X_i , $\mathbb{E} X_i^2 = 1$. Then $\|X\|_2 - \sqrt{n} \leq CK^2$, $K = \max_i \|X_i\|_{\psi_2}$.
Proof $\mathbb{E} X_i^2 = 1 \Rightarrow K \geq 1$. $\|X_i^2 - 1\|_{\psi_1} \leq C \|X_i^2\|_{\psi_1} = C \|X_i\|_{\psi_2}^2 \leq CK^2$. Bernstein's inequality: $\mathbb{P}(|\frac{1}{n} \sum_{i=1}^n (X_i^2 - 1)| \geq u) = \mathbb{P}(|\frac{1}{n} \sum_{i=1}^n (X_i^2 - 1)| \geq u) \leq 2e^{-cn \min(\frac{u^2}{K^4}, \frac{u}{K^2})} \leq 2e^{-\frac{cn}{K^4} \min(u^2, u)}$. For any $\delta > 0$, $\mathbb{P}(|\frac{1}{\sqrt{n}} \|X\|_2 - 1| \geq \delta) \leq \mathbb{P}(|\frac{1}{n} \sum_{i=1}^n X_i^2 - 1| \geq \max(\delta, \delta^2)) \leq 2e^{-\frac{cn}{K^4} \delta^2} \Rightarrow \mathbb{P}(|\|X\|_2 - \sqrt{n}| \geq t) \leq 2e^{-ct^2/K^4}$. \square
- Isotropy: $\Sigma(X) = \mathbb{E} X X^T = I$. If $\Sigma \neq I_n$, then let $Z = \Sigma^{-1/2} X$. X is isotropic $\Leftrightarrow \mathbb{E} \langle X, x \rangle^2 = \|x\|_2^2$ for any $x \in \mathbb{R}^n$.
Proof $\mathbb{E} \langle X, x \rangle^2 = \mathbb{E} (x^T X X^T x) = x^T (\mathbb{E} X X^T) x = \|x\|_2^2 = x^T I_n x \Rightarrow \mathbb{E} X X^T = I_n$. \square
- X is isotropic $\Rightarrow \mathbb{E} \|X\|_2^2 = n$. If X, Y are independent and isotropic $\Rightarrow \mathbb{E} \langle X, Y \rangle^2 = n$.
Proof $\mathbb{E} \|X\|_2^2 = \mathbb{E} (X^T X) = \mathbb{E} (\text{tr}(X^T X)) = \text{tr}(\mathbb{E} X X^T) = n$.
 $\mathbb{E} \langle X, Y \rangle^2 = \mathbb{E} (X^T Y Y^T X) = \mathbb{E} (\text{tr}(X^T Y Y^T X)) = \mathbb{E} (\text{tr}(X X^T Y Y^T)) = \text{tr}(\mathbb{E} X X^T (\mathbb{E} Y Y^T)) = n$. \square
- Examples: $X \sim U(\sqrt{n} \mathbb{S}^{n-1})$, $X \sim U(\{-1, 1\}^n)$, $X = (X_1, \dots, X_n)$ i.i.d., $\mathbb{E} X_i = 0$, $\text{Var}(X_i) = 1$ are all isotropic.
- $g \sim \mathcal{N}(0, I_n)$, then $\mathbb{P}(|\|g\|_2 - \sqrt{n}| \geq t) \leq 2e^{-ct^2}$.
- Frame: $\{u_i\}_{i=1}^N \subset \mathbb{R}^n$, Approximate Parseval's identity: $A\|x\|_2^2 \leq \sum_{i=1}^N \langle u_i, x \rangle^2 \leq B\|x\|_2^2$. A, B : frame bounds. $A = B$: tight frame ($\Leftrightarrow \sum_{i=1}^N u_i u_i^T = A I_n$) and in this case, $\sum_{i=1}^N \langle u_i, x \rangle u_i = Ax$.
- (a) Tight frame $\{u_i\}_{i=1}^N, A = B, X = \text{Unif}\{u_i, i = 1, 2, \dots, N\}$, then $(\frac{N}{A})^{1/2} X$ is isotropic. (b) X is isotropic, $\mathbb{P}(X = x_i) = p_i, i = 1, 2, \dots, N$. Then $u_i = \sqrt{p_i} x_i$ form a tight frame with $A = B = 1$.
- Isotropic convex sets: $X \sim \text{Unif}(K), K \subset \mathbb{R}^n$ convex, bounded, non-empty interior (convex body). Assume $\mathbb{E} X = 0, \Sigma = \text{Cov}(X)$. Then $Z = \Sigma^{-1/2} X$ is isotropic and $Z \sim \text{Unif}(\Sigma^{-1/2} K)$.
- $X \in \mathbb{R}^n$ is sub-gaussian $\Leftrightarrow \forall X \in \mathbb{R}^n, \langle X, x \rangle$ are sub-gaussian. $\|X\|_{\psi_2} = \sup_{x \in \mathbb{S}^{n-1}} \|\langle X, x \rangle\|_{\psi_2}$.
- $X = (X_1, \dots, X_n)$ independent, mean zero, sub-gaussian coordinate. Then X is sub-gaussian with $\|X\|_{\psi_2} \leq C \max_{i \leq n} \|X_i\|_{\psi_2}$.
Proof $\|\langle X, x \rangle\|_{\psi_2}^2 = \|\sum X_i x_i\|_{\psi_2}^2 \leq C \sum_{i=1}^n x_i^2 \|X_i\|_{\psi_2}^2 \leq C \max_{i \leq n} \|X_i\|_{\psi_2}^2$. \square
- Gaussian dist: $X \sim \mathcal{N}(0, I_n), \|X\|_{\psi_2} \leq C$.
- Discrete dist: $X \sim \text{Unif}\{\sqrt{n} e_i, i = 1, 2, \dots, n\}, \|X\|_{\psi_2} \simeq \sqrt{\frac{n}{\log n}}$.
- Uniform dist: $X \sim \text{Unif}\{\sqrt{n} \mathbb{S}^{n-1}\}, \|X\|_{\psi_2} \leq C$.
Proof $g \sim \mathcal{N}(0, I_n), X \stackrel{d}{=} \frac{\sqrt{ng}}{\|g\|_2}$. $p(t) := \mathbb{P}(|X_1| \geq t) = \mathbb{P}(\frac{|g_1|}{\|g\|_2} \geq \frac{t}{\sqrt{n}})$. $\|\|g\|_2 - \sqrt{n}\|_{\psi_2} \leq C \Rightarrow \mathbb{P}(\|g\|_2 \leq \frac{\sqrt{n}}{2}) \leq 2e^{-cn}$. Need to show that all one-dimensional marginals $\langle X, x \rangle$ are sub-gaussian. By rotation invariance, we may assume that $x = (1, 0, \dots, 0)$. Let $\mathcal{E} = \{\|g\|_2 \geq \frac{\sqrt{n}}{2}\} \Rightarrow p(t) \leq \mathbb{P}(\frac{|g_1|}{\|g\|_2} \geq \frac{t}{\sqrt{n}}, \mathcal{E}) + \mathbb{P}(\mathcal{E}) \leq \mathbb{P}(|g_1| \geq \frac{t}{2}, \mathcal{E}) + 2e^{-cn} \leq 2e^{-t^2/8} + 2e^{-cn} \stackrel{t \leq \sqrt{n}}{\leq} 4e^{-ct^2}$. \square
- Grothendieck's inequality: $A = \{a_{ij}\}_{m \times n}$ of real numbers. Assume $\forall x_i, y_i \in \{-1, 1\}$, we have $|\sum_{i,j} a_{ij} x_i y_j| \leq 1$. Then for any Hilbert space \mathcal{H} , any $u_i, v_j \in \mathcal{H}$ satisfying $\|u_i\| = \|v_j\| = 1$, we have $|\sum_{i,j} a_{ij} \langle u_i, v_j \rangle| \leq K$ with $K \leq 1.783$.

