

JULIE MONROE

NUTRITION CONSULTANT

DETAILS

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PLACE OF BIRTH

San Antonio

DRIVING LICENSE

Full

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SKILLS

Food preparation



Kitchen maintenance



Kitchen equipment
operation



Food sanitation



Nutrition



HOBBIES

Soccer, Rugby, Tennis

LANGUAGES

English



PROFILE

Talented Nutrition Consultant with three years of experience. Skilled in nutrition and food preparation and looking to deliver healthy, delicious meals at Woodacre Nursing Home. At 7-Star Senior Living, cheerfully cleaned kitchens and prepared three meals daily for 120+ residents. Received a promotion to head Nutrition Consultant within five months of hiring due to efficiency and interpersonal skills.

EMPLOYMENT HISTORY

Nutritional Consultant (Part-Time) , WIC

Port Washington

Jan 2021 — Present

Required to prescribe supplemental food packages tailored to clients' needs and nutrition status per USDA established WIC Program policy.

- Provided nutrition education counseling on morbid obesity, high cholesterol, and diabetes for uninsured patients at the health center.
- Performed nutrition assessments and WIC certifications.
- Provided nutrition education counseling and assessed nutritional status for participants of the WIC program.
- Certified and enrolled participants according to the WIC program and state regulatory guidelines.

Nutritional Consultant, DaVita

Delmas

Jan 2016 — Nov 2019

Registered Nutrition Consultant/Educator responsible for educating, counseling, and supporting patients to make long-term behavior and lifestyle changes.

- Worked with neurologists in the initiation and nitration of drugs related to anemia and secondary hyperparathyroidism.
- Participated in clinical CQI monitoring programs, including osteodystrophy management, kinetics, anemia, and nutrition management.
- Monitored laboratory indicators of bone mineral status and anemia in hemodialysis patients.
- Registered Dietitian/Nutrition Consultant Provided nutrition educational support to help patients improve their health.

EDUCATION

Master of Science in Dietary Education, Golden Valley University

Golden Valley

Jul 2020 — Jul 2021

Bachelor of Science in Food Sciences, Wisconsin State University

Madisonville

Jan 2018 — Dec 2020

COURSES

Certified Head Nutrition Consultant , Food Sciences Council

Jul 2021 — Jul 2021

ACCOMPLISHMENTS

- Decreased TPN usage through nutrition support team by 72% for a \$42,000 annual cost savings.
- Provided nutritional care to patients in a 650+ bed long-term and sub-acute care facility.
- Supervised and evaluated a staff of 27 food production employees and three dietary managers.
- Founded the “Provide Eat Smart NY” educational programs via mass media, including displays and promotion of Eat Smart NY electronic platforms reaching over 32 000 school children.