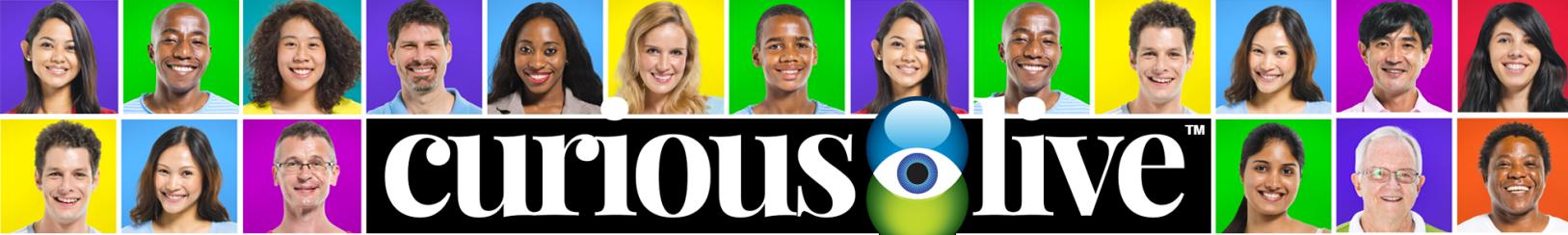


curious  live™

First Time Journey?



Wake Up Curious!



What Can I Expect?

A five-minute guided journey with one or two other participants.

CuriousLive™ is hosted in our video chat app, which allows for audio chat with optional video. It's a group meditation where you will co-experience a "transmissive" guided journey.

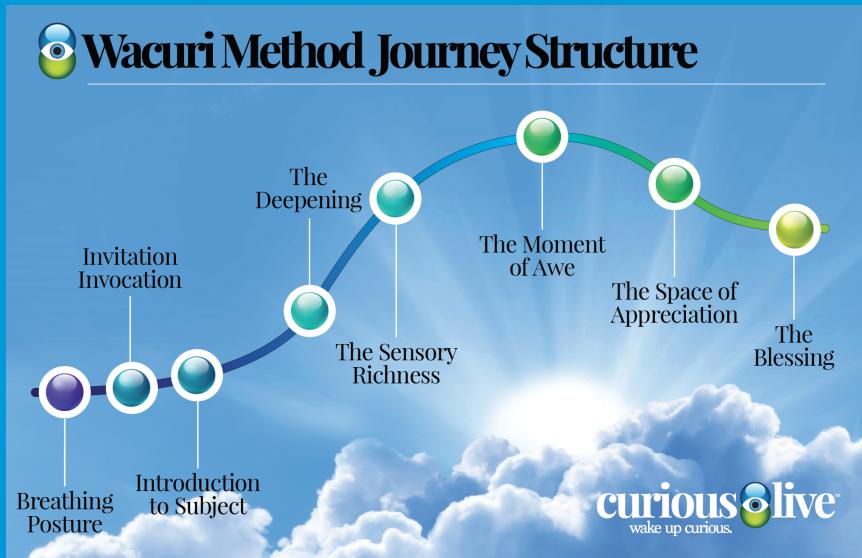
Once the waiting timer ends, we'll mute your microphones, there's a brief intro, and then for 5-minutes you'll hear the Guide giving the journey, then a prompt that tells you it's time for sharing.



Dan Spinner
Journey Guide



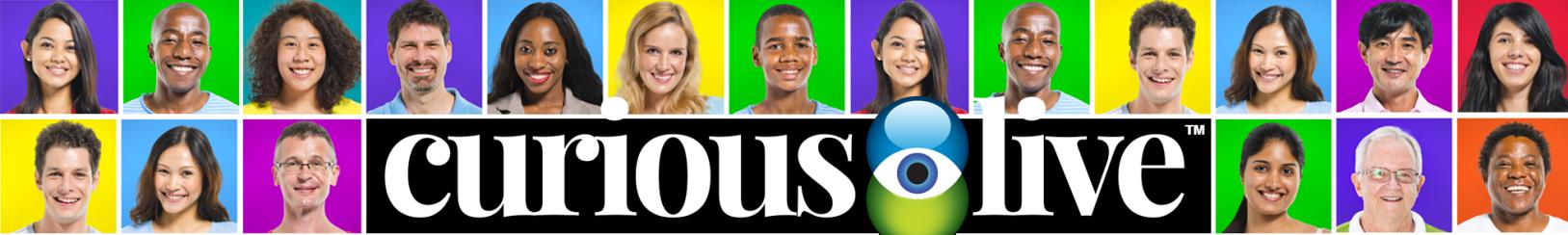
The Journey.



Relax and Let Your Imagination Run Free.

The journey will last no more than 5-minutes, but will go through the 7-step “Wacuri Method” (short for “Wake up Curious”).

Your Guide will give you tips on breathing, posture, and how to drop in deep to gain the maximum insight and benefit from the short but powerful experience.



The Journey.

**CuriousLive Journeys
are captured Live
and Unplugged.**

The topic of the journey is listed for the journey time you selected.

We ask all participants to mute their microphones, or may do this for you.

Some people like to leave their cameras on during the journey to increase the feeling of a shared social mediation, but this is optional.



curious  live™

3

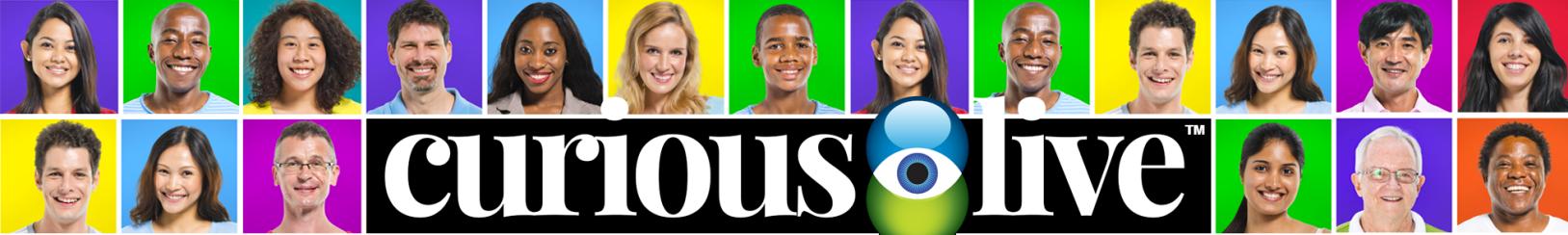
The Sharing.

**Sharing and Connecting
Afterwards is the Best Part.**

NOTE: We are currently recording your CuriousLive experience to help us develop our methods. This recording will not be shared outside CuriousLive owners and employees.

After the Journey, you'll have the opportunity to briefly share your insights and experience with other participants. These usually last 1 or 2 minutes each with the entire process complete in under 6 minutes.





4



How was your experience?

We Love to Hear Comments and Suggestions from Our Community.

Although we are keeping the CuriousLive™ experience short, we welcome your feedback about the process and the Wacuri Method even after the group experience. Please take a moment to rate your experience and provide feedback.

Dan Spinner
Journey Guide