Proof (1) Reduction. For any $u_i, v_j \in \mathbb{R}^N$ s.t. $\|u_i\|_2 = \|v_j\|_2 = 1$, $K_{u,v} := \sum_{i,j} a_{ij} \langle u_i, v_j \rangle$, $K = \sup_{\|u\|_2=\|v\|_2=1} K_{u,v}$.

(2) Introduce randomness. $g \sim \mathcal{N}(0, I_N)$, $U_i = \langle g, u_i \rangle$, $V_j = \langle g, v_j \rangle$, $\mathbb{E} U_i V_j = \langle u_i, v_j \rangle$. $K_{u,v} = \mathbb{E}(\sum_{i,j} a_{ij} U_i V_j) \Rightarrow K_{u,v} \leq R^2$ if $|U_i| \leq R, |V_j| \leq R$.

(3) Truncation. Given $R \geq 1$, $U_i = U_i^- + U_i^+$, $U_i^- = U_i 1_{\{|U_i| \leq R\}}$, $V_j = V_j^- + V_j^+$, $|U_i^-| \leq R, |V_j^-| \leq R$. $\|U_i^+\|_{L^2}^2 \leq 2(R + \frac{1}{R}) \frac{1}{\sqrt{2\pi}} e^{-R^2/2} < \frac{4}{R^2} (R > 1)$.

(4) Breaking up the sum. $\sum a_{ij} U_i V_j = \sum a_{ij} U_i^- V_j^- + \sum a_{ij} U_i^+ V_j^- + \sum a_{ij} U_i^- V_j^+ + \sum a_{ij} U_i^+ V_j^+ := S_1 + S_2 + S_3 + S_4$. $S_1 \leq R^2, S_2 \leq K \max \|U_i^+\|_2 \max \|V_j^-\|_2 \leq K \frac{2}{R}, S_3 \leq K \frac{2}{R}, S_4 \leq K \frac{4}{R^2}$.

(5) Putting everything together. $K_{u,v} \leq R^2 + \frac{4K}{R} + \frac{4K}{R^2} \Rightarrow K \leq R^2 + \frac{4K}{R} + \frac{4K}{R^2} \Rightarrow K \leq \frac{R^2}{1 - \frac{4}{R} - \frac{4}{R^2}}$. \square

- Remark: The assumption can be equivalently stated as $|\sum_{i,j} a_{ij} x_i y_j| \leq \max_i |x_i| \max_j |y_j|$. The conclusion can be equivalently stated as $|\sum_{i,j} a_{ij} \langle u_i, v_j \rangle| \leq K \max_i \|u_i\| \max_j \|v_j\|$.